



March Newsletter



Wow! Another month is coming to a close. Here I am creating the March newsletter.

We have had a most interesting February. On Super Bowl Sunday Dorian slipped on ice on her daily walk around the cemetery and broke her right ankle in two places. The walk is one mile and takes her about ten minutes. When she didn't come back to the car, I went looking for her. I found her at the bottom of the curve, got her into the car and got her home. About three hours later she decided that she needed to have the ankle X-rayed. Annalaiya and Delores helped get her into the car and off we went to the emergency room. During that three hours at home Annalaiya had put Rescue Remedy crème, arnica gel and lavender oil on the foot and ankle. The doctor in the emergency room didn't say much, but he kept looking at Dorian strangely. The orthopedic surgeon said on the first visit that there was no requirement for surgery. St. Germain said that what the doctors were seeing was an X-ray of an ankle that had only been broken for about four hours and looked like a break that was about three week along in the healing process. Both doctors kept telling Dorian how healthy she is—no regular meds or drugs. On the second visit the tibia had moved about $\frac{3}{4}$ of an inch and the surgeon said that in

order for Dorian to have a healthy ankle it had to be fixed, so on February 17 she had surgery.

We are on a learning curve about what it is like to be in a wheel chair because Dorian feels more confident with the chair. As I look into the ankle it is mending nicely. We have had so much help from our unseen friends and we have been blessed with immeasurable help from our friends here in Lander—getting Dorian in and out of the car, getting her to the ER, bringing homeopathic and essence remedies, toning and turning forks, bringing us food and helping with house work—the list goes on. Thanks to everyone who has helped. One does not stop and think about the things that are not in the life regularly, so the limits that being in a wheel chair or only having one leg bring, offer a lot of necessity for creativity. We are certainly aware, now, that a lot of things we have taken for granted, are a luxury and a blessing.

I have to say that my heart was glad that the Saints won the Super Bowl. I am not a football fan, but it just felt right that after all New Orleans has been through that they should win the game. It was a good, well-played game from what I heard.

It is so amazing to observe the schisms that are being created as we begin to flex our “Master muscles”. Mastery is not about divisiveness, however, old ways (power struggles) do not pass away easily because we are all so very strong willed or free-willed. It is my deepest desire that the old hatreds and need to be right can be healed and forgiven as we head into the world changes of these times. A good heart can still make choices that are not accepted by everyone, but the old line need to destroy that which is different is becoming worn out. We are being forced to look at the good of all concerned rather than just “what is good for those in positions of power”. I will be the first to admit that the adjustments are really challenging. I am getting to experience what the essence of allowing feels like and exactly what happens the moment I forget to be in that energy. I can feel the shift if my Ego gets the upper hand and attempts to take me back

into *trying* mode. Things jam up very quickly if I forget to relax and just let spirit take the lead. It is a major adjustment, but I certainly enjoy the outcomes much more when I am not in control. I can feel how control hurts and stops the flow. It is almost like feeling an electric shock that gets my attention when I move out of the peaceful place. There are times when the old patterns are so strong that I have to focus all of my attention on getting still within. Other times, I seem to be able to move into alignment with ease. This is a **BIG** learning curve--“Remembering Mastery- Universe-ity level”.

The financial part is the greatest challenge because even though there are many people who feel that we are all in the same place there are still those who are so afraid that they won't get their share that they want to take even more than ever, even more than when things appeared to be flowing. The institutions that are raising rates, adjusting the payments to take as much as possible, as quickly as possible with little thought or consideration for the common good are still clinging to the old paradigms. I feel that these actions are probably making things harder for them also, because we are all one. I understand that none of this has to be difficult, but I am still in that learning curve to get the hang of ease. We have avoided ease while we tried to obtain it. We have feared Love and yet it is the most precious gift we can have. We now get to learn how to **ALLOW** ourselves to have the things we desire with the understanding that whether it is physical or intrinsic the good belongs to everyone. No one has the right to more or less than anyone else, but it isn't about legal rights or mental determination, it is about letting the divine good come to us through the attraction of love within us. What would life be like if we were not calculating our next “battle strategy” or attempting to get the better of someone else, rather than allowing the best for ourselves? It takes major **FAITH** to step into the sweet unknown and forgive our judgments against everything.

Then there was the Olympics, which started with the loss of human life due to the measure of “human life” against how much money it would cost to have safer conditions. I have wondered for a long time why someone always has to die before money will be spent to correct a safety issue?

The Chinese showed off major technology and the brilliance of the mind at their Olympics. Canada brought forth more of the mystical and magical of the people of the Earth. I thought the personal touch was a lovely contrast—not better or worse, just different. Oh, when we can get to the point where we can enjoy

everything without having to decide who is better. When the only competition that we have is with ourselves to improve who and what we are, we will bring forth the richness of our true nobility and live the Masters that we are.

As the Olympics continue to unfold there is the necessity to lay blame and point fingers about everything, up to and including the weather. Certainly, human lack of attention is obvious at every turn.

Rainbow Center News

Our next group, “Surrender” will be March 14 at the Rainbow Center, 4th & Lincoln in Lander.

CD's can be purchased on the website at www.voiceofthegatekeepers.com/2010groups.html

St. Germain brings the third in our “Know Thyself” series—“Beauty-Inward and Outward” this month.

Both CD's and DVD's of this series will be available. If you purchase the first five CD's or DVD's you get the sixth one free.

To order CD's or DVD's www.voiceofthegatekeepers.com/evenings.html

Our next intensive, “Questing into the Mysteries of Love: Finding You Way into Joy!” will be May 8-9 in Lander, WY appointments. There will be a Friday evening event “Playing with Faeries” from 8-10pm at the Rainbow Center.

ASTROLOGY NEW MOON

This New Moon on March 15 has seven of the planets creating an out of sign conjunction. Neptune and Chiron are in Aquarius and Jupiter, the Moon, Sun, Mercury and Uranus are all in Pisces. This is a power pack that operates like a train with Neptune as the engine or puller because it is the first planet over the horizon. This says that more than ever the energies of the unseen world are influencing our daily lives. Uranus is the caboose or pusher. This tells of the extreme changes that are occurring on all levels and the potential blending of the two worlds—physical and spiritual. We have lived for so long in separation and now the two worlds that have always been one are clarifying into holiness.

Jupiter, which is called the Home of the Gods, has moved into Pisces and is expanding the focus on our beliefs—both old and new. The transforming process is stirring up resistance in every stratum of society. Some might say that the struggle between the wealthy and powerful and those who have created “lesser” placements on the financial scale are nothing new. To some extent it certainly appears to be so. However, when things are examined at a deeper level the fear factor seems to be bigger and more obvious than ever because the “power for the sake of power” tactics are beginning to fail. Certainly, there are many who still want to mis-create and then attempt to make it appear that someone else is at fault, but revelation is working over time to put the spotlight on these activities. The planets are calling for a change of heart that stops the fighting against what is deemed inappropriate. Uranus is totally upending the old ways. Neptune is suggesting that we “take a deep breath and allow the best outcome”. When this becomes a common practice, life on the planet will flow much more smoothly.

Forgiveness is a primary point with half of the planets in Pisces. The design of the times is that we will come to understand that forgiveness can never be a mental process. We cannot control our emotions or feelings with our minds, so deciding to be forgiving can become a process of sanctimony. Forgiving is not forgetting, but honoring the lesson that has been gained so that there is spiritual evolution. Neptune does not enter Pisces, the sign it rules, until April of 2011, but as it ends its stay in Aquarius, it asks us to lift our sights and allow our minds to be tempered with compassion in every situation. The **FACT** that we are the writers of our own script will become more obvious as we move toward 2012. In order to move into the higher levels, we must face our shadow self, embrace it in love and empty out the misconceptions of fear, guilt, judgment, shame and blame. Because this is a Neptunian process, we are unable to decide how it must happen or figure out what to do about it.

Uranus falls very close in conjunction with Mercury and, therefore, this New Moon offers opportunities for major breakthroughs. Because we do not accept change without resistance, February, March and April will prove to be some of the most difficult times in memory. It doesn't have to be hard, but we are still attempting to play by old rules, so we are functioning by the standards of separation while *integration* is the paradigm of now. Up until its recognition as a planet in 1781, Uranus was considered a star. It is often quite easy to miss what is right in front of us, until we shift our focus and apply new tools—spiritual—that assist us

to look at things differently. There are many people who are still reacting to change rather than considering that it *always* leads to a better life. The downside of Uranus is chaos. We are now being directed from our deepest knowing to bring order out of chaos. War is a tool of chaos that never brings true order, only the fictitious appearance of the “victim” complying momentarily. Uranus exactly co-joins Mercury within the hour of the New Moon which indicates that innovative ideas and metaphysical truths are being brought to the collective consciousness. We are required to slow down and listen to what spirit has to say in order to receive the insights that will change our minds and lives. Spirit NEVER coaches us to do harm or destruction to achieve a higher good. We will become more aware of the guiles and wiles of the EGO as revelation progresses. EGO is in league with our Soul to bring an understanding of Love and integration in the midst of separation. In Spirit there is no good or bad. As we can release the necessity to qualify everything by old standards, the filters through which we have viewed life for so long will begin to clear.

Mars stations direct on March 10. Because of its retrograde Mars is spending almost eight months (October 16, 2009 to June 6, 2010) rather than the usual six weeks in Leo. This has certainly made this a most trying time for President Obama as the metal of both character and spirit have been tempered in the fires of Mars. This has called for keeping the temper and staying balanced when those who stand for the old ways are snapping like dragons teeth all around.

The Sabian symbol for this New Moon at 26 degrees of Pisces echoes the Uranian and Martian messages of coming forth with our own unique gifts now: “Watching the very this moon crescent appearing at sunset, different people realize that the time has come to go ahead with their different projects; a keen appreciation of the value of individualized responses to any challenge of life.”

March brings us to the end of the zodiacal year. It is time to consider what seeds you are going to plant for the next year. What you plant will not only influence the coming year, but as the garden produce feeds for months or even years to come, the seeds of thought and action tend to affect your life for years to come. The choices have never been clearer, nor the consequences more momentous. Remember: “Too many of us are not living our dreams because we are living our fears.” (Les Brown)



FULL MOON

The Full Moon (March 29-30) brings light into the darkness illuminating what we must see and deal with before we can take the next step—Heaven or hell, love or fear, forgiveness or blame. The Full Moon can bring culmination to what was set in motion at the New Moon. The Full Moon assists in the integration of masculine and feminine principle, bringing balance to the yin and yang and drawing together the active and receptive nature in all relationships—business and personal and with our planet.

Aries is the first sign of the zodiac and it heralds new growth, new starts and the emergence of new forms from the transpersonal waters of Pisces. Aries and its ruler Mars, involve the development of courage and how to act with thoughtfulness.

Pluto at 5 degrees Capricorn, is square this Full Moon. This highlights what we have allowed to block our progress. This is intensified by the fact that Pluto will station to go retrograde on April 6, which will set in motion evolutionary imperatives that bring about the metamorphosis of unjust and unsustainable actions. Pluto's passage through Capricorn mandates ethics in all areas of our society—from government to national boundaries to personal spirituality. We are moving away from hierarchy and domination to a world based on love and equality. We all must be conscious creators of our own reality. Every thought, word or action reflects our choices, whether conscious or unconscious. We can no longer act in a careless manner and then say that we didn't mean to. The essence of our intentions is being felt by everyone.

Saturn has been in Libra since October 29, 2009, squaring Pluto. This square highlights where the scales of justice remain tipped. Retrograde Saturn will return to Virgo on April 7, the day after Pluto's retrograde. Saturn will remain in Virgo until July 21 when it reenters Libra. These aspects will require that we be willing to learn more effective strategies, in order to achieve balance. Venus, the traditional ruler of Libra, is conjunct Mercury in Aries, signaling the need to use new ways of communicating. Pluto, the revealer, is lifting the illusions of interest in the people that are being perpetrated by those who are clinging to the old order. The desire to keep the status quo, by convincing people that change is dangerous, is becoming more obvious every day. There certainly is a call for non-violent communication in order for this country to begin the process of healing the wounds of the past. Insidious gossip and hate-based manipulation is a part of an old, tired, useless form of government

that cannot serve anyone as the paradigms are shifting to a more spirit-oriented, global community. There are those who still want to control how everyone else lives (China threatening the U.S. with political repercussions because President Obama would talk to the Dalai Lama and the "tea partys" that want to hold the economic climate in the same old limited patterns of a few being supported by the many). Revelation appears to have brought the idea of equality to the point to everyone having the absolute right to express their opinion about everything and everyone. It is revealing the growing schism as sides draw off against each other. (reference Revelations in the Bible) The belief that radical action is necessary and/or condoned is becoming more intense as more and more people take matters into their own hands and "Kill the enemy". Undisciplined behavior is calling attention to the requirement for positive focus in every aspect of life.

The Sabian symbols for this Full Moon point out that if we are willing to allow a heart opening it can lead to opening our eyes to higher potential and greater harmony. For the Sun at 10 degrees Aries: "A teacher gives new symbolic forms to traditional images; revision of attitude at the beginning of a new cycle of experience." For the Moon at 10 degrees Libra: "having passed safely through narrow rapids, a canoe reaches calm waters; the self-control and poise necessary to reach a steady state of inner stability."

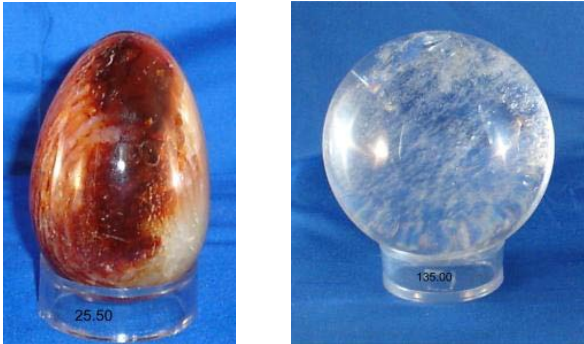
As "I" reach for unity with the "We" I begin to create peace in my world. My world has a dynamic effect on *the world*. My every thought, word and deed, help or hinder the changes that now must be made. *They* are not the problem—I create my own reality.

CRYSTAL CORNER



Hello to everyone and many blessings. After months of writing about the crystals and their uses, I decided to do something a little different this time. I know many of you wonder how to use the crystals and how to get the energy into your space. A few basics on shapes might help at this point. When using a single pointed wand or any stone with a single point, remember that the energy will follow the point. It's like pointing a finger at someone; the energy will come out of the fingertip. As most energy comes into a person through their left hand, you would hold a

single terminated wand pointing up the arm with another wand pointing down in the right hand. A stone with two points may be used on the body, keeping in mind that the energy will run both directions. This makes it ideal to place on the meridians of the body to boost the flow of energy.



Spheres and eggs are wonderful shapes that broadcast energy out into an oval or round area. These are wondrous pieces to have on the table beside a chair or on a coffee table to bring the energy into the room. You might even experiment with keeping a stone beside your bed, depending on what you desire to accomplish. Keep in mind that the energy will differ with the kind of stone used.



Clusters are made up of many smaller points and the energy will follow each of the points. These can also fill up a room with energy.

Amethyst is so good in this instance as it transmutes negative energy into love.

Malachite is also a good stone to use in the home or office as it absorbs negative energy.



Jewelry is another way of surrounding yourself with the vibration of the stones. Chip necklaces are wonderful and come in many different stones and a lot of them have bracelets to match. This is a fun way to work with the crystals. You can create your own pendant with a metal coil or spiral cage. Choose a small point or

stone, put it in the cage, add a chain or cord and you have a nice piece of jewelry, inexpensive and full of energy, to wear. Rings are nice to wear but the setting should have an open back to allow the energy to interact with your energy. Remember that all stones and jewelry require to be cleansed often to maintain their charge. And, if your chain keeps breaking or the piece is lost often, it might be time to change to another stone and energy!

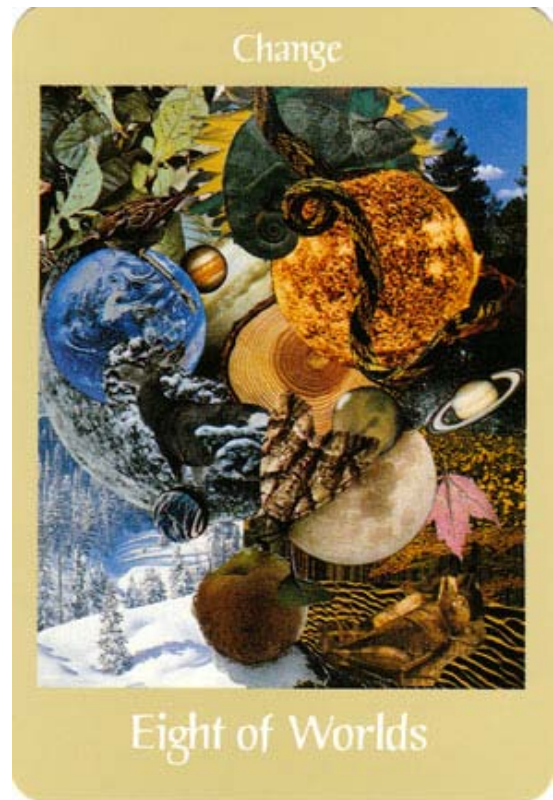
A crystal healing certification class is tentatively scheduled for May 22nd-23rd.

If you have any questions about the stones or upcoming classes, please call me at:

Linda Thomas
 Eternal Ice Enterprises
 (800) 757-8478 or (307) 754-4396
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Blessings on your journey!

TAROT TALK



The Tarot card for this month is Change—the eight of Worlds. The planets are demonstrating the necessity for change in every area of our lives. Eights are about power and the fact that nothing ever dies, but simply

changes form. We are moving through monumental changes on every level, government, medicine, cooperation, reconstruction, and in all the transforming power of love is waiting to direct the changes to the pentacle of new creation.

The only constant in life is change. Move your body, mind, heart and spirit in accordance with the changes. Change to keep up with change. Do not get fixed or overly protective of the status quo. Keep yourself renewed and refreshed, alert and creative through change. Change prevents the stagnancy of disease. Grow through change. You stay free by constantly transforming—breaking apart and reforming. Be able to stay flexible so that you can move quickly and take action when necessary.

Look for points of transition, new ways of communicating, feel the flow of the in-between places. Get used to allowing. Change is inevitable.

Follow the cycles of change. Wait through the winter of change, sprout, bud, open in the spring of change, flower and come to fullness in the summer of change and reach you most abundant and richest potential in the autumn of change. Change your appearance, change your colors, allowing will assist in changing your style and finding an amazing new you.

When the Eight of Worlds appears in your cards it heralds shifts and changes that are beyond your wildest imagining, changes that are out of your control. Change is nature's ways of seeking and maintaining balance. In change nothing gets too far out of alignment. Check out how the idea of change makes you feel. This could be a big clue to why change is difficult or easy for you or others. Does the idea of change bring up fear because it moves you into the "unknown zone"? The flip side of that is joyful anticipation that the changes that are coming are going to make your life sweeter, more abundant and bring connections with new sources of delight.

Are you out of balance? Are you unconsciously calling changes and then resisting because they appear to be inspired by something or someone outside of you? The Change card indicates new potential that will be a gift if you can let go of your old filters and see things clearly. Meditate on the blessings of change. Consider the places where change has made your life better, even if it took time to recognize it.

THE GARDEN FAIRY



Dill

The International Herb Association has voted Dill as "Herb of the Year" for 2010!

As a native of Europe, Dill, was used for both medicinal and culinary purposes. Dill water was used to soothe babies with colic. Adults used dill wine to aid digestion. It was probably for this calming effect on the stomach, as much as for the complementary flavors, that cooks began pickling cucumbers with dill. Dill seeds were used for pickling as far back as the 17th century. Every English household that cultivated herbs had dill vinegar for salads. Early settlers took dill to North America, where it became known as "meetin' seed," because children were given dill seed to chew during long sermons.

Dill likes cooler climates best. It works well to plant dill at the same time you would plant your early greens and lettuces. Dill is very prolific so pay close attention where you plant it. I have dill growing in many places in my garden. I love the smell as I brush through it walking around in my garden.

The dill seeds are rich in minerals and contain mineral salts, so they make an excellent herb salt, especially for a salt-free diet. To make, grind seeds with coarse salt and store in a tightly closed container; use it on vegetables and fish. A cup of dill seed tea eases most digestive upsets. Dill seed is antibacterial and will alloy bad breath. Dill is a diuretic and also helps to tonify the liver and pancreas. It helps alleviate moist conditions in the body, so it is sometimes used in treating viral conditions. Soaking your hands in a dill seed decoction will not only relax you, it also will strengthen your nails.

Dilled Yellow Squash

2 ½ lbs. Yellow Squash
1 Lg. Sweet Onion
4 Tbsp. Unsalted Butter
1/3 C. Fresh Dill, chopped
Salt and Pepper to taste

Wash and trim squash and cut it into rings, about 1/3 inch thick. Peel onion and cut lengthwise into half; cut each half into slices. Melt butter in a heavy skillet and sauté` squash and onion over medium heat for about 10 minutes, until tender-crisp. Stir in dill, season with salt and pepper. Reduce heat, cover and cook 5 minutes. Serve immediately.

Serves 8

ENJOY! 😊

The Garden Fairy

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Credit card scam call 919-633-5450

New Credit Card Scam

Snopes.Com says this is true. To verify see this site:

<http://www.snopes.com/crime/warnings/creditcard.asp>

This one is pretty slick since they provide YOU with all the information, except the one piece they want.

Note, the callers do not ask for your card number; they already have it... This information is worth reading. By understanding how the VISA & Master Card Telephone Credit Card Scam works, you'll be better prepared to protect yourself.

(All of the following in green was said to me by my actual VISA card bank for a charge that really was questionable. When I told them I hadn't made that charge, instead of asking for additional info like this scam does, they inactivated my card and sent me one with a new number)

One of our employees was called on Wednesday from 'VISA', and I was called on Thursday from 'Master Card'.. The scam works like this:

Caller: This is (name), and I'm calling from the Security and Fraud Department at VISA. My Badge number is 12460. Your card has been flagged for an unusual purchase pattern, and I'm calling to verify. This would be on your VISA card which was issued by (name of bank). Did you purchase an Anti-Telemarketing Device for \$497..99 from a Marketing

company based in ?'

When you say 'No', the caller continues with, 'Then we will be issuing a credit to your account. This is a company we have been watching and the charges range from \$297 to \$497, just under the \$500 purchase pattern that flags most cards. Before your next statement, the credit will be sent to (gives you your address), is that correct?'

You say 'yes'. The caller continues - 'I will be starting a Fraud investigation. If you have any questions, you should call the 1- 800 number listed on the back of your card (1-800 -VISA) and ask for Security.'

You will need to refer to this Control Number. The caller then gives you a 6 digit number. 'Do you need me to read it again?'

Here's the IMPORTANT part on how the scam works. The caller then says, 'I need to verify you are in possession of your card'. He'll ask you to 'turn your card over and look for some numbers'. There are 7 numbers; the first 4 are part of your card number, the next 3 are the security Numbers that verify you are the possessor of the card. These are the numbers you sometimes use to make Internet purchases to prove you have the card. The caller will ask you to read the 3 numbers to him. After you tell the caller the 3 numbers, he'll say, 'That is correct, I just needed to verify that the card has not been lost or stolen, and that you still have your card. Do you have any other questions?' After you say No, the caller then thanks you and states, 'Don't hesitate to call back if you do, and hangs up.

You actually say very little, and they never ask for or tell you the Card number.. But after we were called on Wednesday, we called back within 20 minutes to ask a question.. Are we glad we did! The REAL VISA Security Department told us it was a scam and in the last 15 minutes a new purchase of \$497.99 was charged to our card.

Long story - short - we made a real fraud report and closed the VISA account. VISA is reissuing us a new number. What the scammers want is the 3-digit PIN number on the back of the card Don't give it to them. Instead, tell them you'll call VISA or Master card directly for verification of their conversation. The real VISA told us that they will never ask for anything on the card as they already know the information since they issued the card! If you give the scammers your 3 Digit PIN Number, you think you're receiving a credit. However, by the time you get your statement you'll see

charges for purchases you didn't make, and by then it's almost too late and/or more difficult to actually file a fraud report.

What makes this more remarkable is that on Thursday, I got a call from a Jason Richardson of Master Card' with a word-for-word repeat of the VISA scam. This time I didn't let him finish. I hung up! We filed a police report, as instructed by VISA. The police said they are taking several of these reports daily! They also urged us to tell everybody we know that this scam is happening.

Please pass this on to all your family, friends and neighbors. By informing each other we protect each other.

Neighbors helping neighbors; always the best policy!

Advice from Snopes

Here is a nice little tidbit of information that came my way this morning. So if any of you are wondering why I didn't return something to you that said something like "if I don't get this back Ill"....or, "See how many flowers you can get back," or "Forward this to 10 people in the next 5 mins. Or something bad will happen to you," etc. The following is why .. don't send them back:

Advice from [Snopes.com](http://snopes.com) < <http://snopes.com/> >

1) Any time you see an E-Mail that says forward this on to "10" of your friends, or sign this petition, or you'll get bad luck, good luck, or whatever, it almost always has an **E-Mail tracker program attached that tracks the cookies and E-Mails of those folks you forward to.**

The host sender is getting a copy each time it gets forwarded and then is able to get lists of "active" E-Mails to use in SPAM E-Mails, or sell to other spammers.

2) Almost all E-Mails that ask you to add your name and forward on to others are similar to that mass letter years ago that asked people to send business cards to the little kid in Florida who wanted to break the Guinness Book of Records for the most cards.

All it was, and all any of this type of E-Mail is, is a way to get names and "cookie" tracking information for telemarketers and spammers - - to validate active E-Mail accounts for their own profitable purposes.

You can do your friends and family members a

GREAT favor (PLEASE) by sending this information to them; you will be providing a service to your friends, and will be rewarded by not getting thousands of spam E-Mails in the future!

If you have been sending out (FORWARDING) the above kinds of E-Mail, now you know why you get so much SPAM!

Do yourself a favor and STOP adding your name(s) to those types of listings regardless how inviting they might sound! You may think you are supporting a GREAT cause, but you are NOT in the long run. Instead, you will be getting tons of junk mail later! Plus, we are helping the spammers get rich! Let's don't make it easy for them!

Also: E-Mail petitions are NOT acceptable to Congress or any other organization. To be acceptable, petitions must have a signed signature and full address of the person signing the petition.

FINAL TIP-----DELETE ALL EMAIL ADDRESSES WHEN FWDG & SEND BY 'BCC' ONLY, THIS ALSO ELIMINATES SPAM.

MESSAGE FROM ST. GERMAIN



And so it is, Beloved Masters, spring is just around the corner and we know that many of you are saying, "Not a minute too soon!" The tests of the cold and inconvenience of weather have added to the stress levels of life in general.

January through May of 2010 brings one of the most stressful periods of time the Earth has known. The planets are stirring up the emotions that have long been repressed or suppressed. While the release is good and necessary, the way that many people are dealing with the release of anger brings sorrow and a very different outcome than they had planned. The suicide bombers and those who choose to kill because life isn't serving them the way they believe it should say "If I die while taking retribution (making them pay for what has happened to me) I will not be punished". This is far from the truth. The punishment will not come from a hateful

God who is just as angry as these people. The judgment comes from within self. “Judgment Day” was never outside of self after all. As Love is poured out to you in greater measure all of the time, it burns like acid for those who have allowed themselves to be filled with thoughts and actions that are not loving. *This reaction is NOT God’s wrath, but the fear and anger being transformed by love.* Love and hate cannot exist in the same place.

It is our desire to assist you to understand how the loving changes are influencing you and all others on the planet. The need to be right and the need to be important have long been the foundational strategy for the war games of the planet. Competition at every level has put people at odds, even with those they swear that they love. Judgment is so painful and yet the judgment level of the human race is accelerating. There are many who are feeling the call of Spirit within themselves to be more gentle and compassionate, but for others the changes are simply amping their fear level and making them more combative than ever.

The children—Star children, Indigo children, Diamond and Rainbow children—are beginning to teach with their beautiful wisdom and poise. “And a little child shall lead them”.

A young athlete wins an Olympic gold medal and is challenged by another athlete and his country over of points of technique. The winner says quietly, “I was not competing with anyone but myself. I only wanted to beat my own personal best.”

Another young athlete stands before the world to speak of his personal journey and the harsh lessons that he has brought upon himself with his careless behavior. It takes great courage for this man to stand before the world and admit that he must make amends with himself, as well as ask forgiveness of others. Truly, this is about his journey. If those who travel with him choose to believe that they have been wronged it is their choice. **Certainly, the world would agree that a great wrong has been done. Beloved Masters, it is never what life brings you, but how you choose to respond to what life has brought that matters.**

The world wants to step in and decide what this man should say or should have said, what of his private life should be told to everyone, the media acts like spoiled children who are not getting their way and the masses respond with the very same attitude that made throwing Christians to the lions so popular. There are battles and debates and conflicts over any and

everything, yet some might still ask, “When do you think Armageddon will begin?”

In Spirit none of this is behavior is wrong or bad or good or right. In God’s sight it is all just choice. The mind has, over time, decided what choices are appropriate and what is unacceptable. Religions and politics make laws and rules, which are subject to change at the whim of those who slant the laws and rules to suit their own advantage. “This is wrong for you, but alright for me”, they say, “because I know how to handle power and you don’t”. How long must you be inundated with war at every turn before it begins to reach the places of love within you and penetrate to bring change? How long before the world wakes up? How long, Beloved Masters, before you wake up? We ask these questions, not out of anger or accusation, but in the hope that you might stop and contemplate the answers for yourself. You see these answers are for you, about you.

What others are doing with their lives is great distraction and prevents you from having to look at yourselves a bit longer. The Ego says you are delaying a terrible fate. The truth is you are avoiding your own revelation, your own remembering, your own Mastery and then wondering why it is taking so long for the promised changes to happen on Earth. Be there for yourself and you will begin to have a deep compassion for the challenges that other Masters are meeting—not in pity or sympathy or even scorn, but in compassion. As you stop fighting off the influx of love by maintaining a hard-hearted attitude, you feel the realization dawning that there is a Divine plan in everything that is happening. This plan is not for pain or punishment, but for transformation. This Divine plan is for your highest, best, most wonderful outcomes. When will you cease fighting, fighting because you have forgotten any other recourse and just wait in awe as the new love informs you and makes you aware of all that awaits you?

A Master makes no excuses for self or others, a Master does not defend self or others and a Master is clear within self that explanations are not necessary when you are being guided by Spirit. Feel the energy of excuses, defenses and explanations within. Pay attention and forgive these reactions and notice how much stronger you begin to feel because you are not giving your power away to others hoping for approval.

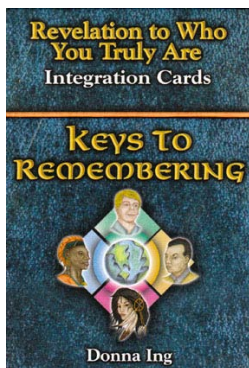
Do know that in the Divine insanity of these times, all is truly well. You are moving and growing and changing along the course of the Master that you are. The more that you respect yourself, the more respect

will be there for you. The answers are not outside, though the distractions draw you to look there. The illusions are creating an appearance of greater separation than ever, when what is actually occurring is Egoic resistance to the unifying essence of love. **You are not alone in anything that is happening. You are required to open your inner eyes to see beyond what has been called true, in order to see the reality of the Divine in your own world.**

Until we meet again, in what ever manner that may be, I remain, as always, your devoted Servant--The Lord St. Germain

KEYS TO REMEMBERING

Donna Ing has her card deck and book **KEYS TO REMEMBERING** available at amazon.com and through her website.



She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com>.



Cookie Bouquets by Nikki

These are soft, delicious cookie bouquets for all occasions. Cookies are 6" to 8" and can be frozen and thawed to eat later. Check the website:

www.packagesofjoy.com

Enchanted Art by Linda Lube



Our friend Linda Lube is designing tunics, vests and other wonderful pieces of clothing. Here are the promised pictures. Call Linda at 828 777-8540 for more information. Truly, these are the most delightful and mystical garments. Anyone who loves Lemuria, faeries or the magik of childhood will enjoy what Linda is offering.

ADS

If you feel drawn to these words, you can receive the free DVD, GLOBAL ACTIVATION OF OMNIPRESENCE, observed on Valentines Day, 2010 at a GATHERING in the Punjab in India. This transmission is a CHITI SAHEBJI gift to you request by email sbenzin@ntelos.net

ART BY ISA



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Annalaiya is an iridologist, a flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options is located at 214 Main in Lander. Call 307 332-9882 (center) or 438-0927 (cell) for information or appointments.

Shaylenn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

Dream Pillows by Linda Emter



intuitlinda@msn.com

Christmas is past, but there are birthdays and other occasions to give someone special sweet dreams. Microwave for 35 seconds and place on sore neck, shoulders, knee, head. Also, place under bed pillow for Dream Recall.

Aromatherapy Dream Pillows

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