



The Pot of Gold

from the Rainbow Center for the Humanities
Lander Wyoming

February Newsletter

HAPPY VALENTINE'S DAY

Our Teachings with the Master will be on February 5th this month as I have a doctor's check-up in Billings on February 11th. The call-in will be at 7 pm MST as usual. If you would like to join let me know by 4 pm MST so that I can give you the code to get into the conference call.

The New Year began with a bang of new energy and lots of excitement about the Personal Growth package. I am now taking people who did not begin in January and creating the next six month group which will run from February to July. This is an ongoing offering and will not stop just because you completed six months. If you wish to start now or choose to keep going after six months you may.

Beginning in January St. Germain began offering a "Personal Growth" package. Each month you can get the Teachings, Q & A and a one hour private session with St. Germain to develop your personal evolution in spirit. The cost will be \$120 per month with a six month commitment which is a great deal as a one hour private session is \$200 normally. Just imagine spending an hour of valueable time each month discussing anything about your growth that you wish with the Master. We have the good fortune of spending time with him regularly and it is such an up lifting experience.

The calendar has filled up very fast. I still have a few spots left each month for you to begin your own Personal Growth session with St. Germain each month.

We have had cold weather, but fortunately, not as cold as a lot of the country. I really felt for those people who were caught in Atlanta in the ice storm. I have experienced Atlanta "on ice" and it is disturbing to say the least.

This is only the second month of 2014, but it seems as though a whole year of things has already happened. We certainly are being called to see ourselves differently than ever before and to live UP to the changes. Dorian and I both are really feeling different as this year is pregressing.

Rainbow Center News

Our group for February is "Forgiving and Releasing the Limited Human". The Goddesses Isis, Artemes and Kwan Yin bring their perspective on these changing times. St. Germain stated that as we crossed the bridge between 2013 and 2014 we made changes that brought us to a clearer awareness of ourselves as new Humans. The New Human will begin to realize and recognize that how we have lived for so long is breaking down. No matter how hard people attempt to live by the old standards they are ceasing to work. The fight to maintain what was is taking progressively more energy with each passing moment. It takes far more energy to worry, fear takes so much fuel that people feel depressed and depleted as they try to maintain the past and reaching for an unformed future creates such an awkward position in life that it becomes impossible to hold. The Divine Feminine is necessary for balance and can no longer be dismissed as something that women want, but men see little if any value in it. Hear what these beings of power and Love have to say.

The group will be February 9, 2 p.m, at the Rainbow Center for the Humanities, 177 N. 4th in Lander.

CD's can be purchased on the website at www.voiceofthegatekeepers.com/2013groups.html

Our February Teaching with the Master is on February 5, 7 pm MST. The topic is "Control". Control has been a tool of survival for so long that humanity doesn't recognize it grip on life. The attempt to gain control begins very early in life and if it is not redirected it becomes the way of life. The future of the

New Human is to live compassionately and to teach the children that they are loved and safe from the very beginning of their lives, even before they emerge from the womb.

If you haven't had the experience of the Teachings that St. Germain is offering they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's or DVD's

www.voiceofthegatekeepers.com/Teachings.html

ASTROLOGY



FULL MOON-February 14

The dawning of the Age of Aquarius brings profound changes that were not even dreamed of in the Old Order. The end of the patriarchy without introducing another matriarchy, but by seeing the equality of men and women for the first time that humanity can remember. Separation will consistently begin to seek unity as the changes from head to soul begin to evidence themselves more all of the time.

Ubuntu, a Zulu word meaning “humanness” is a principle that describes the spiritual task of Aquarius: to create kinship that far exceeds family, religion, race or country. Archbishop Desmond Tutu has defined Ubuntu as “the fact that you cannot exist as a human in isolation”. Ubuntu speaks of interconnectedness, compassion and At-One-ment. One with Ubuntu is a person who is willing to be open, caring sharing and welcoming. When others suffer we suffer even if we

never know their name. We have been made small by the belief in and practice of making others small.

This Full Moon in Leo stimulates attention on relationships of a personal nature while the Sun in Aquarius turns our focus to a much more altruistic perspective. Aquarius has a joint ruler-ship, shared by Saturn and Uranus, that brings us to the necessity of respect for both law and conscience. Freedom can only be free when we own that we create freedom. The energetic understanding of allowing all to be free lifts our consciousness to a place of new vision. Until the discovery of Uranus our realm of understanding was limited energetically to the space between Earth and Saturn. Once Uranus was recognized our field of awareness and alternative realities expanded exponentially. Saturn deals with physical science and Uranus opened the doors to our psyche with Quantum physics. Uranus's revolutionary energy is being greatly amplified as it forms seven exact squares to Pluto from 2012 to 2015, and three squares to Jupiter from August 2013 through April 2014. Squares always mark a turning point where change will take us in a whole new direction. Jupiter's squares to Uranus and Uranus squares to Pluto push us to break from tradition and establish new ideals, intuitions and ways of looking at life itself. Jupiter stations direct on March 6 and Pluto stations retrograde on April 14, bringing all three planets into a close cardinal t-square for the next ten weeks. The dynamics of this configuration call for greater courage, new creativity and change, change, change!!

Mercury joins the Sun in Aquarius the day after this Full Moon giving the directive to “think outside of the box”. As they cojoin they square Saturn in Scorpio which brings a strong message of wise use of personal power and resources. The intuitive nature is stimulated by the Sun's conjunction to Neptune on February 23, Jupiter square Uranus on the 26th and Mercury turning direct on the 28th.

Kahlil Gibran spoke so clearly of the current and coming times when he said, “Yesterday we obeyed kings and bent our necks before emperors. But today we kneel only to truth, follow only beauty and obey only love.” Let the inner vision illuminate your becoming Now and Now and NOW.

NEW MOON-February 28-March 1

The New Moon always invites us to go within and discover new insights, clarity and direction in our lives. This New Moon in Pisces provides support to look

beyond separation to access higher-dimensional truths. The collective consciousness is becoming more connected through the group psyche. There was a time when people did not speak out loud, all communication was subliminal. In separation we have come to accept that the only way to convey ideas is to talk about them. Now we are beginning to remember that the feeling nature and intuitive self are major factors in how we share ideas with others. When we forgive the fear of being revealed communication is much easier.

Have you been feeling foggy, in limbo, “not plugged-in”. You are not alone. With Sun, Moon, Chiron and Neptune all in Pisces we have been inundated with the fluidity of psychic energy—our intuitions wide open and ultra-sensitive, we are much more Soul centered and inner-directed. This is the antithesis of what is considered “real” or desirable in our modern Western cultures. We are called to forgive our attachment to guilt, shame, doubt, resentment, bitterness and disbelief in a greater good—letting go of duality and our focus on the dark side of life.

Pisces blend the archetypal and collective realms allowing the past and future to meld into Now. It becomes more difficult to discern past, present and future as separate aspects—they seem to flow into oneness. When there is a healing crisis we may feel worse as we release old toxins or in the present case toxic thoughts and ideas. Like a caterpillar morphing into a butterfly, we are dissolving old patterns so that we can transform, transmute and transcend old programming. Spending time in beautiful places—out in nature or anywhere that is up lifting by its effect on our feeling nature is important now. In a society that prides itself on speed we are being s-l-o-w-e-d down. It is best not to fight the changes, but to discover how to flow with them.

Three planets change direction within days of this New Moon, adding to the flux of these times. When a planet changes direction its energy is amplified. On March 1, Mars stations retrograde at 27 degrees 31 minutes Libra, turning direct on May 19 at 9 degrees 01 minutes Libra and reaching its shadow point (the degree where it went retrograde on July 20). Unlike other planets that retrograde once a year, Mars retrogrades once every 26 months. This retrograde extends the “God of Wars” stay in Libra from its usual six weeks to almost eight months. Mars in Libra instructs us to reevaluate our relationships and consider carefully how we deal with anger, conflict and inequality. On March 2, Saturn stations retrograde at 23 degrees 19 minutes Scorpio, turning direct on July

20 at 16 degrees 38 minutes Scorpio and reaching its shadow point on October 27. Saturn retrograde in Scorpio draws us to re-evaluate how we deal with responsibility, power, intimacy, and shared resources. On March 6, Jupiter stations direct at 10 degrees 26 minutes Cancer, ending the retrograde that began on November 6, 2013. Its shadow point is reached on June 1, 2014. Jupiter moving forward signals our readiness to act on new perspectives—what is true now—based on what we have learned, since its station retrograde, about food, family and the feminine nature.

This New Moon, by its very nature, calls us to delve deeply into ourselves, to discover the amazing being that we are and to live that understanding to the fullest.

THE CRYSTAL CORNER

Heart Care

Hello and happy Valentine’s Day to all of you. This is a happy and loving time of the year when the focus

is on loved ones, hearts and flowers. This is great as far as it goes and that really isn’t very far. Look around you and you will see all kinds of heartache and heartbreak all of which leads to heart attacks and general dis-ease in the body. One hundred percent of our ailments stem from our emotions at any given time. So, how do we begin to change our emotions and learn to love ourselves? First and foremost, we have to pay attention! What are we feeling about ourselves and those around us? What are we burying so deep we hope to never see it again? There are basic stones that can aid us in discovering ways to heal the heart both emotionally and spiritually and from that, physically.

One protocol I like to use is the ‘heart trilogy’. This consists of three pink stones that start with the gentlest energy and move up to higher and higher frequencies.



Rose Quartz is the most gentle the trilogy. You would wear this over the heart area 6-18 months to heal the heart. If you would like additional help, you might add the green Aventurine.



These two stones work extremely well together. When you feel that you require more energy, move to the next step.



Kunzite energy would be the next step up. This would break the heart open so the energy will flow. Wear this over the heart and when your necklace breaks or the stones disappear, you will know it is time to move



Pink Tourmaline has the highest energy of the three. It allows the heart to be informed by the Christ Consciousness and the Higher Self. It allows love to come to one who has denied it. You could also use the green Tourmaline at this stage. By this time, you will probably be experiencing more love and ease in your life. Now is the time to go look into your eyes in the mirror and say, "I love you! You are a beautiful Light Being! And say it like you mean it!!

If you will deal with all the emotions surrounding you as you experience them, a physical reaction might just be avoided. If you slide a bit, remember the pink stones and work with them once more. There are many more stones with much higher energy that will take you beyond the basic levels of love on this earth and they are amazing--but, first things first. This will be a good beginning in helping the heart to heal.

I'm off to Tucson and will be home with lots of goodies about the time you're reading this. Contact me if you are interested.

Blessings on your journey and happy healing!

TAROT TALK

I want to talk about a very special deck of cards that were created by Donna Ing—"The Keys to Remembering". Donna worked with St. Germain to create a deck that addresses our emotional issues and assists us to find solid information for our personal growth. The cards are divided into Mental, Emotional, Physical and Spiritual categories.

I opened the book randomly and there was the word ATTENTION:

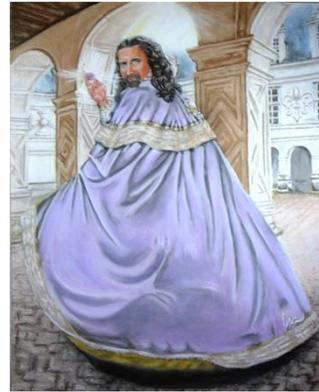
"All people desire attention. If they cannot get positive attention, very often they will settle for negative attention. Children desire to have the attention of "the big people" in their lives. The child may be 50 years old and still require the attention of someone whom they perceive as larger than themselves. Attention, when it is lovingly given and willingly received is a real gift."

In the human condition, when you are willing to be present or conscious of yourself, you notice what is going on around you. You will notice the actions of others. When you are attentive to what other are creating, you may or may not choose to be a part of it. If you are paying attention to what others are about, you can make you way much more peacefully in the world and keep yourself in places of spiritual, mental, emotionally and physical safety.

One of the simplest yet most challenging concepts for humanity is that the more they are present with themselves, the more they find others are also with them. If they are looking outward with expectations that others will create their life for them, they lose that sense of self-protection. As you put out positive that's, you draw them back. If you cast out nets of love, you will draw love back in them, but if you plant seeds of bitterness, you are not going to get sweet fruits. Paying attention is crucial. You want to be heard and desire that others would listen to you. But you do not understand why no one pays any attention to you when your words have a bite, when you snap at someone else's question, when you whine and complain and make a drama where there is no drama. People will tune out another person's negativity unless it is *really* interesting.

If you would like to know more about The Keys to Remembering or Donna's other books or how to purchase them go to: www.rememberinginsights.com

ST. GERMAIN'S MESSAGE



Dearly Beloved Masters, we observe in the changes that are occurring at such amazingly rapid speed, that humanity is unconsciously attempting to keep up. It is no longer about physical speed or running to catch what may seem to be getting away from you. **STOP!!!** Take a breath and get with yourself. You have so long been away from you, looking out there, reaching for something that doesn't exist yet, living in a nowhere place between now and then. "Then" could be the past or the future, but it does not allow a clear, solid connection to right where you are in any given moment and that is the only place that you can be. Now is the only true point of reality. Let me say that again. **NOW IS THE ONLY TRUE POINT OF REALITY.**

Attempting to gain control of something that is finished or that hasn't happened is an exercise in futility and yet humanity is rushing madly forward to get "IT" whatever "IT" is—more and greater technology, connecting to more and more people and losing touch with who you are, the mind is stretched to its capacity and still you are trying to cram more information into it. "I've got to know it all, **I've got to know it all, I'VE GOT TO KNOW IT ALL.** I don't want to be left behind. **STOP!! Please stop and rest!** You take pills to go to sleep and pills to get awake, drugs for pain, which an indicator of resistance, and more drugs for the diseases that come from being out of touch with your body. Drugs—prescription or street, alcohol, tobacco, stimulants, even technology, all keep you disconnected from you. Bigger, better, faster is a war cry of the illusion. **WAIT!!!**

YOU ARE BIGGER—bigger than the planet. You just forgot. YOU ARE BETTER—not better than others,

but so much better than you have been taught to believe that you are. THERE IS NO NEED FOR FASTER!!! IT IS TIME TO SLOW DOWN AND FIND WHAT YOU HAVE BEEN LOOKING FOR RIGHT WHERE YOU ARE—not out there.

Dearly Beloved, Wonderful, Powerful, highly creative Masters everything that you desire is right at the tips of your fingers. Books have been written for a long time to tell you “HOW TO GET WHAT YOU WANT”. Again and again they worked for a while and then they quit working or they never worked for you at all and you said, again one more time, “Nothing works for me. It is always the other person that it works for.” Here is a simple fact that is never mentioned: **ONCE YOU GET SOMETHING THAT YOU DESIRE, YOU BECOME DIFFERENT.** It is as though you move into a different frequency and there things do not operate exactly as they did when you got what you wanted the first time. Not only are you slightly bigger than you were, energetically, your requirements have subtly changed. The mind wants to charge forward getting more and more and more in the same old way and yet with each goal achieved you are different. Grabbing stuff and shoving it behind you to get more stuff is a mindless activity. Gratitude is a very big factor that the World has overlooked, in fulfilling your dreams. **THAT IS WHY FASTER ISN'T BRINGING THE DESIRED OUTCOME.** Faster is full of fear. Rushing to get to the goal, the finish-line, the best job, best education before anyone else so that they cannot be better than you, doesn't truly fulfill you, it just makes you tired after a while and nothing seems to matter as much. Then you just don't care, or you just don't have the energy to go that extra mile any more.

STOP CHASING THE RAINBOW DREAM AND LET IT COME TO YOU. That is how it was always supposed to be.

The illusion is done, finished, ended. Forgive attempting to live as though nothing has changed. Everything has changed—most of all YOU. Businessmen, politicians, bankers, physicians, ministers, pastors, priests, rabbis, teachers, name the profession, anywhere you look, nothing is working like it once did. It really is Revelation. It isn't just another false alarm.

Every time you succeed you are different. You cannot continue to live in exactly the same way you did. The first few successes may not change you enough to notice, but as you keep succeeding you get further and further from where you were in the beginning. Then

suddenly the same old formula doesn't work anymore. If you are going to be a success you must adapt and begin to understand what a success feels like. You cannot keep living as though you may potentially fail at any time and continue to succeed. It is a constant up spiral of newness. There can be no complacency in Mastery and success is a continuous movement into Mastery. Many people have become rich and famous only to turn to drugs, cut themselves off from Source and plunge into the depths. Sustained success cannot be maintained outside of self. The Key is the Love of Source which will sustain you throughout any physical, material, mental or emotional dilemma that the illusion could bring. Religious people will say that God sustains them because they believe and they are absolutely right. However, God cannot do it for them. They must stay connected. For if they become dependent or begin to think that they are doing “It” all by themselves they become cut off and things begin to falter. It isn't religion that makes the difference. Unless the feeling of connectedness to God is strong, no amount of religion will hold you up. God cannot do “IT” for you and neither can religion. No outer force can make your life work. You must be willing to participate in your life—not WORK at it, but lovingly, compassionately be an active participant all of the time.

Excitement, enthusiasm and encouraging yourself all contribute to true success. The joy of accomplishment lifts your energy and the energy boost takes you into higher frequencies where everything assists you to become more. It is called synergy (the sum total is always greater than anyone of its parts). Everyone and everything that contributed to your success makes the whole and any one of you is part of that greatness, but no *one* is the only contributor to the whole greatness.

The EGO is working overtime to attempt to stop the forward motion. FEAR is moving in the collective consciousness and dividing people into “camps”. Both sides are afraid that they are going to lose something in the changes and yet everyone stands to gain more than they have known in life times. The control games are running everywhere. The FEAR brings your energy down and in depression there is either “fight or flight”. Neither one brings you home to yourself.

YOU WERE CREATED TO BE SUCCESSFUL!!! No one was intended to be superior to others, but completely successful in your own way. Competition with others is a distraction from the development of you own special, valuable, important gifts. When you are “sold on yourself” others are attracted to your gifts. When you are operating in fear, you can “want others

to be attracted to you and your creations”, you can “hope they will be drawn to your creations”, but it is as if you are “out of the picture”, hidden in the shadows of your doubt and unavailable to show up for you. Want and need dam the flow of energy that is pouring in from the divine. Want and need don’t stop the flow, but it is as if the energy seems to by-pass the limitations they throw in the way.

One of the most important points is that *mental energy* and *doing* both go out from you, but do not attract nearly as much to you as they once did. In the Illusion force worked or at least appeared to work for a long time, but that paradigm has passed and the Old Ways have simply been unplugged, so that they do not operate in the ever increasingly high frequency that is lifting the planet into the higher dimensions.

Fighting to maintain what is passing is a desperate attempt to raise a dying order. It cannot gain its past glory because it is so out of touch with where you are going.

YOU ARE SUCCESSFUL NOW!! YOU ARE A DYNAMIC CREATOR NOW!! COME HOME TO YOURSELF WITHIN AND FIND THAT EVERYTHING YOU HAVE BEEN SEARCHING FOR out there IS WAITING WITHIN.

Success not only happens with money. Where would you like to feel as though you have overcome some great obstacle in your life—health, relationship, friendship, most of all **SELFWORTH**? Finding the internal connection to who you really are is a one-step-at-a-time process. You do not **DO** some magic formula and everything falls into place. There are no particular steps 1., 2., 3., 4. That will work in every instance. Paying attention to the energy in your life—“How do you feel right now?” is most important. Depression and low energy are brought about by fear and negative thinking. You cannot just wish them away. Drugs appear to help sometimes, but in the long run they block the connection to how you really feel and what the source emotions are, that cause the **FEAR**. Seeking to find personally pleasing surroundings and companions begins with getting clear what you truly desire for your life. “I don’t know” does not change the past or begin to open new neuro-pathways that stimulate optimistic creations. Giving up on yourself causes hopelessness, but We can assure you that **NOTHING IS HOPELESS IN THESE TIMES. Again I say, “AIN’T NOTHIN’ WHAT IT SEEMS!!!”**

Success does not compare outcomes with what other people are doing or even what you have done in the past alone. It compares with what you have created in the intension that each new endeavor will be happier, brighter and more fulfilling—not just more money.

Feel yourself connected to the powerful energy center in the middle of your own personal auric field. It isn’t physical, but it is integrated into the physical realms. Your thoughts, emotions and fears influence this field. Your Faith, Focus on Goodness and Willingness to allow change without a fight all contribute to your increased success. Your EGO is always looking for proof that something new will work before you try it. This limitation in and of itself stops the vast majority of people from accomplishing all that they are capable of bringing into being. You are required to have the experience first and then to see that you really can make great changes without knowing exactly what will happen if you do. In fact, this brings us back to “every time you succeed you become different” so each success makes you **NEW** and brings you more into alignment with your recognition of yourself as a **NEW HUMAN**.

The mind works with “Hard energy” (push, force) while Soul uses blended energy (God/Goddess/All That Is, soft feelings and soft vision, compassionate objectivity). The Soul and mind blended or bringing all aspects of yourself into a mended whole helps you to see and access higher dimensional frequencies. Everything that will establish the New Earth connection with the beings in higher dimensions exists for you *right where you are*.

We are with you in the shifts. You take not one step alone, but you are required to be clear and present for you. No longer can you remain apart from you. You united with you in Love is the union that will bring you all that you have been looking for. We embrace you and support you. Until we meet again in whatever manner that might be I bid you Adieu. I AM the Lord St. Germain

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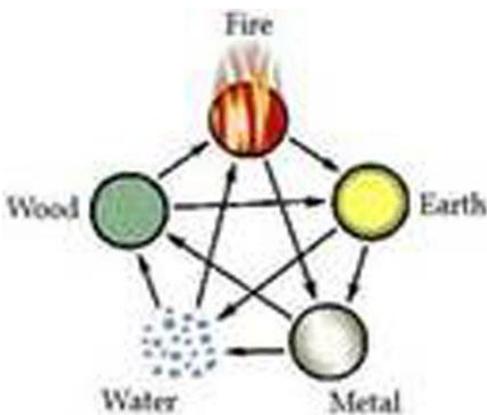
HIGH-VOLTAGE NATURE



Karen Singer photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assist and inspire to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: highvoltage@nature@gmail.com



Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 307 438-6203.

OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from

past, present and future. Nanna’s Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim’s pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey—Massage Plus is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 for appointments and information.

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz www.ddswebdesign.com or call Delores DeVore 678 634-1249

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