

March Newsletter



Merry March is here. Happy St. Patrick's Day!

March comes in like a lamb. We do not have sheep, but we do have deer, everywhere. So our pictures this month are of our deer family that come to eat every day.

The newsletter is a bit late due to flu. My daughter is a nurse and she said that before the inauguration Wyoming had no flu. About two weeks after the inauguration flu was local-here and there. Within three weeks the flu was regional—all over the state. Freemont County is the biggest county in Wyoming and, therefore, also has the biggest statistics. This is not a conspiracy theory, but just a note of interest that the big crowds in Washington shared flu with all who came. Dorian's niece, from Northern California went to Washington for the event and got sick in about ten days after she got home. My bout has been relatively short-lived, but Dorian has been sick for almost two weeks.

We are happy to say that we have a new metal roof that is screwed down so that when March goes out like a lion it doesn't take our roof with it as it has in the past.

We have had a dry winter with very little snow. I have wondered if our friend Delores, from Atlanta, created her first winter in Wyoming as mild as possible. Last winter Dorian was cross-country skiing in our front yard, as we had feet, not inches of snow on the ground.

My great grandson Chancy is a little over two months old and is quite the charmer. He smiles, coos and is cutting the first two teeth. His brother Bradon loves him a lot and there is very little jealousy, as Bradon gets his own special attention. What precious babies these indigo and rainbow children are. My granddaughter Kayla, Chancy's mom, was twenty the 26th of February. It seems only yesterday that I was looking at her through the nursery window right after she was born.

President Obama has had thirty whole days and hasn't turned the country around totally yet. He must have left his magic wand somewhere. I am amazed that after the last eight years anyone would believe that a new president could change the world in a month. I am, personally, impressed with the president's energy, stamina, great heart and good spirits. I firmly believe that that much love can bring huge changes, even if the changes are not implemented as quickly as a one hour TV special.

The Master St. Germain continues to assure everyone that the changes that we are experiencing are the way *out* of limitation and constraint rather than "a road to Hell paved with good intentions". The schism between the old order and the new awareness is becoming more obvious all of the time. Those who, in fear, don't want to change anything are acting as though their resistance will make a difference when it hasn't improved the lot of the country or the world in quite some time. The Ego always fears change and rebels against it.

I find that I am being tested at every turn of my life. The question, "Are you walking your talk?" is always there before me as an ongoing guideline to keep me safe and ever moving into new levels of enlightenment. I firmly believe that every single person on the planet is being offered the opportunity to live beyond the limit and it takes courage to stretch that much. My Ego offers age and economy as blocks to expansion. However, I find that if I follow St. Germain's guidance—"Take a deep breath and let go of the limits"—life always responds in a lovely way, even though, quite often it is not as fast as I would like and, frequently, goes in a totally different direction than I would have thought. It is a bit like Christmas all of the time with many lovely surprises when you least expect them. (smile)

Rainbow Center News

"Reaching Beyond the Mind Grid" will be held Sunday March 15, at 2 p.m. at the Rainbow Center for the Humanities.

In the awakening from the sleep of illusions humanity is being required to free itself from the self-imposed ceiling of limitation that was imposed in the beginning of the Atlantian times. A choice was offered, to the soul's on the journey, to have plenty of money and freedom, but the price was separation. Some have called the source of the separation Lucifer, while others have called it Anu. What ever the name, the choice was made from free will to participate in the game. The "freedom" meant an ever increasing feeling of separation from the love of the creator. This love that embraced us from the beginning of our journey into physicality, never left, but the mind grid of illusion has caused the belief that God abandoned us to become more power throughout time.

St. Germain assures us that we have the power to overcome the mind grid, but it takes strength and courage to release the entrenched beliefs that "God is dead or gone or doesn't care". We have to open to spirit and let the power of unconditional love pour us full.

CD's can be purchased on the website at www.voiceofthegatekeepers.com/2009groups.html

The March evening with St. Germain, The third Virtue-Grace, will air at 7 p.m. EST on March 25. This is a part of the ongoing focus on the twelve Virtues and how they serve our lives in these times of change.

To sign up for the Evening on the website www.voiceofthegatekeepers.com/live-events.html

To order CD's or DVD's www.voiceofthegatekeepers.com/evenings.html

Our next Intensive "Divine Design" will be May 15, 16-17 at the Rainbow Center here in Lander. The evening event "The Blessings of Change" will be 8 p.m. -10 p.m. on May 15. The intensive "Divine Design" will start at 10 a.m. on Saturday May 16 to 6 p.m. and 10 a.m. Sunday, May 17 to 3 p.m. The evening is \$45 and the intensive is \$350. If you attend the intensive the evening is free.

www.voiceofthegatekeepers.com/schedule.html

These are things I had wondered about but never knew where to go to get the information

ATTORNEY'S ADVICE - NO CHARGE

Not a Joke!!

If you dislike attorneys-- You will love them for these tips.

Read this and make a copy for your files in case you need to refer to it someday. Maybe we should all take some of his advice! A corporate attorney sent the following out to the employees in his company.

- 1. Do not sign the back of your credit cards. Instead, put 'PHOTO ID REQUIRED.'
- 2. When you are writing checks to pay on your credit card accounts, DO NOT put the complete account number on the 'For' line. Instead, just put the last four numbers. The credit card company knows the rest of the number, and anyone who might be handling your check as it passes through all the check processing channels won't have access to it.
- 3. Put your work phone # on your checks instead of your home phone. If you have a PO Box use that instead of your home address. If you do not have a PO Box, use your work address. Never have your SS# printed on your checks.. (DUH!). You can add it if it is necessary. But if you have it printed, anyone can get it.

4. Place the contents of your wallet on a photocopy machine. Do both sides of each license, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call and cancel. Keep the photocopy in a safe place.

I also carry a photocopy of my passport when I travel either here or abroad. We've all heard horror stories about fraud that's committed on us in stealing a Name, address, Social Security number, credit cards. Unfortunately, I, an attorney, have first hand knowledge because my wallet was stolen last month. Within a week, the thieve(s) ordered an expensive monthly cell phone package, applied for a VISA credit card, had a credit line approved to buy a Gateway computer, received a PIN number from DMV to change my driving record information online, and more.

But here's some critical information to limit the damage in case this happens to you or someone you know:

- 5. We have been told we should cancel our credit cards immediately. But the key is having the toll free numbers and your card numbers handy so you know whom to call. Keep those where you can find them.
- 6. File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent, and this is a first step toward an investigation (if there ever is one).

But here's what is perhaps most important of all (I never even thought to do this.):

7. Call the 3 national credit reporting organizations immediately to place a fraud alert on your name and also call the Social Security fraud line number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the Internet in my name. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorize new credit.

By the time I was advised to do this, almost two weeks after the theft, all the damage had been done. There are records of all the credit checks initiated by the thieves' purchases, none of which I knew about before placing the alert. Since then, no additional damage has been done, and the thieves threw my wallet away this weekend (someone turned it in). It seems to have

stopped them dead in their tracks.

Now, here are the numbers you always need to contact about your wallet, if it has been stolen:

1.) Equifax: 1-800-525-6285

2.) Experian (formerly TRW): 1-888-397-3742

3.) Trans Union: 1-800-680 7289

4.) Social Security Administration (fraud line): 1-800-269-0271

We pass along jokes on the Internet; we pass along just about everything. If you are willing to pass this information along, it could really help someone that you care about.

I just received a paper called the **CRUSADOR**.

It sounds a bit ominous but it is about health issues and the copy that I got is about Mercury poisoning. This is of special interest to me because I hear so many people expressing the systems of Mercury poisoning—exhaustion, foggy brain, intense aches and pains, short-term memory lapse and inability to function.

Before I began to channel, St. Germain required that I have all of the Mercury fillings removed from my teeth. At the time I thought it interfered with the reception, but I am beginning to think that the master may have saved my life. You can go to:

www.HealthLiesExposed.com for more information. There is a Doctor named Huggins who wrote a book called "IT'S ALL IN YOUR HEAD". How many times have we heard that one over the years?

Not only is there Mercury in the silver filling material that dentists use, but there is an ingredient called thimerosal that is used in the vaccines that children are getting by the insistence of the government with threats that if the children are not inoculated they cannot attend–get this—not only grade school or high school, but college.

Originally, in 1929 the Eli Lily company came up with the idea that thimerosal was a preservative because vaccines are so toxic that they are unsterile. Without something like thimerosal the patient would die on the spot. This is what our children are being forced to take.

The incidence of autism and other disorders of the brain and nervous system have increased dramatically as the number of inoculations has been increased from two or three shots for childhood diseases to as many as twenty-two shots by the age of two. If a child could get rid of the Mercury naturally 80% would go out through liver bile and the rest through other forms of elimination-kidneys, bowel, and skin. The issue is that children do not make liver bile for the first six months of their lives, so there is a six month period where the infant has no way to clear the toxic material of vaccines out of their system.

The challenge is that when tested for Mercury it does not clearly show up in average testing. The only way that Mercury would show up in a hair sample would be to test the hair, do a detox and then after six months test the hair again to see how much Mercury has come out of the hair.

There are many medical practitioners who pooh, pooh the Mercury theory and say that there is no link between Mercury and autism or other issues. The old order is clinging tenaciously to their, often dangerous ways and we have dealt with this by looking the other way. It would appear that now, everywhere we turn the truth is jumping out and revealing itself. We as Divine beings deserve so much better than allowing ourselves and/or our children to be used as experiments to see if we will die or not. I would say that it is a tribute to the human spirit that humanity is doing as well as it is. It is now time to be better in every way, starting with our precious health. It isn't about paranoia, it is about paying attention.

Read! Find out what is in the vaccines and medications that you or your children are taking. Most everything is posted on the internet if you research. If you feel that you don't have time, remember it is your life and the lives of those that you love that are involved. This isn't a one-sided story. The facts are emerging in the process of revelation.

ASTROLOGY

FULL MOON

The Virgo Full Moon, March 10-11, is one of the most important full Moons of the year in that it continues to emphasize the Saturn/Uranus opposition that began last fall and lasts until 2010. Saturn rules form of all kinds from our Ego to the formation of governments and corporations. Saturn represents the old way of doing things, while Uranus, the Lord of Chaos, is braking up the ice floes of old, stuck places and the things that no longer serve us are being swept out of the picture. Uranus represents freedom, innovation and revolutionary forces. Since Ego always wants to be in the middle of everything, there are those who are feeling very left out and rejected because the control and manipulation that worked in the past seems more and more useless.

Saturn rules the laws of classical physics. Uranus is the quirky realities of quantum mechanics. Their opposition is spotlighting the contrasts between hierarchy and democracy, status quo and progress, fear and unlimited potential.

The last time Saturn and Uranus were in opposition was during 1965-67, Pisces/Virgo and it spawned large-scale civil rights and antiwar demonstrations; Britain's economic standstill and the devaluation of the pound; race riots in Watts, Cleveland, Newark and Detroit; China's "Cultural revolution"; the rise of "Flower Power"; the first walks in space by soviet and American astronauts; and the international spread of supermarkets and mass tourism.

In 1918-20 Saturn opposed Uranus from Leo/Aquarius and then Virgo/Pisces. This marked the end of World War I; the establishment of the League of Nations and the Hague (the International Court of Justice); a global economic recession; race riots and strikes in the United States; nationalist movements in India, Egypt, and China; the Bolshevik takeover of Russia; the rise of Gandhi, Churchill, Hitler and Stalin; the first air crossing of the Atlantic; and the first public radio broadcasts.

The preceding oppositions in 1873-75, Aquarius/Leo coincided with financial crises throughout Europe, the crash of the Vienna Stock exchange due to dishonest manipulations, the closing of the U. S. Stock Exchange for ten days, plunging real estate values, bank failures, the Coinage Act of 1873 that moved the U. S. to a gold standard, the establishment of socialist parties in Europe, the founding of the Theosophical Society, the production of the first typewriters and the development of the electric tram.

Einstein gave one definition of insanity as doing the same thing over and over again and expecting a different result. We have at each time had the choice to do things differently—between standing in love or collapsing in fear, between staying asleep or waking up. The Sun will tightly conjunct Uranus at this Full Moon at 21 degrees. Where this aspect falls in your chart is where you must trust your intuitions and take the steps to create in extraordinary ways. The Moon will be conjunct Saturn in Virgo and this aspect calls for you to be discerning about your priorities and to honor the choices that you make.

The Cultural Creatives—those who were born with Uranus in Virgo (November 1, 1961-June 24, 1969 and Pluto in Virgo (October 19, 1956 -July 30, 1972 are being given an especially loud wakeup call to own and express their power. Neptune, ruler of Pisces is sitting between Mars and Chiron in Aquarius. We are being asked in so many ways to rise out of the pea soup of illusions and act on our ideals. Jupiter, the North Node and Juno in early Aquarius encourage coalitions with those who support positive change. Like minded people are not always appropriate, especially when they are sustaining bitterness, anger, resistance and fear.

The Sabian symbols underscore the necessity for teamwork and keeping things as simple as possible. Sun in Pisces at 21 degrees "under the watchful and kind eye of a Chinese servant, a girl fondles a little white lamb; growth in consciousness in its earliest tactile awareness of the wonders of unsophisticated living." The Sabian symbol for the Moon in Virgo at 21 degrees is, "A girl's basketball team; physical training as a means to inculcate the feeling of participation in a collective culture."

We are being shown, reminded, compelled to remember that we are *not alone, not separate* and above all *not powerless.* Use the power of this Full Moon to take the next giant step on your path, and remember "If you are facing the right direction all you have to do is keep walking". (Buddhist proverb)

NEW MOON

Just after the Spring equinox on March 19th, comes the New Moon in Aries on the 26th. Aries, the pioneer, requires courage, bravery and a willingness to explore new territory. In Aries we find the wisdom of the warrior, we develop initiative and we learn to take risks and move out of our comfort zone.

Pluto transiting Capricorn squares the New Moon, Mercury and Venus in Aries. Squares always indicate a turning point where we must make choices about a new direction. The evolutionary imperative of Pluto is intensified by its approaching retrograde on April 4th.

Mars is the ruler of Aries and Pluto is the higher octave of Aries. Pluto symbolizes our higher mind, which differs from our personality or ego. Pluto is forcing us to look at the shadow side of Capricorn. During Chiron's transit through Capricorn (2001-2005) major corporate fraud began to surface. Neptune's passage through Capricorn (1984-1998) coincided with widespread mergers and increasingly extravagant financial compensation for CEO's. As Pluto transits Capricorn for the next 15 years, the focus of accountability must shift from shareholders to stakeholders-to all who are affected by the actions of a business. The measure of success will change from personal gain to a triple bottom line (people, planet profit), which includes social and environmental factors as well as monetary return. The absolutely selfcentered ways of corporations, medicine, banks and even, when it is revealed, religious institutions must change. We cannot find a place to look where something that has been misused does not exist.

Pluto impels us to dig deeper, to examine root causes, so that we can make real changes rather than bandaiding gaping wounds. Finger pointing is a huge waste of time and Pluto's power will sweep the nay-sayers aside. We have focused on what is wrong without really looking and now the focus must shift to "what do we truly desire to create make things right for everyone?"

Pluto shows us our deep-seated and most hidden fears, resentments, blames and beliefs in separation. When Pluto moved through Cancer, John Watson published The Psychological Care of Infant and Child. In this work he admonished parents to stick to strict four-hour feeding schedule and "never hug or kiss the child or allow them to sit on your lap"- (definite homophobia there) so that they would be prepared to face a harsh would. Benjamin Spock brought out The Common Sense Book of Baby and Child Care which influenced subsequent generations of parents to be more flexible and affectionate. However, in the early editions he promoted circumcision within a few days of birth. By the sixth edition, Dr. Spock wrote: "there is no excuse for the operation—except as a religious rite" and in 1989: Circumcision of males is traumatic, painful and or questionable value". Being subjected to excruciating pain when they are still bonding with their

mothers causes infant boys to grow up mistrustful of the feminine.

If we have bee raised with too rigid a structure, we grow up unable to heed our inner wisdom and fearful of deviating from the cultural norm. We are more easily deceived, manipulated and controlled. It is these kinds of traditions and traumas the Pluto expose, so that we can weed out the forms and practices that keep us mired in fear, suffering and separation. Basically, Pluto is directing us to **GO WITHIN** and find the divine directive that lives within us. We have been subjected to separation from our true selves for far too long. The truth is not outside of us, the parent telling us what to do, nor is it undisciplined actions without conscience, but the return to love that exists in the very cells of our beings. Pluto plumbs the depths of our nature to bring out the best and the worst so that we can heal.

The Sabian symbol for this New Moon, at 7 degrees Aries, is: "A man succeeds in expressing himself simultaneously in two realms." This speaks to us of a new model of the masculine, for business and for the world—one that integrates the physical with the spiritual. We are living in times that have no reference to the past. Even though we can look back and find similarities how these times will be lived must be different. We cannot continue to use history to move us forward. We must create a new future. We must rewrite the rules based on those abilities that will make everyone on earth feel good about being here. The definition of a man, a human and a species is being redefined.

"What the caterpillar calls the end of the world, the master calls a butterfly." (Chuang Tse)

CRYSTAL CORNER

Another month has slipped through the portals of time, leaving us shaking our heads over just how much time has speeded up. We're passing a hundred years in just ten? Wow!

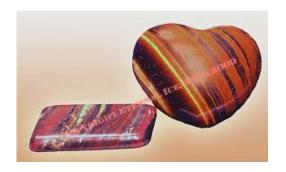
family. These are truly interesting stones and come in a variety Hematite. A stone very much of the earth, this is plutonium of colors and combinations of materials. The most common, of course, is the golden Tiger-Eye. This was the stone that fascinated us as children with its flash of color. That play of color is called being chatovant and most of these are found in the Feldspar family of stones.



Golden Tiger-Eye is a wisdom stone that strengthens your personal shield. It assists those who would be called magik or wizard to create an aura of invisibility or to work with the art of illusion. It is a shape-shifter's stone.

The red Tiger-Eye works with the energy of the root chakra but it also is a connecting energy to the crown and bringing the crown energies to connect with the root chakra. It is, as with the properties of the golden Tiger-Eye to create invisibility, for those still working with the energy of the earth's way, one of these stones carried with them would allow them to go about warrior activities without being noticed so much. It would be excellent for the soldiers in Iraq.

The blue Tiger-Eye or Hawk's Eye, as it is sometimes called, would be a companion of Lapis Lazuli. It works with defining higher levels of information, clarifying truth, seeing through murky or distorted situations. It is an excellent stone for dealing with judgment because it gives you a clear eye to see through things that logic might say that it is just the way it is. Where the golden Tiger-Eye would make you invisible, this would help you to be clearer to yourself. This brings about a greater vision.



This month I am going to deal with the stones of the Tiger-Eye Tiger-Iron is a combination of the golden Tiger-Eye and energy that draws the essence of the earth to connect with the root chakra, the spleenic chakra and the throat chakra. This is a good stone for those who are somewhat ungrounded and yet afraid of losing their spiritual connection. It's a good grounding stone for those who are afraid of Hematite and Obsidian as Tiger-Iron is earthy and expanded at the same time. This is an aspect of transformation. When used over the third eye, it creates a great opening. Most would not be able to leave it

there for very long, for what they would begin to witness would built to support his vanity, are represented by the terrify them. Its subtle transformational energy creates so much Tower. The ego needs to be bigger and better so it more healing than is realized at the time and is ongoing like a time-release capsule. It would assist those who have closed down the three lower chakras, to open them up again and allow themselves to be at ease with the opening. It accelerates the energy of the three lower chakras to reduce troublesome issues with sexuality or power. It allows one to integrate, or at least feel he has integrated, the lower chakras into a higher understanding. If you try it over the third eye, sometimes it takes no longer than thirty seconds for it to work. Pay attention very little action. to how you feel as you work with the stones.

Please be sure to check out my website now that I have the shopping cart feature up and running. If there is an item you are interested in that doesn't have a picture yet, please contact me and I will get one to you. The crystal healing certification classes are beginning again and the Crystal Healing I will be on your egotistical vanities to the purifying fire. From the April 4th & 5th. The second class will be on May 2th & 3th. If you unobstructed view from the top of the tower you can would like to have a flyer, I would be happy to send one to you. Many blessings to all of you and Happy St. Patrick's Day!

Linda Thomas 894 Lane 11 ½, Powell, WY 82435 (307) 754-4396, (800) 757-8478 www.eternal-ice.com

TAROT TALK



The card for March is the Tower. The Tower represents the breaking down of the old, to make room for the new. (How appropriate to these times.) The Tower symbolizes purification and revolutionary self-cleansing. Man's ego and the structures that are

seeks to build structures that are taller than the largest yet. When those structures are threatened people feel as though their own illusions will fall down next. The Tower really is a "tower of Babel", a house of cards and confusion. The Kabbalah letter-name for the Tower is *Peh*, which means mouth and speech". It stands for the activity generated by words, words, and more words. We have seen lots of talk in the past, but

The *I Ching* Hexagram #49, *Ko*/Revolution:

Fire in the lake: the image of REVOLUTION. (I Ching, p. 190)

You are being asked to purge your ego by sacrificing see yourself clearly.

The fire of purification is symbolized by dismemberment and associates with mythological figures such as Zagreus, Pentheus, Orpheus and Osiris. This is a metaphorical dismemberment which is in accord with the Tower's number sixteen. This number, a six number like the Lovers, represents separation created by dualities or opposites.

Six is also a number of integration. It is through dismemberment or disintegration, that union or integration results.

The rune for the Tower is Kenaz. It represents "the fire of sacrifice" that brings regeneration. You are being called to release those things in your life that no longer serve you. Allow them to pass away and fill the void with peace, love and anticipation. This takes courage and the surrender of your will to that greater Will of I AM. Let go and the reward will be the fulfillment of At-one-ment.

ADS



Annlaiya is an iridologist, flower essence Practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Call 307 332-7861 for appointments and Information,

Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or

307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry
Kim does computer generated fractal art. We
have one of Kim's pictures and it is most amazing.
Do check out her website!
www.kimberlyraehansen.com

The Wellness Connection, 201 Main St. in Lander, offers many interesting and therapeutic modalities. Delphinia Bey does massage, hot rock therapy and deep tissue work. Delphinia also teaches Reiki classes. Call 307 332-6262 for appointments.

Dream Pillows by Linda Emter



intuitlinda@msn.com

Christmas is past, but there are birthdays and other occasions to give someone special sweet dreams. Microwave for 35 seconds and place on sore neck, shoulders, knee, head. Also, place under bed pillow for Dream Recall.

Aromatherapy Dream Pillows \$18.00@+S&H

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz
Delores is an excellent website designer who has an extensive background in web design. She is very conscientious and works quickly. She is excellent at problem solving web site situations. www.ddswebdesign.com
or call Delores DeVore 678 634-1249

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