



January Newsletter



Our pictures this month are of a trip we made to Jackson. The first one, of course, is the beautiful Tetons. The second is Delores, Delphinia and I in front of the mountains. The third shows just how cold it was because it was below 0 that day. Dorian is always taking the pictures so we cannot seem to get her face in a picture.

Another year has flown past. We are entering the Year of Integration—a time for inviting aspects of our nature and selfhood to return home and be welcomed into oneness. We have lived half, separate for as long as we can remember and longer. Now, we embark on the journey to Wholeness (Holiness) within and without.

St. Germain's message to us is one of loving unity. No longer can we be exclusive about whom and what we love. No longer is "me and mine" the only important thing. We are being requested to love every part of ourselves, even those parts that have offended us. No longer can we say "if this part or that one offends me I will just get rid of it." St. Germain has stated that the more love that is poured into the human psyche the more of that which is not love seems to be revealed. This is a necessary step to the clearing of old, moldering beliefs that cannot go into the new levels of living. These dead and deadly mindsets must be

forgiven and cleansed in order for humanity to recall its true, shining self. 2010 is a point of returning to unity and oneness that will take us to the point of no return to how life has been lived for so long on Earth. The Mysteries are resurfacing. **Know Thyself** has been a shining standard throughout time. The blindness of separation has distracted from the Truth that has been hidden right before us. The Dawning of Truth is happening now. The ancient knowing is filtering up and many people feel it. Some fear the changes as Evil attempting to ensnare them. The mind is still fighting to dominate and control. Listening within is the Key to Remembering.

My intension for everyone is that 2010 will bring the greatest and best acceptance and allowing of health, wealth and love ever and may it continue to increase for you on and on.

Rainbow Center News

Our next group, "The Course of Love is the True Way" will be January 17 at the Rainbow Center, 4th & Lincoln in Lander.

CD's for 2009 can be purchased on the website at www.voiceofthegatekeepers.com/2009groups.html

CD's for 2010 will be found at www.voiceofthegatekeepers.com/2010groups.html

St. Germain will present the "Know Thyself" series for 2010. January's message is "Know Thyself; Kidneys, Liver, Heart and Lungs"

Both CD's and DVD's of the virtues are available. If you purchase the set of twelve virtues you get two free.

To order CD's or DVD's www.voiceofthegatekeepers.com/evenings.html

Our next intensive, "Questing into the Mysteries of Love: Finding Your Way into Joy!" will be May 8-9.

The evening “Playing with Faeries” will be at 8 p.m. on May 7.

CD’s from “Realizing and Living the Mystical, Magikal You” are available for \$100. This includes a meditation.

www.voiceofthegatekeepers.com/intensive.html

ASTROLOGY

FULL MOON

I was in such haste to get the November newsletter out that I missed the second Full Moon of December. There was some contention around whether the Moon was full on the 29, 30 or 31. I certainly felt its influence all three days, as well as a few days before and after. This Blue Moon finished up the year with extra power and an emphasis on Father/Capricorn-Sun and Mother/Cancer Moon. The year ended with four planets plus the North Node in Capricorn putting the cosmic spotlight on integrity and consequences of our actions. We must now become our own parent and be responsible for our maturity, both mental/emotional and spiritual. 2010 will require that we **WALK OUR TALK**.

This Moon was also a lunar eclipse so what has been in the shadows, below the threshold of awareness, is more easily accessed and expressed. The Sun in Capricorn points us toward where we must be dedicated and impeccable in our commitments. The Moon in Cancer illuminates what we require in order to accomplish our goals.

This eclipse heralds the dawn of a new era. Use its energy to clarify your goals and objectives for the next ten years. Look within and define “what is your gift to the world?” “What must you let go of in order to reclaim your power?” If you are holding on to limit you do not have a freehand to accept your full potential. What have you learned in 2009 and how do you wish to expand on that in 2010? In the next decade we have the opportunity to move from spiritual children the wise creative Masters that we are. We can forgive being victims and villains and become co-creators with I AM.

NEW MOON

This New Moon falls in the sign of Capricorn on January 15. The Earth is constantly bombarded with billions of megawatts of ultraviolet, x-ray and other

kinds of electromagnetic energy from the Sun. Twice a year, the Sun, Moon and Earth align so precisely that for a few minutes the stream of solar radiation is blocked. Even a partial eclipse of the Sun momentarily alters and reboots our consciousness. Solar eclipses act as extra-powerful New Moons, signaling major endings and new beginnings.

Capricorn is the third of the Earth signs and teaches us to abide by the realities of the material plane, the physical constraints of time and space, cause and effect. Capricorn also deals with authority—both personal responsibility for our actions and how we respond to authority from controlling factions. We have been taught to measure ourselves against outer standards. Now, comes the tough lesson of being willing to live by our own internal, spiritual code. As with the lunar eclipse two weeks ago this solar eclipse is closely conjunct Venus calling for a clarification of core values and recognition of the effect of our choices.

Saturn stations to go retrograde on January 13, just before this eclipse. Saturn’s retrograde asks us to redefine our roles, rethink our goals and objectively access our relationships and alliances. Saturn will remain retrograde until May 30, when it turns direct at 28 degrees Virgo. It will continue to cast a shadow until September 5 when it returns to the degree of Libra where it retrograded. This retrograde will extend Saturn’s volatile square with Pluto for almost four months. Saturn’s archetype as the Grim Reaper says that we will continue to reap the social, political and economic harvest sown during the last Saturn-Pluto conjunction in 1982. Squares indicate a major crossroads; this one spotlights the laws, methods and institutions (Saturn) that must be either transformed or eliminated (Pluto).

Mercury turns direct on January 15, just a few hours after this eclipse, signaling a readiness to move forward with ideas and reforms that have been in the works since its station retrograde on December 26. Mercury’s conjunction with Pluto and square to Saturn along with the solar eclipse, demand that we discover the real issues, rather than searching for scapegoats or band-aid solutions. A brief respite over the holidays can clearly begin to reveal just why one party has blown so much smoke and thrown so many shadows. The reasons that millions of dollars of hush money, have been paid by the insurance companies to keep everything status quo, are bound to float to the surface under these penetrating aspects. Capricorn requires that we take personal responsibility in our lives. We have been the children of the government for far to

long and now we are called upon to begin to find ways to take care of ourselves.

Jupiter moves into Pisces shortly after this eclipse where it will remain until June 5, 2010 and again from September 8, 2010 to January 22, 2011. Jupiter last transited Pisces from February 4, 1998 to February 12, 1999. In Pisces Jupiter encourages us to expand our comprehension of spiritual realities. This twelfth sign of the zodiac deals with subtle, non-physical dimensions accessed through our intuition. The emphasis is on our dreams, the arts, meditation and studies of the metaphysical and occult or hidden mysteries. Dan Brown's "The Lost Symbol" appeared on the scene in a most timely way for this planetary shift. Jupiter stands for the quest for Truth, wisdom and tolerance. This transit of Pisces symbolizes growth through compassion, forgiveness and integration.

The Sabian symbol for this eclipse at 26 Capricorn is a reminder that even when times are challenging we can still enjoy life if we tune into the divine flow: "A nature spirit dancing in the iridescent mist of a waterfall; the ability to perceive the hidden and creative spirit of natural phenomena." If you would question what you should do, consider what you would wish on the morrow you had done. Spend time in nature and reflect on the miraculous design and harmony there.

FULL MOON

January's Full Moon fall on the 30 in the sign of Leo. This Full Moon draws our soul to focus on intension. "What can I achieve at such a critical time on Earth?" Venus cojoins the Sun, as it has at the previous New Moon and Full Moon, emphasizing that our heart must lead the way. Mars conjuncts the Moon, sparking our passion to truly be ourselves.; nothing less that the purity of Self will do in these times of testing. More and more we are required to live from our essence rather than from the programming of our worldly persona. How do you know if you are living TRUE? "The amount of joyful freedom vs. the strain of trying" will tell you through your body consciousness whether you are being honest with yourself and others.

Full Moons bring light to the darkness and reveal what is hidden in the shadows of the unconscious. We must ready our selves to see the occulted side of our psyche. The spiritual quest of Leo is authentic Self-expression; shining our light into the world and sharing all that we love. The dark side of Leo is pretense and domination; doing anything to acquire attention and

control. The shadow side of Leo can manifest as fear of being found out, the dread of ridicule or rejection. The spiritual task of Aquarius is the attainment of unity in the midst of diversity. It requires that each person's uniqueness is honored and included. Synergy is the goal; synergy occurs when the sum total is greater than any one of its parts. This seems impossible to the finite mind, therefore we are required to stretch beyond the limits of the old ways of thinking and doing. We are now being shown where we are falling short of living what we say we know for sure.

Two days after this Full Moon, the second of three exact squares between Saturn and Pluto will occur on January 31. Squares in Cardinal signs (Aries, Cancer, Libra or Capricorn) necessitate that we break new ground and walk into unknown territory. This assures that we will enter into a crisis of consciousness that will exact a shift in perspective. In order to evolve we must let go of the old. How long have we talked about this and then waited for someone else to take the first step and the second and the third. We can no longer debate the worth of change in order to delay it. Governments, corporations and institutions based on sustainable and equitable principles will thrive; those seeking to dictate and dominate, rather than cooperate and share, will not.

The Sabian symbols for this Full Moon brings the necessity to "enter the Kingdom of Heaven within as a child of God, using our intuition in order to reclaim our spiritual Master hood": "Children play on a swing hanging from the branches of a huge oak tree; the power of tradition as it shelters the beginnings of individual self-expression." For the Sun at 11 degrees Aquarius: "During a silent hour, a man receives a new inspiration which may change his life; the need to rely upon inner inspiration and guidance at the start of new developments." This Full Moon reminds us that even though we are unique individuals we are bound by the bonds of spiritual at-one-ment. What each one is and does affects the whole completely.



THE CRYSTAL CORNER



As we move into a new year, some with excitement, some with a little fear, we will be experiencing a lot of changes. As we are changing, so are the crystals and stones. Everything is on the move. In this column I would like to talk about the family of Jaspers. There are many of the Jaspers with some known by other names such as Bloodstone. Jasper in general facilitates integrated healing on all levels. It will assist in the understanding and achievement of balance on the unseen levels by healing dis-ease in the physical. Because it is a rather common stone, it has been dismissed to a certain extent and yet, it was valued highly in spiritual places before everything got so terribly separate. All the colors of Jasper are very high frequency and high energy stones that have been subdued and they are beginning to re-emerge into the essence and energy that was theirs. Probably the best known of the Jaspers is the Poppy or Red Jasper. We also have Yellow Jasper, Shell Jasper and Ocean Jasper. So, as we start a new year, let's work with a stone that is undergoing a grand transformation within itself.

Poppy Jasper is a form of wisdom of the life force. It helps to blend the wisdom of the heart with the kundalini life force and brings wisdom into places of denial.

Yellow Jasper would assist in helping humanity be in love with the fact that they are human. It is a 'within' stone. It is associated with the solar plexus but it also draws energy in through the crown chakra. This would be very soothing for raw emotions, for someone who is torn in their emotions, whose judgments have cut them deeply, who feel as though they're so wounded that they're not sure they can heal. This energy would be like laying a poultice of soothing herbs on such a wound but it's an energy, calming and centering, calling the entity to love who and what they are, not to judge themselves.

Shell Jasper is a wonderful black and white stone, very beautiful. It would be an excellent meditation stone for

those who are seeking to bring together the inner male and female, those who are looking to understand God, Goddess, All That Is, divine androgyny and alignment with self and Self. It's a blending of light and dark and is a balancing. It would also assist and make an excellent worry stone for those that have so many judgments that they just can't decide which way to go.

Ocean Jasper is composed of a variety of colors and often has little pockets filled with crystals. Jasper is very much about connecting the earth realm and the spirit realm in the 'feet on the ground and the head in the stars,' the Jasper walls of heaven that connect the earth plain to the heavenly realms but become an impenetrable source if the entity is not willing to mesh with the higher frequencies. Jasper can be a grounding stone but the Ocean Jasper is about blending emotions and feelings, that grounding of energy so that there is a greater clarity with all that exists in the ocean of spirit and what is available to humanity. The crystal pocket, the secreted crystalline form that lies within, reflects the secret of spirit being internal that the world has moved without so long, seeing the cover but not reading the book.

Please feel free to call or visit me with any questions you may have. Check out the ever changing website with new pictures being posted almost daily or as fast as I can!! I can be reached at:

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Have a wonderful holiday season and a new year filled to overflowing with love, light and laughter! Happy and Prosperous New Year!!



TAROT TALK



Our Tarot card for January is the Ace of Wands, Illumination. In order to bring things together we must see what we are doing and where we are going, even if the sight and awareness are on the internal levels. Illumination says, “The wand is in your hand. You are enlightened. In order to be truly enlightened, you must know who you are. One of the greatest Keys of Illumination throughout time is *Know Thyself*. Illumination is understanding that never ends. It is a light that shines throughout all time. By holding the wand of illumination you are a light unto the world, a beacon that shows the way. You shine your light as you live the Truth that sets you free. Illumination comes from within. The wand is your own personal Magik. You are a Magikian of great worth when you realize that your magik does not make another more or less, but shows them the potential of all that they really are.

By carrying the wand you live the fire of life. Live your life to its absolute fullness. Know your passion and what gives you energy and vitality.

By living the light you grow and are transformed. Have the courage to change and expand. Live the Magik of self discovery before the world. When you trust your illumination, you live it powerfully and quietly. There is no need to tell the world that you are enlightened. Others will notice when they are ready. Those who are looking for a Savior will want you to wave your wand

and make them new. The enlightenment of these times is the miracle that you ARE-- in and of yourself. Carry the wand, understand the way within and you will provide illumination because you are that light.

The Dragon of the Kundali is awake and illumination of some form is happening. You are the expressive light of yourself.

When the Ace of Wands shows up in your reading, you are about to have an awakening of some sort. You may receive your “Aha” during your dream time or it can come as a blinding flash of insight from something or someone that you deal with on a daily basis.

Seeking illumination requires being still in order to hear what spirit has for you. Sometimes that stillness may be only a moment when your mind is not talking so that you can access the depths of your being. Allow yourself to become aware of the light that burns within you. This shows you the inner way.



St. Germain's Message

Greetings in this New Year in this time of your times! You have entered a New Year and a new decade, but also a new era of exceptional change and fine outcomes. This is the Year of INTEGRATION!!

What have you wished for? What is it that if only “they” would be different you could have? The essence of these times is leading you to understand that the answers are not outside of you, *the answers are not outside of you*. What do you think about, where is your focus, how do you feel about yourself? The design of your future is in these thoughts and ideas and you cannot fool anyone by saying that the outcomes of your life have been created by another Master.

Your egos become irate that we would dare to “accuse” you of mis-creation. We hold no accusation against you. You are Master creators and the creations that you bring forth are of your making. They always have been, but for life times you have created the beliefs that someone else is responsible for you and the outcomes of your life. Many have chosen to take responsibility for the lives of others and leave their own life to *fate*. If the lives of others did not work, they just didn't listen and if the Masters life didn't work it

was bad karma. No personal responsibility was woven into the fabric of life after life. Guilt and fear developed and yet, more often than not, the mind could not imagine why there was guilt or the fears were pinned on the makers of the law, the bank, the political climate or general trends rather than personal choice.

The great, great gift of these changing times is that your power is being returned to you. When we say that you are 100% responsible for all of your life—that is a compliment, that is a blessing, that is empowering! It is not a taunt or a tease or a parental order. We honor you truly and recognize the capability and might of your creative ability.

It is time to step up and take authority in your life. It is never what life brings you, but what you do with what life brings you that tests the metal and proves your true strength.

We will be talking to you all of this year about “Know Thyself”. This powerful statement is found again and again in the Ancient Mysteries of all cultures. Your integrity is bound in your willingness to know yourself honestly and fairly. You can only integrate all aspects of yourself when you are completely willing to be forthright and faithful to yourself. Honesty is compassionate, rather than brutal. We find that many of you decide to be honest with someone when you are angry and therefore your “honesty” is filled with judgment and accusations. This method becomes lies wrapped up in the cloak of “honesty” and war hidden in a veil of pretense. Beloved Masters, when you “take a stand” pay very close attention to how it feels in your solar plexus. When there is tension, rigidity or hatred there is no place for peace inside of you.

The Ego wants war and divisiveness because there will not be integration in conflict. Feel your enlightenment and feel your constriction. Acknowledge your dark thoughts and your brilliant ideas. Face your fear and own your confidence. Let the illumination of the Spirit of Love show you what is really going on within and allow yourself to be amazed at your Majesty.

This integration brings you to the quiet place within you where there is no longer any need to prove that you are better, smarter, richer, more powerful or more spiritual than another. In the love that comes from integration you ARE, you simply ARE—no proof necessary. You recognize your ISNESS clearly. You will not find integration intellectually, nor will you be able to integrate when your focus is on the affairs of

the world or the lives of others. As you integrate other people are going to look better and become easier to be with. This will not occur because they alone have changed, but that in the integration you began to create differently—see, hear and feel differently about yourself and all that you have brought forth in any of your lives.

Living fully, allowing a complete knowing, being REAL are all products of integration. It isn't difficult. It is actually quite simple. All that is required is focus on what you desire and a willingness to forgive empowering that which will not serve you. It is all about energy—the mind directed by spiritual essence rather than driven by a terrified Ego. Ego creates “mob-mind”. The intelligence switches off and primal survival instinct takes over. “Fight or flight” becomes the dominating thought and “good people” become blind, deaf and numb. Integration brings unity in diversity.

You must be strong and you are. Your Ego wants you to think that you are weak and have no choice. You are powerful! Where will you direct that power? There is no enemy, but your Ego suggests that the enemy is everywhere just waiting for a fight and you cannot win that battle. In integration you embrace the Ego and it becomes an ally instead of a shadow that is illusively pointing fingers at things that are different, new or unclear in the moment. People tend to react to something that they do not recognize immediately. They fear what they do not understand. Integration allows you to feel safe, because you are safe. You are the producer of your own safety; it comes from at-onement.

We will be speaking more about the integration as you move into this year. Feel the opening within you that will let you enjoy people that you don't know. Forgive looking for everyone to agree with you and begin to hear what they are saying. Just because someone uses new or unfamiliar words does not mean that they are suspect. Look to belong rather than being rejected. Feel the peace, power and positive expansion of integration. Reach in every situation for the higher frequencies of the dimensions of ascension and transcendency.

We hold you in love. We hold the intension that you find the way within that leads to the light. Until we meet again, in what ever manner that may be, in the greatest of love I bid you Adieu! I remain your humble servant, the Lord St. Germain.

ADS

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Annalaiya is an iridologist, flower essence practitioner and natural healer who has a back ground in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Her center, Wholistic Options, is located at 214 Main St., Lander. Call 307 332-7861 or 307 438-0927 (cell) for appointments and information.

Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

Dream Pillows by Linda Emter



intuitlinda@msn.com

Christmas is past, but there are birthdays and other occasions to give someone special sweet dreams. Microwave for 35 seconds and place on sore neck, shoulders, knee, head. Also, place under bed pillow for Dream Recall.

Aromatherapy Dream Pillows

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