



July Newsletter

As you read this I am preparing to leave for California. I am excited to be with new people and visit those that I have seen before. I am working all new places so I am hoping to reach many new contacts.

I WILL BE IN L.A. JULY 13-18. Our event will be July 14th, 7 p.m., at the Beverly Garland Hotel, 4222 Vineland Ave., Studio City/ North Hollywood, CA. You may go to my website to register for the event or to sign up for a private session with St. Germain through Molly. Contact is Nevenko Kordic 323 467-8691.

I WILL BE IN SANTA ROSA at the Lomitas School House, JULY 20-26. There will be an introduction on Fri. evening, July 20 and a group on July 21. Contact is Barbara Bennett 707 696-2203.

I WILL BE IN ELK GROVE (SACRAMENTO AREA) JULY 27-AUG. 1. Contact is Hazel Smith, 916 207-7261.

June proved to be all that St. Germain has been talking about and more as far as changes are concerned. The eclipse on the 4th of June and the Venus transit across the Sun certainly stirred a lot of movement and change from the very deepest levels of

our beings. Add in a couple of Solar flares and the month was intense.

There is more conflict and more upheaval every day. Revelation is working overtime with it's spotlight shinning on the things that have been going on for a long time "behind closed doors". It seems to pay to be in integrity as lying is becoming more obvious as each day passes. St. Germain says we must fight until it dawns on us that fighting is gaining nothing.

We have one more month in the second third of 2012 and then we move into the time of decisions about how we will move forward in the changes. We cannot go back, but we can stop moving or we can make the quantum shift in gratitude for all that belongs to us.

A wise man said, "Pay attention to the small things for one day you may look back to discover that they were the big things."

The vastness of what we are experiencing is beyond anything that the mind can conceive of. We are clearing the old and receiving the new at the same time. We do not have time to "think" about things. Feel, intuit and trust.

Rainbow Center News

Our July group will be on July 1. The title is "Acceptance".

CD's can be purchased on the website at www.voiceofthegatekeepers.com/2012groups.html

July's "Chats with the Inner Merlin" will be "Water". Merlin is addressing the elements and our connection with how these forces of nature affect and influence our lives on every level. We tend to take water for granted until it asserts its power in our lives. From the impact of our emotions to the unstoppable flow of rivers and oceans, Water plays a dynamic part in who and what we are.

To order CD's or DVD's www.voiceofthegatekeepers.com/evenings.html

ASTROLOGY

FULL MOON

July's Full Moon falls on the 3rd just as we are preparing to celebrate the birth of our nation. On June 24, Uranus Aries and Pluto in Capricorn made the first of seven exact squares. On June 29 the Sun at 8 degrees Cancer opposed Pluto and squared Uranus. Mars enters Libra just before the peak of the Full Moon to amplify a wave of evolutionary energy that has been building for some time. HOW WILLING ARE WE TO MAKE REAL CHANGES?

Uranus tends to galvanize the drive for freedom which is as much or more internal than external. Our unique creativity and necessity for reformation are underscored at this time. We are required to make the break with our lineage, our cultural limitations and to release what no longer serves us. Pluto illuminates the parts of our nature that have been suppressed until we have denied a great portion of our true selves. We must all face our shadow (the devil within) and recognixe just how powerful we are. Pluto and Uranus only make aspects to one another about once every 120 years. Whenever these two planets come together (conjunction, square or opposition), the connection brings about huge shifts in how the society functions and where the technology is going.

Conjunctions mark the beginning of a new cycle. Squares brings major turning points in our destiny where we are compelled to act on potentials rather than a guarantee. Uranus and Pluto were conjunct most of the decade of the sixties and brought about the cultural creative who have come to change medicine and the market place so that our planet can operate more from its spirit than its intellect alone.

As Uranus stations to go retrograde on July 13, the tendency to revolution increases. During its five month retrograde we are impressed with the necessity to really look at what keeps us trapped in the prison of our outmoded beliefs. Peer pressure is most obvious in youth simply because the social standards have operated on the "Emperor's New Clothes" theory. "no one wants to be a Fool so no one will point out what is really going on. Revelation is unmasking the inappropriate so that everyone can be clear about where they stand in their life.

On July 14 Mercury begins its second retrograde of the year at 12 degrees Leo 33 minutes. This retrograde confronts us with the question "Are we living from EGO or essence?" Courage is the key to all of the spiritual virtues. Courage is experiencing and expressing the standards that inspire us to live rather than just exist.

The Sun conjoins Sirius (the dog star) at this Full Moon. Sirius is the brightest star in the sky and one of the closest. On July 23 Sirius rises and sits high in the summer sky only to set on September 23. This creates, in our hemisphere, what is called the "dog days of summer". In esoteric astrology Sirius is considered to be our spiritual Sun, overseeing the awakening of humanity.

Everyone is special. Everyone is unique, one of a kind, unduplicated. Begin within to appreciate your own amazing value and from that center of fullness begin to witness just how wonderful people are. So many have gone unappreciated and it is time for each one to step to the center of the stage and be acknowledged as we embrace one another in love.

NEW MOON

The New Moon on July 18-19 intensifies waves of change. The waters of the cosmos are in direct connection to the human psyche and the surf is up. Mars is directly opposite Uranus and square Pluto. Pluto is the higher octave of Mars. Both of these planets deal with our passions—both create and destructive—our personal and trans-personal will and how we use our power. Mars operates at the personal levels of action and desire. Pluto directs our divine intentions. Be very aware of where intolerance and

reactivation rise up as Mars opposes Uranus. The desire for freedom at all costs is a part of the consciousness that is passing away with the old order. Mars square Pluto brings a powerful desire for reform, but here again, without consideration of the outcomes. Violence and domination have never truly achieved positive results. Saturn in Libra brings a balance to the restlessness and tendency to overreact in its square to the Sun and Moon in Cancer. Nonviolence has been an ideology and now it must become a practice of daily life. Be mindful of every thought, word and action. Violence is not just war on a battlefield. Words and thoughts can harm or heal. Mars in Libra is uncomfortable because the very nature of Libra is peaceful balance. Mars, the ruler of Aries, wants to "shoot first and ask questions later".

Cancer is ruled by the Moon. Water goes where ever it wishes without question. Learning to flow with the constant barrage of change requires that we emulate that quality of water to simply flow with life, be adaptable and discern what is healthy and what is toxic. The societies of the world have educated us to value the masculine above the feminine. We have learned to set our feelings aside and be tough; to trust logic rather than intuition; to be guided by our head rather than our spirit. Suppressed emotions and needs do not go away but are stored in the subconscious. We are being flooded with judgments, fears and traumas that have been dammed up for life times. Suddenly, everyone is confronted with emotion that does not respond to stuffing and projecting them outward is no longer viable. We are beginning to see clearly just how our reactive nature has led us into illusions of justice in war. As we live NOW we have a much more workable way of dealing with the events that come our way.

Changes in the Sun's magnetic field and cosmic rays from our galactic core and beyond are speeding up the evolutionary process. The belief that we control life with our mind is proving to be a fallacy. The emotional dams are breaking no matter to how hard we attempt to keep them in place. It is important to monitor our feelings and learn to safely release stored emotions. Being centered and in touch with our inner self helps us to keep a balance in the currents of wild waters of change. Learn your own rhythms and do not be afraid to feel deeply and openly. Opening the channels of emotions in safety prevents negative outbursts that can bring unfortunate outcomes.

Emotions flood our bloodstream with neuropeptides, which take less than 90 seconds to move through the whole body. The movie "What the Bleep Do We Know?" these neuropeptides are presented

humorously but it gets the point across that they can put us out of control just as quickly as they move. It is up to each one of us to educate ourselves about our own reaction patterns and begin to firmly and gently make changes toward more positive responses.

All of us desire to be free. It is getting clear about what freedom really is, how to achieve it peacefully and how to live it wisely that now confronts us.



THE CRYSTAL CORNER

Expanding the Love

Greetings, to all of you who are on this awesome journey into the unknown. The incoming energy is certainly affecting all of us whether we consciously know it or not. Yesterday I found myself literally wandering around the house almost disoriented. I caught myself falling back into the old pattern of feeling like I should be doing something, anything to feel like I was accomplishing something. I then remembered that just being was certainly the most important thing in my life at this time. I walked outside and leaned over to smell my glorious roses, then knelt down and petted the soft fur of my pet cat. I looked at our emerging garden and felt extremely grateful that we are able to grow some of our own food. All in all, it was a perfect day and I didn't have to do anything! There are many ways to heal and grow.



Last month I wrote about how the energies are changing everything. As I work with the crystals, I am always amazed at how they are expanding and where they are taking us. This month we will talk once again about the heart stones. Some of the basic heart stones I work with are the different colors of Aventurine and the Rose Quartz as well as the pink Tourmaline. As we move into ever greater levels of love energy, these stones are front and center.



When I first received the information about the Rose Quartz and the green Aventurine, it was my understanding that the Rose Quartz opened the heart to allow the love to come in and the green Aventurine would gently heal the heart. This is still the case but for those who are expanding into greater energies and will allow what these stones now bring, that healing will be much greater. In the essence and energy of these times, the green Aventurine, when worn in the heart area, works almost like a very delicate net of energy that helps to draw mind essence into the heart and through the heart into the soul. This helps to capture the mind and bring it into love. Its quality has shifted because when the first information came through the understanding of love was still very much of a romantic notion. This is now a stone that would help the understanding and integration of true love. It

draws the intellect toward center. So, Aventurine would draw the finite mind into the heart essence and Rose Quartz and Pink Tourmaline would translate that essence so that the mind could be comfortable in the allowing of a love that is so much greater that it isn't hard work and it isn't in competition with the intellect. The fear the mind has had is that love is a weakness that could cause a loss and Aventurine and Rose Quartz are now stones that would help to assist the mind to integrate with love without the fear that love is some dreaded weakness.



The blue Aventurine is helping to pull the veil aside so that there is a greater ease and capability to function in higher frequencies. The blue Aventurine is more refined than the green. Just as the green Aventurine associates with the heart, the blue works with the third eye. It's drawing in a higher frequency. Here again, the stones will only change you if you are willing to change. It is a good idea to give your physical body permission to expand energetically. The red Aventurine works as a connector between the solar plexus and thymus chakras. It helps to open the heart to allow the perfection of the Christ to flow through where wounded hearts could not bear it because it is so painful. This is truly a sweet stone.

Please feel free to contact me at any time if you have questions or comments.

Linda Thomas Eternal Ice Enterprises www.eternal-ice.com (307) 754-4396 or (800) 757-8478

I wish all of you Love, Light and Laughter on your journey!

TAROT TALK AND RUNIC KEYS

Our Rune for July is Fortune. Fortune has been considered fickle and temporary in the illusion. The reason that this perspective has developed is that when we achieve a goal, we then, naturally, chose another goal. I got things just like I wanted and everything changed. Once the goal is reached, you become different and who you were is no longer who you are becoming. The desire that led you to set the goal is now fulfilled and you have expanded to embrace new horizons. Take the time to enjoy the accomplishment and at the same time open to the next goal. It is always good to have several goals at the same time so that the feeling of missing out on something is much less. Large goals generally take longer, however, in today's shifts of energy that is no longer a rule. Have shortterm goals to keep the excitement of life flowing and have the long-term goals for inspiration.

Examine how you feel about allowing yourself to succeed. What are the laws and beliefs of your lineage about hard work, not being able to enjoy life until ALL of the work is done and being loved if you have money (do they just love me for my money or do they really love me)? Many people believe that they are only valuable for what they can do for others. This leaves no place or time to be fortunate.

In the tarot Fortunes number is ten. The one presents self and the zero God. How much God are you willing to let into your life. In the Bible ten was considered a lot, now a thousand or a million is casually discussed. How many zeros after the one are you comfortable with? Now stretch and add a few more. Feel into your resistances and you will learn why fortune has seemed so elusive. Now trust that you can be fortunate in all of your affairs.

The Rune is Laguz.

As Mars, Uranus, Pluto and the energy of the Full and New Moon are bringing us a necessity to flow, so the rune *Laguz* represents unseen powers at work—powers that nourish, shape and connect. The attributes of this rune are water, fluidity, the ebb and flow of emotions, of vocations and relationships. *Laguz* fulfills our desire to immerse ourselves in the experience of living without having to evaluate or understand. As we let go of making things happen the internal understanding is waiting to enlighten us. This rune speaks to the satisfaction of emotional requirements and awakening to the intuitive or

feminine side of your nature. While the Sun strives for differentiation, the moon draws us toward union and merging.

This rune often calls for a time of cleansing; for reevaluation, reorganization and realignment. This rune is associated with the deep knowing of Source within self. You may be called to get in touch with your spirit to prepare for self-transformation. Success lies in your intuitive knowing, the connection to your own rhythms. A rune of self relating rightly to Self, Laguz signifies what alchemists call the *conjunction*, or sacred marriage—the Royal couple, inner male and female, coming together in Divine union.

Excessive striving (Mars square Uranus) can block the good that is attempting to reach you. There can be a failure to draw on your own innate wisdom and as a result there can be a sense of exhaustion form trying too hard. Forgive the fight and let harmony (Saturn square Sun/Moon) bring fulfillment.





ST. GERMAIN'S MESSAGE

Dearly Beloved Masters, the plight of limited funds is everywhere. We want you to know that the attempt to continue to gain more when the focus is on less is just exacerbating the issue. The faster the energies of the planet

are up spiraling the less planning, figuring and stressing on where "out there" the money is going to come from are bringing you what you desire. In Separation the idea has been that what you seek is not with you, but somewhere in the future—near or distant— but not where you are.

You have just experienced the eclipse of Venus to the Sun as well as a Lunar Eclipse, both occurring in early June. The planet is being flooded with Love in ways that have not been available in eons of time. The old order has prided itself on isolation and has considered strength to be how much one can do without help. MASTERS ARE NEITHER DEPENDENT NOR INDEPENDENT, BUT INTER-DEPENDENT. Inter-dependence is neither needy nor separate in a distant way. Inter-dependent is a way of relating to each other that is loving, supportive and highly functional. Fear, suspicion and mistrust are the immediate responses of EGO-based thinking and this is how the planet has learned to operate throughout the ages of moving away from Source. As Masters, we are individuals who do not require to stand apart from the whole. We lose nothing by being at one with all. Inter-dependence allows a full appreciation of the beauty that each one possesses and relieves us of the necessity to control the lives of others based on our past beliefs.

The influx of Love heralds a new thought, a renewed trust and fulfillment on all levels that does not start outside of you. Example:

Someone NEEDS money. The main reason for *need* is the foundational belief in not enough that is genetically enforced. Generations have lived in limit and passed down to their heirs the legacy of lack. "That's just how it is!" In the clarity of Truth and reality of the becoming, lack has no place in ANYONE'S LIFE.

You ask (pray) for money, but there is a feeling of doubt deep inside of you that begins to deny the positive outcome before you even ask. Your mind immediately begins the process of attempting to decide where the money is going to come from "out there". Your mind whirls with all of the thoughts and ideas that it always entertains each time you find yourself "up against it about money". You EGO, in its old familiar pattern, begins to negate each thought until you feel exhausted and out of ideas. THIS IS WHERE THE CHANGE CAN BEGIN!!! Rather than entering into the same old slump of limit, open your mind, heart and Soul to new possibilities. If you have no answers then you

can be a blank slate for God to write on. Timing is everything in the new energy.

One of the most important things to remember is that there is a huge difference between discipline and control. A vast gulf of limit exists in control. Discipline is a loving alignment with your deepest self that is connected to Divine Directive. Being willing to listen for help from the inside will also help you to listen when help comes from the outside. This will assist you to forgive the ping pong paddle that EGO uses to knock every piece of advice away-"That won't work, I tried that, I HAVE TRIED EVERYTHING" which means "I want things to be different without me having to change". In the loving acceleration of the current times those old concepts become progressively more burdensome by the moment. Discipline will assist you to move beyond the old obstacles that have seemed so real, but are in fact illusion.

So a good place to begin is with this affirmation:

"All of my obligations, all of my necessities and ALL OF MY JOYS are met NOW in this moment."

Don't just give this to your mind and go on to the next thing—BE PRESENT. Feel how it feels to have every, EVERY obligation met. Imagine it. Imagination is the feminine principle of creation. Every, EVERY necessity is provided. Feel it. And here is the biggest part, because the parental order has said that you cannot have the good or the fun until all of the work is done or the obligations met—ALL OF MY JOYS ARE MET NOW according to the Highest Good of all concerned!! Give yourself permission to have Joy without hard work, the freedom to let the past be done and allow a rich life NOW.

A rich life is non-competitive, fulfilling and fits what you desire. "Keeping up with the Joneses" is exhausting and after a time proves unfulfilling.

Spend time integrating this affirmation and all that it stands for so that it becomes like your breath--what you desire is right where you are. It is RIGHT AT THE TIPS OF YOUR FINGERS, JUST BEYOND THE VEIL OF YOUR DISBELIEF. The money that you "need" is within your reach. When you stretch out your hand you can actually push what you want away with an old attitude of limit, because you are so convinced that if you cannot see it, it isn't there. (What you see, taste, touch, hear and smell constitute only 4 % of what you are. The other 96% is unseen.) The changes that are happening on the planet have

stirred the EGO to absolute fear. It keeps throwing all of the old ideas and beliefs at you to keep you occupied so that you will overlook what is right in front of you. Feel it, feel it inside of you where the good is being created.

When you relax and let go of how things have to work, you clear a space in your energy field where what you desire can manifest. This is Spiritual Multi-tasking blending the physical with all of the tools and elements of the unseen to produce the life that is your Divine Inheritance, and no one has to die for you to have it. Forgive the idea that there is not enough to go around and let the good that belongs to you be with you. When you keep focusing on what others have and coveting it you distance yourself from all of the amazing good that is yours. Their good will never please you because it is what they wanted rather than what you would ask for. That is why the thief is never happy, because what the thief takes can never truly belong to him/her. Any form of theft is being revealed for what it is—an illusion of plenty that disintegrates quickly.

ARE YOU WILLING TO ALLOW ALL OF YOUR OBLIGATIONS, ALL OF YOUR NECESSITIES AND ALL OF YOUR JOYS TO BE WITH YOU NOW? Has your EGO said that if you gained the life you desire you would have nothing to look forward to, which is another lie of the illusion? The Mind, in its need to be right, jumps forward and says "Of course I want that. What Fool wouldn't?" If the mind really means this, "Why haven't you allowed it?"

The answers are given when you ask and the mind says, "Yeah, yeah, yeah, I've heard all of that before. I tried it and it doesn't work." The answers will not work by trying. You will not hear the true depths of the answer until you are ready and NOT ONE MOMENT BEFORE. The magik of Spirit is simple. The laws of illusion are complicated, convoluted and often come to a dead-end after much pursuit.

When We say "Everything that you desire is right at the tips of your fingers behind the veil of your disbelief" We mean it. It is clear and evident, but the mind operates in clouds of illusion and looks for flaws in every possible solution rather than accepting that your good is right where you are. YOUR GOOD IS RIGHT WHERE YOU ARE!!!! The only thing that you are really waiting on is your willingness to let go of how you were taught that things work in the illusion.

TRUST is imperative. Trust that your good is attempting to reach you. Trust that everything that you require is available to you right now. Forgive "yes, but", "what if", "that's too hard", "I tried that", "it works for others but not for me". Let go of how you have lived for life times and even if you feel that you are rich, you will have more. If you have believed that poverty is your lot you will begin to have more than you have ever had before. The Universe is waiting for the people of this Earth to allow what God promised before the illusions blinded them to the greater GOD/Good that makes this Heaven on Earth.

It is not and never can be Us or Them. That fear-based issue has created the woes of the World. It is time for a "We-oriented society where everyone's concept is acceptable and workable as long as it is directed to the good of the whole. The Whole includes you. This is not—"everyone else gets the good and I am too noble to receive anything". That is NOT nobility, that is victimization. THERE ARE NO VICTIMS!

If you cease to fight in the depth of your being you stop war in your world. That does not mean that you stop everyone else from fighting. It means that you no longer attract angry, warlike energy into your life and if someone attempts to bring it to you, it is neither offensive nor threatening, so it has no magnet to hold it in your energy field. Avowing that you have cleared your energy of negativity, yet getting upset by every conflict that you witness or hear about, makes it obvious that you have not forgiven the past or let go of your judgments, because you are still caught up in monitoring what others are doing wrong. Recreating how you direct your focus is life altering. Your good does not come from them/out there. It comes from Source and manifests as you will allow it. Other people can be agents of God, not by your decision, but by your allowing. Feeling like the "step-child" in the Kingdom of God only keep you locked in illusion.

The changes come from your willingness to let the good come to you, without attempting to decide how it has to happen. Learn to look for co-incidences, keep your sights on higher good and accept from the Lord God of Your Being that life is good, fulfilling and continuously abundant.

We are holding intentions that every being on Earth will discover their own good NOW! In the greatest of Love We are with you. I remain your humble servant. I AM the Lord St. Germain.

Other articles go here

ADS



Donna's latest book Accepting the Gifts of Forgiveness is now available through Amazon.com and Donna's website. Donna Ing along with the Master St. Germain have brought you another winner. This book so very simply and clearly shows ways to heal through forgiveness.



Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

http://www.RememberingInsights.com

Kathleen Edwards is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 205 566-1424.

Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or

307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

www.paintingsbyisa.com She also offers personal

readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD. For directions and appointments call 605-673-3012 Love to connect with your on facebook

Plenty Star Ranch - Horse Boarding in the Black Hills www.plentystarranch.com

"Painted Portraits & Visions" <u>www.paintingsbyisa.com</u> Ranch Blog: <u>www.plentystarranch.com/wordpress</u>

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120

Annalaiya is an iridologist and flower essencepractitioner and natural healer, who has abackground in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 or 307 438-0927 for appointments and information.

Delores DeVore owns Sound-Works, healing

with voice and tuning forks. <u>www.sound-works.biz</u> <u>www.ddswebdesign.com</u> or call Delores DeVore 678 634-1249

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