



May Newsletter



This is what we are seeking. Love to all.



May 2nd -- We went out to Sinks Canyon this morning and on the way we spotted this huge migration of elk moving across the land about a quarter mile off off the road. This herd must have been close to four hundred elk and I don't think we saw them all.



It is May Day. This picture was taken about half a mile from our house. The snow is gone where we are but the mountains have deep snow after 8 days of snow and rain.



This is in Sinks Canyon. This is the Popo Agie (Po (long o) po (long o) jah) River that runs through the state park and then through Lander.



Beginning in January 2016 St. Germain will be teaching about the understanding and application of Spiritual Alchemy. Each Teaching will move us further into a deeper recognition of who we truly are and how to apply spiritual values to our “every day” lives. LIVE THE MAGIK!!

People continue to sign up for the Personal Growth series. Don't miss giving this special gift to yourself. As the energy on the planet is accelerating things are becoming more challenging. The logical approach to life is failing. Nothing is as it appears to be. Yet just beyond the tips of your fingers there is a whole new world just waiting for you to open the inner eyes and move aside the veil of Illusion. St. Germain is waiting to be of assistance, to clarify the confusion and help you to connect with your own inner truth; a truth that is not opinion or based on conflict, but a deep, solid sense of who you are within. This recognition of self is what changes the world. It is the magik and wonder of what you have been looking for.

St. Germain is continuing the “Personal Growth” package in 2016. This has proven to be one of the most popular offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans.

[Click here for 2016 Personal Growth Package Details](#)

Rainbow Center News

Spring Intensive

Don't forget our intensive “Join Us in the Ancient's Realms of Remembering—Dream Yourself New”. This is the Year of Embracing your New Self. A year filled with the discovery of how personal alchemy changes your life. The realms of remembering have opened and the Earth is in the revolution of evolution. How you use your energy and where you focus your power is very personal. It influences the life you live right now and the future that you will experience as you move forward. You have the power to change the World, but it is not in what you do out there or how hard you try to make others change. As you are willing to remember who you really are you experience a sense of strength, confidence and compassion that has been hidden away within you. The Game of Illusion was anchored in pain and fear. The New Becoming is all about overcoming the limits of what has been.

It will be May 14-15 here at our home. We invite you to join us in person. Call or email Molly for more information.

CDs and mp3s will be available.

[Click here for the May Intensive](#)

There will be no group this month.

CD's can be purchased on the website at [Click Here for 2016 Groups](#)

Our Teaching with the Master for May is “Sacred Alchemy: The False Darkness”. As the Illusion is passing the realizations are coming up from the depths of self that there has been a darkness imposed on humanity that wasn't a part of the Truth of Spirit. God created all things in balance, light and dark, but this darkness was woven from the web of the separation and now that it is passing humanity is feeling a new energy of Love and the potential for the Magik of Mastery to return to Earth in its purest form. St. Germain discusses how we can now move out from under the false darkness (the burden of lineage issues) that has weighed us down for life times and feel new freedom.

The Teaching is on the second Wednesday evening of each month at 7 pm MT.

Our call-in for the Teachings is the second Wednesday evening at 7 pm MST.

If you haven't had the experience of the Teachings that St. Germain is offering they really help us to understand what is going on on the Earth now. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs or mp3s are \$15 for each set—Teachings or Q&A. It is \$15 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's or DVD's

[Click Here for 2016 Teachings with the Master](#)

ASTROLOGY

NEW MOON-May 6

Taurus is symbolized by the Empress in the Tarot cards. Taurus is about our health, wealth and happiness. We are called to honor and protect our bodies and listen to our heart/soul connection and trust it.

Our bodies speak the truth of what is going on in the energy levels that we often do not attend to. There are medicines to mask the pain of resistance, but they do not heal the cause. Pain tells us that there is something out of balance and we required to listen to what is going on, lest we allow a warning from the body to become a full-blown disease. There are more and more antacids because humanity is ignoring their own true wisdom because they are told that they don't know what is best for them. Backaches are indicators of taking on too many burdens which often do not belong to us (pain in upper back and shoulders). Low back tells us that we are feeling unsupported. The question is "Are you willing to accept help?" Feet are our foundations and our legs move us forward into new life. When it is considered that 2/3 of all commercials on the television are for drugs it is no wonder that there are so many accidents due to foggy thinking and deaths due to taking too much or too many different drugs together.

The Sun, Moon, Venus, Mercury and asteroid Vesta are all in Taurus at this New Moon emphasizing the cosmic requirement to live according to our core values without making a war with others because they see things differently. Do you recognize and value your own talents, passions and dreams? Are you involved with your own life or are you totally out-focused on what others are doing, leaving yourself unnoticed and unappreciated? The New Moon, along with Venus and Mercury, forms a grand trine with Jupiter at 13 degrees Virgo and Pluto at 17 degrees Capricorn. Though trines do not pressure us for attention as squares and oppositions do, they offer opportunities to progress with less effort or resistance, if we know what we want and can work toward it. Jupiter in Virgo supports our being diligent and discerning, while Pluto in Capricorn highlights our dreams and our true response to life.

Whenever a planet stations retrograde or direct its archetypal energies are strengthened. On May 9, Jupiter turn direct at 13 degrees 15 minutes Virgo, ending its retrograde passage that began on January 7 at 23 degrees 14 minutes Virgo. If we have released the old misconceptions that were blocking our progress we can make a giant step forward. Because a retrograde planet appears to move slowly, Jupiter continues to be in a mutable t-square with Saturn in Sagittarius and Neptune in Pisces until July 20. This configuration makes us aware of where we have misunderstood or misjudged ourselves and others. Until Neptune was discovered in 1846, Jupiter was also the ruler of Pisces. Jupiter's presence in this t-square points out the necessity to withhold judgment and keep an open mind.

As the focal point of this t-square Saturn in Sagittarius requires that we become our own authority regarding what is true, rather than blindly following what we have been threatened or shamed into accepting "that is just the way things are". Saturn also quincunxes this New Moon, suggesting that in order to have what we really want we must overcome old religious or cultural programming that promotes the separation of the physical world from that of spirit, body from soul, mind and heart. On May 9, Mercury makes a rare transit across the disk of the Sun (this occurs 13-14 times per century), facilitating access to divine intelligence. The last transit of Mercury across the Sun was in 2006; the next one will be in 2019.

This is the third of three SuperMoons in a row, where both solar and lunar gravitational pulls are intensified on the Earth, increasing emotional ebbs and flows as

well. This New Moon advises us to be totally honest with ourselves. If we lie to ourself there is no greater pain, as we believe the lies and then begin to doubt the truth within us and without. When we doubt our own truth then we doubt God and lose both respect and Love for ourself. We are seeing many examples of those who have believed their own lies until they cannot tell the truth from the fiction they have created. It is a frightening darkness to live in.

FULL MOON-May 21

This Sagittarius-Gemini Full Moon illumines the area of faulty thinking and reveals that truth, ultimately transcends a right vs. wrong, us vs. them belief system.

Gemini deals with information; Sagittarius with its interpretation. There is physical evidence of events-what the camera reveals. Then there are the ideas and opinions that people formulate around what they see or hear. Our age and gender, level of education and/or training, religious and cultural concepts. We receive millions of pieces of data each second, but the brain can only process a small portion of what comes into our senses. The Master St. Germain says all of the time, "Ain't nothin' what it seems!" A perfect example is the scene of an accident. Each person has a different take on what happened depending on where they were standing or what they thought they saw. There will be some facts that all agree on, but so many details that differ.

The Sun closely cojoins the asteroid Vesta the Goddess-keeper of the sacred flame (exact on May 23 at 3 degrees Gemini). Vesta symbolizes our commitment and connection to Spirit. In Gemini, Vesta seeks to purify our mind, remembering us to the fact that each thought matters. What we think is not just in our head. The essence of our thoughts and the emotional energy that they evoke is broadcast through our solar plexus into the world. Vesta conjunct the Sun reminds us to honor the power of our words as they can harm as well as heal. Venus at 27 degrees Taurus also cojoins the Sun, reminding us to keep both heart and mind open. Mars closely conjuncts the Moon in Sagittarius, which can fire our ambitions and convictions, as well as spur our impatience and ill temper. Mars is at its closest to the Earth this year on May 22, when it exactly opposes the Sun. It is also it's brightest in the night sky.

Mercury, the ruler of Gemini, stations direct at 14 degrees Taurus on May 22 as well, ending the retrograde that began on April 28 at 24 degrees Taurus. Mercury remains in a grand trine with Jupiter in Virgo and Pluto in Capricorn. It also quincunxes Saturn in Sagittarius which uncovers those things in our life that no longer serve us. On May 26, Saturn forms the third of three squares with Jupiter (14 degrees Virgo-Sagittarius). We get to consider where we have turned away for opportunities for growth. Can we now take that important leap of Faith?

This Full Moon focuses on the importance of keeping our interest in life and living. Never lose your sacred curiosity. There is so much to discover, so many things to find within as well as without, so many astounding things to realize and ponder. Finding your own true self in the midst of all the changes brings revelation after revelation. En-joy!

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or mollyrowland22@gmail.com

QUOTES FOR THE MONTH from St. Germain

You are awakening. You can feel power of God/Goddess/All That Is moving through you. Surrender to the Love, light and joy in the remembering of all that you are. The journey is just beginning. It can only get better. St. Germain

Freedom is not the escape from responsibility, but the understanding that when you accept the value of your life fully there is no greater freedom. You are now free to discover all that has been held away in Illusion. St. Germain

You are an explorer. You are a pathfinder and a designer of you future. There is a whole new world waiting for you to see beyond what you thought was all that is. The horizon is bright with potential and beauty invites you to come along the road to forever. You are never alone. St. Germain

Surrender is not giving up. Fear is not a weakness. As you surrender to the safety of your own divine self the blending shows you how fear is just a shadow in the false darkness of Illusion. St. Germain

ST. GERMAIN'S MESSAGE



You have a safe place, a sacred space, a Magik Land within you. It has always been there because it was given to you in the beginning. It is your space to create, live and love as you would live your Mastery according to the highest and best good possible. It is not a place where you settle for less or just enough, but a place where you **always settle for more.**

In the beginning you didn't just believe in this place within, you lived it. It was real and true and responded to your desires. You felt safe and secure and strong in your sacred space. It wasn't isolated because you recognized that sharing was not only enjoyable, but productive—the more you shared it seemed that you had more and if you forgot to share or decided not to the abundance diminished a little to get your attention.

Time passed and the process of living in human form presented lessons and things to find and understand about being physical. The flood story, which is a universal story, marks a turning point for each and every soul, where the emotional/mental perspective of living began to cloud the vision of being connected to God. The waters (emotions) created death and destruction and left people feeling isolated. Symbols such as the rainbow were given as reminders that all was not lost, but the mind began to attempt to figure out why the floods came. Life was difficult without family to help, to share, to enjoy the living. Suddenly, there were strange people everywhere and mistrust emerged. Groups of people would gather together, not so much for sharing as because of fear. There always had to be guards to make sure that nothing was lost. A society of tillers and planters became a society of warriors. Men found that the energy of fighting fed something in them that called for more and more

conflict. Excuses were made to fight and reasons were devised to justify destroying the lands and families of “the enemy”, who may have only recently been neighbors or even other clan-members. Greed became a driving force. The thirst for power became power over and then sprang into dictatorship. The EGO mind is a cunning creator. The mind concocted the idea that the many were placed on the Earth to serve the few because only a few deserved to have a good life. The theory that those who suffer on Earth would have a good afterlife became an explanation to soothe the anger of limitation. The ideology of the parent or authority figure knowing more than the average person moved into the authority figures saying how people could or should live their lives, which made it much easier to convince the masses that they must stay limited because God deemed it so.

What a long and challenging journey it has been from the complete connection to God and living in places of Love and fulfillment to this time of the end of the Illusion and all of the current conflict. A big part of Revelation is the Awakening/Remembering which is bringing enlightenment to the whole planet. This enlightenment is not coming through the mental realms of religion or classes in schools, simply because **NO ONE CAN TEACH YOU HOW TO BE YOU!!** It is a process of connecting to the internal places of peace—your sacred space, your magikal land within the energy field of your own life. Your personal realm of influence is unique unto you. A part of the remembering is to forgive false ideas and things that no longer serve your life. People are angry about feeling worthless, bullying is simply a way to keep people small. You are not small and your value is beyond measure. What have you been told about yourself that did not feel true? Why did you believe that you had to accept those ideas as so? There is a great deal of residual fear around being strong enough to recognize that you truly are of value to God, which makes you truly valuable to others, to life and most of all to yourself.

People will shout that they are good people. What is a good person? No, really, what constitutes being good? Is it what you do, who you appear to be or is it something intrinsic within that cannot be defined as goodness alone, but so much more?

What is happening in society all over the world is a response to the shift of paradigms that cannot be controlled. The minds that have held power over the masses are finding that even with threats and intimidation there are more and more people who are moving outside of the box. Those who are attempting

to keep the old ways in place see visionaries and pioneering spirits as something to be squelched, yet living outside of the box of old limitation is the way of the future for the whole Earth.

The religions talk of being good. They speak of believing in Jesus. Jesus is a teacher of kindness and compassion, instructing in forgiveness and acceptance. Loving only those who do what you believe they should is not what Jesus taught, but of course, Jesus was not a Christian. Threats, intimidation and shaming are not the ways of God, but the ideas of wounded EGOS run amuck: God made in the image and likeness of man. The whole world is now being called to move out from under old religious and cultural beliefs that have paralyzed humanity for life times. If one is objective and surveys the actions of the many it is as though the world has regressed to the mindset of third graders squabbling over who is right and who is wrong and who deserves the most toys, the brightest moment in the Sun and the biggest piece of the action.

Dearly Beloved Masters, in the midst of all of the chaos, there are new levels of awareness and clarity emerging all of the time. You hear “**BE YOUR SELF**” and wonder what that means exactly. These are the times to remember and discover more of who you have become during the dark times of separation. You have lost nothing, you have learned much and now it is time to evaluate and find balance in the spiritual depths of your own soul. Each being on this ball is being brought to a place where they can rise up shining. What choices are you making? Are you withdrawing into yourself without allowing others to be of assistance? No one can move through these times alone. **NO ONE!!!** Who can you trust? ***Begin with you!*** The natural tendency of the Illusion is to mistrust what you do not know or understand. This makes change fearful. However, the changes that are occurring are bringing humanity through the limits of lineage issues. Many of you may have experienced or soon will experience the breaking apart of old belief systems that you and your family have relied on. It isn't that you will be forced to give them up, but that you will feel a dawning of new reality that allows you to see/feel beyond the limits of how you have lived for the last fifty thousand years or so. Like a phoenix arising from the ashes of the last life, humanity will begin to remember how they have known God and how those connections were and still are very real. The loneliness of so many lifetimes apart from who you truly are begins to fade in the warmth of the embrace that Spirit is bringing to all. Some just fall into it, some back away in doubt, some hold reservations about what is happening, but the brilliance of

enlightenment is lighting up the inner world of all. Will you let it show the way? We await the time when you will accept our presence as real and let us assist you in the ascension process. You are Loved. ***You are Loved.*** **YOU ARE LOVED BEYOND YOUR ABILITY TO INTELLECTUALLY COMPREHEND IN THESE TIMES!!!**

The stars, Moons, Suns, and planets are sending messages of renewed understanding. We, the Masters, patiently await your acceptance of your own Mastery. It isn't a time of doing, but of allowing, surrendering your Beingness to the Creator who set all of this into motion in the beginning. This is the Home Coming. The finite mind sees it as a moment in time and then on to the next thing. Ascension is an ongoing process with wave after wave of loving restoration. It is time to bring all of the parts of self that have been rejected throughout time together again and remember how to function as a whole (holy) being.

We will keep reminding you that you are not alone. However, you are required to let us help you. Open your mind and heart and let us show you the next step. This is not about control for control has no place in the evolutionary process. Control was a tool of the Illusion. We will help you to find within yourselves the ability to make choices that are based on the recognition of your own personal value, your worth, your divine inheritance. I remain your most humble servant. I AM the Lord St. Germain



ADS

In a world where there is often little laughter or when it is there it can be derisive, Cynthia leads us to joyful, heartfelt, soul-fulfilling laughter that touches places within us that set us free.

**Relaxing ~ Centering ~ Smooth Energy
Allowing Transformational Magik**



www.cynthiainfieldsoflaughter.com



Jessica Robinson is a massage therapist with training in Swedish, Deep Tissue, Reflexology, Aroma-therapy with doTERRA oils and Thai “Yoga” Massage. Jessica’s business is **Sacred Space Yoga and Massage** 307 349-4986, www.mysoterra.com/sacredspace



Linda Thomas is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

You can contact her at:

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Linda Lube is an amazing artist who creates textile painting, as in the Gratitude painting above. She has wonderful paintings and she paints shoes. I have several pairs of fun, unique shoes that Linda has painted for me.

Allow Linda’s one of a kind designs to bring new joy into your décor and your life.

Hand painted shoes, boots, purses, scarves and shawls

Fabric message scrolls (wall hangings) cotton or silk

Email Linda and she can email examples

You can reach her at www.lindalube.com, lindalube@gmail.com or 828 777-8540.

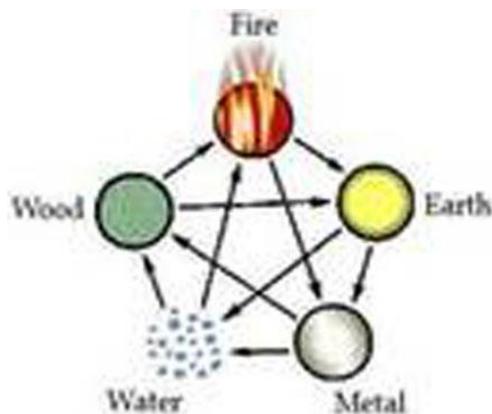
HIGH VOLTAGE NATURE



Karen Singer photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: highvoltage@nature@gmail.com



Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177

N. 4th St. in Lander. You can reach her for appointments at 307 438-6203.



OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 for appointments and information.

Delphinia Bey has returned to Lander and is taking appointments for massages. You can reach her at 307 349-2120.



“The Pot Of Gold” is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [mollyrowland22@gmail](mailto:mollyrowland22@gmail.com) or 307-335-8113.