



June Newsletter



We are getting some of the most magical mist. Wyoming doesn't usually have enough moisture to have mist and fog, but this winter and spring we have seen some exquisite views. We have snow in the mountains down to about 6,500 ft. so it stops just above us. The snowy mountains and the mist floating just above them, is awesome.

Memorial Day weekend offered rain and snow, as well as a beautiful sunny Sunday. We have had a record breaking May as far as rain goes and this was the rainiest Memorial Day ever in Lander.

Have you noticed that time is flying? The days go by and we are almost to summer Solstice.

The face of Lander is changing every day. There are still far too many empty buildings in downtown and we don't have malls to blame. There are a number of new businesses and we hold an intention that they will all do well. Still the economy seems to be doing well here. New people are moving in all of the time. Lander is somewhat focused on young retirees, so many of the new comers are not directly involved in the job market.

I am off to California on June 2. I am looking forward to all of the wonderful new connections that I am making there. There really are many beautiful people there, but that is true all over the world. For all of the people who are joining my newsletter from other countries, we welcome you and invite your input.

Survey

We are doing a survey, to determine our next direction, with the website, and our offerings. Here is the link for our Survey.

http://voiceofthegatekeepers.com/phpESP/public/survey.php?name=VOG_Survey_1

The link can also be found below the menu buttons on the home page of www.voiceofthegatekeepers.com

Because the survey is anonymous, for those of you, who are interested in sponsoring me in your area, please contact me at vog@wbaccess.net.

I plan to look into putting a weekly radio program on the internet. I would enjoy hearing from you about whether you would join in. The show would be archived so that you could listen when you choose. We are looking into live broadcasts on the website, so that you can call in and ask questions of me and/or St. Germain.

It appears that we will be creating a sound studio at the Rainbow center, as our internet connections out in the country can be challenging. For those of you who take part in the streaming evenings, you know that just getting the webcast up on the internet have been a real opportunity. Rain, snow and weather that we can not even see here can throw us off line and cause upload issues.

Rainbow Center News

Our next group, “**What Is Freedom and What Would You Do with It?**” will be June 22 at the Rainbow Center for the Humanities. CD’s can be purchased on the website at

www.voiceofthegatekeepers.com/2008groups.html

The June Evening with St. Germain will be “**The Future is not What It Once Was!**”

To sign up for the Evening on the website

www.voiceofthegatekeepers.com/live-events.html

To order CD’s or DVD’s

www.voiceofthegatekeepers.com/evenings.html

Our fall intensive “**LOVE: The Best Pain Reliever**” will be November 8-9, 2008 at the Crystal Organic Farm in Newborn, GA. More information to come.

ASTROLOGY

NEW MOON

This New Moon in Gemini is the second Super Moon of 2008. Super Moons occur when the Moon is the closest to the Earth it can get and the Moon is either New or Full. Though not as strong as an eclipse the Super Moons generate exceptional pulls of gravitation that can stress the tectonic plates and affect the coastal tides and weather patterns.

The Lunar energies (Goddess essence) are calling us to be progressively more in touch with the feminine or right brained thinking. This New Moon asks us to trust our intuition as well as our intellect, to pay attention to coincidences and serendipitous events and to be more willing to share thoughts and feelings. “Men really are not from Mars”. They have just been sold a bill of goods that the soft side of life is potentially dangerous because if you begin to feel it weakens you. Feeling has been associated with something that women do, therefore to be avoided by men because of its inferiority.

At this New Moon the Sun, Moon, Mercury and Venus are all in Gemini. It would appear that Venus, the Goddess of Love, would be uncomfortable in logic-oriented Gemini. However, Venus is the esoteric ruler of Gemini and represents the Coniunctio or sacred marriage. In Chinese and Hindu zodiacs the twins of Gemini are represented as male and female—

symbolizing the polarities of light/dark, birth/death and yin/yang. Mercury is an androgynous figure representing the unification of opposites. (St. Germain calls the Aquarian Age, “The Age of Divine Androgyny” and says that we will seek to find the harmonious balance of unconditional Love— God/Goddess/All that Is— within ourselves over the next two thousand plus years)

Gemini is associated with all of the pairs in the human body—eyes, ears, hands, feet, kidneys and lungs. The left side of the body is considered to be the feminine side of the body because it is closest to the heart. Eve was created from a rib taken from under Adam’s left arm. Affairs of the heart have been associated with woman. Men die from heart issues because of the underlying taboos about getting to close to the heart of any matter.

The Latin word for right-handed is dexter, which is the root of dexterity or skillfulness. Sinister is the Latin word for the left-side. In the patriarchal order references to the left have come to suggest that things are less than all right—having two left feet, a left-handed compliment, etc. The fear has gone to such extremes as forcing left-handed people to change to right-handed and at one time in history people who were left-handed could be subject to having their hand cut off because of the fear that they were some how evil or in league with the Devil.

Venus moving through Gemini and Mercury’s square to Uranus at this New Moon, would ask us to reconsider our standards and look at our customs. That is just how it is, really isn’t anymore.

The weekend of June 7-8 will be a time when new and expansive insights will be shared as the Sun, Mercury and Venus conjunct.

Mars moved into the sign of Leo on May 9th and at this New Moon it will be in close sextile to the Sun and Moon. It will be in susquiquadrate to Pluto and this can cause us to begin to ferret out the dissatisfactions in our lives and make an honest effort to change what no longer serves us. This is totally about us. Any attempts to force others to change to suit us will probably bring fireworks, as the two warriors, Mars and Pluto are involved.

We are being brought to look at the Shadow side of our own nature and integrate it into ourselves as an important piece that has been missing for a long time. The Shadow is another part of the dark side of our nature that has been feared because it was not

understood and could not be controlled. We have been taught that we must pay penitence for our sins, even if we have no idea what they might be. The changes that are going on in the heavens suggest that it isn't about crawling on our knees to Mecca, as much as being forgiving of ourselves and others and loving who we are right now in this moment.

FULL MOON

The Full Moon in Sagittarius occurs on June 18. Gemini is about perception, our senses and what we learn from our environment. Sagittarius is about our conceptions, or in many cases, misconceptions. Our assumptions are based on beliefs that often have never been examined for content of truth. A great example of this came to me back in the 70's when I took a book of church law to Sunday School with me and read from it. I just opened the book at random and read where I opened the book. Several people stood up and said, "If that is what this church stands for I will have to leave". They had assumed that because their parents went to that church and accepted the tenets of the church, that it was best for them to continue to attend that church, also.

It is time for everyone to examine their beliefs, judgments and biases and get clear about the foundation upon which they are built. Uranus through Pisces is challenging the belief systems of the patriarchy at every turn. Uranus goes retrograde on June 26th and the very nature of this rebel planet calls us to really be honest with ourselves. "What is your vision? Do you have a vision? Is that vision truly yours or is it something that you feel you must do because someone else wants it for you?" The planets are playing Devil's Advocate, because nothing is what it appears to be. We are accustomed to reacting to things that are different and often missing wonderful opportunities in the process. The Love of the Universe is now attempting to show us that as we come to center and stop running from shadows we can receive many gifts that God has been attempting to give us, some of them for life times, and we have hidden from the potential.

Then we add in the revelation of Pluto which closely aspects this Full Moon and exactly opposes Venus at the time of the moon/Sun opposition. On June 13 Pluto retrogrades and returns into Sagittarius until November 28. While Pluto has transited Sag we have seen scandals and transformations in religion, education, politics and travel. Pluto returns to Sagittarius for the clean sweep. Where ever we are not being honest and faithful to ourselves will be

highlighted. Our ethics and ideals will be under heavy duty scrutiny, so that real changes can be made, rather than just turning our back on what we are doing and doing the same thing again. Those who would attempt to force others to change, but have no intention of changing themselves will find themselves in the spotlight more and more. As Pluto returns to Capricorn for the next sixteen years even the Universal Commercial Code that has been the standard for commerce on the planet for thousands of years will be up for examination and redirection. The imbalances of the few benefiting while the majority suffer cannot survive under the microscope of the heavenly changes. The changes cannot be brought about by war for that is a part of the old order. People are required to be responsible for themselves and to have integrity in all of their dealings with others. The parental order will no longer be able to keep "the children" impoverished, ignorant, terrified and controllable" as there is a mass awakening within self that "I AM VALUABLE". As people began to grasp their own worth they will stop attempting to do the same thing to others that was done to them and just be satisfied that they are no longer on the bottom. Love will truly lift people up, rather than pretend to be doing good while gaining as much as possible at the expense of someone else. It is virtually impossible to rise to the top when you are attempting hold someone else down. This will involve all stratum of society. The "dog eat dog" existence of the masses will begin to shift and as people begin to understand the value of the changes the fear and paranoia will begin to vanish like mist in the sun. It isn't impossible or idealism, it is where we are going.

The Sabian symbol for the 28 degree of Gemini is: "Through bankruptcy, society gives to an overburdened individual the opportunity to begin again" and the 28 degree of Sagittarius is: "An old bridge over a beautiful stream is still in constant use." When everything appears to be falling apart, it is really just recreating itself anew and the Universe provides the support that is required at any given time. "Ain't nothin what it seems." -St. Germain

CRYSTAL CORNER

Hello all you wondrous beings! It's a rainy day in Wyoming and we love it. Living in the high desert, we see rain too seldom. I was thinking about the world in general and all that is happening at this time. We see fear, chaos, control and those who are hanging on to the old, comfortable(?) things. My choice of stones for this column reflects those things.

Mookaite, the red variety, would work on the body from the solar plexus down. It assists with the crisis of fear that primal nature is experiencing as it is required to blend with the essence and energy of the higher force so that the circle is complete. Primal force in this place has been fight or flight syndrome. It is about keeping the feet on the ground, dealing with limits, energies and blockages that have to do with standing solid with self or stepping out into something unknown.

Mookaite, the yellow variety, would work on the body from the solar plexus up. It is a transmuting stone of blending mind and soul, of blending the upper level energies and frequencies so that the thought, the intellect can be harnessed and utilized as a wondrous force of creation rather than, as frequently happens, scattered forces. As that blending, that bonding comes together, the entity might find that creation is easier, accepting that they can create and manifest more easily.

Last, but surely not least, is the Astrophyllite. As there is an allowance of higher frequencies, of the sweeter life, of living the dream, the old black and white existence is being shifted. This brings the stirring of the higher forces, higher energies into the black and white existence. It would be an absolutely wondrous stone for those who think too much, to bring the intellect into the center through the soul. It is a stone that would, with some stringency, clear out vestiges of the old ways, the cobwebs that would be at the door of the cave of remembering. This would be excellent for clearing out stuck energy.

We have access to such wondrous instruments and modalities to help us on our journeys and all we have to do is reach out and utilize them. May your path be filled with joy.

Please contact me at 307-754-4396 or 800-757-8478 with any questions or comments you might have. My web address is www.eternal-ice.com and the email is eternalice@bresnan.net.

Linda Thomas
Woman of Crystals

We are pleased to announce that Karri Grossman's book "Bones That Float" has won awards

AMAZING NEWS

Bones That Float, A Story of Adopting Cambodia

Wins Three National Book Awards!

2008 Independent Publisher Book Awards -
Outstanding Books of the Year

Peacemaker of the Year - Finalist

The ["IPPY" Awards](#) recognize and encourage the work of writers and publishers who exhibit the courage and creativity necessary to take chances, break new ground and bring about change, not only in the world of publishing, but also in society. The finalists for Outstanding Book categories were chosen from the regular entries of 3,100 new titles from around the globe in 64 national categories. Gold, silver or bronze designation will be awarded at Book Expo America in Los Angeles on May 29.

2008 NAUTILUS BOOK AWARDS
"Changing the World One Book at a Time"

GOLD AWARD "Memoir SILVER AWARD"
Multicultural

The [Nautilus Book Awards](#) were conceived to recognize and reward a group of world-changing books, and to celebrate how they contribute to positive social change, spiritual growth, conscious living, high-level wellness, and responsible leadership. Nautilus Book Award Winners and Finalists are carefully selected in a unique three-tier judging process by an experienced team of book reviewers, librarians, authors, editors, book store owners, and leaders in the publishing industry.

Be a Peaceful Warrior and Help Spread the Word!
We need exposure to succeed with our plans to make our education project in Cambodia SUSTAINABLE!

1.) WRITE TO OPRAH.

She and her staff have the book.....they need to hear from ALL OF YOU, Right now.

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SOUND HEALING – USING THE VOICE

By Delores DeVore

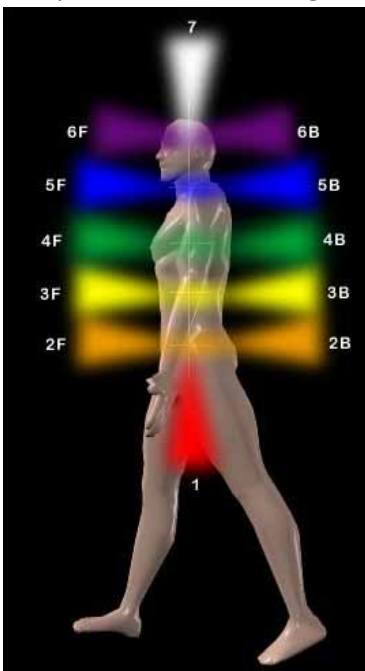
What is sound healing? Well today, it takes many forms, from our own voice, to music, to turning forks, to musical instruments and with today's technology, even machines that can produce sounds.

Most people think that we have only 12 unique tones (from the piano) that can be used. – What a box we have put ourselves in! How do I know this? Well in teaching classes, I find that when I play a tuning fork, or tone, or play a tone on the computer, people often ask – what “note” is that? I think they are trying to grasp a way of associating something new, with something they know – which is the 12 tones on the piano.

In fact, almost none of the tones I play are any of the 12 tones on the piano. This is because there are an infinite number of tones and we are just beginning to have an understanding of how to use these tones.

This article will deal with the most primal of tones, our voice. When we are in real pain, you will notice that people will 1) rock themselves in a very slow rhythmic movement and 2) moan. This is because these deep sounds soothe the body and help with the pain. Yes, lots of people scream, but this is for sudden acute pain – not the long chronic pain that seems to come with some advanced illnesses or age. This type of pain is best handled with low / deep tones that you make within the throat and belly.

Many of us, have been taught that crying is bad, so we do not let ourselves make sounds, even when we are in pain and yet, it is the most natural way to relieve pain.



We can also use our voice to “tune-up” the body. There are many systems out there for this – saying that for this chakra use this color and this tone, but NO ONE agrees 100% across the board. From Sanskrit, to Tibetan, to Egyptian to

Western sounds, they all use a different color or sound (vowels and consonants) and even tones / or frequencies here and there.

There is a consensus that the chakras have certain colors and therefore use the colors of the rainbow (red, orange, yellow, green, blue, indigo and violet) for the chakras. But there are other systems, like using green for the base chakra and moving up – or more importantly they are using the complimentary color of the chakra – and that too can be important.

So if you want to “tune-up” your body with sound and your voice. Try this:

- 1) Find a pitch that will cause the particular part of the body you are focusing on to vibrate. For example, say the first chakra. Focus your attention on the base of your spine. Then begin breathing in and out, imagining that the breath moves in and out at that point.
- 2) Next, add a sound – play around this different pitches until you find the pitch that gives you the most vibration. Low sounds work best in the lower part of the body, and move up in pitch as you move up the spine.
- 3) Next, add a vowel sound that will cause the vibration to “amp-up”, or become stronger. Usually the vowel sounds of “U” and “O” work best in the lower part of the body and the vowels, “E”, “I”, “A”, and “AH”, work from the heart up. But if you get a different sound, use it! – Stretch – get out of the box – see what can happen. – Oh and don't forget the consonants – they make great vibrations too.
- 4) Then continue up the spine, stopping at each chakra and breathing, add a color and then a sound. You will soon find yourself vibrating, and feeling much more alive and energized.

Other techniques:

- 1) When you get to the head, try to find the sounds that will cause the whole head to vibrate.
- 2) Try using A-U-M from the base of the spine to the top of the head – imagine that the A starts at the base and begins to move up, changing to U and when it reaches the head, changes to M.

Give yourself permission to play with your voice – don't be so shy – we are not singing here – our voice does not have to sound like some great singer – you are looking and discovering for yourself what your own voice will do – and how you can “tune-up” your body for FREE!

Questions or experiences are welcomed: Email me at ddevore@mindspring.com
www.sound-works.biz

THIS IS A MOST INTERESTING GROUP!

I would like to introduce you to HUB, Humanity Unites Brilliance. This is a most exciting group and the basic premise has St. Germain's signature. I am joining and I will attend a meeting of the HUB group while I am in California. Check out the website: <http://Iamlife.hubhub.org>

If you would like to join the HUB group, give me a call and I will sign you up. 307 335-8113

EXTRACT FROM DOUG COPP'S ARTICLE ON THE: "TRIANGLE OF LIFE"

My name is Doug Copp. I am the Rescue Chief and Disaster Manager of the American Rescue Team International (ARTI), the world's most experienced rescue team. The information in this article will save lives in an earthquake.

I have crawled inside 875 collapsed buildings, worked with rescue teams from 60 countries, founded rescue teams in several countries, and I am a member of many rescue teams from many countries.

I was the United Nations expert in Disaster Mitigation for two years. I have worked at every major disaster in the world since 1985, except for simultaneous disasters.

The first building I ever crawled inside of was a school in Mexico City during the 1985 earthquake. Every child was under its desk. Every child was crushed to the thickness of their bones. They could have survived by lying down next to their desks in the aisles. It was obscene, unnecessary and I wondered why the children were not in the aisles. I didn't at the time know that the children were told to hide under something.

Simply stated, when buildings collapse, the weight of the ceilings falling upon the objects or furniture inside crushes these objects, leaving a space or void next to them. This space is what I call the "triangle of life". The larger the object, the stronger, the less it will compact. The less the object compacts, the larger the void, the greater the probability that the person who is using this void for safety will not be injured. The next time you watch collapsed buildings, on television, count the "triangles" you see formed. They are everywhere. It is the most common shape, you will see in a collapsed building.

TIPS FOR EARTHQUAKE SAFETY

- 1) Most everyone who simply "ducks and covers" **WHEN BUILDINGS COLLAPSE** are crushed to death. People who get under objects, like desks or cars, are crushed.
- 2) Cats, dogs and babies often naturally curl up in the fetal position. You should too in an earthquake. It is a natural safety/survival instinct. You can survive in a smaller void. Get next to an object, next to a sofa, next to a large bulky object that will compress slightly but leave a void next to it.
- 3) Wooden buildings are the safest type of construction to be in during an earthquake. Wood is flexible and moves with the force of the earthquake. If the wooden building does collapse, large survival voids are created. Also, the wooden building has less concentrated, crushing weight. Brick buildings will break into individual bricks. Bricks will cause many injuries but less squashed bodies than concrete slabs.
- 4) If you are in bed during the night and an earthquake occurs, simply roll off the bed. A safe void will exist around the bed. Hotels can achieve a much greater survival rate in earthquakes, simply by posting a sign on The back of the door of every room telling occupants to lie down on the floor, next to the bottom of the bed during an earthquake.
- 5) If an earthquake happens and you cannot easily escape by getting out the door or window, then lie down and curl up in the fetal position next to a sofa, or large chair.
- 6) Most everyone who gets under a doorway when buildings collapse is killed. How? If you stand under a doorway and the doorjamb falls forward or backward you will be crushed by the ceiling above. If the door jam falls sideways you will be cut in half by the doorway. In either case, you will be killed!

7) Never go to the stairs. The stairs have a different "moment of frequency" (they swing separately from the main part of the building). The stairs and remainder of the building continuously bump into each other until structural failure of the stairs takes place. The people who get on stairs before they fail are chopped up by the stair treads - horribly mutilated. Even if the building doesn't collapse, stay away from the stairs. The stairs are a likely part of the building to be damaged. Even if the stairs are not collapsed by the earthquake, they may collapse later when overloaded by fleeing people. They should always be checked for safety, even when the rest of the building is not damaged.

8) Get Near the Outer Walls Of Buildings Or Outside Of Them If Possible. - It is much better to be near the outside of the building rather than the interior. The farther inside you are from the outside perimeter of the building the greater the probability that your escape route will be blocked.

9) People inside of their vehicles are crushed when the road above falls in an earthquake and crushes their vehicles; which is exactly what happened with the slabs between the decks of the Nimitz Freeway. The victims of the San Francisco earthquake all stayed inside of their vehicles. They were all killed. They could have easily survived by getting out and sitting or lying next to their vehicles. Everyone killed would have survived if they had been able to get out of their cars and sit or lie next to them. All the crushed cars had voids 3 feet high next to them, except for the cars that had columns fall directly across them.

10) I discovered, while crawling inside of collapsed newspaper offices and other offices with a lot of paper, that paper does not compact. Large voids are found surrounding stacks of paper.

Spread the word and save someone's life... The Entire world is experiencing natural calamities so be prepared!

"We are but angels with one wing, it takes two to fly"

In 1996 we made a film, which proved my survival methodology to be correct. The Turkish Federal Government, City of Istanbul , University of Istanbul Case Productions and ARTI cooperated to film this practical, scientific test. We collapsed a school and a home with 20 mannequins inside. Ten mannequins did "duck and cover," and ten mannequins I used in my "triangle of life" survival method. After the simulated earthquake collapse we crawled through the

rubble and entered the building to film and document the results. The film, in which I practiced my survival techniques under directly observable, scientific conditions , relevant to building collapse, showed there would have been zero percent survival for those doing duck and cover.

There would likely have been 100 percent survivability for people using my method of the "triangle of life." This film has been seen by millions of viewers on television in Turkey and the rest of Europe , and it was seen in the USA , Canada and Latin America on the TV program Real TV

ADS



Carina:

Certified Swedish massage-therapist, stress-release, certified Swedish rehabilitation-therapist, TCM reiki-master/teacher, reiki-karuna master, certified Swedish canine/equine massage-rehabilitation therapist.
307 349-0941 cell
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Mary-Jo: canine/equine rehabilitation, aid wellness support on all levels, bridging connection owner-animal for greatness wellbeing.



Canine-massage classes
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Call for more info and appointments
M-Jo Schmidt 307-332-9502, 1-785-317-5792
Rainbow Center: 307-335-8140

Annalaiya is an iridologist, flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Call 307 332-7861 for appointments and information,

Shaylenn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry
Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!
www.kimberlyraehansen.com

Dream Pillows by Linda Emter



intuitlinda@msn.com

Christmas is past, but there are birthdays and other occasions to give someone special sweet dreams. Microwave for 35 seconds and place on sore neck, shoulders, knee, head. Also, place under bed pillow for Dream Recall.

Aromatherapy Dream Pillows

[\\$18.00@+S&H](#)

The Wellness Connection, 201 Main St. in Lander offers many interesting and therapeutic modalities. Delphinia Bey does massage, hot rock therapy and deep tissue work. Delphinia also teaches Reiki classes. Call 307 332-6262 for appointments.

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz
Delores is an excellent website designer who has an extensive background in web design. She is very conscientious and works quickly. She is excellent at problem solving web site situations. www.ddswebdesign.com
or call Delores DeVore 678 - 634 -1249

“The Pot Of Gold” is created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: vog@wbaccess.net or 307-335-8113

