



### August Newsletter

Please, hold Linda Thomas (Eternal Ice) and her husband Bob in your prayers. Bob is making his transition due to throat cancer and complications. We wish them both peace, love and comfort in this time.

hoping to have pictures of our finished house in this newsletter. Maybe September.



Here is picture that Dorian took on one of our treks up the switchbacks and into the mountains. This is Fiddler Lake. It is difficult to get to (really, really rough road), but worth the drive.

Here we are into August and we are still waiting to get our house siding finished. Our contractor went to pick up the second load of siding from Casper and the store had no idea where it was. They didn't know if it had been sold or sent back to the company. There was a hasty reorder and we now have the siding sitting in our driveway, but no idea when it will be put up. I was

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### PERSONAL GROWTH with St. Germain

The "Personal Growth" series becomes more clearly personal all of the time. St. Germain is taking us to new heights of awareness and evolution designed for each person right where they are. St. Germain assists us to discover the wonderful Truth of who we are and forgive the old limiting judgments that prevent us from moving forward. The aging process is nothing more than an accumulation of unreleased fears that progressively become heavier and more burdensome until we believe that death would be preferable to attempting to go on. St. Germain is showing us that through courage and interdependence Life is the sweeter choice. Youth is not a number in our age, but how we allow the LIFE FORCE to flow through us.

Each month you can get the Teachings, Q & A and a one hour private session with St. Germain to develop your personal evolution in spirit. The cost will be \$120 per month with a six month commitment which is a great deal as a one hour private session is \$200 normally. Just imagine spending an hour of valueable time each month discussing anything about your growth that you wish with the Master. We have the good fortune of spending time with him regularly and it is such an up lifting experience.

[Click here for 2015 Personal Growth Package Details](#)

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### Rainbow Center News

**November Intensive** "Your Life is Your Mastery" will be November 13-14. We invite you to join us here in

the foothills of the Wind River Mountains to hear the teachings of the Master St. Germain.

Throughout the last two years St. Germain has been bringing us further into living ourselves authentically. No longer can we simply be observers of our life. “Your Life is Your Mastery” lifts us higher into the ownership of ourselves. Living present and aware, rather than wandering in the fog of the Illusion, we can realize who we truly are and for the first time in eons live ourselves REAL. Our life is a Master’s design and we are creators of high art in conjunction with the God self within. Come and move through another level of awakening with us. Experience the beauty of the earth and the wonderful message that St. Germain brings us. The weekend will be \$300. CDs or mp3s are \$100 for the weekend. CDs have a \$6.00 shipping and handling charge. For reservations and information call or email Molly.

CDs and mp3s will be available.

[Click here for the November Intensive](#)

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### Monthly Groups

Our group for August is “The Fear of Success”. St. Germain points out from time to time that we are far more afraid of success than failure because failure is familiar, even if we do not like it. As the constructs of the Illusion are falling everything that we are capable of accomplishing is getting clearer. It is shifting our focus to what we desire in order to achieve the success we wish for rather than continuing to recreate the same old patterns.

The group will be August 16 at 2 p.m. Call-ins are welcome. Please register for the call-in by Saturday evening.

CD’s can be purchased on the website at [Click Here for 2015 Groups](#)

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### Teaching with the Master

Our Teaching with the Master for August is “Your Realm of Influence”. The space that you live in energetically is your realm of influence. Most people have the idea that their realm of influence is quite small. Actually, your realm of energy influence is about 30 miles and growing all of the time. You

influence people that you will never meet, as well as those that you know and are close to. This is not just another bit of trivia to think about, marvel over and dismiss. This understanding requires to be anchored within you so that you live according to the way that you wish your world to be. You do not make your world by forcing others to comply to your wishes. You create a world that is for the highest good of all and the result is that you also achieve the highest and best for yourself.

The Teaching is on the second Wednesday evening of each month, at 7 pm MT.

If you haven’t had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD’s or DVD’s

[Click Here for 2015 Teachings with the Master](#)

Our Q&A is on the fourth Wednesday of each month at 7 p.m. St. Germain answers questions that the callers have, as well as speaking further on the monthly topic. To join in we ask that you sign up by email or phone by 2 p.m. on the second or fourth Wednesday. You will be given a code to enter the room for the call.

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### ASTROLOGY

#### NEW MOON-August 14

The New Moon gives us a cosmic still point where we can easily consider what our soul script is and make choices to fulfill it. The New Moon in Leo brings greater joy, creativity and love into our lives.

Leo represents the journey of Self-discovery. We are being shown more profoundly all of the time the expression of our divine essence. The exploration into the vast aspects of ourselves that are being revealed to us now is the most fascinating journey we have ever made. Every one of us is totally unique and as we become comfortable with who we are we can blend and share that uniqueness to enhance the whole. Leo

is symbolized by the Lion. We are now being called to be the ruler of our own life. We become the author/authority in our creation. We remember that we are not designed to rule others, but to take dominion over our own affairs. As we connect with the sacred divine within we act in an open-hearted way; from love, in love and with love. Where do you require to break the old mold and become more adventurous and authentic in order to redesign your life to fit who you are becoming, rather than attempting to fit into a space that no longer is who you are?

Venus is in close conjunction with this New Moon. Because of the conjoining with the Sun it brings forth a much stronger vibration of the divine feminine. Venus has been in the closest conjunction with Jupiter ever over the last six weeks and will continue to travel along with the great planet until August 17. Because of the retrograde that began on July 25 at 0 degrees, 46 minutes Virgo and ends on September 6 at 14 degrees, 23 minutes Leo Venus will remain in the sign of Leo almost four times longer than her normal passage in any sign—107 days this year (June 5 to July 18 and July 31 to August 17. This gives us time to find what is important to us as we rest and relax in the loving energy. This supports us to open our hearts and love ourselves and others more completely.

Several planets strengthen this New Moon. Mars enters Leo on the 8<sup>th</sup> of August and adds its exuberance until September 24, making us more self-assured and passionate about what we desire. Uranus in Aries trines the New Moon and Venus encouraging us to find our own way rather than depending on others to tell us what to do. Mercury's trine to Pluto (exact on August 15—Virgo/Capricorn) urges us to forgive the inner critic and look for that part of us that is positively supportive. The Sun/ Saturn square on August 21, brings a reality check for places where we have abandoned the centered self and gone to extremes.

Creativity is the joyful, loving and fulfilling acts of life. It isn't about counting the cost, but about accepting the reward.

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## FULL MOON-August 29

All Full Moons illuminate whether we are on the right track or if we must examine the course we are following. This Full Moon sheds light on the life force

of our beliefs and our dreams and indicates where a shift in perspective can define the difference between thinking that we are dreaming and living the dream as a reality. This is the first of three SuperMoons in a row. The SuperMoon happens when the Moon is both perigee (closest to the Earth) and syzygy (in alignment with the Sun and Moon). SuperMoons generate stronger gravitational pull and higher electromagnetic flow, influencing the Earth's tides and tectonic plates, as well as our physical and emotional bodies. This supports bigger shifts in consciousness.

Virgo, ruled by Mercury, is a pragmatic earth sign that seeks clear information. Pisces is the most heightened in sensitivity of the water signs and is ruled by Neptune, thus seeking transcendent insights. Virgo functions by analysis and discernment. Pisces balances with intuition and empathy. This polarity opens the way for greater blending of the right and left brain hemispheres which is an important step in our evolution toward the recognition of being a new human. Our five senses can only perceive about 5% of the Universe; only a tiny fraction of that makes it through the filters of our brain and past the many layers of programming that we accumulated in the Illusion. To see beyond these limits, we must be receptive to information relayed by all levels of our being—clairsentient (perceiving in all ways, gaining awareness and information from every aspect of ourselves).

On August 26, three days before the Full Moon, the Sun conjoins Jupiter (3 degrees Virgo) and then, on August 31, opposes Neptune (8 degrees Virgo-Pisces), leading the way for the Jupiter/Neptune opposition on September 16 at 8 degrees Virgo-Pisces. Both Jupiter and Neptune are associated with Pisces. Until Neptune was discovered in 1846, Jupiter was considered the ruler of Pisces. Jupiter symbolizes the principle of expansion and the quest for meaning, wisdom and faith. Neptune, named for the Greek God of the sea, symbolizes the eternal ebb and flow of creation, the journey of individuation and return to the Source. Jupiter and Neptune conjoin every thirteen years. Jupiter and Neptune in any aspect magnify psychic abilities, altruism, and mystical connections, as well as fantasy, escapism and delusion. When the energy is channeled into spiritual practice, healing and the discipline of focusing creative energy wisely, the combined energy of these planets can be highly inspirational and transformational. This increases during this Full Moon and through mid-September.

Just a reminder: When astrological aspects occur they trigger changes according to the planets and signs

involved. These activations do not stand alone. The next planet(s) that touches the planets involved in the aspect sparks new direction and definition of the original point. Events occur and then what people believe, think they see or even the general idea that was presented can change with each astrological configuration. The planets are constantly shifting and changing our perspectives according to the direction of the energies involved. Potentially, we are being lifted into higher consciousness and clearer awareness. Many people are fighting the changes and attempting to hold on to ideas that have served their time and now must pass in order for the planet to evolve. Everything is connected to everything else so no matter what one person tries to do they are being changed somewhat by the new energy that is pouring into the earth plane. As more people feel the influence of these changes, the quicker the spiritual involvement of the higher planes can help us to rise into realms of new consciousness. The Earth is not doomed; it is in birth pangs.

Venus moving through Leo encourages creative expression, loving connections and a high sense of adventure as it moves to cojoin Mars for the second time this year on August 31 at 15 degrees Leo. The first conjunction was February 21 at 2 degrees Aries and the third will be on November 2 at 24 degrees Virgo. Venus will station direct on September 6 at 14 degrees 23 minutes Leo. The more we have resolved and released the more clearly we can see where joy and fulfillment can be found. The planets are supporting us, during this time, to recognize that as we are clear about what we desire we inspire the Universe to assist us. When we attempt to control exactly what happens, how it works or when it will arrive, we simply get in our own way and prevent the very things that we desire the most. Mars trine to Uranus on September 8 (20 degrees Leo/Aries) raises our level of enthusiasm and inventiveness. Mars quincunx to Pluto (13 degrees Leo—Capricorn) challenges us to align our desires according to the highest good of all concerned.

This Full Moon calls for close attention to our intuitive directions. Those who seek Truth through the mind rather than the soul will never find Truth. Truth does not hold us captive. *When you touch the Truth within you feel the freedom.*

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts.

Contact her at 307 335-8113 or [mollyrowland22@gmail.com](mailto:mollyrowland22@gmail.com)

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## QUOTES FOR THE MONTH from St. Germain

As you lovingly commit to your dreams and desires you open the connection to Universal Flow. Each new devotion to your evolution strengthens that connection. The Flow deepens the feelings of Love and empowers your honesty and integrity. Every choice is a Masters choice. Choose wisely and well.

You are one of a kind. You may hold intentions for all others to find their Truth, joy and revelation, but you cannot decide for them what that must be. Masters are interdependent and therefore we can trust ourselves and each other. Trust is an element that exists in Faith. Faith leads to your next step of Ascension.

You are constantly being inspired and supported to remember that you are a divine being. That divinity is not and never has been exclusive. Love is open and receptive to all. When you exclude any part of your life and Beingness, that is a place where only forgiveness can heal. You cannot live as a Master in separation.

Freedom is not the fulfillment of whims, but the recognition that everything good thing you give yourself is also a gift to others. What would you share with the world? It is never something that you must lose, but something that magnifies with the giving.



## ST. GERMAIN'S MESSAGE



You are a Master and all of the virtues of Mastery belong to you NOW! The mind wants to divide everything into categories and separate aspects of self by judgment. Every element of the human nature has a positive and negative side. The Master's choice is which way to focus in order to create the life that you desire. Separation turns the mind to avoidance and warring with aspects that are "wrong" or "bad" thus keeping the focus on what is undesirable. The Master Mind, connected to spirit, places the focus on what is desired and "dreams" positive outcomes with that focus. Focus on what is positive and that becomes the flow of the life. The determination to see only negative and try to stop it in self or others just keeps the energy connected to the past and the shreds of Illusion that are still being held in place by fear and self-deprecation.

Wherever there is *need*, even the *need* to improve one's life, there is a limited flow of energy. The greater the need the more the flow of creative energy is inhibited. You are flowing energy all of the time as energy flows into you. The results of your life come from how you are using the energy. We keep telling you this because the EGO keeps attempting to block your acceptance of how powerful your ability to create really is. You are dynamic manifesters in every area of your life and the manifestations represent the way that you view your life. You can passionately desire to have a better life, a different life, a peaceful life, but if you focus on the old life and trying to force it to change or trying to get rid of it the direction of your creativity is on what is wrong and you keep finding the same old patterns emerging. In order to bring the life you desire you are required to shift your focus, not just for a moment, briefly, but totally and continuously. Keeping your focus on what you desire means that every time you feel you stomach tie in a knot or the feeling of

depression or doubt set in you make sure that your attention is immediately shifted back to positive ideas and beliefs and thoughts that strengthen your faith in how good flows into your life. When you consistently look for good you begin to find more and more good. If you are "looking for good", but secretly doubting that you can have what you desire, the secret is not a secret to you. You can feel the disconnect from the positive energy inside of you, just as though the good is running out of you, slipping away. You can feel depression setting in because the EGO *was right again*. The EGO isn't right about what it tells you, it only blinds you from recognizing the amazing good that is waiting to come to you, if you are PATIENT!!! A big part of revelation is connecting clearly to your inner safe place so that you become more aware of how you are using your creative power. You may think something really good and want it badly, but the old patterns immediately begin to undermine the desire by suggesting that "you never get what you want, so why bother". The EGO has a battery of discouraging thoughts/feelings that it uses again and again to keep you from seeing (see/feel) what is there for you right NOW. Telling yourself not to feel the way you do doesn't change anything because it is your EGO doing the telling. When you change the direction of your focus you begin to pick up new signals, just as though you are adjusting an antenna within yourself and the focus of the picture becomes sharp and clear rather than confused and fuzzy. In this clear connection you can feel the new energy begin to flow through you and it brings inspiration and deeper courage to continue to make the shifts. Nothing happens immediately unless you are willing to trust it, but things will happen (some small and subtle and some quite profound) to let you know that you are focusing in the proper alignment.

As you find the old patterns look for trigger points that throw you into old constructs. A construct is a pattern that you keep living over and over. It may be with the same people or it may be with different ones, but it always feels the same—same fear, same restriction and same pain, even if the pain is in a different area of your body or emotional system.

Example: You get a new job and you throw yourself into it, giving it your best to show the new boss that you are capable of doing what is asked of you. Then it seems as though you are asked to do more and you do, because making a good impression is important. Slowly, it begins to feel as though you are being burdened with things that no one else wants to do and what you thought you were there for isn't the job that you are doing. HONESTLY: How many times has this happened to you? How many jobs have you quit

or been fired from because, even though you felt you were doing your best you were told it wasn't good enough? There is a war going on inside of you because you want a good job and you feel that you are willing to **WORK HARD**. So, what is all that "hard work" bringing you? Know within that you are good at what you do, but you do not have to do everything that you know to do the first week or even the first month. Pace yourself, just as though you are running a race, so that you can "go the distance" and still have reserve energy for the future. Take the time to learn about the job, so that you are not "giving your all" without really moving along the track of what is required.

The same concept applies if your challenge is relationship. When you **TRY TOO HARD** it can be a turn off. It also can keep you from really getting to know the other person. When your focus is on showing them how wonderful you are you cannot be who you really are, which, more often than not, is much better than some façade put up to dazzle them, but not reveal you. If you do not know who you are because you have been trying so hard to be *acceptable*, it is past time to get to know yourself. It is difficult to sell something when you know nothing about the product. As you get to know yourself you will find the fears that make you doubt that you could ever get a relationship to work are the triggers that frequently bring about the demise of a relationship. Your EGO whispers, "What if they find out about you?" "What would they think?" Much more important is "What do you think about you?" If you don't like you, you will not believe that others can, even if they do. That keeps your energy shut down and can cause obvious suspicion that can make others feel as though they have done something wrong, even if they cannot understand what it is. If the old patterns are control games that you tend to run without recognizing that you do, you may energetically call people into your life who have the same control games and you will see *their* actions even if you do not want to acknowledge your own. These times on the planet demand absolute honesty with self and others. That can be challenging if you don't want to believe that you have changes to make. The suggestion that changes are required can trigger the EGO to go into defensive measures and bring up old constructs of fear about being found out. You may feel like a child that has been caught doing something bad. The "bad thing" you have been taught to fear, is wanting to be yourself without being punished for it. It really isn't about what other people are doing except for where they mirror important aspects that require your attention. If you desire to be loved, you must first feel what love feels like within you. You cannot give or receive what you

don't believe in. Focus on feeling warm, caring feelings for yourself and be amazed at how many people suddenly begin to praise you or want to be with you because "you have changed".

When the focus begins to bring in new good you are required to keep your balance, energetically/emotionally. When things begin to feel like you wanted them to, you could go into suspicion or manic delight for the relief that things are working—**FINALLY!** Neither reaction will allow the good to last. Staying steady with yourself keeps you in touch with your inner voice of strength and personal peace. The EGO wants to celebrate wildly, going to extremes that can destroy all of the good that has been achieved. Masters experience joy beyond measure, but stay grounded in it. Take the time with yourself to savor the good, before you tell everyone you know. Some people will support you and others will not, so be discerning about sharing your "tender and sometimes fragile good" with those who are still bitter and angry about their own failures.

The choices about how you use energy will make your life the work of art that it truly is or prevent you from recognizing the magnificent artist that you are. Understanding how to use your energy wisely and well will raise your consciousness so that you can tell when you are aligned and when you are out of balance. Love assists you to keep your balance and draw creative ideas from the extremes without getting caught up in making changes (control), rather than allowing change to show you the way. **IT IS ALL ABOUT HOW YOU USE THE ENERGY.**

The creative flow is very strong now. The planets are supporting new growth, creative ideas and more choices for your next greatest good. We are with you every step of the way—**IN LOVE!**

I remain your most humble servant. **I AM** the Lord St. Germain. Adieu



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**Linda Lube** is an amazing artist who creates textile painting, as with our beautiful valance above which says, "Living Well is a Sacred Art". She has wonderful paintings and she paints shoes. I have a very fun pair of shoes that she painted for my Hawaii trip.

Hand painted shoes, boots, purses, scarves and shawls

Fabric message scrolls (wall hangings) cotton or silk

Email Linda and she can email examples

You can reach her at [www.lindalube.com](http://www.lindalube.com), [lindalube@gmail.com](mailto:lindalube@gmail.com) or 828 777-8540.

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## ADS

**Jessica Robinson** is a massage therapist with training in Swedish, Deep Tissue, Reflexology, Aroma-therapy with doTERRA oils and Thai "Yoga" Massage. Jessica's business is **Sacred Space Yoga and Massage** 307 349-4986, [www.mysoterra.com/sacredspace](http://www.mysoterra.com/sacredspace)



**Linda Thomas** is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has

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## HIGH VOLTAGE NATURE

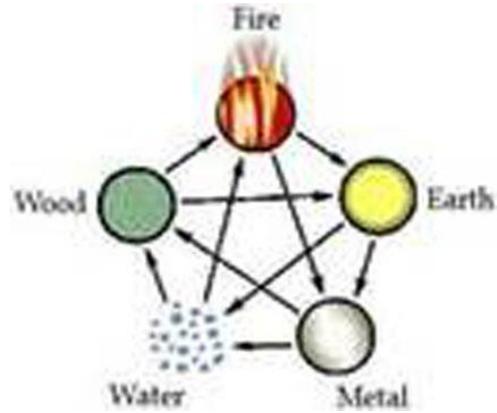


**Karen Singer** photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.



Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: [highvoltage@gmail.com](mailto:highvoltage@gmail.com)



**Nancy Wadda** is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 307 438-6203.

### **Kimberly Rae Hansen**

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

[www.kimberlyraehansen.com](http://www.kimberlyraehansen.com)

**Maia Rose** does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

**Annalaiya** is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 for appointments and information.



**“The Pot Of Gold”** is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [mollyrowland22@gmail](mailto:mollyrowland22@gmail.com) or 307-335-8113.