



January Newsletter



HAPPY NEW YEAR!! The CD's of St. Germain's 2012 message are ready. The set includes what's coming in 2012, what it is about from the Masters perspective and the New Year's meditation from St. Germain with Jesus and Lord Michael's words for the New Year. The set is \$25.

You may also get the Winter Solstice Meditation free. Send me your email address with request and I will send you the link. If you would like a hard copy give me your address and I will send you a CD.

Our pictures this month are of our New Year's Eve group. The first one is of Jesus giving a benediction. The second one is a crystal setting for the evening with our Merlin amethyst and Grandfather crystal ball. The third picture is of St. Germain.

We have stepped into the magik year of 2012. St. Germain says we have stepped into the unknown because nothing that we have known before is working and things will continue to change until we understand within ourselves that we are creating everything that happens in our lives by our very thoughts.

2011 was quite a year for all of us. I look at it and I am amazed at how well everything worked out. The things that could have been difficult were much less dramatic that they could have been. Both the surgery for cancer and the radiation treatments that I had were a challenge to anticipate but when it came to living the experience it all went well. I was concerned about the financial outlay that was unexpected, but in the midst of all of that I bought a (new to me) Cadillac because my old one was not running right and driving 6 hours one way in summer heat I did not want to sit by the side of the road in a broken down car. I laughed at how ludicrous it was to be buying a car when I didn't know where the money would come from to pay my expenses in Billings. Yet everything just came together when it was time. When I required money to cover bills it showed up. I do not have a "fixed" income, except for a small social security check, so I live by faith month to month. I live well and I have a comfortable life, but I really never know exactly where the currency will come from. It just always seems to be there. I can say that there was a time when I worried about where the money would come from for everything, but St. Germain is so clear that if we are willing to allow our good, everything will take care of itself. The "trick" if there, is one is to let go of how we have always planned, calculated and expected certain outcomes and learn to be amazed at how things come about. I occasionally feel the old fears arising from the depths of habit. My "part" is to get clear with myself that everything happens in the divinely appropriate timing and not in my timing, therefore worry, doubt and being scared all of the time is not going to hasten the outcome. In fact, these emotions just seem slow things down. I have learned to pay attention to what is going on in my solar plexus—am I tense, resistant or edgy? It is up to me to allow myself to let go of the old ways and let go and let go. A sense of humor over how hard we have made things helps because the EGO is always on the job to make us believe that the old lies are still true. The Secret is not what we do or how slick we are at business deals. I would be the first to say that I have wondered if I am a business person or just a very lucky Soul who has a lot of help from my

Spiritual guidance. I am also very clear, after years of working with the Masters, that they are not going to *do* my life for me, so holding my breath waiting for them to “take care of me” is an exercise in futility. St. Germain has been making it very clear that we have lived our lives on tip-toe reaching into an unknown future and wanting what we want to happen exactly as we planned it. I can assure you from years of experience that it is actually much more fun to see where the good will come from provided you trust that the good WILL come. You cannot fool the Universe or yourself by attempting to convince yourself that good things will happen while you focus on the negative aspects of life. If you adamantly believe that your life is limited and other people just get a better deal than you, you will get exactly what you believe, especially in the shifts that are going on the Earth at this time. I feel deep within myself that when St. Germain says we are divine creative Masters He means it. We are being given the opportunity to find out for ourselves just how powerful we are. We create our lives by where we invest our vision, thoughts and emotions. Fighting to get a good life still puts us in a war zone. The good is always just beyond our reach, because being at war keeps the good out there in the “peaceful places where others live the way we think they should and we can have the life we deserve”.

Trust me! I have lived in those places. I would not appreciate just how wonderfully easy life can be when we stop fighting, if I had not fought to get the good until it dawned on me that what I wanted was never with me or if it was, briefly, it didn't last because I was always looking for “the other shoe to drop”. It takes courage and determination to change the direction of your creations. It does not happen over night, but the good news is that I lived a lot of my learning in slow time and those who are waking up now are getting the understanding much, much quicker. I am here as a trail blazer to assure you that life works if you will get out of the way and stop attempting to control the outcomes. **NEVER BELIEVE THAT THE FIRST THING THAT HAPPENS OR THE FIRST THING THAT YOU SEE IS ALL THERE IS!**

Many times we have to take out the trash before we can see what we have. Often the first thing that happens is that everything that is not about the good outcome of your desire must be removed before you can have the dream. Forgive being invested in how things have to look or work and just be amazed at how well things go when you are open to “the highest good of all concerned”.--turning your thoughts to best possible outcomes (not what that might be) no matter what they may look like in the moment.

Example: I did not think that I wanted to have cancer nor did I want to have surgery. However, when it came to the point where surgery was the most positive decision I turned the surgery over to God and did it. My part was and is that the most important thing in all of this is my finest and best health. Keeping my focus on being shown the way moment by moment, day by day to a greater and stronger body, mind, emotional foundation and spiritual connection is what I can do. Trusting that what ever *I* think is the best, God has a bigger, clearer picture and is willing to give that good to me if I do not diminish myself with old ideas of lack.

I do not know what tomorrow will bring. The only place that I can live is in this moment. I can trust that the future NOWS will not only be as sweet as this one, but sweeter. I AM willing. I cannot control others, I can only keep myself aligned with the best possible outcomes.

The world is changing so dramatically and much of what is occurring is about letting go of everything that no longer serves us. We can let go gently with grace or we can fight the enviable, slow down the process and blame the world for making our lives difficult. Our good does not exist “out there”. It starts within us first.

My highest desire is that each and every person on this planet will begin to feel the wonder of the unconditional love that created all of us and trust that that love holds us in the most delightful and expansive potential. 2012, the Year of Readiness, is for putting into effect in our lives what we have been shown and letting everything demonstrate positive outcomes.

My experiences will not be yours. My desire is simply that by sharing my experiences someone may discover that life is poised and waiting to serve us loyally in the love that created us. HAPPY 2012!

Rainbow Center News

Our January group will be “Living Inside of Yourself”. It will be at 2 p.m. January 22 at the Rainbow Center for the Humanities, 177 N. 4th in Lander. CD's can be purchased on the website at www.voiceofthegatekeepers.com/2012groups.html The first of our 2012 evenings “Chats with the Inner Merlin” will be “Trees”. This series is a continuation of the “Personal Magik” Series. To order CD's or DVD's www.voiceofthegatekeepers.com/evenings.html



ASTROLOGY

FULL MOON

The Full Moon falls on January 8-9 in the sign of Cancer. The emphasis is on the changes that are occurring with the roles of Father/Mother and influences all relationships because we all learn about how to relate from Mom and Dad.

Over the past few months we have been involved in the process of major changes. In the physical world these changes have brought about moving from one house or town to another, changing jobs or even having to reinvent ourselves to fit in a transitory job market or ending old relationships that no longer fit into our lives. This Full Moon highlights our inner and outer realities—what we keep and what we release as we get in touch with deep internal changes that are happening. St. Germain says it isn't about "if we will change or when we will change or even how we will change", but *that* we are changing because it is time.

Cancer represents the divine feminine and the nurturance that is required to protect our new dreams, as we remember that our dreams are how we bring "the new" into affect in our world. Cancer, the Moonchild, is the first water sign and has a strong influence on our emotional nature and how we deal with those emotions. The ebb and flow of the Moon has a dynamic effect on our responses to life. The body is about 75% water and, just as the tides of the oceans, our emotions move to the rhythms of the Moon's nature.

Water has three stages: gas, solid and liquid. It is called the Universal solvent because it dissolves more substances than anything else. It is the source of the FiFa fog of the mysteries. It floods and freezes and is a major component of life on Earth.

Dr. Masaru Emoto's research with water proves that the nature of water is totally changed by the emotions that are expressed into it. By putting words or symbols for emotions on the container that the water was stored in, Dr. Emoto showed that whether the emotion was hate or love the water responded dramatically. The ice crystals form by water imbued with love took the shape of beauty, while anger or negative emotions created highly mis-shapen crystals.

Capricorn, the third earth sign, represents maturity and mastery over the emotional nature through love. By the time we reach the tenth sign we have developed a healthy conscience and a desire to give back to the earth and others by sharing the gifts that we have received along the way. As we share our skills and wisdom we increase what we have. We magnify our good and goods in the process of giving. The grand desire has been that we would garner the understanding of physical limitation without being limited by the knowledge, that we would design a life that would be guided by spirit and that we would share in the recognition that in sharing we magnify and in hoarding we diminish our selves. The planet Pluto transiting Capricorn is now shining a spotlight on the places where we have strayed from these principles and misplace our trust—trusting more in the material than in the spirit that created the physical world. Saturn, the ruler of Capricorn, is about integrity and personal responsibility in the physical world. This Full Moon calls us to focus on the feeling nature and allow the divine feminine to guide the masculine oriented world to a point of greater balance through love—of family, children, friends and ourselves.

Because 99% of each atom is space, 96% of the universe is invisible to senses and current scientific instruments. The illusion of continuity in movies is created because the speed of the images (24 frames per second) is greater than our brain can process individually.

(We are now receiving information from the Galactic Center at about 100mgs per second when the mind can only grasp information at 24 kb per second or less. In other words most of the information that we are receiving is bypassing the brains and being processed by the Soul.)

Mercury the planet most linked with cognition and preception, has just entered Capricorn and forms aspects to all of the outer planets: Mercury trines, Jupiter, sextiles Saturn and Neptune, squares Uranus and conjoins Pluto, stretching us to reformulate our ideas and concepts of reality. Saturn continues in opposition to Jupiter, directing us to keep an open mind and to balance optimism with pragmatism. The requirement to be conscious of the consequences of our actions is strongly echoed by dwarf planet Eris's station direct only minutes after the Full Moon forms. We are required to act with courage and compassion, with cooperation rather than competition.

This Full Moon shows us where our next step lies and what we need to release to move forward. Look into the mirror of the world and make the changes in yourself that you feel require to be made there.

NEW MOON

The New Moon falls in Aquarius on January 22-23. Saturn at 29 degrees Libra and Jupiter at 2 degrees Taurus form a T-square with the New Moon calling us to look at where we are going in an objective way. Aquarius takes the overview that allows us to spot obstacles that we would not see in the middle of a situation. We are a diverse people living on a small planet. We have created separation in order to control our small segment of life. We are now being shown how to celebrate our diversity and enjoy unity with everyone else that is here. Aquarius invites us to find unity in the diversity.

Truly these times fulfill the image of the Water Bearer pouring out universal ideas and bringing mankind into the awareness of the pool of collective consciousness. Both Aquarius and its modern ruling planet Uranus represent the requirement for freedom and progress. Uranus was discovered in 1781, a period of time that was full of social, political and technological revolutions. Orbiting beyond Saturn the traditional ruler, Uranus was named for one of the principal Greek gods conceived from Chaos, who shatters old forms to make way for new ones. Chaos is not chaotic; it is the Great Void, the unbounded space from which creation emerges. It is the unpredictability inherent in all systems, where small shifts bring dramatic changes. We will see that this New Moon sets off another wave of breakdowns and breakthroughs.

A new cycle is triggered by conjunctions. Uranus, also called the Liberator, joins Ceres on January 24 at 1 degree 30 minutes Aries. Ceres is named for the

Greek Goddess of Grain and was discovered 20 years after Uranus. The association with a feminine archetype coincided with an emerging women's rights movement. Though Uranus and Ceres come together every five years, the last time that they met in Aries was in 1929 and 1934, years of great social and economic upheaval. The sextile of Uranus and Ceres to this New Moon along with the Saturn/Jupiter squares amplify the cosmic call for equality on social and economic levels as well as between humanity and Nature. We see obvious places where we must let go of how things have been and allow a new vision to guide the planet. The Parental Order is passing and each and everyone must find within themselves the unique individuality that will bring them into the higher essence of these times.

Mars makes its once every two year retrograde beginning on January 23 at 23 degrees Virgo; it stations to go direct on April 13 at 4 degrees Virgo and returns to the degree of it retrograde on June 19 . Mars will remain in Virgo for almost four times its normal two month stay. This provides us extra time to decide what is or is not working in our lives. The retrograde Mars in Virgo directs us to resolve self-esteem issues and forgive aspects of martyrdom and passive/aggressive behaviors. War has never healed anything. Virgo is a sign that is associated with healing so as Mars moves in Virgo we are brought access our challenges with anger vs. assertion and conflict vs. courage. This is an excellent time to delve into our fears and underlying motivations that drive us constantly to fight or flight. It is time to learn non-aggressive and non-violent responses to our lives.

This New Moon draws our attention to necessary changes in all aspects of our lives. It is time for something different even if you do not know exactly what that might be. Allow yourself to dream the impossible and the essence of these times will lift you high so that you may see into the future NOWS. Magik is done by hurling yourself into the abyss and discovering that it is a feather bed. Remember courage is not the absence of fear, but the Mastery of fear.

CRYSTAL CORNER

Look what happened when we weren't paying attention! 2012 sneaked up on us. I have a feeling of great anticipation in living through such an amazing shift in energy. It seems everything we have experienced so far in our existence has led us to this time and place. I, for one, am going to enjoy it as much as I'm able!



On December 22nd, we moved into the sign of Capricorn. Those in this sign are rather serious but do have an amazing sense of humor. This is sometimes a very dry wit in some people! Several stones are associated with this sign. The Ruby is a primary one as is the Garnet.



Onyx is also listed as a major stone for you. All Onyx grounds to some degree but provides the structure and authority you crave. It provides support in difficult times and centers your energy in periods of mental and physical distress. Onyx may make your energy a little heavy and controlling but the Garnet or Ruby will lift your energy and infuse you with the lightness you require. The Garnet will empower with creativity. The Ruby is a higher vibration of the Garnet and aids in raising the kundalini energy. It is definitely a heart stone and makes this a marvelous access stone to the royalty of self. These red stones inspire love and devotion and would make great engagement rings!

Capricorn thinking really tends to be somewhat rigid. Galena, a stone that resonates with the ruling planet Saturn, opens your mind and encourages investigation and experimentation while Onyx gives you the gift of wise decisions. You tend to sabotage yourself subconsciously but the Garnet may prove helpful in letting go of obsolete ideas and ingrained behavior patterns that no longer serve you.



Your soul is on a journey of inner authority and power, desiring to live from your inner self. Black Obsidian will take you into the mystery of yourself, removing the illusions that prevent you from experiencing your true self. Capricorns are one of the strongest signs and can work easily with the Obsidian but for those who desire a more gentle way of moving through the illusions, try Snowflake Obsidian, Mahogany Obsidian or even Apache Tears. Apache Tears carry a much weaker energy but sometimes that's a good place to start!



Some information in this column has been taken from the book "The Crystal Zodiac" by Judy Hall. This book contains lots of interesting material about the birthstones and even rituals for your birthday. Check it out!

And so, another year comes to an end. I wish all of you a wonder-full New Year, filled with prosperity, love, light and laughter.

Contact me for further information or just to visit.
Eternal Ice Enterprises
Linda Thomas
www.eternal-ice.com
(800) 757-8478 or (307) 754-4396

TAROT TALK



I find that blending other modalities with the Tarot makes for a broader vision of the question. The perspective opens up and you also have check points to look at. When numerology or the Kabbalah are used along with the cards you get depth that you might not find with the cards alone. Sometimes other decks such as the Cartouche or animal cards can add to the reading. I find the Runes can be especially helpful in showing another point of view. There are many different tools that can be helpful. The consideration is to keep things clear and not to use so many different devices that you get confused. I have studied many different metaphysical throughout the years and I understand their use. However, primarily I use astrology, Tarot and my channeling. The other tools are support methods. To baffle people with overwhelm will not replace a good solid awareness of knowing what you know well. Using twenty decks of cards and fifty other tools and then leaving the choices to the uneducated is a recipe for dissatisfaction. The client may be temporarily impressed with the knowledge, but did they really get a clear answer?

Another important point for a reader is objectivity and for the client discernment. For the reader to understand that after you have given the client all the information that you can, it is, in the final end their choice about what to do and how to use the information. I have seen many readers over the years who get very upset if their clients do not do what they are told. This leaves no room for free will and can cause the reader to be responsible for a whole lot of lives that they never intended to have to carry. The burden can get heavy and then cause resentment. Start

out practicing objectivity and everyone will be much happier in the long run. The client, on the other hand is required to accept that their choices are what shapes their lives and not the directive of anyone else. A reading is a tool of assistance and would best be used by all with great respect.

I have a lot of people talk to me about how they are “blown away” by what the cards tell you. People that have always doubted that there is anything to metaphysics are beginning to “put a toe in the water” and they are discovering that these tools can be a priceless assistance when used wisely. I suggest that if you are attempting to get an answer on an important subject, that you do not lay the cards out more than twice and then wait a week before consulting on that particular issue again. This does not mean that you could not pull a daily card or ask about something else. When the cards are laid out too much on a specific question confusion can develop because the energy becomes distorted by too much EGOIC focus.

The card that I chose for 2012 is the Priestess. She is the guardian of the Unknown. She is the keeper of the TRUTH that comes from the Universal consciousness. She symbolizes the law of inherent wisdom. The Priestess calls us to probe beneath the surface reality, to “be still and know the God within” and to develop trust in what cannot be seen but awaits the divinely appropriate moment to manifest.

We are stepping into the Unknown as we enter 2012. We can feel the changes everywhere—many things are evidencing the changes. We must let go of the control that is connected to a past that is passing away. St. Germain says, “There is no past to go back to”. We must move into the unknown. The fears that have been created by the mind would best be set aside. Take up a perspective that all is well and the best is yet to come. The mind always says, “Then tell me what is going to happen”. We are stepping into new energy and we truly are receiving our power daily. “What would you like to have in your life?” The Priestess holds the wisdom behind the veil that can not be removed until you stop trying to create the future as you have before. What lies beyond the veil is your potential—you shape it with your thoughts, emotions and fears. You can change it with your FAITH.

The Kabbalists relate the Hebrew letter *Gimel*, meaning “camel”, to the Priestess. The camel contains its own waters, symbolizes the material and emotional self-sufficiency of the Priestess. Like the Priestess, find the solid foundation of Spirit (blending emotions and

material affairs with spiritual strength) within that helps you to change the world without.

The Rune *Hagalaz* is honesty. The Priestess is clear of vision because of her honesty. She holds a purity of purpose that adds to the clarity. Be true to yourself and you will be in harmony with the cosmos.

The *I Ching* Hexagram ascribed to the Priestess is #2 *K'un*/The Receptive. She is the epitome of the yin—a perfect receiver. The Priestess receptivity is the result of a balance of receptivity and independence. This allows her to know the pure truth, unadulterated by illusions. The Priestess is free of emotional and worldly entanglements that could cloud or prejudice her vision. The Priestess conserves her wisdom, as a camel conserves water. She has no need to prove her vision. You will know the truth when it is time for you to recognize it.

The Priestess symbolizes that aspect of yourself that intuitively knows the truth. You are a repository of knowledge accumulated over eons of time and experience. This knowledge is based on the wisdom of the ages—it is enduring. It is time to remember that truth is not based on some opinion outside of yourself, but this everlasting wisdom that is yours forever.

When the Priestess turns up in your reading it is time to go inside and feel the truth of the situation. It is not to look outside for clues as the Priestess works with that which has not yet manifested. Be aware of what is going on in the energy. Notice small things and do not over look the impossible.

If you have questions you can email me and I may answer them in the newsletter. vog@wbaccess.net



ST. GERMAIN'S MESSAGE

Beloved Masters, you have stepped through the gateway into another year. This year is very different from others in that you have stepped into the UNKNOWN.

You are accustomed to being in control by knowing, as best you can, what is going to happen next. You have been experiencing more and more of the movement toward living in the unknown in 2011. Now you will find that planning becomes more and more difficult and the effort of being in control takes greater energy. This is to bring you to a

point of surrender where you will simply forgive how you have done things in the illusion. “If we can not function the way that we have then how do we go about our daily affairs?” The changes that are occurring take a fine tuning of your life. You are required to be more present than you have been in so long that you do not remember that much clarity. Not only is there the necessity to recognize what others are doing, but to own what you are bringing to every aspect of your life. The discovery will be, “**So that is how I create my life?**” It really is not about what others are doing. It has always been about my perspective.

The changes that you are experiencing can not be dealt with in a purely intellectual way. In fact, these changes are occurring outside of the realm of intellectual decision because you already made the choice to be here on Earth now and to take part in the shifts. It is not if you will change or when you will change, but how you will greet the changes. War has been a constant on the planet for as long as anyone can remember. You may continue to fight the changes, but this time you will feel the effort involved in clinging to the past. You may surrender your judgments, fears, angers and doubts—turning them over to God. Either way, it is to know that your Soul chose to be here even if your EGO panicks.

It is time for each one to recognize that “You are a **CREATIVE MASTER! YOU ARE A DIVINE CREATIVE MASTER!!** You are designing your life with every thought, word and emotion. Anger, fear and resentment bring about a certain kind of life and more often than not keep bringing about the same outcomes over and over. The willingness to change how you look at life, but even more important, how you feel about your life can transform everything that happens to you. How do you do that?—**ONE EXPERIENCE AT A TIME.** There are no magik pills that will immediately stop what you have been creating for lifetimes. However, if you are committed to changing the way that your life is going it doesn't take long to see results.

First, you are required to understand that your EGO plays both sides against the middle so counseling with the EGO will just take you back into the same loop that has made life difficult. For example: “I must figure out how I am going to pay my bills. I am responsible for these obligations and I do not know where the money is going to come from. I am afraid of my creditors. I am angry that I am in this place. I don't want to be here. There is no way out.” And then the thoughts loop back and you go through the same patterns again. Each time you think through the loop

you become more frightened, angrier and more confused. There is no ease, no clarity and it would seem no answers. This is how the EGO takes over. You are responsible and you don't know what to do—around and around and around.

Now—**TAKE A DEEP BREATH!!** I say this often because when the EGO is driving you, you forget to breathe and when there is a lack of oxygen you get foggy. The more you lose focus the easier it is for the EGO to scare you by putting on the face of “the enemy” and confronting you with all of the parental judgments that bring up shame and guilt. You feel smaller and smaller, until instead of a wonderful, responsible adult there is a little child standing there faced with all of the “big people's” problems.

You have heard the word *surrender* all of your life, but the idea brings to mind giving up and admitting that you have failed or done something wrong. In Spirit surrender is giving your life over to God/good. Surrender your resistance, your wrongness, your fear of failure and your doubts. Give them over, let them go. Feel an expanded sense of peace and freedom in the center of your physical body. Now in the space that you have made, begin to allow an ease of mind that assists you to change your perspective about outcomes in your life. **YOU DON'T KNOW HOW THINGS ARE GOING TO WORK OUT, SO FORGIVE CREATING SENERIOS OF TERRIBLE OUTCOMES. MORE OFTEN THAN NOT LIFE WILL WORK IN YOUR FAVOR IF YOU GIVE IT TIME AND ANTISCIPATE GOOD.** You create the outcome by where you invest you energy mentally and emotionally. “Fight or Flight” makes you so out of breath (life force) that you cannot run another step and yet the EGO tells you that if you stop **IT** (what ever you fear) will all catch up with you. The formula for success is———**LET IT CATCH UP WITH YOU.** Then you can take each aspect and change how it has been working. Running only let's everything get bigger and bigger in your mind. The EGO is a four year old child. When a child does something wrong he/she runs away. A Master stands his or her ground and meets the situation, so that there is clarity about what is really going on. Many times fear will cloud the mind and cause a belief that there will be a terrible outcome, when meeting the situation in the present can clear things up immediately.

COURAGE IS NOT THE ABSENCE OF FEAR, BUT THE MASTERY OF FEAR. You are so practiced at leaving yourself alone when things get difficult that it takes “Mastery of fear” to change the

direction of your life. It is time to be compassionate with your self. Compassion is not an excuse. Masters do not make excuses. Compassion is being there with you to say to yourself, “Even though you have made unwise choices things will get better.” “Even if you do not know how things can ever work out they can and will”. Listen to the loving voice of reason. Spirit doesn't make promises it cannot keep. It tells the truth. Truth is greater than the lies of the illusion and all of you are moving out of the throws of the illusion. Everything is changing right now. No matter what you see “out there”, nothing is as it appears. Sweeping changes are occurring on the deepest, most intrinsic levels of your being. None of these changes are under the sway of the EGO. These changes are actually occurring beyond the realms of the EGO. EGO cannot get to the depths where these changes are happening, because these changes are happening inside of you in love. Come home to yourself. Love is waiting inside of you to give you strength. Your goodness and power are waiting inside of you for you to claim them—**INSIDE OF YOU**, not “out there somewhere”.

The healing is to live **inside** of yourself. Bring your essence home to the center of your being and, for the first time in life times, live **You**. You have looked and listened to what is going on “out there”. You have stretched to reach your good “out there”. “Some day, some where “out there” my good is waiting.” No, it is not. Your good is sitting securely inside of you waiting for you to explore where you have not been before. Your good is today, now, “not one of these days”. You can never live “one of these days” because it will never be with you. You can live **You** right now in this moment and be amazed at just how good life can be when you are present in the Present. You cringe at the thought of what could happen if you “take a stand” and embrace all that you have feared. When you meet fear it falls apart.

TRULY MASTERS, IT IS NOT THAT LIFE AS YOU HAVE KNOWN IT IS CHANGING FOR THE WORST. Life as you have known it simply cannot be lived in that way any longer. The improvements are dramatic as you allow them to present themselves. The issue is that so many people are struggling to keep life the way it was. The question would be: “**WHY?** When it could be so much better?”

Forgive focusing on what you will lose and begin to focus on all that you have and can have. This small change can turn your life around. It is simple and requires only the effort to see the good in every aspect

of your life. **ALWAYS LOOK FOR THE GIFT IN EVERY SITUATION, NO MATTER HOW IT MAY LOOK IN THE MOMENT!**

Forgive looking for someone outside of you to change your life for the better. If you doubt your good no one else can give it to you because you will find a way to deny that this is what you were looking for. Looking outside of yourself lets you miss the possibility of wonderful things happening right where you are. Looking out there lets you see what others are receiving, but often you over look your own good in the process. All creation begins inside—good or bad, positive or negative—all outcomes are designed within self.

Self help books always seem to stop just when you feel you are about to get the answer. Where ever the book stops the next step, the real answer is in you. You are the answer to “How can I obtain that?”

Be clear about what you desire. “I want a job” does not describe the position that you are looking for nor does it define your particular talents and advantages. It also does not include being compensated adequately for your labor. Take a piece of paper and at the top write “My Divinely Appropriate Occupation”. Then get very clear exactly what you are looking for. Be open to more than you are looking for. **ALWAYS SETTLE FOR MORE!!** If you will not support your dreams no one else can.

“I want lots of money”. For what? Amassing money is extremely fear-based and can lead to misplaced priorities. What you truly desire is to feel safe and be well provided for in all areas of your life. Again, get clear. Make a list of what you really require and also what would be fun. Feel into yourself and make sure that you are willing to allow a life that has joy, amusement and delight in it, as well as meeting responsibilities. Are you laboring under the unspoken law, “I can have time or I can have money, but I cannot have both at the same time.” This law is insidious and because it is so ingrained in the psyche most people would not notice how it upends a good life. It isn’t hard times or the money or the job or lack of it that are really creating difficulties. It is the fact that it is time for everyone, no matter what their station in life, to begin to recognize that the life you live is the life you focus on. Things must keep being revealed and then at a deeper level and then again at a deeper level until there is no way that anyone can deny, “I am the captain of my ship. I am the Master of my fate.” “I really do create my life”. This is so powerful that the EGO is terrified that you will discover its truth. **IF you**

create your life then you can change it by being faithful and loving to yourself. Beloved Masters, Divine Magicians you are capable of living miracles everyday, as you remember that you can. You do not have to be sick or poor or lonely. Forgive focusing on what you do not want. The EGO says, “Yes, But....” and one more time you reaffirm your limits. Each time you tell your “sad story” it gets a stronger hold on you. Every one that you tell can say, “Oh, you poor thing” and add their pity, worry and limit to yours. They may be like-minded people, but is that really how you want your life to be. Fortunately, there are more and more people who are discovering the “good life” that they have always had and living it much more fully.

In a time when so many are having difficulties there are an equal number or greater that are waking up to the fact that life is treating them better than it ever has. Often the “better” doesn’t come just from money, but from an improved attitude. A positive attitude is a life changing essence. The EGO says, “Give me a life that I can be happy with and I will be happy.” If you are waiting for happiness to live a happy life there is a good possibility that you will continue to be unhappy and doubtful that your good will come, which insures that you are right. Happiness, wealth and wellness are an inside job. They begin within and attract the creation that is focused upon. You are calling into your life, with each thought, emotion or passion, what ever you are thinking about.

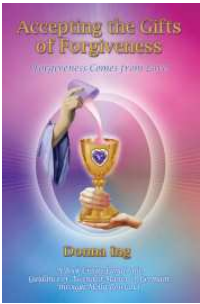
Many of the jobless are simply going over and over how terrible it is to be without a job, without money and all of the frightening agendas that can accompany the end of a job or being without one. Many beings are experiencing this in their lives and each one comes to it differently. Those who allow themselves to envision a pleasant future without even knowing how it could be or what it would look like tend to bring about changes that appear to be pleasant surprises. Those who worry may accidentally get a good outcome, but continue to worry and find that the good disappears. The gentle energy of allowing ends the inner war.

So Beloved Masters, as you step into the unknown that the mind cannot fathom or control it is to allow your thoughts and emotions to be directed by **YOUR SOUL**. This is not some outside force taking over your life, but the sweet Spirit of Love that abides within you making itself known. So Masters we meet you in the wonder of the becoming. In Love, I remain your most humble servant. **I AM the Lord St. Germain**

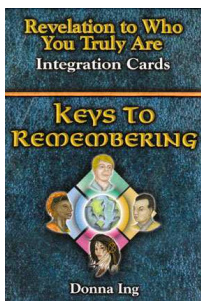


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DONNA ING PRESENTS



Donna's latest book **Accepting the Gifts of Forgiveness** is now available through Amazon.com and Donna's website. Donna Ing along with the Master St. Germain have brought you another winner. This book so very simply and clearly shows ways to heal through forgiveness.



Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com>

Nancy Schnert is a Healing Touch Certified Practitioner offering sessions in Riverton and Lander. Healing Touch is a light touch or near body energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way. Nancy has learned to gently manipulate the naturally occurring human energy field to enhance wellness through body/mind/ spirit connections. Call her with questions or to schedule a session 307-850-6208 or visit her web site www.energyflowtherapies@wyoming.com

Kathleen Edwards is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 205 566-1424

Shaylenn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

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She also offers personal readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD. For directions and appointments call 605-673-3012 Love to connect with your on facebook Plenty Star Ranch - Horse Boarding in the Black Hills www.plentystarranch.com "Painted Portraits & Visions" www.paintingsbyisa.com Ranch Blog: www.plentystarranch.com/wordpress

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a back ground in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 or 307 438-0927 for appointments and information.

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz
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678 634-1249

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