



July Newsletter



The pictures this month are: The Shell Falls picture is from our recent trip to Sheridan. High water is from Sinks Canyon after recent floods.

The water that was in the first picture of last months newsletter became a roaring flood shortly after the newsletter went out. The worst flooding has been in Hudson, WY, a small town of about 400 people between Lander and Riverton. The Popo Agie River, Little Wind River and the North Fork River have all gone over their banks and many homes are sandbagged in the hope of preventing the water from coming into the house. So far there have been only minor casualties, no deaths reported. Twelve bridges have been washed away as I begin to write the July newsletter. We are very thankful that we live in a high place as both Baldwin Creek (we live on Baldwin Creek Rd.) and Squaw Creek are up over their banks and flooding in many places. We can hear the creek rushing past down below our property. This is almost the middle of June and much of the land between Lander and Riverton is flooded. It is very strange to see lakes where there was farm land before. There was about eight feet of snow still on the ground up on the

Loop Rd west of Lander. Frye reservoir up there was still frozen a week ago, but with warm weather all of that snow is beginning to melt and contribute to the already amazing flooding.

The city park has been totally washed out in places so many summer activities will have to be moved or delayed until there can be a clean up done.

On the 23rd of June we got to go back into the city park. A large portion of the walking path sidewalk and a lot of the bank of the river is gone. The river has made a totally new bed and is still running high because of snow melt in the mountains.

We went to Sheridan, WY on June 18-21 and the rivers all along the way are above normal. Many are still almost out of their banks. We were in Sheridan when the tornados hit Billings, MT. A little town called Chugwater, just north of Sheridan got baseball sized hail. They showed some of the hail on TV next to a soft ball and it was the same size. Sheridan got pea sized hail and a lot of wind, but very little rain and no damage. Billings, on the other hand, lost their civic center, the Metra, and there was major damage in the Billings Heights. The governor declared Billings a disaster area.

It seems that there is no where on the planet that is not being affected by all of the earth changes. With so much oil being drained out of the earth into the Gulf it is setting off seismic activity everywhere. Nature is simply adjusting as quickly as possible to everything new and different that is occurring. When people did not know why things happened they developed the idea that the Gods were angry when strange things happened. We must now recognize that God isn't punishing anyone of their crimes. We are creating our own retribution by our actions and emotional reactions. It is our own anger and fear that we are experiencing. As St. Germain says, "It isn't about THEM, but about ourselves and how we deal with what is happening." Making someone else at fault is an

old pattern. Yes, I agree that everyone should be responsible for what they create and these are the times when we all get to meet what we have avoided looking into.

BP is an excellent representative of all of the big corporations, who have looked the other way in order to make money, but whether it is a corporation or an individual who just doesn't care what happens to others the future outcome is still the same. We must begin to accept that if something happens to anyone it happens to everyone. We really are not separate and we can no longer pretend that if it isn't in our life, our home or our backyard it doesn't concern us. It isn't about fighting, which has never healed anything, but getting clear about what choices we will make for ourselves. The truth is no one knows what to do about the oil spill, even the experts don't have a clue. I heard on the news yesterday that five oil companies were investigated by congress and none of them had an idea of what to do about the oil spill. The emergency number that people are supposed to call if there is a problem is for a man that has been dead five years.

Each person must decide what their own next step will be with their life. Will they sit and blame others until they die or will they make choices for change that can be tough, but liberating? The old ways are dying. Even to continue to use fossil fuel is as antiquated as the fossils. Making money is not the key to a good life by itself. Money is important. It can bring fun things into the life, but by itself money can be hollow and unfulfilling. Surveys around the world have show that the average rich person in America is no happier than the average beggar on the streets of Calcutta. It isn't the money that brings happiness but the willingness to be happy. Buying stuff is a national epidemic in the United States and is a growing disease in other countries. People go bankrupt buying things they cannot use, to impress people that they do not know or like and then they feel empty inside after the initial rush is over. They are left with incredible debts and an unfulfilled lust for more. Often these people have children that expect to be maintained in the manner to which they have become accustomed and when they are not these children may turn to drugs or crime because they do not know how to have a life based on their own special personhood. Children require to be taught that they are special, but that their own special talents can enable them to be and do more for themselves as well as others. Just possessing things is a dead end road and too many have come to the end of that road in the last couple of years. There are many who are striving to get their debts paid and sometimes the best way to accomplish that is letting go. That does

not mean, don't pay the bills, it means allow the energy of *fighting* and *trying* to be turned into the essence of willingness to be shown a different way. It is amazing how Spirit works when we stop trying to control everything by the old ideas and standards. There really are peaceful ways to get above the limits. The threats of the old order seldom accomplish much of anything. The more someone is threatened the more frightened they become. The less clear they are and therefore the less capable of making good choices. It is like living life in a battle zone. When you are always under attack you tend to react rather than act clearly. Fight or flight, just burns out the adrenals and makes people sicker than ever. Are we going to keep following a path of destruction or are we going to rise above it. You don't pop to the surface when you are flailing about in an ocean of emotion.

My own intension for this wonderful country and planet is that more and more people stop fighting shadows and get still so that they may hear the sound of reason through the voice of Spirit.

The third week of June brought renewed flooding here in Lander and the surrounding area. We had a brief period of cold weather that froze the water, but dumped 5-7 ft of new snow in the Wind River's. That snow is now melting. The area around the park and along the river in Lander looks like a scene from a sci-fi movie.

We have actually been quite fortunate as our floods have brought inconvenience and a few flooded homes, but no lives have been lost.

Rainbow Center News

Our next group, "Unification" will be July 11 at the Rainbow Center, 4th & Lincoln in Lander.

CD's can be purchased on the website at www.voiceofthegatekeepers.com/2010groups.html

The first six of the "Know Thyself" series are now available. These are some of the most enlightening and uplifting CD's yet. If you purchase the set of six you get the sixth one free.

To order CD's or DVD's www.voiceofthegatekeepers.com/evenings.html

Our next intensive, "Integrating the Magik of Your Mastery" will be November 6-7 in Newborn, Ga at the Crystal Organic Farm. Molly will be available for

private readings from October 29-November 10. Call Helen Dumba, 770 784-1060 for registration and appointments.

ASTROLOGY

On June 26 we experienced one of the most powerful Lunar Eclipses that has occurred in millennia. Its impact will continue to affect us for a long time. The very bones of our existence have been shaken and cellular reconstruction that emerges from this dynamic energy shift absolutely means we can NEVER go back to what was. The question would be “Why on Earth would we wish to go back when we have come so far into new potentials for a grander future?” Look, listen and feel within yourselves. The answers are available to all. We are a new becoming in the making and it does not matter what your chronology. The healing comes in forward motion and above all not looking back. When you read about the next eclipse and all of the highly charged particles from the Sun remember that the Lunar Eclipse on June 26 opened energy channels for all manner of flow of essence from the center of our Galaxy.

NEW MOON

July 11 brings an extra powerful New Moon Eclipse in Cancer. Solar winds blow highly charged particles from the Sun toward the Earth at one million miles per hour, constantly. Every year, for a few minutes, that flow is blocked by a Moon that is 400 times smaller than the Sun but also 400 times closer. Solar eclipses are, therefore, very powerful New Moons. A total eclipse is even more powerful as the interruption of electromagnetic flow facilitates a great shift from one template to another. The better prepared we are for this super upgrade in our biochemical wiring the easier it is for us to up spiral to the next dimension of expansion of the collective, as well as personal consciousness.

Cancer is representative of the Divine Feminine—the yin or receptive principle—that supports and gives life. The Divine Mother protects her children. Gaia, Isis, Kali Ma, Yemaya, Spider Woman, Kuan Yin, Tara, the Virgin Mary, in fact all of the Goddesses represent the creation matrix, the cosmic womb from which all form and matter is born. The word “matter” comes from the Sanskrit root *mat* meaning “mother”. The denigration of the feminine is closely connected with the domination and exploitation of the Beloved Mother Earth. This has in turn led to greater disregard and abuse of our bodies. The eclipse reminds us of

how important it is that we honor the Earth, women and the requirement to hold all aspects of life as sacred.

Cancer, as the first water sign, reminds us of the importance of our feeling nature that gives us the ability to recognize whether what we are experiencing is healthy or harmful. We are being driven by the events on our planet and the affects of nature to become a more unified whole. Changes in the Earth and the Sun’s magnetic fields, along with cosmic impulses from our galactic core and beyond, make it more important than ever to recognize that we are feeling beings. We are required to learn to trust our intuition, find safe and peaceful releases for our emotions and begin to recognize that our bodies are holy temples, not garbage dumps.

The asteroid Juno, named for the Roman goddess of marriage, cojoins the Sun and Moon at this eclipse. In Roman times the word *juno* for women denoted the soul or animating spirit; the corresponding term for men was *genius*. As time passed the word *juno* fell out of use as the female was considered soulless. It is now to bring Juno and Jupiter into a balanced, harmonious relationship that can allow the masculine and feminine to come together in mutual respect and integration. As these conflicts—both internal and external—are resolved the Earth will begin to celebrate peace.

The Sabian symbol for this New Moon eclipse at 20 degrees Cancer calls us to learn to trust that the currents of life will support us. We will be upheld in our pursuit of joy. “Venetian gondoliers giving a serenade; happiness as an overtone of social integration.”

We are all being impressed to live our lives as though every moment matters. Live your life in such a way that the monument you create to share with the world is a temple to the living God/good.

FULL MOON

This Full Moon in Aquarius can bring you answers to the question “Why am I here? What did I come to accomplish? What is my purpose?”

The energy of this Full Moon on July 25-26 is prolonged by the total potential of the zodiacal map at the time that it occurs. The desires of our soul and the obstacles that we are encountering are highlighted. On July 21 Saturn enters Libra again to stay for the next

two years. This intensifies the ongoing T-square with Jupiter/Uranus in Aries and Pluto in Capricorn with Saturn returning to Libra. Saturn makes its fifth and final opposition to Uranus which brings a challenging face-off between the old order and the grass roots movements. The first four oppositions of these two dynamic planets were Virgo/Pisces; the fifth is Aries/Libra, suggesting that we are done with the razing and remodeling stages and it is time to bring about new policies and reforms. On July 29 Mars enters Libra and fueling the T-square as it opposes Uranus on July 30, co-joins Saturn on the 31 and squares Pluto on August 3. The mythic God of War brings out courage and intolerance, progressive urges and reactionary forces. Mercury's opposition to Neptune along with the Sun's trine to Uranus on July 23 and Jupiter on July 26, gives opportunities for wonderful inspirations that can reveal greater creative solutions. These new perspectives flow with ease if we will allow ourselves to think outside of the box and work together.

Jupiter stations retrograde on July 23 at 3 degrees Aries. This will magnify Jupiter's optimistic perspective and audacious energy. This retrograde also extends the second of three squares to Pluto. Jupiter remains in square from May 8, 2010 to April 11, 2011. On December 11, 2007 Jupiter and Pluto made an exact conjunction close to the Galactic Center. When Pluto and Jupiter get together, new frontiers open up and undiscovered resources are found. The buried Truths are revealed and outmoded belief systems can be transformed. Both mystics and physicists report that there is no separation between the observer and the observed. Horary astrology indicates that in the question can be found the answer. Every part of life, every cell contains the whole. Within you lies the sum total of the Universe.

The Sabian symbols for this full Moon reiterate the message of the Sun's quincunx to Pluto in Capricorn: It is time to live real rather than attempting to continue living the programming of the past. Live true, live in integrity, let your soul be your guide. For the Sun at 3 Leo: "A middle-aged woman, her hair just cut, looks into the mirror; a sense of freedom from age and realization of the value of youth. Finding self-creation and independence from fate. Will-power." For the Moon at 3 degrees Aquarius: "A deserter suddenly realizes the fallacy of his conduct. The ability to use past experiences to grasp the outcome of the present action. Clear self-examination which awakens new fearlessness. Decisive action."

From June 21 to August 3 the intensity of the planetary transformation is relentless. It is urgent that we stay as focused, grounded and centered as possible. Practice peace in the midst of conflict. The discovery is that a quiet, clear voice of reason can change the course of the world. Screaming, shouting rancor accomplishes nothing but louder screaming and greater frustration. Jack Kerouac said, "Here's to the crazy ones, the misfits, the rebels, the troublemakers, the round pegs in the square holes....the ones who see things differently...they push the human race forward....because the ones who are crazy enough to think that they can change the world, are the ones that do."

CRYSTAL CORNER

Wow! Summer arrived with a thirty degree jump in temperature which puts us in the nineties. If you don't like the weather around here, just wait and it will be completely different! We've had an abundance of rain and cool weather and are enjoying magnificent greenery and flowers. It almost matches the glory of the crystals!

For this column, I would like to talk about stones that would help our animals and pets. A lot more is being done with the crystals and other healing modalities to make life more enjoyable for them. Only the very basic stones are used for the animals because their nature is rather elemental. Their evolution is very basic at this point in time.



Amethyst, when placed in the animals' water, would protect them from fleas, ticks, flies, mosquitoes or any other bug that would disturb them. Hmmm, I wonder if this would work on me?



Calcite, in the colors of peach, blue and green, would work best with animals because of their soothing nature. You might place this stone in the general area where the animal sleeps. The yellow Calcite tends to deal more with an intellectual mind and the white works more like

Selenite which could be too much for animal nature emotions.



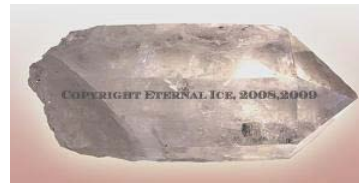
Fluorite would be most beneficial for cleansing the energy because animals tend to pick up the same negative energies in their auric fields that humans do. Use the blue and purple colors of this stone.



Malachite, when used in conjunction with Turquoise, will help to soothe the pain and injuries of an injured animal and would assist the animal to process and allow for the healing.



Hematite would be very grounding and settling for a hyper animal. I think we've all seen or dealt with a dog or other animal that jumps and runs and can't settle down!



Clear Quartz is very useful for amplifying any energy from any stone you work with.



Lepidolite is natural lithium and is another stone for those animals that are hyper by nature. When it is used



Rose Quartz is a heart stone, very loving and very gentle. Use to promote and open the animal to love.

with Obsidian and/or Hematite, it will help to ground them.

Have a wonderful July 4th and remember to protect your animals from the chaos and noise of the fireworks!



Obsidian, as stated above, would act as a grounding stone for the hyper animals. It would soothe the 'savage beast.' If you have an animal that is disturbed and you can get

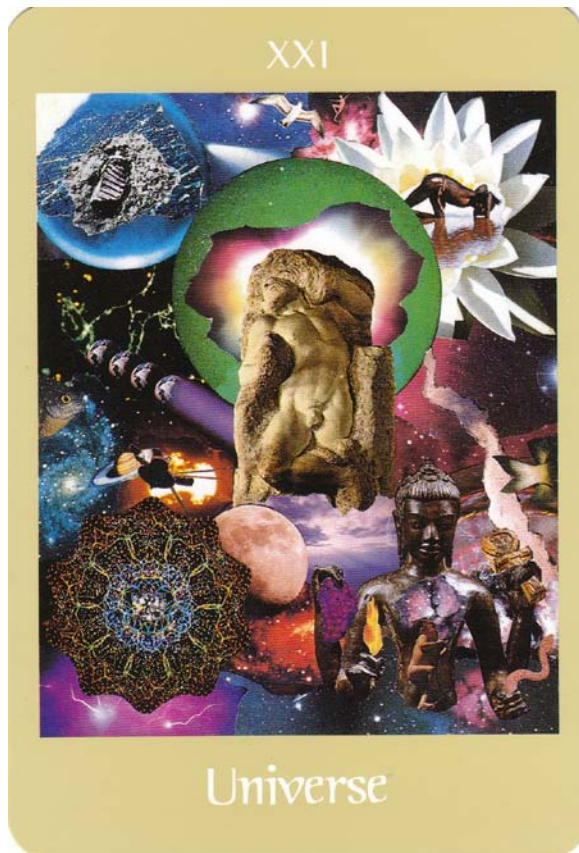
For more information, please contact me and check out the website. It's getting there!

Eternal Ice Enterprises
Linda Thomas
894 Ln. 11 1/2
Powell, WY 82435

(800) 757-8478 or (307) 754-4396
www.eternal-ice.com

close enough to them to get the Obsidian near them, then that will begin to bring them into a place where they become more approachable.

TAROT TALK



Our tarot card for July is the Universe. Each of us is a complete seed of the Universe—a microcosm of the macrocosm. We are at one in consciousness with all phenomena. You carry the Universe in your genes.

The runes for the Universe are *Mannaz* and *Othala*. *Mannaz* symbolizes our wholeness, the archetypal complete person. As the offspring of the goddesses and gods, we are symbolized by the rune *Othala*, which means that we have inherited the gifts and qualities of the universe.

Like a sculptor, you may carve out of yourself anything that your mind can conceive. Like a piece of stone you are divinely appropriate and like the unfinished sculpture by Michael Angelo you will never be finished. Life is never ending; a series of completions that always lead to the next step. You are a work of art that is always in progress. Your evolution is your mark of being. Enjoy the journey.

The word “universe”, is composed of two Latin words, *unus* meaning “all together one” and *verse* meaning “turning”. So the word universe means “revolving totality”. The Kabbalah word for the Universe card is *tav* meaning “cross”. *Tav* signifies four corners, or

totality, and everlasting life through death and rebirth. The Universe always suggests oneness and renewal through change, endings, rebirth and evolution.

The *I Ching* Hexagram for the Universe is #64, *Wei Chi*/ Completion: *....a transition from chaos to order. This hexagram comes at the end of the Book of Changes. It points to the fact that every end contains a new beginning. Thus it gives hope to all.* (I Ching, p. 252)

Twenty-one, the number of the Universe card, is the number of revolving totality, thus it supports the Universe card. Twenty-one is the beginning of the third cycle of tens and the third completed phase of Sevens, which is a number of attainment. Two and one equal three which is a number of synthesis. One (thesis) plus two (antithesis) creates Three (synthesis). In numerology the right hand number suggests the resolution of the situation implied by the left hand number. The duality and multiplicity of two resolves to the unity of one.

The archetypal concept of wholeness through diversity and change brings the astrological association of the Universe card with the planet Saturn—Cronus or father time. Cronus or Saturn brings order out of chaos, material form out of spiritual essence, finiteness out of the infinite.

When the Universe card turns up in your reading it is putting you on notice that it is time to stretch beyond the boundaries of your previous way of being. Anything that you can possibly imagine and even greater than that, is waiting for you to become open to its potential.

The planet Saturn is a wonderful teacher that will assist us to reach for the stars from a firm foundation that has been created within us. Saturn really does not restrict us unless that is where our focus lies. What are your limits? Where do you deny the unlimited potential of you ongoing? What old laws are you using against yourself to blind you to Universal assistance?

It is time to think/feel big, bigger, biggest yet. If this possibility is frightening, then feel into the fear and move forward. Fear is just the EGO’s way of keeping you under control. The Master’s are at your disposal. You can now reach those who will assist you to achieve what ever you have been contemplating. Synergy is defined as, “The sum total is greater than any one of its parts.” The Universe calls for the synergy of wholeness. Where are you afraid that someone else will steal your ideas? Are you harboring

old laws that say, "Everyone else gets more than I do?" It is time to let these obstacles go. Accept the blessing of the Universal Oneness. When you get the Universe card be prepared to meet expansion in your life, even where you were sure nothing else could happen.

THE GARDEN FAIRY

Lemon Verbena



Lemon Verbena's immediate attraction lies in its leaves, which have a clean, sharp, lemony fragrance that gives unexpected pleasure with each contact. Despite such an appeal, there is remarkably little history and legend attached to this plant, which is a native of South America. Lemon Verbena was, however, brought to Europe in the seventeenth century by the Spanish, who grew it for its perfume oil. Although it is not hardy, a straw-covered pruned plant with deep roots should survive some frost. New growth can appear very late, so never discard a plant until late summer.

When harvesting, pick leaves anytime. It is best when flowers begin to bloom. The best way to preserve is by drying the leaves. Use fresh leaves to flavor oil and vinegar. There are many other uses for the Lemon Verbena leaf. Finely chop young leaves for drinks, fruit puddings, confectionery, apple jelly, cakes, and homemade ice cream. Also, infuse as an herbal tea. Macerate the leaves in almond oil for a massage. Use the essential oil in homemade lotions and creams. To reduce puffiness around eyes, make an infusion and allow cooling. Soak cotton wool in the infusion and place over eyes for 15 minutes. The leaf can be used in potpourri, linen sachets, sofa sacks and herb pillows. Infuse the leaf in melted candle wax at about 180 degrees for 45 minutes to scent candles.

I have a few Lemon Verbena plants growing in the green house. They have the most heavenly lemon scent! This plant would be worth growing in your garden. I love lemon scents and aromatherapy so I will always have Lemon Verbena around.

The garden is the poor man's apothecary.

German proverb

Ronda McLean, Master Gardener

307-868-2693

whisperingelk@hotmail.com

A WOMAN'S HEALTH

A thought to share from a class at Stanford. The last lecture was on the mind-body connection--the relationship between stress and disease. The speaker (head of psychiatry at Stanford) said, among other things, that one of the best things that a man could do for his health is to be married to a woman whereas for a woman, one of the best things she could do for her health was to nurture her relationships with her girlfriends. At first everyone laughed, but he was serious.

Women connect with each other differently and provide support systems that help each other to deal with stress and difficult life experiences. Physically this quality "girlfriend time" helps us to create more serotonin--a neurotransmitter that helps combat depression and can create a general feeling of well being. Women share feelings whereas men often form relationships around activities. They rarely sit down with a buddy and talk about how they *feel* about certain things or how their personal lives are going. Jobs? Yes. Sports? Yes. Cars? Yes. Fishing, hunting, golf? Yes. But their feelings?--rarely. Women do it all of the time. We share from our souls with our sisters, and evidently that is very good for our health. He said that spending time with a friend is just as important to our general health as jogging or working out at a gym.

There's a tendency to think that when we are "exercising" we are doing something good for our bodies, but when we are hanging out with friends, we are wasting our time and should be more productively engaged--not true. In fact, he said that failure to create and maintain quality personal relationships with other humans is as dangerous to our physical health as smoking! So every time you hang out to shmooze with a gal pal, just pat yourself on the back and congratulate

yourself for doing something good for your health!
We are indeed very, very lucky. Sooooo let's toast to our friendships with our girlfriends. Evidently it's very good for our health.

Dr. Emoto's Prayer the Gulf

Dr. Masaru Emoto is the scientist from Japan who has done all the research and publications about the characteristics of water. Among other things, his research revealed that water physically responds to emotions. Many people have the predominantly angry emotion when we consider what is happening in the Gulf. And while justified in that emotion, we may be of greater assistance to our planet and its life forms if we sincerely, powerfully and humbly pray the prayer that Dr. Emoto, himself, has proposed.

I am passing this request to people I believe may be willing to participate in this prayer, to set an intention of love and healing that is so large, so overwhelming that we can perform a miracle in the Gulf of Mexico.

We are not powerless. We are powerful.

Our united energy, speaking this prayer daily...multiple times daily...can literally shift the balance of destruction that is happening. We don't have to know how...we just have to recognize that the power of love is greater than any other power active in the Universe today.

"I send the energy of love and gratitude to the waters and all living creatures in the Gulf of Mexico and its surroundings. To the whales, dolphins, pelicans, fish, shellfish, planktons, corals, algae ... to ALL living creatures... I am sorry. Please forgive me. Thank you. I Love You."

THE AMAZING CUCUMBER

WOW WHAT A LITTLE GEM THE CUCUMBER IS, YOU WILL LOOK AT IT DIFFERENTLY NOW.



1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3,

Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.

2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B Vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.

3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.

4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.



5 Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!

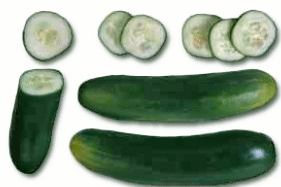
6.. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!



7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explores for quick meals to thwart off starvation.

8. Have an important meeting or job interview and you realize that you don't have enough time to polish

your shoes? Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.



9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!

10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.

11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.

12. Looking for a 'green' way to clean your faucets, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.

13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!

Pass this along to everybody you know who is looking for better and safer ways to solve life's everyday problems.

I am putting this link into my newsletter this month because after having read the first chapter of Elyse's book I am truly hoping that it gets published. "Soul-Guided Business" takes all the old stuff to a whole new level. How are we going to change in order that our businesses can be more prosperous in the changes to new energy. Many times when I read the first chapter of a book it doesn't tell you a thing and when you buy the book the book doesn't say anything either. The first chapter of Soul-Aligned Business is helpful and

informative and leaves you really desiring to see what she has to say next. I hold an intension that Elyse can get this book on the market.

www.voiceofthegatekeepers.com/pdfs/Soul-AlignedBusinessChapter1.pdf



ST. GERMAIN'S MESSAGE

A CALL TO RISE UP AND LIVE

Dearest Masters! Most Beloved of God/Goddess/All That Is!! We adore you. You are the essence of the Divine created in total

Love by I AM. We call you to RISE UP AND LIVE!

Often it takes a crisis to bring people together and quite frequently that togetherness is short lived. When the main crush of disaster passes people "go back" to their lives. So if it is necessary to bring everyone to the awareness that all are one then there must be crisis after crisis, one building on top of the last until people cannot "go back" ever. You must move forward. You must merge as one in order to emerge into higher consciousness. You can no longer *mentalize* your spirituality to promote distance from unity. You have done that for life times.

So many disasters occur and then they are over. The clean up process begins and soon *everything goes back to normal*. When the ecological balance of the planet is upset it cannot be set aright immediately or perhaps ever, at least in the third or fourth dimension. Now let I remind you that you are, everyone, Divine Creative Magicians. "Where is your Wand?" It is your spinal column with your wonderful brain—mind, thought, knowledge—at one end and the Kundalini fire—spiritual awakening and enlightenment at the other. In the center of the wand, for balance is the seat of the Soul in the solar plexus. You are amazingly balanced. "How could everything on Earth be so out of balance?" Because you have used your own power over life times to convince yourself and others that you are not the creator of your life. You look outside of yourself and focus your attention on what appears to be there. Your mind says, "This is what I see and hear and experience right now, so it must be real". You have over time forgotten that you create from within, therefore what you see is your perspective of what is happening. This is not a denial that you have created

war, but a question as to why you would give fighting so much power and attention when it leaves loved ones dead and you drained. It depletes the coffers and devastates the psyche. There is no healing for the war feeds on war and is self-perpetuating, a monster that will never be satisfied. It doesn't prove that anyone is right and the only statement that it makes is that no one ever truly wins in the illusion called conflict.

The side of the Earth Mother has been torn open by greed and while she bleeds the children argue over who should pay the price for what has happened. While they are fighting everyone is paying the price.

Rather than focused prayer for healing and unity of understanding, the old concepts call for something from outside to "make this all go away". The message is that water is what you are made of. Each human being is about 80% water, mostly emotion and hence all of the reactions that can come from misunderstanding. The oil clouds the issues, as anger muddies the internal waters. The oceans are all connected so that the toxic outcome can infect the whole planet and anger and frustration intensify the contamination.

DIVINE MAGICIANS will you stop looking outward to place blame and begin to look inward to draw on the Source of all Love and Healing to direct your wands to bring about the up spiral that will lift this planet into the essence of higher dimensional frequencies—to the levels where the Earth is still whole. To the place where her children remember that they are all a part of the Oneness and no one is better than any other, especially when money or goods are the standard. You ALL deserve the very best and that requires that you lay aside the measure that some are more deserving than others, by what ever judgment. It is time for you to leave the old ways behind and **RISE UP AND LIVE!**

Envision the planet clean and pure—water, air, soil, ozone layer—every part. Keep your mind focused on the power that you have to bring about the Earth that you desire for yourself and hold that intension. The moment that your EGO starts drawing you into thinking of what others might want, that would prevent you from getting what you want come back to the center of your spiritual self and feel your power. Imagine the white light of God/Goddess/All That Is filling you up until there is no room for negativity. Feel the power of your spiritual core (your wand) directed to the highest good of all concerned. There is no need to decide what others *should* want for that is control. Your desires for a greater, purer, more loving, more

vital, more awake planet will blend with all of the other desires for the highest good and what will come out of the mix is the very best life for each one based on what they are seeking. As you focus on your own Divine ability to create good it will begin to transform thoughts of hatred, destruction and greed so that the essence of these thoughts becomes fuel for the greater good, rather than a distraction from the worthiness of the whole. The ability to hold your attention on bringing about the healing of the planet requires discipline that cannot be found in the distraction of war. The discipline of the soldier is inspired by the fear that "they (who ever *they* may be) will get us, kill us or our loved ones, before we can get them." It is mindless hatred that does not see that the *enemy* is just a reflection of self. In the military the Love is shouted out, beaten out, cajoled out, drowned out of the person until they become a killing machine. When the soldier is no longer involved in the fight they often feel that they have no purpose or the impact of what they have become rises up to cause them to believe there is no hope. War is a creation of the illusion and has no place in the evolutionary process that is taking place.

Fear asks, "How can we live without oil and all of the jobs it creates?" Spirit asks, "How can you continue to ignore the outcome of that way?" Fear says, "We must fight to protect what is ours." Spirit says, "Can you not see that in the battle the good is slipping through your fingers even now?" Fear says, "We must work hard because that is the way of our fathers". Spirit asks, "Would you not allow that all that you desire be yours? The way of your fathers was illusion. Your way is now destined to be different—more fulfilling, more powerful, much richer without anything being denied to any according to the highest good." Can you now turn your face toward the future rather than looking back to recreate things that you never wanted in the first place? You are Masters! You create what you focus upon. If you keep thinking, talking, envisioning lack and poverty you will most powerfully bring them about in your life. If those around you agree with this thinking then the collective mind will reinforce the misery, "See we were right. We asked what can happen next and worse things came. We knew that they would and so we are right". If only these minds would turn away from what appears to be so and dwell on a future that is Eden. If they could agree with each other that nothing but the best is coming forth, they would live that instead. What does it gain you to be right when that righteousness is Hell?

The Dawning of the Age of Aquarius brings with it the internal knowing that what was, is not where life must

go. That deep resonance of the Soul is calling, sending forth a Love song to each heart and mind:

“Remember your Source. Remember your strong foundation. Remember I AM within you. Be baptized in the sea of Love that is the true Universe. You belong to the Love and it belongs to you. Remember.”

We hold no delusion that the changes that must now come about are easy, because you want to fight anything that you do not understand. The fight puts the focus on what you do not want and holds it in your life as though you were magnetizing the distasteful into your existence. Imagining, when you have been told that the imagination is wrong or bad means going against the very fabric of the old order. Yet imagination is the feminine principle of creation. Imagining what you desire and having implicit Faith that you will achieve the very best calls on that powerful Magician that you are and raises you up so that you can actually see what you desire moving toward you with your inner eye. **RISE UP AND LIVE THE NEW!**

Everyone has very strong opinions about what is going on and where it will go. These opinions are based on what these souls have learned and believed in the illusion. Seeing beyond all of that seems like fantasy to those who only accept what they see in front of them. They will fight anyone who attempts to show them something different. So the old ways must fall apart right in front of them, stop working in this moment and when they can find no more defenses for the past, they must seek something different. **Holding to the internal fire and keeping it burning when the “world” is attempting to extinguish that fire is a Masters challenge.** It may never be met or fulfilled by war, only by a Love that is so great that it will endure beyond the last chaotic days of the old ways.

We are with everyone! We serve the masters who are beginning to remember who they are and we are close by those whose birth into the new understanding is just opening like a flower. We attend to the wounded and hate-filled with the balm of peace. We hold the cup of serenity so that in the moment any who are willing to drink may be quenched. We never hold Love away from any. We often share the essence of Love with those who may, again one more time, attempt to use the energy of that sweetness against others. Love without condition denies no one. We fully understand that the power of Love cannot be used as a weapon, but those so caught in the webs of illusion must learn for themselves. The game of illusions has attempted to decide who can receive the good and how much good

they deserve and when. The Revelation is that Love makes no judgment. Therefore, “Judgment Day” is when each heart is willing to forgive itself and let the old conflicts be done. **IT IS NOW, BELOVED MASTERS!!** We so desire that it will be allowed to be easy by each one.

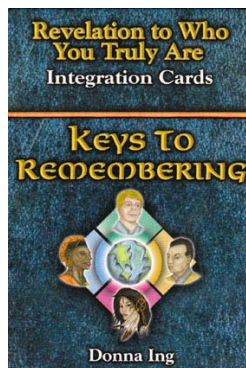
Your EGO will tell you to wait until the last possible moment to change because it holds out the hope that things can go back to the way they were. 2012 is moving nearer all of the time. These are the latter days. The old order wants to fight. The New simply waits. All must choose. **RISE UP AND LIVE!**

And so it is, Beloved Masters, until we meet again in what ever manner that may be, in the greatest of Love I bid you Adieu! I AM the Lord St. Germain

ADS

Nanna L. Hansen from past, present and future. Nanna’s Visions come from many timelines. The writing is often in old style and yet addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>



Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com>.

All Limited Edition are printed on fine art water color paper, hand signed with certificate of authenticity. 16 x 20 Limited Edition Prints - \$75 10 x 12.5 Limited Edition Prints - \$45 Special: 15% off for purchases of 2 or more LE prints. Find attached my latest paintings, such as *Mustangs in the Snow - Black Hills Mountain Lions - Sarras and Arapaho - Spanish Mustang Stallion Kola Wasté - My Cat - Lakota Elder* - and many more Isa

"Painted Portraits & Visions" www.paintingsbyisa.com
Art Blog: <http://www.paintingsbyisa.com/artblog>
Follow me on Twitter www.twitter.com/Isa_Kirk

Plenty Star Ranch www.plentystarranch.com
Ranch Blog: www.plentystarranch.com/wordpress



Annalaiya is an iridologist, flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options is located at 214 Main St. in Lander. Call 307 332-9882 or 307 438-0927 for appointments and information.

Shaylenn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.



Dream Pillows by Linda Emter
intuitlinda@msn.com

Christmas is past, but there are birthdays and other occasions to give someone special sweet dreams. Microwave for 35 seconds and place on sore neck, shoulders, knee, head. Also, place under bed pillow for Dream Recall.

Aromatherapy Dream Pillows
\$18.00@+S&H

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz
Delores is an excellent website designer who has an extensive background in web design. She is very conscientious and works quickly. She is excellent at problem solving web site situations. www.ddswebdesign.com
or call Delores DeVore 678 634-1249

"The Pot Of Gold" is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in "The Pot of Gold" ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: vog@wbaccess.net or 307-335-8113

