



The Pot of Gold

from the Rainbow Center for the Humanities
Lander Wyoming

July Newsletter

On June 9 after our channeling “Living in Joyous Anticipation” we went and had a lovely meal. When dinner was done Dorian went to get the car as there was no parking near the restaurant. I stepped outside and walked to a bench where as I went to sit down I felt all of my momentum going forward. It was very strange. I grabbed for the arm of the bench, but it was out of reach. I started walking forward, hoping that I could get my balance, but instead I stepped off of the curb and fell on my left hand which shattered my wrist. I was taken to the hospital by ambulance which is my first ambulance ride in this life time. I fell about 6 p.m. and did not get into a room until after 11 p.m. My surgery was in the afternoon on Monday, June 10. The surgeon was an extremely competent older man who walks with a crutch. (“Ain’t nothin’ what it seems”) ☺ I was his fifth surgery that day.

I had my first check up on June 19 and Dr. Whipp was very pleased with my progress. He said I would probably get the pins out on July 3. My x-ray looked like a ball of yarn with knitting needles stuck into it—four pins in my wrist.

I feel that this is a blessing because it opened some neuro-pathways that had been closed for life times. I feel that much good will come of this for me.

I appreciate all of the love and prayers that I have received. We can never get too much love or prayers. Thank you all.

The wild flowers have been extremely abundant this spring. The hills were golden with mule’s ears, blue lupin, orange mallow and sago or Mormon lilies are still everywhere. The rivers and streams are flowing with snow melt and everything is so green. Wyoming is a very beautiful place to live.

The first half of the Teachings for the year are ready and will be available for \$150 plus \$10 postage and handling. This is, perhaps the most powerful

information that St. Germain has offered so far. It matches the energy acceleration of these times on the planet. The information and the essence of St. Germain’s Love and a must for our ongoing.

Rainbow Center News

The group for July will be at the Rainbow Center for the Humanities, 177 N. 4th in Lander, on July 14 at 2 p.m. The topic will be “Recognition of Living Connected”.

As we are raising our frequencies into higher planes we keep looking for sign posts or reference points to show us that we are making progress. St. Germain is quite clear that the indicators are there, but they are no longer physical directives alone. The assurances come from the feeling nature as much or more than from some physical proof. Recognizing the essence of higher dimensions is subtle indeed and requires paying attention to the shifts and changes in light, color, sound and sense of perspective. The influence of the mundane world is changing dramatically yet it is quiet and oft times unrecognizable because the measure of the five senses has been density rather than refinement. You are getting to know yourselves from a whole new perspective—Love.

CD’s can be purchased on the website at www.voiceofthegatekeepers.com/2013groups.html

Our Teachings with the Master for July is “If You Desire to Be Well You Can Be”. St. Germain is defining wellness and how we accomplish the state of mental/emotional/spiritual balance to bring about the healing that we desire.

To order CD’s or DVD’s www.voiceofthegatekeepers.com/Teachings.html

ASTROLOGY

NEW MOON

This New Moon on July 8 falls in the sign of Cancer and is totally associated with feminine energy and Mother Essence. The Moon rules the sign of Cancer. Neptune is the esoteric ruler, symbolizing how we remember that each one of us is a child of the Universe. The word *matter* comes from the Sanskrit root for “mother”. Cancer reminds us of the importance of honoring all matter as mother, that all aspects of the physical world are sacred, including our body which is the temple of God in this illusion. Cancer connects to the emotional realms, our feeling nature. It is actually this ability to feel emotion that makes the Earth such a unique place in the Universe. We are being brought into deeper connections with our feeling nature through the emergence of the Divine Mother in the shifts that are happening on the planet.

The second Water sign is Scorpio, the depths of internal connection to the collective whole, the power of personal will and our individual ability to transform our world. Saturn, The Great Teacher, turned direct on July 7 at 5 degrees of Scorpio, signaling our readiness within the collective psyche for a giant leap forward in Faith and acceptance of just how powerful each one of us is from the core of our Self. When a planet changes direction it moves very slowly, often remaining in one degree of the sign it is in, for weeks. This puts us in touch with the intensity of the archetypal qualities that sign and planet. You may feel, more intensely, that your deepest, darkest secrets and most feared aspects hidden from the world are being exposed. Thus is the nature of Revelation. The exposure goes far beyond “airing dirty laundry” because much of what is coming to the surface has been with you for lifetimes. These things may not even be noticeable to others, but your EGO can make you feel as though you are standing naked on a street corner. The healing, for Scorpio is formidable healer, is that everyone gets to forgive everything. YES, EVERYTHING!!! No sorting into categories or deciding what is good and what is bad. Just let go of the judgments and free yourself from the weight of being responsible for everyone and everything but you. Saturn (physical reality) and Neptune (the other than physical realms) remain in a trine position most of this year encouraging surrender of personal will to higher Will and drawing attention to how safe we are in the energy of LOVE. Most of the month of July Jupiter in Cancer joins this Saturn/Neptune trine to create a Grand Trine in Water. This assists and encourages the blending of diverse energies with

greater ease. This Grand Trine in Water culminates between July 17-19 at 5 degrees. On July 20-22 Mars moves to 5 degrees of Cancer and energizes this Grand Trine through the next Full Moon. Uranus stations retrograde on July 17 and added to the dynamic of its ongoing square to Pluto it is impossible to ignore the cosmic wakeup call for personal and global change. The clue is that nothing can or will continue to function as we have ever known so “business as usual” has no reference point in the shift away from the illusion. These aspects all contribute to healing beyond the concepts of our finite mind—a healing that isn’t done by us to someone, but a healing received in such a way that we must accept that we are Masters.

Saturn, ruler of Capricorn and Pluto, ruler of Scorpio continue in mutual reception (each planet ruling the sign that the other is transiting) pushing the massive internal/external changes that are being experienced everywhere. “THERE IS NO HIDDING PLACE ON THE EARTH”! The planets have been bringing us along for several years now toward the dynamics of cosmic shift. The literal mind still contends “If I say I am not ready or that this does not exist I can keep going the way I always have”. That mindset is swimming upstream on universal energy. If we believe that we can just declare “this cannot or is not happening” and it will go away, we are suffering delusion in the illusion.

This New Moon cojoins Sirius which is esoterically considered our spiritual sun that is helping to direct the awakening of humanity. Sirius is called the Dog Star and is a brilliant blue star shining in the evening sky.

Take time at this New Moon to consider your relationship with everything on the planet. We are all cells in the Oneness. Each one of us is necessary to all others. What influences one has a dynamic effect on the whole. You are necessary and important to all of us. LIVE THE LOVE.

FULL MOON

On July 22 the Sun and Moon both change signs. The Sun enters Leo symbolizing the desire to express personal power. The Moon moves into Aquarius bring the cosmic acceptance of the YOU that you are seeking to show the world. Leo is the sign ruled by the Sun and associated with the heart and it is very involved in personalizing love. Aquarius is a sign of

compassionate objectivity and as such it loves without the need to have a reason—it loves no matter what. Saturn in Scorpio squares this Full Moon and brings us to accountability for all of our thoughts and actions. It requires that we redefine what we have believed is most important and it shows us that we have the fortitude to make choices that we have been avoiding.

Mars and Jupiter join Saturn in Scorpio and Neptune in Pisces to form a super charged Grand Trine that assists us to connect to the greatness of ourselves with renewed enthusiasm and courage, confidence and the security within to boldly go where we have not allowed ourselves to go before, blending the inner realms and the physical world.

Ceres closely squares the lunar nodes, opposes Juno and trines Uranus, once more bringing the wisdom of our gentler side to the fore in the affairs of our lives. Ceres and Juno's placement in the same signs as the Sun and Moon at this Full Moon shines a light on the necessity for setting aside the need for dependence or independence and allowing the experience of *interdependence*. Squares mark turning points and a time to bring about changes. From July 28-31 Mars in Cancer forms an explosive T-square with Pluto in Capricorn and Uranus in Aries at 10-12 degrees. This will bring many long-standing issues to a head both personally and globally. The necessary focus would be on keeping personalities out of any situation and seeking win-win solutions. This is the third SuperMoon in a row which magnifies the influence on the gravitational pulls and electromagnetic effects on the Earth and her people. Mercury will end its second retrograde on July 20, bringing increased energy to the gigantic step forward humanity is now compelled to take.

These are times of massive self-consideration. The Egyptians had a belief about death that as the soul neared the gates of Heaven the guards would ask two questions. The answer that was given determined whether you could enter or not. "Have I found joy in my life?" "Has your life brought joy to others?"

CRYSTAL CORNER

THE CRYSTAL CORNER

Hello all you wonderful and creative masters!
Another month is upon us and it is finally HOT!
Now I get to be grateful for air conditioning and

a cool breeze and maybe a tall, frosty glass of iced tea or water. However you experience it, life is good!

This column is going to go in a different direction for a while. We will be exploring the ancient art of Feng Shui. Feng Shui literally translates to wind and water, the two most prevalent elements that shape our world. It can be used to shape the energy around you. It is about changing your life by assessing and maintaining your connection to the natural world.

I will tell you up front that I most certainly am not an expert in this field. I have read books and learned from friends, using many of the ideas on landscaping and in my home but what really intrigues me is using the crystals and stones in shaping the energy. But I'm still a work in progress.

The I Ching was written to help people deal with change in their lives, as well as to get in tune with the cycles of nature. It has been said that Feng Shui is the I Ching manifest. A lot of the symbols of the I Ching are contained on the octagonal bagua. The bagua is one of the more important tools in Feng Shui. In the most basic terms, the bagua is used for Feng Shui analysis as well as protection. Hung on the outside of the home, the bagua deflects negative energy. Like the traditional bagua, a bagua of stones utilizes the power of Earth energies and represents the turning of her seasons. The quarter days of the year—winter solstice, spring equinox, summer solstice, autumn equinox—and their associated stones provide a foundation for invoking the essence of the seasons. A bagua of stones can be as large or small as you care to create. Begin by gathering stones. If you want to create a bagua that represents the seasons, gather pieces in black such as onyx or obsidian,



green as in jade or aventurine,



red like the garnet or ruby



and white such as white quartz.



Find a flat table or windowsill upon which to place the stones wherever you sense the need to

balance energy. Use a magnetic compass to determine which direction is north. Imagine a circle and place the black stone in the North part of the circle. Place the red stone opposite on the South part of the circle. Place the green and white stones opposite each other in the East and West positions, respectively. If space is limited, use small stones and place them close together. If so inclined, you can take poster board, draw an outline of the bagua on it and glue the stones into the correct positions. You could then prop it up on a table or hang it on the wall.

Creating a bagua of seasonal stones provides balance and a reminder of the cycles of the year (and life). This helps to keep us in touch with the natural world and to keep our energy grounded. Many different baguas can be created using Feng Shui directions. As we learn more about this study of energy, we will create different stone baguas to aid us on our way.

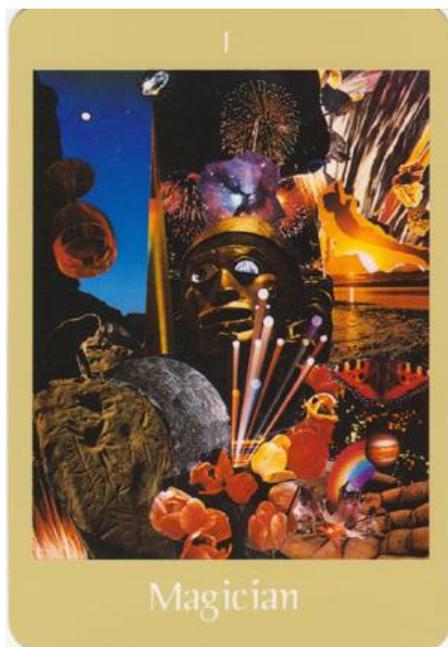
Please feel free to contact me via phone or email for more information on the stones or this column.

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Until next month, have fun in the sun and enjoy your journey!



TAROT TALK

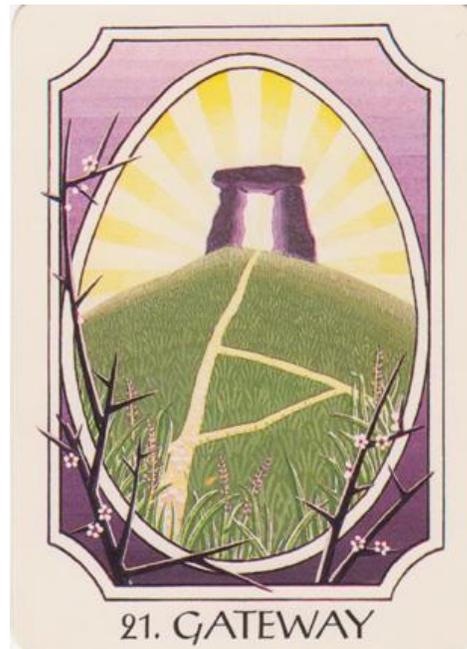


Our Tarot card for July is the Magician who works in the illusion to discover the reality that exists “just beyond the tips of our fingers behind the veil of our disbelief”.

The talent of the Magician is in how he/she uses their resources. You are a dreamer and a visionary. You can change the World by allowing your dreams to become real. The word “magh” means power. Take the flow of your intuition and draw the power of the Universe into your creations. Receive guidance in Love and act accordingly.

Your Magik is your ability to have the experience of life and by living what you have found to teach by example. Your Magik is your perception. As you look through the prismatic wand you see new worlds and unlimited possibilities. Reality is not at all what the world has thought it is. As you integrate the right and left hemispheres of the brain you begin to see everything that has always existed that you never knew was there.

The misuse of power has been the need to deceive, manipulate and control. Believe that all things are possible and life is rich, sweet, mysterious and Magikal.

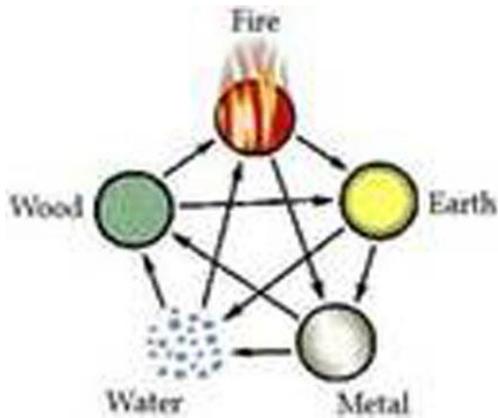


Our Rune for July is *THURISAZ*. With a gateway for its symbol, this Rune indicates that there is work to be done inside and outside of yourself. *Gateway* represents the frontier between Heaven and the mundane. Arriving at this point is a recognition of your readiness to contact the numinous, the Divine, to illumine your experience so that its meaning shines through its form.

Thurisaz is a Rune of non-action. Thus, the gateway is not to be approached and passed through without contemplation. Here you are being confronted with a clear reflection of what is hidden within yourself, what must be exposed and examined before successful action can be undertaken. This Rune strengthens your ability to wait. Now is not the time to make decisions. Deep transformational forces are at work.

Visualize yourself standing before a *gateway* on a hillside. All that you have ever been lies behind and below you. Consider all that it has taken to get you here—joys and sorrows, learning and experiencing life in every way. Observe it all, bless it all, let it all go for the release brings you to reclaim your power.

STEP THROUGH THE GATEWAY, NOW!!!



Thoughts from the 5 Element Acupuncture Corner
By: Nancy Wadda, Acupuncturist, M.Ac.

The Fire Element—it's summer!!



Lazy warm days on vacation with family and friends, holiday celebrations, outdoor activities and so much more; that is summer time and that is the Fire Element.

Within the Yin/Yang symbol, the Fire element is at the peak of highest energy of the five elements. The days are long and many things can be done. But most of all the Fire Element is about love and connection with people from the heart.

One of the interesting things about the Fire Element is that it has two sides. Imagine a circle split down the middle. On the left side are the Meridians of the Heart and Small Intestine. Small Intestine you may

ask? What has that to do with love or the Heart? Well I will get to that in a moment. On the right side of Fire are the Meridians of the Pericardium and the Triple Heater.

So Fire is identified by the sound of a laugh in the voice, the scent of scorched, the emotion is Love and the color is red which flashes on the face or there is an undertone of red or lack of red. Fire is about connecting to another human being, having lots of fun and loving others.

The Heart is the Supreme Controller of the body. The Heart listens to the Small Intestine which is the sorter of the pure and impure so the Heart can decide what to do in situations of the heart or direction of life to go toward. The Heart holds the Spirit called Shen. The Shen is the spirit connected to the heavens and listens to the path for you to walk--your path or your Duo.

The Pericardium is also known as the Heart Protector. If you can imagine a great castle door that is scarred and pitted by the swords and arrows of hurtful events in your life, the Pericardium protects the Heart from being directly hurt by life. Of course if the Heart is not protected, such as someone just blurting out "your mother has just died!" without first saying "sit down I have some bad news", the Heart can take such a shock that it can make you very ill. The Pericardium is also about more one on one personal connection.

The Triple Heater is the only Meridian that doesn't have an exact name of an organ. The Triple Heater is responsible for the smooth flow of waterways and passageways in the bodies energy. It is also more of a "Hostess with the Mostest" type of person. A Triple Heater person wants others to connect such as at a party. "I'd like you to meet so and so because I think you have a lot in common."

So next time I will introduce the Fire Element in and out of balance. So enjoy your summer. Go to a party, have an intimate dinner with a loved one or with close friends and most of all Laugh, Laugh, Laugh!

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ST. GERMAIN'S MESSAGE

Dearly Beloved Masters, it is amazing that as more and more Love pours into the planet it is causing the dregs of everything that is not about Love to rise to the surface. I assure you that the amount of good on the planet has always exceeded the

negative; however, the attention to the dramatic has always caught the ear of the masses. In the Teachings of May and June I have addressed “Forgiving the Internal War” and then deeper into the whole aspect with “Forgiveness”. For this month I will speak to the Mastery of Wellness in “If You Desire to Be Well You Can Be”.

So many are plagued by disease on every level from “minor” headaches and body discomfort to major illnesses that can threaten the life force of the being. As the Masters who are here to assist the Earth in her Evolution and Ascension we see exactly where you are. The Egoic Mind wants to know what we see. When we say that you are so much more than you believe you are, often you refuse to accept that as true. The very indoctrination of the societal teachings has brought you to a place of such doubt about the wonder of yourself that you are challenged to receive praise from us. One of the greatest diseases on the earth is self-doubt and personal disempowerment. It literally makes you sick or sicker to think about being so helpless in the face of the overwhelming odds when faced with a major illness.

Changing the beliefs is not as simple as just saying that you will not think that way anymore. The EGO is a two-headed Dragon that will encourage you to make statements of defiant “overcoming” and then nag at the back of your mind about whether what you said will work—are you strong enough to live that as truth? What if nothing happens and you continue to be sick? What if, what if, what if? Soon doubt begins to creep in again and you feel worse. Then the EGO says, “Why would you think that what you say could make a difference?”

These thoughts are exactly why we keep suggesting that only when you allow your Mind to blend with your Spirit will you truly begin to find the peace that supports healing. This is why my Teaching is “If You DESIRE to Be Well You Can Be”. The EGOic Mind always goes back and forth, back and forth like an animal pacing the confines of its cage. If you check into your solar plexus the first sensation that you may experience is anxiety. However, if you are willing to get close to yourself you will allow your Mind to move into connection with your Spirit in the Center of your energy field in the area between the heart and the splenic chakra. As you move into and through that anxiety you begin to feel a much more profound sense of quiet and calm that exists in the depths of your center. In that quiet place you begin to connect with the *greater you*, the Masterful being that you have always been, that has waited patiently in the places of God-center within your auric field. (Since the Sacred Space has no up or down your “descent into separation” was not literally a downward slide, but a shift away from the ultimate Oneness with All.) The energy of thought was moved away from the God-center in the area of the solar plexus and transferred into the realms of the cranial brain. The paradigms involved with logic and “practical” thinking cast doubt and fear on being Divinely integrated. The brilliance of the Mind began to over-shadow the Sacred Space with illusions and slowly brought the belief systems of separation to a place of unworthiness so profound, that now as humanity would begin to remember who it truly is, there would be the shadow of concern about huge punishment from a dictatorial God, a jealous God, a destroyer God who would order his followers to kill anyone who does not agree with distraction. How can you heal in an environment of chaos such as that? How could anyone get well when the very fiber of their being is under threat that no matter what you do, which way you go and how you make your choices you are wrong? Even those who swear that they are convinced that they are right feel an underlying concern that maybe, just maybe, they might not be right after all. As long as the Mind is directing everything there is no clear, steady place of peace to be. Only when you begin to move into the Sacred Center of your being-ness will you begin to feel/remember your total Oneness with God/good. Since Wellness is an indicator of the connection to All-ness, allowing yourself the Divine right to recognize that potential as belonging to you beings the process of restoring Wholeness to every aspect of your selfhood.

You are already worthy! You are already deserved!
You are treasured beyond your possible imagining.

God finds no blame or flaw. The God that judges is a creation of the finite Mind in its need to control. Health is the natural estate of your true self. Disease is simply an indicator of the last vestiges of separation coming to the surface to be forgiven, integrated and transcended. Letting go of how things have been causes the Mind attempt to make everything a war. When you fight to get well, often the outcome is exhaustion. When you hold a *powerful, positive, enthusiastic, prayerful vision of your pure self in Love* you can feel the embrace of Love lifting you into higher frequencies where health is the Way. You are not physically going somewhere. You are entering into the Holy of Holies within yourself. You are coming Home to health and wellbeing. **Healing requires the passionate acceptance of how wonderfully made you are.** (There is nothing bad, wrong or dirty about you. These concepts of control diminish the spirit and drive you away from the connection to God within.) Prayer is such a powerful tool in healing that even when people had no idea that they were being prayed for the prayers of other people who care made difference. There have even been scientific experiments made all over the world to measure the potential outcome of prayer in numerous different situations to see if prayer could make a measureable difference. The answer is an overwhelming “YES!” So Beloved Masters, pray for yourself, pray for others, pray for the Earth. Prayer is not deciding on an outcome and then demanding that God produce!!! Prayer is the absolute Willingness to surrender the outcome into God’s essence. Needing a particular outcome denies the best, most positive results to occur. The human mind cannot possibly see beyond the gift of God’s Love to something better than that. No one knows the best result for another human being, but holding the prayerful intension for the highest and best good, no matter what, is very freeing.

One of the greatest tests of becoming a Master is letting go of personal will and surrendering to God’s Will. “I blend my will with Thine, Oh, God! I blend my will with Thine, Oh, God! In Love in blend my will with Thine!” and Feel It and Feel It and Feel It within your essence. Remember the Home Coming is recognizing within you that you are and always have been united with “I AM”. Renewing and reinstating your place in that Love sets the whole of you into the fifth dimension and up.

Your willingness surrendered into God’s Love allows you to receive the ultimate healing. Being open to the most desirable healing allows God to show you potential within your life that limited allowing would never bring. This healing is not a doing process

because the mind simply cannot fathom the depths of wholeness that are available to you right now in this moment. Even the most critically ill can receive a healing without great output of energy. The smallest opening is available to God. The tiniest desire can become a river of wellness. The result may not appear to be miraculous in the moment, but in time it can change the life completely. Remember, Beloved Masters “Ain’t nothin’ what it seems”!! Just because there is no proof provided for doubters does not mean that God is not there. Rather than proving by something on the outside, God more often brings conformation within.

Wellness is being brought to everyone. Will you allow yourself to have it? Wellness is not purely physical. Can you change your mind? Will you let go of outmoded beliefs? Dare you accept the power of your own Spirit in the Love of God? If you desire to be well you can!

Until we meet again in whatever manner that might be I remain your humble servant. I AM the Lord St. Germain

ADS

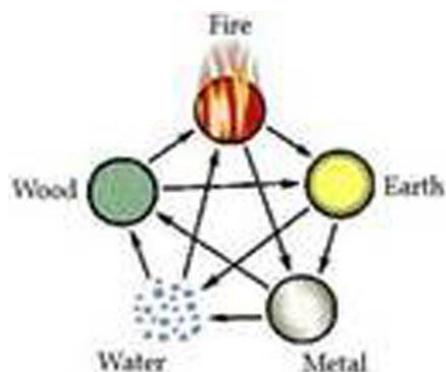


Karen Singer creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, as well as your own personal Angels and Masters (if desired & with permission) into each piece.

Karen also photographs beautiful nature photos and digital transformations as Prints, T-Shirts, Greeting Cards, and Journals that assist and

inspire to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

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Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 205 566-1424.

Kathleen Edwards is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

OF POETRY AND PROSE by Nanna Hansen
This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.
Her website: <http://www.ofpoetryandprose.ca>

Kimberly Rae Hansen
Digital Artistry
Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing.

Do check out her website!
www.kimberlyrachansen.com

ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

www.paintingsbyisa.com

She also offers personal readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD. For directions and appointments call 605-673-3012 Love to connect with your on Facebook
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Ranch Blog: www.plentystarranch.com/wordpress

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey—Massage Plus is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 or 307 438-0927 for appointments and information.

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz
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