

JANUARY NEWS LETTER



Happy New Year!

It is amazing that it is almost 2008, the year of Evolutionary Revelation. 2007 went by like calendar pages flipping.

We got a foot of snow on Christmas Eve. So now we have about eighteen inches on the ground. It is beyond beautiful.

The picture above is the ranch that is down below us. It was the original Red Butte Ranch. All that is left now are a few out-buildings. Now we live in the heart of the ranch and have the homestead.

Dorian is recovering very nicely from gall bladder surgery. It has been three weeks and she is feeling good. Now it is to get the energy back that surgery takes out. Prayers and Reiki are welcome.

We have been blessed here in Lander over the last few months with several new and very good eating places. There is the gourmet Cooking Crow that has quite a varied fare.

Folklore is the new coffee house and it does have great coffee plus good bagels that they get from a factory in North Dakota. The bagels are so good that they cannot keep them on hand. Good sandwiches, great coffee and lots of blues and coffee house music from the sixties.

The new casino in Riverton is almost finished. The old casino is doing over thirty million dollars worth of business each month. All of the casinos are on the Wind River Reservation. We have at least three now, locally. No, we have not noticed an increase in crime or corruption. There are a lot of happy people who have won big prizes.

We invite people to come and see Lander and the surrounding area. We live in a most beautiful place.

It is time for a reevaluation and making of those New Years resolutions. Perhaps this year you will sit quietly and feel into the energy around what you believe you want. This will help you to find out if you really can accept the changes if you get them. For example: smoking may numb old emotions that are coming to the surface, no matter what. Food can do the same thing, so if you desire to reduce consider how you can lovingly and happily live without the things that are being masked by addictions of any kind—work, worry, relationships, causes, taking care of others to the exclusion of yourself. If you want a good relationship are you willing to be the first one to change.

We make the resolutions and then promptly forget about them, only to bemoan the fact when another year rolls around, which they seem to do more quickly all of the time. Perhaps, the best resolution is the promise to be present with yourself this year so that you don't feel so alone, abandoned or left out of life. The ego is working over time to keep us caught up in the way it was. When you are with yourself you stay centered and notice quickly if you feel like no one is there, so that you can get yourself immediately back into your love space.

Our New Years Eve celebration will begin at 8 p.m. on December 31, 2007. We have a potluck to bring in

2008 and then Jesus, Lord Michael and St. Germain will offer meditation and inspiration for the coming year, the year of Evolutionary Revelation.

Our group for January will be January 20, "Collective Crisis in Consciousness: The Call to Come Home to Self".

Our next streaming Evening with St. Germain "Where do We Go from Here?" will be January 30, 7 p.m. EST.

ASTROLOGY

NEW MOON

The New Moon in Capricorn will be January 8. Capricorn relates to form and structure and with both Sun and Moon in the sign it strengthens what we are building which makes it quite important to be aware of what it is we are planning and crafting at this time. Jupiter is now well into Capricorn and is adding its expansive and sometimes excessive energies to the mix. Because Capricorn is a standard for how business and corporate affairs have functioned for eons Jupiter's excess can cause a clinging to old out-moded systems and games that no longer serve the collective on the planet. In fact, a lot of the revelations that are happening reveal how the business—political, military, medical, even religious has not really been dedicated to serving the collective. As people wake up, they begin to realize that it requires personal attention to make sure that ones welfare is being considered. "The masks are falling". Because Saturn, ruler of Capricorn is associated with the time/space continuum all this focus on Capricorn will make it that much more obvious that the time/space structure is not functioning the way it once did.

Saturn was at one time associated with fertility and harvest. It is also considered to be the Lord of Karma. We must remember that karma is not about sin or guilt, but about balance, the law of cause and effect. We are reminded that we really do create our own reality, by the thoughts that we live by and the energy behind our actions that will return to us no matter what it is.

Saturn brings all of us to look at our relationship with our father and Capricorn is the traditional father sign. All the attention that Jupiter and soon Pluto are bringing to Capricorn will find us putting Dad into perspective. (We hear so much about mother and how important she is to molding our growth. This is totally true, especially in the formative years. However, having worked for almost fifty years as a councilor I find that the "missing father" can be a root cause for many emotional difficulties. If your father was physically present, but emotionally unavailable, the wounding issues around him can be even more difficult to trace. Logic says that my father was there, but truth says that "we didn't relate". A lot of these hidden agendas are going to surface for everyone over the next sixteen years.)

Right now the attention is on Jupiter as it leads the way for the coming changes. This means pay attention to the creations that you may have put on the back burner. Don't ignore your talents just because your ego wants to compare your efforts to everyone else's. You are so unique that anything you do is special. The real letdown is when you know that you are not giving your very best, because then you get cheated.

This New Moon suggests that you consider the unconventional or take the road less traveled. Be wary of those who tell you "that is just how it is". The old order is dying and in its death throes it wants to take as many with it as possible by holding to the old limited beliefs that not only no longer serve us, but often hamper progress. Where Capricorn lies in your chart will show you a lot about the next steps you will be taking.

FULL MOON

On January 22 the Full Moon is in Leo. The Aquarian Sun leads us to explore broader horizons and operate outside the box. The Moon in Leo tends to personalize our emotions, so we must be aware that not everything that happens is done to us.

Einstein had a maxim that a problem cannot be solved at the level where it was created. We always have to lift our attention to a higher level or higher source to find the way out of the illusive prisons we have built for ourselves.. Pluto is a prime example of this. When Pluto closes an old door it creates new windows and doors of opportunity. These openings cannot be seen until the energy shifts to a new perspective. We can stand in the same old place and curse our limitations or we can take a deep breath, relax and allow our vision to focus on something that we could not find in the old illusions. Notice that other people's perspectives can be very different from yours. It isn't

because someone is wrong, but because each person is looking at life through their own knothole. When you step back or move around the fence a whole new vista opens up.

Aquarius looks up and seeks an overview. Leo inspires creativity on all levels from the latest hobby to the new baby. What is your next step? Take it even if it seems too small to count. Sometimes just getting off of the fence is all it takes to get things moving.

Pluto moved into Capricorn just two days before this Full Moon. Pluto has not been in Capricorn in 248 years. Pluto has been associated with death because it eradicates whatever has outgrown its purpose. The word actually is transformation or overcoming rather than death. However, we tend to associate change/endings with death.

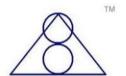
As the patriarchal order is challenged the paradigms are changing radically. Pluto, the revealer, is going to put its spotlight on every old, out-moded aspect mentally, physically, emotionally and/or spiritually of society. Over the last twelve years Pluto in Sagittarius has been pointing out where and how our religious principles are limited and require upliftment. It has spotlighted political fallacies. It has brought to our attention the fact that we have been lulled into a false security and then told that if we just give up a few of our freedoms we can be safe. Don't you believe it. Here comes Pluto. The dark side of Capricorn is the victim/tyrant syndrome. We are only victims if we believe that someone else is smarter, stronger, more cunning and/or resourceful than we are. Pluto and Jupiter are moving into place to demonstrate that we are amazing creative beings and we can bring about absolutely anything that we desire if we have the faith and the fortitude. The ego makes excuses and we have believed them. Now it is time to look above and beyond the excuses that keep us small and recognize our power.

Jupiter and Pluto in Capricorn are delivering our power to us. We never really lost it, but created the illusion that we were helpless victims or mighty tyrants. We can accept the power or refuse to believe it is ours, but the power isn't going anywhere because it belongs to us and no one else can use it.

If you reject your power you may feel weak or helpless, but as soon as you accept the fact that you truly are powerful (this is not about power over because bullies use power as a weapon rather than a tool) you feel the shift within and it is almost as though you have grown bigger inside. In ancient times the use of energy to shape shift was called "glamour" in Avalon and other places. When you claim your spiritual worth you feel the power of your value and it changes how you look to people. Remember that people see what they want to see, but energy changes the total perspective—yours and theirs.

The changes that are going on are all about moving to a better life and a higher state of being. We cry out for the good life and then let ego tell us that we don't deserve it or even that it cannot occur on this plane of existence. It is almost as though we are being supplied with magnificent tools that will help to break the walls of resistance from both inside and outside of us. This helps us to see the new horizons without clouds of illusion in the way.

BIO-GENESIS



By Delores DeVore; ddevore@mindspring.com

"We speak of regeneration of the most basic element within each individual—the Light of Creation. As this Light returns to the lives on Earth, all things are made possible." --Ascended Master Lantos

It was only a few months ago that I learned about the BioGenesis Tools – Tools for Expansion. I have found these tools to be exceptional in their ability to allow us to heal and restore harmony and balance to our environment.

Each month I will discuss a couple of different tools, so that you can begin to understand how they work and how you can use them for your benefit.

This month we will talk about the Wheels of Genesis. The Wheels of Genesis open the doors of BioGenesis to all areas of your life: physical; emotional; mental/intellectual; spiritual; and general day-to-day aspects, such as financial prosperity. The Wheels of Genesis contain the influence of the Great Celestial Sphere.

Each Wheel of Genesis contains the Genesis Energy, just as do the BioGenesis Tools. However, because of the shape, size, design and colors of the Wheels, they

also contain an additional aspect: the influence of the Great Celestial Sphere. This allows the Wheels of Genesis to gently push one's life in a specific direction, whether it be: for greater health; to address a physical, mental or emotional issue; or bring something into one's life, such as harmonious relations, a stronger sense of direction and destiny, or greater affluence.

What Lantos Has Said About the Wheels of Genesis:

"It is through the educated use of the Wheels of Genesis that these blessed servants of the Light shall gain mastery over the dynamic energies of the Great Celestial Sphere on earth--a very precious set of tools for these blessed hands of Light."

The Wheels of Genesis are 27 glass rings in 9 colors. Each color has 3 wheels (or rings) for the direction of the flow of energy. These are 1) Transformation (counter-clockwise spin) – a kick start that will get the flow of energy moving in the correct direction. 2) Regeneration (both clockwise and counter-clockwise spins) - this flow of energy then begins to fill in the gaps where the energy was deficient. 3) Progress (clockwise) – this spin promotes the energy that is moving in the correct direction.

The colors of the Wheels and their properties are: 1) Pale Yellow - Vitality; 2) Clear - Nourishment; 3) Dark Violet (Purple) - Transformation; 4) Light Violet (Lavender) - Connection with The Cosmic Energy; 5) Light Pink - Perception and Receptivity; 6) Green - Strength; 7) Gold - Revival and Restoration; 8) Dark Blue (Indigo) - Stability and 9) Aqua Blue - Awakening.

Each of these 27 Wheels represents one of the 27 cosmic energies that are available to us. By working with these wheels both in a Bio-Genesis session or by wearing/carrying one or more wheels on your body, the energies begin to have subtle and noticeable changes over a period of time.

Some good wheels to have in your possession (if you don't have them all) are:

The Dark Violet Progress wheel - this one is called the Happy Wheel, because it lifts you from the state of depression.

The Clear Transformation wheel - this one is a great Cosmic Attractor of financial prosperity.

Light Violet Regeneration wheel - promotes meditation. Restores the balance of self-worth and inspires service to others. Promotes harmony, freedom from the past, encourages complete attention to that which exists in the present moment and heightens perception and alertness. The individual receives universal impressions. One listens to the voice of the Divine within, which offers tremendous courage and endurance.

How to use the Wheels of Genesis:

You may either wear Wheels of Genesis or use them in a BioGenesis Session. Simply decide which Wheel of Genesis offers the effect you wish to have in your life, and use that (those) Wheel(s).

If you want to wear a Wheel of Genesis, simply place it in a pocket, or wear it on a string / chain around your neck.

If you would like to use a Wheel in a BioGenesis Session, place it on the body while you are conducting the session.

http://www.biogenesis.us

CRYSTALS

THE CRYSTAL CORNER

As the song says, 'It's the most wonderful time of the year.' That is, unless you find yourself with a cold or the flu. Emotionally, we are required to look at our stress levels and our desire for some peace and space. St. Germain says that a cold is a dis-ease of distancing. It's like you get the cold and people don't want to be around you. You then have the space to rest and relax. The challenge is having the strength to say, "I require rest and solitude."

If you have manifested a cold or flu or just need to detox, have I got some stones for you!! First, if you happen to have a sore throat, I would use the Sodalite. This stone is like a weak penicillin and so works like an antibiotic. As it isn't a strong vibration, use Clear Quartz or White Fluorite with it for amplification. These stones would be placed on either side of the Sodalite. If using the Fluorite, be aware that this stone will hold and amplify the energy in one place. If it becomes uncomfortable, do not continue to use it.

For general detoxifying, there are two main stones. Carborundum works upon the body almost like an air purifier works upon the ozone. It collects negativity and inappropriate molecules. It draws out toxins and catches most of the toxicity so that what passes through will not contaminate the air around the body as the body is cleared. This action means that you do not have to cleanse or recharge this stone. As the toxins are pulled out, antibiotics are put in to deal with infections. Use at the soles of the feet and in the area of the lungs. Small pieces could be used over the sinuses. This stone works much like Peacock Ore which is the next stone on my list.

Peacock Ore assists in removing toxins from the body. When used with Rose Quartz, it acts almost like an antibiotic. It is particularly useful in the thymus and hip areas. In areas of intense pain, use Peacock Ore with Quartz and Malachite. This creates a balance of healing attention to infection that lifts and moves toxins so the body may release them more readily. This also works somewhat as a blood purifier.

I wish all of you an amazing new year and many blessings. You may reach me at 800-757-8478 or go to my website at www.eternal-ice.com. (Still under construction!!) Until next time, happy healing!

THOUGHT FOR THE NEW YEAR

Subject: Living Bible

Now this is the Living Bible:

His name is Bill. He has wild hair, wears a T-shirt with holes in it, jeans, and no shoes. This was literally his wardrobe for his entire four years of college.

He is brilliant. Kind of profound and very, very bright. He became a Christian while attending college.

Across the street from the campus is a well-dressed, very conservative church. They want to develop a ministry to the students but are not sure how to go about it.

One day Bill decides to go there. He walks in with no shoes, jeans, his T-shirt, and wild hair. The service has already started and so Bill starts down the aisle looking for a seat.

The church is completely packed and he can't find a seat. By now, people are really looking a bit uncomfortable, but no one says anything.

Bill gets closer and closer and closer to the pulpit, and when he realizes there are no seats, he just squats down right on the carpet.

By now the people are really uptight, and the tension in the air is thick.

About this time, the minister realizes that from way at the back of the church, a deacon is slowly making his way toward Bill.

Now the deacon is in his eighties, has silver-gray hair, and a three-piece suit. A godly man, very elegant, very dignified, very courtly. He walks with a cane and, as he starts walking toward this boy, everyone is saying to themselves that you can't blame him for what he's going to do.

How can you expect a man of his age and of his background to understand some college kid on the floor?

It takes a long time for the man to reach the boy.

The church is utterly silent except for the clicking of the man's cane. All eyes are focused on him. You can't even hear anyone breathing. The minister can't even preach the sermon until the deacon does what he has to do.

And now they see this elderly man drop his cane on the floor. With great difficulty, he lowers himself and sits down next to Bill and worships with him so he won't be alone.

Everyone chokes up with emotion. When the minister gains control, he says, "What I'm about to preach, you will never remember. What you have just seen, you will never forget"

"Be careful how you live. You may be the only Bible some people will ever read!"

May this kind of compassion be our guide and direction for the New Year.

Kari Grady-Grossman is an amazing author with a passion to help the people of Cambodia.

Kari's book "Bones That Float, A Story of Adopting Cambodia" is a captivating and enriching story. She and her husband set out to adopt a Cambodian child. The process of finding and bring this beautiful child home started a life journey that has grown, expanded and come to include the country itself.

This is powerful and challenging reading.

What's New!!

Bones That Float, A Story of Adopting Cambodia by Kari Grady Grossman.

Over 1,800 copies sold! <u>Buy</u> your autographed copy today!!

Click to watch Kari on KOMO-TV in Seattle, WA

What Does Cooking Fuel Have to Do With Education? Find out on Be The Change Network

Call for Volunteers (If you have more time than \$\$) Cambodian Silk Crafts with a peace-on-earth message make great Christmas Gifts! Let us know if you have a Christmas craft show near you where you can sell on behalf of the Grady Grossman School and we'll send you everything you need!

Do you absolutely love all the details of promotion? We need you! <u>Email us</u> about your experience and interests.

We are ALWAYS looking for Hearts and Hands and Financial Assistance.

Consider a donation of your time, energy, or expertise! <u>Contact us</u>.

<u>Click to listen to Kari's interview</u> on WCVE Public Radio.



Since publishing Bones That Float on April 17, 2007, we have sold more than 2,000 copies and we have raised over \$30,000 for the Grady Grossman School!

FollowThe Story...

You are invited to see how this money is spent on our <u>Blog</u>. We will try to update 3 times a week, technology willing.

There will be plenty of opportunity to participate and help us figure out how to make a rural Cambodian school sustainable and self-supporting, which is, in my opinion, the only way Cambodia can dig itself out of the mess it is in. Maybe we will find an answer that can spread to other schools...that is my dream. Since publishing Bones That Float on April 17, 2007, we have sold more than 2,000 copies and we have raised over \$30,000 for the Grady Grossman School!

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ADS

Annalaiya is an iridologist, flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings.

Call 307 332-7861 for appointments and information,

Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

The Wellness Connection, 201 Main St. in Lander, offers many interesting and therapeutic modalities. Delphinia Bey does massage, hot rock therapy and deep tissue work.

Delphinia also teaches Reiki classes.

Call 307 332-6262 for appointments.

Kimberly Rae Hansen **Digital Artistry**

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

Dream Pillows by Linda Emter intuitlinda@msn.com

Christmas is past, but there are birthdays and other occasions to give someone special sweet dreams.





Microwave for 35 seconds and place on sore neck. shoulders, knee, head. Also, place under bed pillow for Dream Recall Aromatherapy Dream Pillows \$18.00@+S&H

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz She also has Colored Bottles. These beautiful colored bottles are imported from England and serve a multitude of purposes. There are bottles of all sizes and colors designed to suit your every requirement, from essences to cosmetics to healing potions and creams. Delores has bottles for almost everyone. www.coloredbottles.com

Delores is an excellent website designer who has an extensive background in web design. She is very conscientious and works quickly. She is excellent at problem solving web site situations. www.ddswebdesign.com

or call Delores DeVore 678 634-1249

Linda Thomas owns and operates Eternal Ice Enterprises. These are some of the highest quality crystals at the best prices I have found in the U.S.

She has larger stones and a huge inventory of smaller tumbled stones for use in desk top lay-outs and to carry in the pocket for health, wealth and happiness. Linda has Goddess pillows with stones related to each Goddess sewn into them.

www.eternal-ice.com

Linda Thomas 307 754-4396 or 800 757-8478

"The Pot Of Gold" is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt.

If you would like to advertise in "The Pot of Gold" ads are \$10 per month for up to six lines and \$2 per line after that.

Contact us: vog@wbaccess.net or 307-335-8113

