



## April Newsletter



This month's pictures are from our trip to Castle Gardens. The first one is a picture of tracks that Dorian found in the muddy ground. This is a cougar chasing an antelope and the tennis shoe tracks are Dorian's going the other way. Dorian took my picture with some of the standing people in the background. The wind was so strong that my hair was standing on end. The third picture is one of the many petroglyphs at Castle Gardens. A part of the Magik of the place is the mystery of these ancient pictures.

We named our home "Rainbow's End" because we saw a rainbow in the west over the mountains the day we found the land. Rainbows in the west are very rare--most of the time we see them to the south and east. The way the house sits on the property the sun is shining through some window in the house all day long. We have crystals in the windows and there are rainbows on the walls, floors and pictures. I am always amazed where the rainbows turn up, often in places that I do not remember seeing them before. I was walking down the hall to my office this morning and almost stepped on a rainbow that had gotten dropped on the floor at my feet. As the Sun moves through the seasons of the year we get new and different patterns of rainbows with each season.

Along with showers of rainbows we have been blessed with a most wonderful and gentle winter. As I write

this we have been experiencing spring-like weather for weeks at a time. The trees are beginning to bud out and the robins are quite busy with spring preparation. Even though we still have snow on the ground it is easy to forget that winter is not quite ended.

I am planning a trip to California in June. The details are not firm yet, but I hope to be in the Santa Barbara area as well as L.A. I will be doing public sessions with St. Germain and offering private sessions, also.

I have been very interested, over the years, in how people perceive being a channel. The majority seem to think that I just sit down, close my eyes and then tell people what I think. I have heard various channels, over the years, express the opinion that "If you want someone to believe what you say, tell them that it is channeled information". I recently was talking to someone who said that there is shame connected with illness if one is a healer or channel. I can truly say that I have experienced my cancer as a blessing to get my attention and give me a greater sense of gratitude. I had not considered that dis-ease is bad. It is just another part of our healing.

Here is my personal understanding. I feel that everything that St. Germain offers is excellent information. I could not continue to do this work if I felt that there is a question of integrity. This also means that I have to constantly be aware of my own personal integrity. I chose to be as clear a channel as I can be. I attempt, as well as a human can, to apply the teachings to my own life. St. Germain speaks of "experiential living" as being the most appropriate way of discovering how the Spiritual laws and teachings serve each person. I find that the application and discovery of how things change, when you attempt to put the new ideas into effect in your life, is an exciting and uplifting way of being--though the EGO can really react and cause all manner of discomfort, physically and emotionally, in the process. Whether you call it stubbornness, determination or grit, it takes courage to move through the changes and you cannot give up on

yourself even though it feels like Hell some of the time.

St. Germain will do a group or I will channel Merlin for the “Chats with the Inner Merlin” and even though I am not conscious of what has been said, my body will ache in a thousand places. I often experience being very emotional without being able to identify exactly what the emotions are. I may feel sad but joyous, angry but elated, fearful but also anticipating something wonderful at the same time. Periodically, I will “get stuck” on some old pattern and it will affect my physical body to the point that I wonder if I will be able to function. Then it is time to let go and help comes. I can fight the changes for quite a while and then I feel a recognizable shift in my inner being and the changes happen. Rarely, does anything happen the way I would have predicted, but as I am willing, the next level unfolds. I cannot make things happen. In fact, when I feel the energy of “trying” in my body—force, push, aggravation, frustration—I find that nothing moves until I get centered again. Control is like building a dam in the river of your flow. Even though the EGO argues that you cannot live without it I find that control just gets progressively more uncomfortable for me all of the time. I have friends who get annoyed with me because I don’t make a lot of plans. I live as spontaneously as possible. I attempt to listen, to feel when Spirit speaks to me and to be open to changing my direction as best I can. Spirit can give a hint about anything—little or big. Some people believe that Spirit doesn’t get involved with small or mundane things. That can keep you from getting help important things that you have judged small. Without help a future event, which could have been easy, becomes difficult. Everything is connected so there is nothing that occurs today that will not, in the future, influence yours affairs in a positive or negative way. I love the “little gifts” that we receive.

Here is an amusing example: A couple of weekends ago we decided to drive out to Castle Gardens. This is a beautiful place, peaceful and quiet and a l-o-n-g way from civilization. There is no cell phone service and very few people come that way, especially in late winter. The weather had been beautiful, warm and sunny for several weeks so we thought that it would be good to go there. We got about a quarter of a mile from the turn off into the park when we came to a quagmire of mud. I did not realize just how muddy it was until I got into it. Fortunately my Cadillac has a great four wheel drive, but we decided not to go any further and risk getting stuck. My car was now a true Wyoming truck, covered in more mud than I have ever had on a car. We spent some time taking pictures

along the road as we headed back toward town and thoroughly enjoyed the beautiful day. As we headed back to Lander I began to speculate on just how many times I would have to run my car through the wash to get it clean. As soon as we got to town I headed for the local carwash. It usually does a good job, but my car was beyond dirty. We drove into the wash bay and the machine began its cycles. It covered the car with soap and then it went through the motions of rinse and wax and polish, but nothing was coming out of the nozzles. When the cycles were done, I drove my soap-covered half clean car over to the service station and showed them that the wash had malfunctioned. They gave me a free wash and I returned to complete getting my car clean. The gift—I got two washes for the price of one and even though the first one wasn’t complete it soaked the mud so that when I did the second wash the car came out sparkling clean. It is a small thing, but I am grateful for the gifts, no matter what the size. I can certainly say that St. Germain has helped me to be aware of the gifts and beauty of life. I was not always so attentive nor was I nearly as happy as I am today. I can honestly say that I am a living example of the fact that what the Masters teach works. Not that I do it better than anyone else, but that in the process of testing it I have found it works for me. I feel that the Truth can assist anyone, who will allow it, to have a better life, no matter what is happening in the moment.

Love and Blessings to everyone! Enjoy the season—spring in the Northern Hemisphere and autumn in the Southern parts of our glorious planet.

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### Rainbow Center News

Our group for April is “The New and Wonderful You!” It will be held April 15, at 2 p.m. at the Rainbow Center.

CD’s can be purchased on the website at [www.voiceofthegatekeepers.com/2012groups.html](http://www.voiceofthegatekeepers.com/2012groups.html)

This month’s “Chats with the Inner Merlin” is “The Ancient of Days”. Merlin is assisting us to make the connection to those ancient times that have been forgotten, sealed away by fear and disbelief. As we heed the Druid’s Call we can allow the connection to “the Ancient of Days”, the Old Ones who hold the memories of our power and our Magik It doesn’t just happen without you being a part of the shifts and changes. Let the Love of which you are made become, once more, a guiding force in your life.

To order CD's or DVD's

[www.voiceofthegatekeepers.com/evenings.html](http://www.voiceofthegatekeepers.com/evenings.html)

Remember our intensive in May. The time is fast approaching to get your reservations.

The Intensive, "Connecting the Golden Thread of the Ancient to NOW" will be May 19-20 with an evening, "The Call of the Ancient Ones" on May 18. The evening is 8-10 p.m. and the Intensive begins at 10 a.m. Saturday morning to 6 p.m. Sunday will be 10 a.m. to 4 p.m. The Intensive is \$350 and includes the evening. If you wish to only attend the evening it will be \$45. CD's will be available for \$100 and will include both days of the Intensive and the evening. For reservations or information call Molly at 307 335-8113.



## ASTROLOGY

### FULL MOON

This Full Moon in Libra takes place on April 6. This is the first of five SuperMoons in 2012. A SuperMoon occurs when the Moon is at its closest point in orbit to the Earth (perigee), and syzygy, in line with the Sun and Earth. This powerfully increases the gravitational pull on the tides, the tectonic plates, as well as on the emotional/psychological makeup of humanity. Opposites in astrology always call for finding balance in the aspects that the signs and their rulers represent. This month the Full Moon emphasizes the qualities of Aries/Libra. In direct proportion to the necessity of relationship harmony this polarity brings an emphasis on Aries/Mars (masculine) and Libra/Venus (feminine) cooperation. Aries, the pioneer, approaches life with the passion to explore every aspect and level of life. Libra is the peace maker.

Cooperation and relationships of all kinds are gaining in importance. Synergy means that the sum total is greater than any one of the parts. All of the members of a group are equal and willing to cooperate with the others, rather than a boss and subordinates. When there is synergy everyone benefits. Libra represents harmonious synergy and counsels us to find that in all of our affairs.

Finding the balance between that part of your nature that wants to throw caution to the wind and that aspect that would attempt to make peace at all costs is what this Full Moon emphasizes. Knowing when to stand by your own convictions and when to blend with others is a Master's alchemy.

Both Mars and Venus have retrogrades in the first half of 2012, symbolizing the requirement to re-evaluate how we express our masculine and feminine nature. This will assist in the ascension process from the duality of the Old Order to the unity of the higher frequency. We are being directed to leave behind dominator paradigms and enter into heart-centered consciousness. Look at any axis in the zodiac and you will find the requirement for balance, but especially in the masculine-feminine polarity. Vesta, Eris and Ceres are three relatively new celestial discoveries associated with feminine archetypes. Along with the Sun and Uranus they are transiting Aries now. Juno, another Goddess represented in the heavens, is conjunct the North Node in Sagittarius. This underscores the necessity for balance and equality calling for movement from competition to cooperation, forms the plunder of the Earth and her resources to the remembrance to God gave us this planet and made us stewards of her riches.

Within a matter of days of this Full Moon three planets change direction. Retrograde and direct motion changes emphasize the necessity to change our perspective and examine how we are doing things. On April 4 Mercury turns direct ending its first of three retrogrades this year. In Pisces, the winged messenger teaches us to consider right brained as well as left brained activity. Again we are called to think from the heart center, not just the head. On April 10, Pluto begins its five month retrograde. When planets go retrograde it is as though we are being given time to get caught up on our homework. Where do we require to make fundamental changes in our personal perspectives about the social, economic and political systems? Remember the changes begin with us and not out there. On April 13, Mars ends its once every two years retrograde phase. As this planet moves forward again we will find our bodies recalibrating to

new frequencies. We can no longer ignore what we eat, our lifestyle habits and the tendency to be sedentary.

Every move you make, every thought that you have and every action that you implement is important. The planets in their courses tell the story of an ever changing Solar System and Universe. As Above, so Below—every cell in your body is correspondent to the Universe and its movement. All is one. We can no longer pretend that we have no influence. We are the influence. What are you doing? Are you moving toward something that you Love? This is what you will call into your life. Are you running from that which you fear? That fear will dog your footsteps until you turn and face it and find it was not nearly as bad as you thought. Your thoughts make things “real”. The mind operates in Illusion and the limits of the physical world. You are the Master.

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## NEW MOON

April 21 bring the New Moon in Taurus. Taurus is the first Earth sign and rules the second house of personal value—whether it is self-esteem or what you believe that you deserve from the world—money, praise, credit for your accomplishments. Taurus brings us a love and appreciation for beauty and the enjoyment of the good things of life. Taurus teaches us that the real security and success of life does not come from material wealth and status, but from happiness, good health, meaningful occupation and good relationships. Rich is a word that many people desire and yet also disdain. There are two ways to be rich—one is to have what you want and the other is to want what you have. Both of these require a healthy sense of personal worth and value. To believe that you do not deserve the best that life has to offer is often a holdover from other life times, when you choose to have the experience of lack or limit to understand them better.

Taurus is related to the senses—taste, touch, smell, sight and sound. As you become more attuned to your physical senses you are more grounded and aware of what is going on with you and around you. Though our technology is wonderful it has caused a disconnect from Nature and our fellow human beings. Fifty years ago children still played outside. Now the average child spends more than a forty-hour work week with electronic media and many adults don't experience the out of doors except as they run from their car to the office. Whether it is children or adults, the divorce from Nature is taking its toll. Many

children in large cities honestly believe that milk comes from a carton purchased in a grocery store. The decrease in contact with fresh air and sunshine, as well as the connection with plants and trees, is increasing depression, attention deficit disorder and obesity. Not only do we suffer when we are cut off from Nature, but Nature suffers also. As humanity has withdrawn from Nature the viewpoint has become that all of the natural resources are only there to make money. Our natural world relies on us and we cannot get along without it.

Ceres joins the Sun and Moon, underscoring the necessity to return to a wholesome, balanced relationship with Nature. As the Great Mother or Goddess of the Harvest, whose daughter was abducted by Pluto, Ceres' mythic journey of loss and grief depicted the shift from a feminine, Nature-oriented era to a masculine dominated paradigm. Ceres' conjunction with this New Moon in Taurus offers the opportunity to remember that the divine feminine uses its power to protect, teach and sustain life. Without this balance the planet cannot continue to survive.

The asteroid Juno, continues to be in conjunction with the North Node in Sagittarius, emphasizing the necessity for better relationships between men and women, humanity and Nature. Sun, Moon, Ceres and Jupiter in Taurus call us back to our SENSES. We can no longer assume anything. Where does our food come from? Where does the garbage go? What is being dumped and/or spilled into our water supply or oceans? Take away water and humanity is in trouble. Deplete the forest and the oxygen supply continues to diminish. The ones who are invested in making money at all costs, can deny that these deficits have long range affects. They close their hearts and say “It doesn't affect me”. Justice can no longer be blind. She must take off the blindfold and access the damage of mis-creation.

April 22 is Earth Day. Over twenty million people joined in the first Earth Day in 1970. Now, over billion people in 174 countries get together to celebrate the Mother. Don't just make the awareness on day. Make your connection to the Mother all of the time, every day. Beauty is as important as food. If the Soul is not fed the belly soon aches with the desires of unfulfilled emotion. We require to play and pray and allow Nature to heal us on every level. Live the Love and value yourself in all things.

## CRYSTAL CORNER

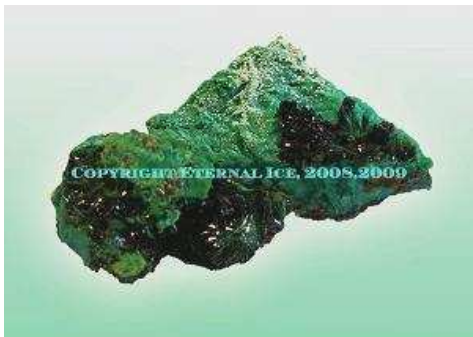
Hello everyone and a happy springtime to all of you. We are having the most wonderful weather and living in Wyoming lets us really, really enjoy it. The lilacs are budding, the pussy willow is full of furry catkins and even the roses are turning green! This is early for this growth and surely makes us aware that earth changes are happening.

This month I would like to talk to you about depression. This might be a depressing subject (no pun intended) but so many people experience different levels of depression that I felt we could use a little help with dealing with it.

Where does depression come from and why?? Really, I don't feel anyone would consciously want to feel so down with little joy in their lives. Depression occurs when one has asked for a greater awareness. When they ask, their limitations are being put away. Depression is simply their greater good trying to get their attention! So, what stones do you use to counteract depression and bring in joy? Let's try any of those that promote joy or maybe one that would open the Christ center. No depression there!



**Diopside** is an emerald green stone, usually in a cluster of tiny crystal points. A little of this stone is a lot because man has not allowed himself much joy. You may use this in the area of the adrenals with **citrine** to alleviate fear and bring a more delightful encounter with life.



**Atacamite** is another of those stones that dispenses joy in a magnified way. Joy vibrates in the cellular structure of the physical body and so, as this would be meditated upon or worn upon the body, it would bring into the physical affairs, into the daily life a greater sense of joy, delight with being and a greater sense of well-being. It would assist in sweetening the emotional nature and uplifting the heart and the mind and making the sense of joy real in this illusion.



**Bustamite** will bring a birthing force of new understanding of self and the assistance of aligning the will in love. This will help those who are attuned, those who will seek it, to reach more comfortable levels more quickly.

These stones would accelerate those with depression beyond themselves. When they are trapped in limitation they feel down because they are not in the old energies anymore. The EGO reacts because they have asked for understanding and now they can find it. This is like the butterfly coming out of the chrysalis; there must be a breaking open to allow expansion beyond the limits, whether this is gentle or dramatic. Once one has reached the point where they are open, it would be wise to use either **onyx** or **hematite** to keep them grounded. Often times, even though they have asked for the Grand Revelation, there is a tendency to wish simply to die from all that is revealed to them. It is a time of great trauma as in birth. We all wish so for it to be sweet and peaceful.



**Onyx** is a very powerful grounding stone when the energy is attempting to leave the body or when one is running away, feeling uncentered or scattered. The black variety is best for this use.



**Hematite** is another grounding stone that will bring one back into their body which is vitally important in this time. It helps them to face what they are attempting to escape. This would also provide protection so they would feel safe in the opening.

This ascension of the energy is so important that even with some of the challenges we deal with, it is so worth it!

Just a reminder to join me and my guests on my talk radio show on [www.voiceamerica.com](http://www.voiceamerica.com). I'm on the 7<sup>th</sup> Wave channel on Thursdays at 4:00 PM MDT. It's been a learning curve but I'm improving!

I will be teaching Crystal Healing I on April 28<sup>th</sup> and 29<sup>th</sup> for those interested in learning how to use the stones for themselves and others. If you would like a flyer, email me or give me a call at:

Linda Thomas, (800) 757-8478  
[eternal-ice@bresnan.net](mailto:eternal-ice@bresnan.net)  
[www.eternal-ice.com](http://www.eternal-ice.com)

Create a wonderful month and have fun!

## TAROT TALK



Our card for the month is Trust. As with all of the sixes the Six of Wands—Trust refers to the Lovers in the Major Arcana. Love is an imperative of Trust. You cannot trust anyone else until you develop an innate sense of trust for yourself. Be confident that you have been given the abilities and opportunities to achieve what you desire.

Trust in the goodness of the Universe. Holding a loving faith that all is well brings that kind of life to you. Trust your instincts and hunches. The Universe guides you through personal messages that come from your inner sense of trusting. Accept that synchronicity is a natural part of living. Trust spontaneity and live in joyful readiness for the next wonderful happening. Know that synergy is the way that we are guided in Spirit filled living. Trust your love, your talent, your richness and your at-one-ment with all things. Trust your ability to live life to the fullest in the safety and protection of divine love.

When Trust appears in your reading it is time to feel yourself being held on the warmest, most embracing hands. Trust is like a warm fire burning inside of you in the area of the heart and Soul. There is a sense of belonging that isn't based on external affairs. When things are going your way you experience that kind of warmth. Trust allows you to feel that amazing

inclusion even when you have no idea how anything is going to work out.

When you are pondering just which way to go Trust is telling you to take that next step into the unknown. So much of what we are being given in these times is energetic. It often cannot be seen or heard in a physical way, but you can feel the difference when you are moving in the appropriate direction. Trusting your inner knowing is an imperative for making the shifts from one level to another. You cannot force the changes because the higher frequencies do not respond to the base vibrations of control, anger and aggression. Trust and Faith are exceptional tools for creating what you desire for the unknown future.

“Live as though no one is watching, but choice that you make matters to you!” Trust takes away the judgment and gives you confidence.

For twenty-eight days practice trust in all of your affairs—it will turn your life around.

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### St. Germain's Message



**TRUST**—To face each moment with a fundamental willingness to forgive attempting to control the outcome. —St. Germain

The political scene is heating up every day. The candidates are slinging mud in every direction. Not only is there the dedicated intension to besmirch the current leadership, but the desire to prove that each candidate is better than their fellows by telling the World how bad the others are.

Beloved Masters, the Parental Order is passing! Children going to mother or father and tattling on their siblings to gain praise and attention is no longer as workable as it once was. Drawing a “Red herring” across one’s own trail by pointing at someone else is becoming more obvious every day. The EGO uses smoke and shadows to blind those who are so full of fear that they dare not look within for discernment or are so afraid that what lies within them could be the deceit of the *Devil*. Evil is **Live** spelled backwards. When you live your Life with your eyes on God/good you see a beautiful way of being. When you have your back to God, in defense of a Creator that requires no defense at all, you are looking into the World and

often what you see there is “Evil”. The World is not bad, nor is her people, but with the focus on terror, poverty, joblessness, disease and everything that everyone is doing wrong it gets complicated. Beloved Masters, the Truth is that nothing new is going on nor is there actually more inappropriate activity than ever. Revelation is simply putting a spotlight into the places where those who were mis-creating went to hide. **THERE IS NO HIDING PLACE ON EARTH ANYMORE.** What you are and what you are about is being revealed all of the time. Honesty is not so much what is touted as what is lived naturally. Integrity shines like a light from within and cannot be faked. The establishment trusts, “that no one is really paying attention”. This allowing many politicians, corporate leaders and financial moguls to use old worn out ploys because they have developed the idea that the public is *a bunch of fools who are extremely gullible*. Yes, We see that fear blinds and deafens. The old ways were not better—people were just more willing to allow the leaders of their country to do whatever they wished. Now the populous of the world is growing more attentive to what is happening.

What We, the Masters, see as We look at the planet is a collective of brilliant, capable, creative *Masters*. You are *Masters in the becoming!* All are waking up to the fact that things simply can no longer continue to go in the direction that they have for eons of times.

It is not and never has been **HOW DO WE STOP THEM?** Where are **you** putting your thoughts? The Mind has reached the limits of its knowledge. **KNOWLEDGE WITHOUT WISDOM IS LIKE BREAD WITHOUT WINE—THE COMMUNION IS INCOMPLETE.** Only as Spirit is blended with the physical affairs of the World, can the insight of how *to rise up out of the limits* be revealed.

Religion is not necessarily spiritual and Spirit does not require religion in order to function. Religion is a tool of the Parental Order. “This is what you do! This is how you do it! Do not ask why, just obey!” All great religions began with a sacred idea, a beautiful inspiration or an insight that changed the direction of people’s lives. Those who heard about these sacred visions and/or insights then decided whether they believed it or not. Very often it was not discernment, but jealousy and greed that “made the choice clear” about which way to go. (Remember, on this planet, this is a game of experiences. Don’t take any of it too seriously.)

What humanity is looking at today that is called religion has been dramatically filtered from what the original concepts were about.

There is a dawning in the ranks of leadership of the World, that women are really beginning to think for themselves rather than allow men to tell them who they are and “what is the right thing to say or do”. **A woman who is aware of her power is not in the thick of the fray, battling and scrapping, but keenly observing with calm and clear intension, to find within herself, just what she can offer to the situation that will begin to turn the tide of Illusion to new clarity.**

As you become more attuned to the inner connection with your Divine self you begin to see things that have always been there. These “new” perspectives were not visible until you reached a place of letting go of old ways so that you could see beyond the limits of the Illusion and hear without physical ears. As you develop the ability to observe how power moves between two people you become able to see (with soft vision), how the energy flows. When one person is trying to dominate the conversation or situation by using their will power to overcome the other person or people the attempt to gain the energy becomes obvious. When someone is attempting to control a person, group or situation you may see their energy reaching out to entrap the energies of those that they wish to control. What you would see is that they are trying to pull the emotional and mental auras of others into their energy field so that they can dominate the power. It isn't really mind control as much as a power-struggle to gain energy. Everyone likes to feel powerful. You can learn how to stay connected with the Source in the center of your own auric field, sharing energy in Love and there is an unlimited supply of power available. In the game of separation the imbalances of power have caused people to believe that the only way they can be powerful is if they are taking more energy than they are giving. The “problem” is that getting that kind of energy has “no lasting power”. It runs out fast and then you must find someone who will fund their power to you or you begin to feel weak. People who need to be the center of attention are looking to get a fill up of energy by holding the attention of the crowd. Children must gain power from the adults around them when they are small. This why children will cry or “act out” when they begin to feel depleted. The challenge is that on a planet of wounded people very often the parents are still attempting to get energy through attention also. In this case there is a power struggle created between parent and child. The parents will attempt to dominate the children in order to keep their own emotional energy up. As you move to the place where you will allow yourself to see how the energy flows you will begin to understand just why the energy feels unsteady or unpleasant in many situations.

Everyone on the planet has a field of energy that flows from the Soul center in the solar plexus and moves out into the world as Love. Being aware of that essence and being willing to discover, for yourself, just how to stay centered and connected keeps you feeling strong. When you are connected to Source the needs of others do not overwhelm you. As you gain the recognition of that inner full-fulfillment that is your connection to Source your movement in the world becomes peaceful and clear. That is the result of being power-ful within yourself.

**One of the biggest power games on the planet, especially in these times, is the power struggle between men who have been in power by default and women who have, up to this point, allowed that game to go on.**

If you could see what is happening when a man decides that he wants a woman's attention this is what you might find:

In the beginning the energy flows evenly between the two. There is equal giving and receiving. There may be a feeling of attraction. Yet if he begins to seek to gain control the woman might start to feel that things are “not quite right” without understanding why. What you would see with your inner eye or soft vision is that the man is now sending clouds of emotionally charged energy to the woman and she is accepting them. In the beginning it might feel flattering or familiar/comfortable to her, but as things progress it can begin to feel invasive or even threatening. To him it feels powerful—he is recharging his batteries on her energy. His energy may change from white or yellow gold to reddish as he continues to attempt to gain control in the situation. (Women have been taught to allow men to dominate because they have been told that men are clearer and have a better perspective on how life works. The man is the protector.) You might observe that the woman's energy is withdrawing and the man's energy is moving out to overtake her or you could see that that the woman's energy pushes back as she attempts to get her balance and feel centered again.

When you feel off balance with another person one of two things might be happening:

One--You are giving your power to other person because you believe that they are smarter, stronger or have more authority than you do.

Two--You are not accustomed to being energetically aligned with yourself and therefore, when there is an



attempt on the part of another to gain control of the energy that flows between you all you know to do is fight the feeling. These control games are everywhere. They exist between bosses and employees, husband and wife, parent and child and anywhere there is a situation that requires emotional interaction. Either way, it is not so much what they are doing to you, but what you are allowing that matters. Belief systems, lineage issues and societal teachings are foundational to how each person uses their energy. Being aware that how you respond in different situations can help you to understand when and why you give power away and the types of people that you attract into your life to show you the tendency to use or abuse your power.

Revelation is shining a bright light on how energy works on the planet. Whether it is that personal energy field (aura) or fossil fuel coming from the Earth, all of the power issues are being put into clear view. The power games are becoming clearer with each day that passes. The fact that those who control the power believe that they have the right to do what ever they want is changing. Making war over these “injustices” simply pits fear and greed against the belief in not enough. Neither side can win because all of the power is going into the fight.

**Remember that you were Divinely Designed and that has never changed no matter what experiences you have chosen to have in this Illusion.**

As We make statements about what We, the Masters, are observing in these changing times, some people will take offense and some will be skeptical. I keep saying this over and over because it is like a protective shield—discernment is necessary in these times. Discernment is not opinion or judgment or foolish acceptance of someone’s word “because they are the authority”. Discernment is the willingness to listen deep within yourself to that inner Voice that speaks without words, but gives you an understanding that goes beyond the need for words.

There are more Souls all of the time who are looking to find the INNER vision in order to move forward. They feel the Call of Spirit in their Sacred Space and heed that Voice within that speaks of Love and growth and powerful creation. It is that comprehensive feeling that embraces all people with a desire to be uplifted and reach for a higher consciousness goodness for all.

It is easy to say that you Love people that you do not have to interact with daily. It is even easy to Love some people most of the time. Now all are being called to Love beyond the limits of what the World has

allowed. This word LOVE is so much bigger than what the World can comprehend. It is not limited by the confines of the thought process that has kept emotions in a box and denied fulfilling intimacy. This is a great and mighty LOVE that is everywhere and cannot be stopped by legislation or control. It overflows the channels in which it was deemed to move and spreads to Heart and Soul like a song. It is an anthem to that which no mind can fully comprehend, but that each Soul drinks in like sacred water. In this essence the desire for war cannot survive. It takes great courage to open your Heart and let this Love reveal itself to you.

The reason for conflict on Earth is that people have gotten so far from their own inner TRUTH that they feel they must war with others for a space and a place of their own in the confines of the Old energy. The need to be needed, the want to be wanted and the teachings that outer appearances are real has led to confusion that now must be sorted out from within self. The clatter of voices everywhere saying “this is the only way” is the stuff of which the latter days are made. When there is so much strife, conflict and suffering a recognition from within arises that says “this is not necessary”. In the Illusion it appears that many must die before there is an ownership in each person that war solves nothing and heals nothing. War keeps the heart closed and the mind confused. The Truth within must be trained out of the person in order to create a “fighting machine”. It’s causes a sickness that no medicine can cure, because it splits the person in two within. There must be an awakening for each person so that they can say, with conviction, “I AM THAT I AM and I will follow the path of Love”—and feel it and feel it and FEEL IT!

The ways of the Mind have created a dis-ease called war. “Do the Right thing” is a motto of separation. “What is right and what is wrong?”—around and around the Mind spins. There is a feeling of displacement and the reaction is to fight to get clear. Beloved Masters, clarity is a Virtue and the Virtues abide in the Holy Space within each being. You have never been truly set adrift by God. Love does not abandon itself. *Being still* is not a refusal to move in the physical world. Being still, in a larger sense, is that quietness that you experience when you stop the mind-chatter. The mind goes constantly. How can you hear yourself or anyone else when there is the constant need to respond to every word that is spoken by other person or the thoughts inside of your own head? You hear without listening and often react to ideas that were merely assumed.

**HUMANITY IS BECOMING MORE SENSITIVE TO THE THOUGHTS AND FEELINGS OF OTHERS EVERY DAY.** The necessity to be aware of your own boundaries is an imperative. When you are attempting to solve a problem make sure that it is yours to solve. You could be pouring precious energy of your own into attempting to change someone else and wondering why you feel depleted and drained all of the time. **You cannot solve someone else's problem because it is not yours to solve.** One very important factor that has been dismissed by the World Game is Free Will. When there is a respect and understanding of the necessity for Free Will of all people, which is a Divine Gift, then there is a whole new point of view. The assumption that you have the right answers for everyone is a distraction from attending to your own issues. These times demand that each person get clear with themselves. Solution orientation—the need to be right in all things—is dying with the Old Order. Many of the answers that were “the right answers” in another day are unworkable in the present and changing frequencies. Living life on the planet, in the changes that are happening every moment, cannot be addressed by memory work—“This is what I was taught by my parents and that is just how it is”. The current authorities say this is what is happening and I am sure they are right. There is no **one right way** to do everything even for the same person. In the Old Order control has been maintained by creating the separation between the educated (those in the know) and the illiterate (those who have not wanted to know). Authorship of your own life gives you the authority to make wise decisions for yourself. **Discernment is a power tool for the present and coming times.** Authorities have been created, often by themselves. This is just another battle ground of the times—who is right and who is wrong.

Life is changing faster than your internal computer can keep up. You are a Divine Computer and you are in constant up-load, down-load and transferring of files internally. New material and information is constantly coming in, even to those who believe that if they avoid computers they can keep the status quo. What are you avoiding in order to keep your life the way it was?

**BELOVED MASTERS, ARGUING ABOUT WHETHER ANOTHER PERSON IS RIGHT OR WRONG IS A DISTRACTION OF THE OLD ORDER.** It takes fuel and energy to fight and if you are living in a war zone it is difficult to find a space to be with your own thoughts, feelings and desires. **NO ONE ELSE CAN GIVE YOU WHAT YOU WANT.** Partly because they don't totally understand what you desire and partly because no matter what you

desire you have to be open to allowing it into your life when it comes. If you will not let the good in for whatever reason the good will sit on your doorstep waiting until you change. Others do not stop your good. Your mindset and belief systems do. One huge piece of the REVELATION is that “Mastery is a Do it yourself” project. You are never alone in it, but nothing can proceed without your permission. Saying that you want something is not permission. In fact, often there is such a sense of anger because you are not getting what you want, that saying that you **said** you wanted it just adds more bricks to the wall between you and what you are attempting to achieve. Objectivity is a major factor in positive creation. Neediness, victimization and martyrhood all hold energy that cancels positive outcomes. Even hearing that these ploys of separations do not work any longer can bring up tremendous anger and defensiveness which once again takes fuel that could be used to bring about what is desired. There is a necessity for a total reeducation process. The learning is not so much intellectual as it is essential.

The REVELATION is bringing addictions to a glaring light. The addiction to control and be in control of your life and everyone else's is spiraling out of sight. Drugs are being used to numb the pain of judgment that is rising out of the past. The drugs take away a sense of balance and order. There can be needless acts of violence or a sense of being so out of touch that nothing matters. **Control** acts like a drug in that it puts up defenses that lead to cutting oneself off from others in order to assure “safety” or “self-preservation”. Addictions are a necessity in the human condition. The fact that humanity has emotions is the blessing and the curse of the Universe. This University of the Universe is a learning place for Souls from other planets and galaxies. The up spiral of frequency on Earth is initiating movement all over this Universe, thus setting in motion change everywhere.

**IF YOU THINK THAT YOU ARE SMALL AND INSIGNIFICANT, CONSIDER THIS. THE LIFE YOU ARE LIVING, RIGHT NOW IN THIS MOMENT, IS AFFECTING EVERYONE AND EVERYTHING THERE IS. NOTHING IS SEPARATE FROM ANYTHING ELSE!! SEPARATION IS A FALSEHOOD OF THIS ILLUSION.**

**Do you want to be powerful? You are!!** You don't feel powerful? Make an honest effort to get back into your physical body. You are out of control when you are, energetically, half out of your body. Many are experiencing strange feelings in their heads. Part of

that is because you are now required to think in the center of your physical form rather in your cranial brain. The shifts of energy are making you aware that everything that you have thought you were is changing from the inside out. The very cells of your body are assimilating differently. The food that you eat can much more quickly affect how you act or think or, for that matter, how you Ascend, than ever before. You are genetically altering, not just at the levels of cellular structure, but in the auric field. You are in a continuous state of recreation at an accelerated pace. The reference points that served in the past are being pulled down like old road signs that are pointing to things that no longer exist.

You have been educated intellectually for so long that the idea of receiving a teaching by experience is a foreign concept. Yet children have always learned this way far more readily than by verbal instruction. “Don’t do as I do, do as I say” has never really worked that well. It just creates confusion. Revelation is certainly turning everything inside out and upside down to assure that everyone begins to notice what is going on out there. Have you, Beloved Master, ever wondered why it is all right for public officials and leaders of the churches, institutions and countries to do inappropriate things, but not all right for everyone else? Revelation is opening the doors behind which those ideas were founded.

Are you scared? Everyone has had life times of choices that brought painful outcomes, as well as, life times of great accomplishments and wonderful loving offerings. The fear is old and guilt has taken life times to be established, but it can be forgiven in a moment of true willingness. We assure you that God is NOT looking for your faults. Unconditional LOVE does not even consider such things. You will be amazed at how well you govern your own life and affairs when you come home to yourself. The Golden Rule makes more sense each moment. Like actions draw like outcomes. In the Game of Separation “getting away with things” has slowly become an amusement for many people. We assure you that even if no other person knows what you have done you know and so does the creator. God will not hold it against you, but there is the deep inner knowing in Divine energy that the essence of the whole has been disturbed by some thought that was not Loving.

There are references in the Master Book (Bible) that Jesus would feel energy leave him when someone asked for a healing. I AM is aware of the energy of the whole and everything that affects that balance is

noted—not who did it—but, that the essence is different.

Patience is imperative. Being kind to your self is a must. In a chaotic world where you are overwhelmed with a need to be perfect there is little, if any, time to be clear that perfection does not exist in the human condition. In attempting to be perfect you can lose your perspective. You are the only one in your life that can say, “That is enough and MEAN IT”.

If you feel that you do not have the strength to change, prayer is a wonderful medium to connect with the Source of your power. Surrender is not giving up, but giving over the things that you are having difficulty putting down. God does not expect you to surrender everything at once. God will accept all that you are willing to give over today and tomorrow there will be an open acceptance to what you can release and each time you let go of some old limitation there is a celebration in our Hearts and Souls for you. The space that you create within your own being will be filled with what you have prayed for. Will you forgive yourself so that you can accept what you asked for?

The awareness that is dawning is not new. This is called the New Age, but it is much more the realization that the connection to the Ancient is available to all now. The call of the purity that you were in the beginning of physicality, the wisdom that is yours, but has remained hidden from you in the Game of Illusion and a genuine recognition that power brings honesty, trust and Love rather than deceit and corruption is the gift that is emerging from the depths of your True self.

We acknowledge the fear that you feel in making these dynamic changes. We hold the intension that you will accept your Divine beingness as true. We desire that you be willing to forgive the reaction to fight, rather than Be Still and wait for direction. In that Stillness the answers wait. Those answers come when it is time and not one moment before. You are never alone and help is always available to those who ask. The question that is before you, “Will you TRUST the answers you receive from within yourself?” Spirit does not offer destruction as a solution, EVER.

Until we meet again in whatever manner that may be, I remain, in the greatest of Love, your most humble servant. I AM the Lord St. Germain



**Under the category of "Kids say the darndest things" these are really funny!**

For those who thought they knew everything...

Sixth Grade Research

1. Ancient Egypt was inhabited by mummies and they all wrote in hydraulics. They lived in the Sarah Dessert. The climate of the Sarah is such that the inhabitants have to live elsewhere.

2. Moses led the Hebrew slaves to the Red Sea where they made unleavened bread which is bread made without any ingredients. Moses went up on Mount Cyanide to get the ten commandments. He died before he ever reached Canada.

3. Solomom had three hundred wives and seven hundred porcupines.

4. The Greeks were a highly sculptured people and without the we wouldn't have history. The Greeks also had myths. A myth is a female moth.

5. Socrates was a famous Greek teacher who went around giving people advice. They killed him. Socrates died from an overdose of wedlock. After his death, his career suffered a dramatic decline.

6. In the Olympic games, Greeks ran races, jumped, hurled biscuits, and threw the java.

7. Julius Caesar extinguished himself on the battlefields of Gaul. The Ides of March murdered him because they thought he was going to be made king. Dying, he gasped out: "Tee hee, Brutus."

8. Joan of Arc was burnt to a steak and was canonized by Bernard Shaw.

9. Queen Elizabeth was the "Virgin Queen." As a queen she was a success. When she exposed herself before her troops they all shouted "hurrah."

10. It was an age of great inventions and discoveries. Gutenberg invented removable type and the Bible. Another important invention was the circulation of blood. Sir Walter Raleigh is a historical figure because he invented cigarettes and started smoking. Sir Francis Drake circumcised the world with a 100-foot clipper.

11. The greatest writer of the Renaissance was William Shakespeare. He was born in the year 1564,

supposedly on his birthday. He never made much money and is famous only because of his plays. He wrote tragedies, comedies, and hysterectomies, all in Islamic pentameter. Romeo and Juliet is an example of a heroic couple. Romeo's last wish was to be laid by Juliet.

12. Writing at the same time as Shakespeare was Miguel Cervantes. He wrote "Donkey Hote." The next great author was John Milton. Milton wrote "Paradise Lost." Then his wife died and he wrote "Paradise Regained."

13. Delegates from the original 13 states formed the Contented Congress. Thomas Jefferson, a Virgin, and Benjamin Franklin were two singers of the Declaration of Independence. Franklin discovered electricity by rubbing two cats backwards and declared, "A horse divided against itself cannot stand." Franklin died in 1790 and is still dead.

14. Abraham Lincoln became America's greatest Precedent. Lincoln's mother died in infancy, and he was born in a log cabin which he built with his own hands. Abraham Lincoln freed the slaves by signing the Emasculation Proclamation. On the night of April 14, 1865, Lincoln went to the theater and got shot in his seat by one of the actors in a moving picture show. They believe the assassin was John Wilkes Booth, a supposedly insane actor. This ruined Booth's career.

15. Johann Bach wrote a great many musical compositions and had a large number of children. In between he practiced on an old spinster which he kept up in his attic. Bach died from 1750 to the present. Bach was the most famous composer in the world and so was Handel. Handel was half German, half Italian and half English. He was very large.

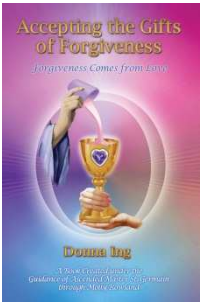
16. Beethoven wrote music even though he was deaf. He was so deaf he wrote loud music. He took long walks in the forest even when everyone was calling for him. Beethoven expired in 1827 and later died for this.

17. The nineteenth century was a time of a great many thoughts and inventions. People stopped reproducing by hand and started reproducing by machine. The invention of the steamboat caused a network of rivers to spring up. Cyrus McCormick invented the McCormick reaper, which did the work of a hundred men.

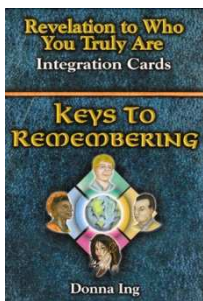
18. Louis Pasteur discovered a cure for rabies. Charles Darwin was a naturalist who wrote the Origin of the Species. Madame Curie discovered radio. And Karl Marx became one of the Marx Brothers.

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## ADS



Donna's latest book **Accepting the Gifts of Forgiveness** is now available through Amazon.com and Donna's website. Donna Ing along with the Master St. Germain have brought you another winner. This book so very simply and clearly shows ways to heal through forgiveness.



### Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com>

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**Kathleen Edwards** is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

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**Nancy Wadda** is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 205 566-1424.

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### OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

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### Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

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### Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

[www.kimberlyraehansen.com](http://www.kimberlyraehansen.com)

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### ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

[www.paintingsbyisa.com](http://www.paintingsbyisa.com)

She also offers personal readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD. For directions and appointments call 605-673-3012 Love to connect with your on facebook Plenty Star Ranch - Horse Boarding in the Black Hills [www.plentystarranch.com](http://www.plentystarranch.com) "Painted Portraits & Visions" [www.paintingsbyisa.com](http://www.paintingsbyisa.com) Ranch Blog: [www.plentystarranch.com/wordpress](http://www.plentystarranch.com/wordpress)

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**Maia Rose** does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

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**Delphinia Bey** is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120

**Annalaiya** is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 or 307 438-0927 for appointments and information.

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**Delores DeVore** owns Sound-Works, healing with voice and tuning forks. [www.sound-works.biz](http://www.sound-works.biz)  
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678 634-1249

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