

# **August Newsletter**



Our pictures this month are the ever present promise of the rainbow, a Wyoming barbed-wire fence and a beautiful mossy pine.

Here we are almost half way through summer. It has been chaotic and very busy. It seems only yesterday that I turned the calendar to July and now it is August. Our wavy petunias on the deck are flowing over the pots and the smell is very sweet when the door is open early in the morning.

My radiation treatments were moved to Billings so everything came full circle. As St. Germain says, "Ain't nothin' what it seems". I am almost half way through the treatments and so far I am fine. I have experienced some side affects and really have to watch what I eat, but the energy level is still good. I just want to thank everyone for your prayers, well wishes and good intensions. It is such a blessing to have such an outpouring. I love you all.

I am just beginning my second week of radiation as I write this. It has been a most interesting journey so far. On July 12 I went in for the preparation. I was pulled, tugged, pushed and shoved for about and hour and a half. I was tattooed with marks to keep me centered on the table in future treatments. On Monday July 18 I went in at 3:30 p.m. for the first treatment. I was

originally supposed to go in at 2:30 p.m., but there were scheduling problems. That treatment took about 45 minutes because they took a lot of X-rays. I asked them if they took into account how much radiation I received before I ever got the treatment and they looked vague and said "Yes".

I was supposed to get assistance with lodging and gas since I must stay in Billings four nights each week. The first week we were in one motel three nights, of which I had to pay for one and then on Thursday we had to move to another motel. On Friday I was told that the American Cancer Society, that was to help with lodging, had closed down and no one would be receiving any help for the rest of the summer. Then came the news that it would be up to me to provide my own lodging. I am sure that all will be well, but I do hold powerful intensions for all of those who are much worse off, both physically and financially, than I. I have wondered how those who are very sick can withstand the rigors of being pushed and pulled by the medical profession when they feel bad. I am doing well, but I am told that the radiation can make you tired.

I stayed in Powell, Wy at my friend Linda's house last weekend and did a group there. This weekend I will go home for three days. Then back to Powell on Sunday evening in order to be close to Billings on Monday. Fortunately, I do not have to be in Billings at 8:45a.m. on Mondays. They give me a travel allowance. I do five weeks of external radiation and one week of internal radiation. As I lay on the table during the treatments I use pink Love Light and Violet Flame as filters that will only allow the sweetest, kindest and most helpful rays through. I am using a cream that the hospital provided that helps the skin with radiation. I am taking chlorophyll, aloe, homeopathics, probiotics; several things to help with internal radiation issues and really watching what I eat. I am still taking lots of vitamin C. Even though there are many doctors who will "pooh, pooh" the idea of vitamins as helpful the ones that I am working with encourage me to take anything helpful that I can. I

take E, D and A to aid in regeneration of cells. There are many wonderful products on the market, so these are only a few, I know. I will keep this diary going to help bring an understanding of the process as I find it. Each day the waiting room is full of people who are there for treatment and most of them seem to be upbeat and fairly energetic even toward the end of the treatments. This is encouraging.

This is August 1 and I had my eleventh treatment today. I am attempting to surrender to the radiation more each time. I got the schedule for the internal radiation and my first treatment is on August 8. There will be one each week and I will be done on August 24. We will celebrate. St. Germain is very encouraging about my healing and about our financies.

I am thoroughly enjoying my new Cadillac. The old one was starting to have problems and no one could decide what was wrong with it. I had it checked out and the report was that transmission and motor were fine so I traded it in on a 2007. The evening after I bought the new car I was blessed with a double rainbow as we were sitting up on the Billings Rims watching the sun set.

Lander did not have a lot of flooding this year. There have been a few places where the sandbags were put out, but most of the flooding was over toward Riverton.

I have been making my cross stitch angles again. I had not made one in three years and I did not realize how much I enjoy having an angel to work on until I made one this spring. The pattern is on a large paper and then I count stitches to work the pattern on fabric. It isn't a regular cross stitch, the stitches are much smaller. Usually the fabric is either 28 threads per inch or 32 threads per inch. No I do not use a magnifying glass nor do I wear glasses. There is a lot of bead work on the angels, as well as metallic thread. I love the variety in the work.



### **Rainbow Center News**

Our August group will be the 14<sup>th</sup> and the topic is "The Fear of Darkness is the Illusion: The Reality is Shining Brightly!" ". It will be held at 2 p.m. at the Rainbow Center for the Humanities, 177 N. 4<sup>th</sup> in Lander.

CD's can be purchased on the website at www.voiceofthegatekeepers.com/2011groups.html

St. Germain brings the Eighth of our "Personal Magik" series "Across Dark Waters".

Both CD's and DVD's of the first six parts of the series are available. If you purchase the set of six "Personal Magik" CD's or DVD's you will get the sixth one free.

To order CD's or DVD's www.voiceofthegatekeepers.com/evenings.html

Our next intensive, "Beauty and the Beast: Love Transforming the EGO" will be November 5-6 in Newborn, Ga at the Crystal Organic Farm. Molly will be available for private readings from October 30-November. Call Helen Dumba, 770 784-1060 for registration and appointments.

### **ASTROLOGY**

### **NEW MOON**

The New Moon on the 28-29 of August moves our attention from the creativity of Leo to the practical aspects of Virgo. In the last Full Moon we were encouraged to follow the leading of our heart and Soul; the New Moon directs us to use our head and our hands. The nature of Virgo is analytical, efficient and service oriented. In order to be truly of service we are required to forgive arrogance and self-deprecation, which are two sides of the same coin. Virgo aspires to humility and impeccability—this simply means live who you are to the best of your ability.

Venus has moved into Virgo and again joins the Sun plus the Moon for the New Moon. The "daily dose" is a healthy helping of good self-esteem. When we are really in LOVE with ourselves we can Love others without measure and we understand that things do not make the person more powerful except in a dying illusion. Chiron in Pisces opposing the Sun, Moon and Venus heightens our sense of compassion or at least makes us more aware of the necessity to be kind.

Forgiveness and tolerance not only allow us to be gentle with others, but help us to understand ourselves in deeper and deeper ways. Uranus in Aries quincunxes the New Moon reinforcing the message to break free of the crippling snares of Virgo: anxiety, guilt and self-doubt. Certainly, everyone requires to heal their inner critic while empowering the positive and constructive aspects of self.

Pluto trines this New Moon and opens doors to new possibilities, as it assists us to release the people and conditions that we are allowing to hold us back. Jupiter, also trines the New Moon and Pluto, which helps us to identify the limits that we have held on to and let them go. Grand Trines provide an easy flow of energy, but unlike a Grand Square they do not bring a shift in direction, therefore a little effort is required. When the energy of this Grand Trine is put into effect it can inspire great support in areas of health, money and material matters. It aids in new vision, recreation and releasing what no longer serves you. You may be forced to ask yourself, "Do I have what I really want?" "Do I really want what I have?" Jupiter is the archetype of expansion and perspective. It goes retrograde at 10 Taurus on August 30, focusing on ethics, security and priorities.

As Jupiter spends its annual four month retrograde it promotes a re-evaluation and release of old beliefs connected to our lineage. As the Sun trines Jupiter exactly on September 2 and squares the June 1 eclipse on the September 3 we can assess how far we have come and just where we would choose to go next.

Mercury has just completed the second of three retrogrades this year. It went retrograde on August 2 at 1 degree Virgo and direct on August 26 at 19 degrees Leo. Retrogrades, as many of you know, are periods of frustration and potential setbacks, which are essential to the slowdowns that are necessary for clearer perspective. Mercury's sesquiquadrate to Uranus and Pluto pushes us to consider unconventional approaches in our lives.

Use the dynamic energy of this New Moon to simplify your life and get back to basics—this means on the inner levels as much or more than in the physical. Is your life your own? Are you living by your own core values? Do you serve or are you in servitude? Your time, talents and energy are a part of your divine purpose. This New Moon reminds us: "God does not ask your ability or inability. He asks only your availability." (Mary Kay Ash).

### **FULL MOON**

As the Moon turns full in Aquarius on the 13th, Pluto and Uranus are within one degree of square to each other. This sets the stage for seven squares between these two planets between June 2012 and March 2015. Pluto is illuminating the deepest and darkest places in our psyche and our social systems bringing to light what has been hidden or repressed. Uranus is putting pressure on the necessity for change at all levels—breaking old molds and creating new ones. Squares emphasize crucial points of change that present us with new potentials and visions that will take us outside the box. Pluto and Uranus were within 20 degrees of each other from 1960 to 1972, a period marked by worldwide cultural and political upheaval, as well as quantum leaps in technology.

When other planets align with Pluto and Uranus, the cosmic tailwinds of evolution increase. Mars, planet of passion and initiative, squares Uranus and opposes Pluto just before the peak of this Full Moon phase. Saturn is at 13 degrees of Libra and Juno is at 5 degrees Libra creating a dynamic grand cross, necessitating greater self-control and consideration for others. As the planets are calling for more compassion and a harmonious interaction with others the EGO is making its last ditch efforts to keep the old order firmly in place. Just four days after the Full Moon Mars crosses the degree of the July 1 solar eclipse at 9 degrees of Cancer. The Moon conjoins Uranus and squares Pluto, requiring us to act on what we have learned in the last six weeks.

Full Moons reveal to us what we must integrate into our lives in these most unusual times. We must raise our sights and open ourselves to whole new levels of awareness. Aquarius and Leo are archetypes that remind us that we are all one and each one is a complete individual. We express the God force in our own unique way and we are an integral part of the divine connection. We are all gifts and we are gifted. We are special and we play a part that if we do not choose to act that part will never be filled. Synergy means that the sum total is greater than any one of the parts, however, each one is capable of generating a synergistic power greater than the sum of the parts.

When love fills our heart we are guided by higher power and we recognize who we are and what our part is in the scheme of things. Love shows us our gifts and illumines the beauty in all things. We can value diversity and recognize joyful collaboration, rather than warring over petty differences. Mercury joins Venus and the Sun in this Full Moon adding the

cosmic call to embrace love rather than fear. Mercury entered its retrograde phase on the 2<sup>nd</sup> of August and continues retrograde until the 26<sup>th</sup>. Venus, the Sun and Mercury make an exact conjunction on August 16 and then oppose Neptune on August 21, August 22 and September 8.

We are being called to step up and accept that we are divine creative Masters and it is time to live our dreams and visions in a real and true way. No more fighting to get what we want but accepting that we can bring about dynamic change by living who we are completely. This Full Moon reminds us: "When we are no longer able to change a situation—we are challenged to change ourselves." (Viktor E. Frank)

### **CRYSTAL CORNER**

Happy Birthday Leos! For those of you who were born from July 23-August 22, there is an abundant choice of stones for you to work and play with. Traditionally, your sign works with yellow stones that reflect the light of your ruler, the sun.



**Tiger-Eye** is an amazing stone with its bands of flashing light. The **gold Tiger-Eye** resonates with your sunny self and will strengthen your personal shield. Any color of this stone is protective and facilitates constructive manifestation of your strong will but the golden variety combines the energy of the earth with the sun to create a grounded and yet an extremely high vibration. It is a wisdom stone that would assist those called magik or wizard to create an aura of invisibility or to work with the art of illusion. A shape-shifter's stone, if you would. If you wore this or carried it on the right side of your body, the effect seems to be enhanced.

The **blue Tiger-Eye or Hawk-Eye** as it is sometimes called, works with defining higher levels of information, clarifying truth, seeing through murky or distorted situations. It is an excellent stone for dealing with judgment because it gives you a clear eye to see through things that logic might say that is just the way it

is. Where the **gold Tiger-Eye** would make you invisible, this would help you to be clearer to yourself.

Another of the sunny stones is **Topaz**. This stone would give those in the sign of Leo the push to move in a new direction. It would overcome limitations and help you to gain the recognition you crave. **Topaz** is a stone the powerful desired to wear for it demonstrated that they were in control of their wisdom. This helps you to recognize your own inner riches as well as drawing to you the support you need. It is a soother of fears and draws divine wisdom into the soul area (solar plexus).



Another attribute of the **Topaz** is the ability to overcome exhaustion, revitalizing your energy, which is great for a sign that has a tendency to work and play hard. This stone can be worn for long periods when you are very involved in something.

As with all stones, be sure to purify and recharge them regularly. Here is a reminder for a quick and easy way to do that. Purchase **Pyrite 'dust'**, place it in a container, add pure water and you will have a mixture you can use for quite some time. Hold your stone under running tepid water and then swish it back and forth in the **Pyrite** mixture and dry. Your stones are ready to use again.

For more information or just to visit, please feel free to contact me. Happy journey!

Eternal Ice Enterprises Linda Thomas (800) 757-8478 or (307) 754-4396

www.eternal-ice.com

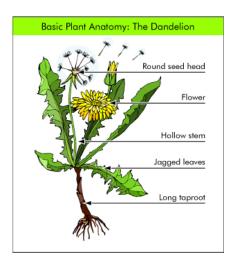
#### THE GARDEN FAIRY

## **DANDELION**



The first mention of the Dandelion as a medicine is in the works of the Arabian physicians of the tenth and eleventh centuries, who speak of it as a sort of wild Endive, under the name of *Taraxcacon*. In this country, we find allusion to it in the Welsh medicines of the thirteenth century. Dandelion was much valued as a medicine in the times of Gerard and Parkinson, and is still extensively employed.

Dandelion roots have long been largely used on the Continent, and the plant is cultivated largely in India as a remedy for liver complaints. Dandelion (Indian Name: - Kukraundha or Kanphool) is a hardly perennial herb and a tasty salad vegetable. The flower stems of this plant grows up to a height of 30 cm. The sharply toothed leaves from flat rosettes on the ground. The common name dandelion comes from the French dent de lion, meaning lion's tooth and refers to the dentate leaf edges. A very common plant, dandelion grows wild almost everywhere. Dandelion is a native of Europe. In India it is found through Himalayas. Nutritionally, the dandelion has remarkable value. It contains almost as much iron as spinach, four times Vitamin A content. An analysis of dandelion shows it to consist of protein, fat and carbohydrates. Its mineral and Vitamin contents are calcium, phosphorus, iron, magnesium, sodium, Vitamin A and C.



The root is perennial and tapering, simple or more or less branched, attaining in a good soil a length of a foot or more and 1/2 inch to an inch in diameter. Old roots divide at the crown into several heads. The root is fleshy and brittle, externally of a dark brown, internally white and abounding in an inodorous milky juice of bitter, but not disagreeable taste.

Only large, fleshy and well-formed roots should be collected, from plants two years old, not slender, forked ones. Roots produced in good soil are easier to dig up without breaking, and are thicker and less forked than those growing on waste places and by the roadside. Collectors should, therefore only dig in good, free soil, in moisture and shade, from meadowland. Dig up in wet weather, but not during frost, which materially lessens the activity of the roots. Avoid breaking the roots, using a long trowel or a fork, lifting steadily and carefully. Shake off as much of the earth as possible and then cleanse the roots, the easiest way being to leave them in a basket in a running stream so that the water covers them, for about an hour, or shake them, bunched, in a tank of clean water. Cut off the crowns of leaves, but be careful in so doing not to leave any scales on the top. Do not cut or slice the roots or the valuable milky juice on which their medicinal value depends will be wasted by bleeding.

The Food & Drug Administration (FDA) continues to treat dandelion as a weed. The agency's official position is: "There is no convincing reason for believing it possesses any therapeutic virtues." Many herbalists of today disagree with that. They say that the FDA forgot to read their Ralph Waldo Emerson.

"What is a weed?" Emerson wrote. "A plant whose virtues have not yet been discovered."

Thanks to some modern herbalists the dandelion's virtues have been well documented. Studies show that the dandelion to be a rich source of vitamins and minerals. The leaves have the highest vitamin A content of all greens. Herbalists say that dandelion root heads the list of excellent foods for the liver because of its relatively high amounts of choline which is an important nutrient for the liver. Dandelion leaves are a diuretic, meaning that they help flush excess water from the body. Dandelion flowers are well endowed with lecithin, a nutrient that has been proven useful in various liver ailments.

Perhaps rather than try to eradicate dandelions, we should simply enjoy them!

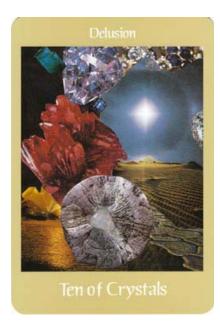
### References:

Read more at Suite101: <u>Dandelion: History and Culture: A Beneficial Plant Found in all the Wrong Places | Suite101.com</u>
<a href="http://www.suite101.com/content/dandelion-history-and-culture-a21402#ixzz1TjkBUwZ0">http://www.suite101.com/content/dandelion-history-and-culture-a21402#ixzz1TjkBUwZ0</a>

http://www.herballegacy.com/Chhabra\_History.html

Ronda McLean, MG whisperingelk@hotmail.com

# TAROT TALK



Our tarot card for August is Delusion—the ten of Crystals. This could really be called Illusions because so much of what is occurring now is both delusional and illusionary. If you move this energy to a higher vibration it could be called vision because as we shift into the new essence what was called delusion by the old order becomes the vision of the new order.

The tens all relate to the Fortune card. The of Crystals is our mental fortune. We are being called to center in and trust the new levels of awareness that we are discovering. We are being awakened to our own inner visionary. There has always been the North Star to guide the way. We are being offered new points of guidance and the sign posts in star points are within rather than without. Even if we fulfill our dream is it real? It is always up to us to make the choice. Every choice we make will be both true and false.

When this card turns up in your reading you are required to look beyond what you know and live, really live outside of the box. The tens always open us to a greater connection to the Divine. One represents self and the zero is God's good flowing into your life. You have completed a cycle and it is time to start a totally new phase. You may feel as though you are living empty for a while as the new visions are revealed. You will find new ideas and concepts developing and there will be those who will help you as you are willing to make the changes.



# ST. GERMAIN'S MESSAGE

Here we are approaching another retrograde of the planet of communication, Mercury. This planet is connected with *thinking*. Very often I say to you, "Beloved Masters, you think

too much". The mind is growing rigid in its desire to maintain the status quo. We can use the affairs of the political arena as a most pertinent point where in the case of many, there an absolute refusal to see anything but what has been. The fear of the old order is strong. One of the limits that have been associated with the aging process is a narrowing of the perspective so that things begin to become rote. There is a refusal to attempt anything new. The reference for the future is based, very often, on the failures of the past or a belief that the "good old days" could never happen again and nothing will ever be that good again. These are the patterns that must change in order for humanity to realize that a grand new life is waiting in the new frequencies—a life that is so much richer (not just in

money), more alive, more beautiful than the best that you have known so far.

There are patterns of nonfunction that must change in order to realize that how it was will never be again, nor would you truly wish it to be. Washington has just witnessed, as has the whole world, a small group of people holding the "United States of America" hostage to get what they want. To get what they want, Beloved Masters, rather than to consider the greater good of the whole. This is the last stand of the EGO in its desperate need to be right at all costs. You read this and nod in agreement that THEY are thoughtless, greedy and selfish. The shift into the new order requires coming home to self so completely that you can forgive within yourself these same attributes without feeling shame or guilt that you might get caught doing the same thing that THEY are doing. None of what has occurred has anything to do with right and wrong, but with a requirement for compassion and unity in order to bring about new points of operation for all. These entities, who are clinging to the old ways, take no responsibility for what they are teaching future generations. Money is no longer the measure of value as the energy changes. One reason that so many children under the age of twenty are becoming millionaires and billionaires is because the new generations have a built in standard that money is not God. This does not mean that they cannot be thrown off of course, but it portends new trends around the way that the beings of the future will create and the fact that when love is the standard there is no necessity for government outside of self. Love provides ethics and a charitable desire for the best for all that begin to heal the wounds of separation.

The teachings of separation have been "me first" with the illusion that "my choices are the best and only way for all". Remember, Masters that the limits of the mind will not allow for expansion beyond a certain point. The experiences of life often add to these limitations in a way that can be painful for all involved. The healing must begin with internal changes that are not conjured by the EGOIC mind, which always plays both sides against each other and causes confusion. In the shifts from everyone having to agree with one belief, every person is expressing their own opinion. The issue of the times is that the shifts from being absolute warriors has not occurred yet, so there is battle over who or what is right. There are multitudinous ideas about how the country should be run and each way is still "the best for my interests" with little latitude for any other possibility. As the fear around money can be released there will be revealed new abundance and prosperity that exist right now in

higher frequencies. We will continue to remind you that money is only a symbol of higher good. Money, in and of itself, is nothing but paper or metal. It has been assigned a value that is an illusion. Money is not and never has been the root of all evil. In fact, when the understanding of what it stands for is clear money can be a tremendous force for good. It isn't the lack of money, so much as the fear of not enough that is causing Divine Creative Masters to manifest such overwhelming limit by dwelling on what is apparently lacking rather than what is truly desired. Wanting something does not open energetic doors for it to reach you because there is a lack of clarity in wanting that distorts the truth. Here again, it is to FEEL in the center of your being how willing you are to allow what you are asking for. This gets into the depths of KNOW THYSELF. Know yourself and the shame and guilt of the past disappear. Know yourself and great value and worthiness that exist within you become clear to you. There is no need for arrogance or boasting, which both come from doubt. Your vision clears and you see concepts and outcomes that could not be revealed to you until you reached the point of letting in this greater Light of Love.

Beloved Masters, forgive speeding valuable time and energy on deciding what THEY are doing wrong, how THEY should do IT differently or who else might do IT better. No one can give you more or better than you are willing to allow. Until you can begin to contribute to the good of the common cause by focusing on a broader scope, without attempting to narrow things down by deciding exactly what must happen, nothing will apparently change. When you would say "What is going on has nothing to do with me", you could not be further from the truth. You and every other Divine Creative Master is designing what is happening by every thought, reaction and angry outburst that you allow. How do you change it? IT IS NOT ABOUT THEM!!! It is up to you to be willing to let go of the idea that you are just what you are and it cannot change. That Beloved Masters is spiritual laziness. These are the times for action directed by Spirit, for God's Love to empower your every thought and desire and for you to let the changes happen rather than trying to make yourself be something that you don't believe you are. If you doubt your glory then your EGO has material to use against your evolution. As you discover the greatness and grandeur of your personal being the energy of your discovery lifts you up to heights where the necessity to measure against others ceases to exist. Your old patterns of looking out to see what others are doing and then feeling bad that you do not measure up or bloated because you are superior disappear.

An important fact of these times is the realization that the governing factor of your life is the internal connection to the Divine. Once you turn your eyes to the holy of holies within you can never go back to the wars of illusion. KNOW THYSELF AND THE TRUTH WILL SET YOU FREE, FREE with a freedom that is beyond your current realms of imagination. The Magician can say, "Watch this hand, but not the other one". The Divine MAGIKIAN will say, "See what is happening and know that it is your creation. If you do not like it I will assist you to bring about something much more to your heartfelt desire."

So Dearly Beloved Masters, forgive the addiction to the lies of the media and the need to change the illusion with another illusion and come home to your self NOW.

Until we meet again in what ever manner that may be in the greatest of Love I remain your most humble servant. I AM the Lord St. Germain.

# **ADS**

Nancy Sehnert is a Healing Touch Certified Practitioner offering sessions in Riverton and Lander. Healing Touch is a light touch or near body energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way. Nancy has learned to gently manipulate the naturally occurring human energy field to enhance wellness through body/mind/ spirit connections. Call her with questions or to schedule a session 307-850-6208 or visit her web site

energyflowtherapies@wyoming.com

Kathleen Edwards is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th in Lander. You can reach her for appointments at 205 566-1424.

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, reiki master and healer, who does deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120.

## OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines.

The writing is often in old style and yet it addresses modern subject matter.

Her website: <a href="http://www.ofpoetryandprose.ca">http://www.ofpoetryandprose.ca</a>

# ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

www.paintingsbyisa.com She also offers personal

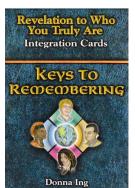
readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD For directions and appointments call 605-673-3012 Love to connect with your on facebook

Plenty Star Ranch - Horse Boarding in the Black Hills <a href="https://www.plentystarranch.com">www.plentystarranch.com</a>

"Painted Portraits & Visions" <u>www.paintingsbyisa.com</u> Ranch Blog: <u>www.plentystarranch.com/wordpress</u>

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 or 307 438-0927 for appointments and information.



# Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

http://www.RememberingInsights.com.

## Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or

307 349-9837. Gift certificates are available.

# Kimberly Rae Hansen

Digital Artistry
Kim does computer generated fractal art. We
have one of Kim's pictures and it is most amazing.
Do check out her website!
www.kimberlyraehansen.com

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz Delores is an excellent website designer who has an extensive background in web design. She is very conscientious and works quickly. She is excellent at problem solving web site situations. <a href="https://www.ddswebdesign.com">www.ddswebdesign.com</a> or call Delores DeVore 678 634-1249

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