



March Newsletter



Our evenings this year are “Chats with the Inner Merlin”. Our pictures this month are Merlin making the alchemical change from the leaden cup of the old ways to the Golden chalice that holds our connection to the Ancient Ways that we must find again within us. The second picture is Molly channeling Merlin and the third is Merlin’s cave as designed by Dorian.

Here we are into March and the spring equinox is upon us. Time is an unstable commodity and it changes to suit our mood. We are truly beginning to get the picture that we create what occurs in our daily affairs.

The shift of energy into this New Year created all manner of interesting snafus for us. There were issues with software, graphics, an electronic storage unit and then Dorian’s new laptop quit working. After five hours on the phone with I Yogi in India the problem was resolved to a wifi card. Three days later my CD printer, which is also new, got jammed and we are waiting on the new one as I write. “Hurry up and wait” seems to be the motto of the times. St. Germain is always saying “Take a deep breath and relax”—it works if I can get centered and let go. Patience is a virtue, but it is also a necessity with the way everything is changing.

I just want to thank everyone who has written, enquiring about my health or to comment on the

newsletter. I am grateful for your love and appreciation. A heart-felt Thanks to all of you.

Things are moving along with my new website. I am organizing all of the CD’s and DVD’s so that you will be able to browse easily on the new site. I have found that many people had no idea that I have product for sale as well as my services. I am especially excited about the evenings that St. Germain has done over the last three years. “The Virtues”, “Know Thyself”, “Personal Magik” and this year “Chats with the Inner Merlin”. The evenings this year are brought to you by Merlin and he chats about how the Ancient and the Now are called to meet in order for us to move through the changes with ease and grace.

Linda Thomas, Woman of Crystals is offering a radio show via computer.

I am so excited to announce that I will debut a new talk radio show on VoiceAmerica.com on March 1st at 4:00 PM, Mountain Time. Titled ‘Adventures in Alternative Healing’, it will air on the 7th Wave channel. We will be covering a little bit of many subjects including crystal healing for animals, fear and love in our world, the year of 2012, iridology, essences and all the stones that relate to these things.

Rainbow Center News

The March group is “The Opening to the Mysteries is Ongoing.” The Revelation is an up spiral, Ascension is evolution and remembering the Mysteries is a part of the process. There is One Key that opens all of the locks, but it will not open them all at once. St. Germain assures us that the Mysteries are being revealed and it is an integrative ongoing in our lives.

It will be on March 18 at 2:00p.m., at the Rainbow Center for the Humanities, 177 N. Lincoln in Lander.

CD’s can be purchased on the website at www.voiceofthegatekeepers.com/2012groups.html

Our March “Chat with the Inner Merlin” is “The Druid’s Call”. Merlin tells his story about being a part of the Druidic Order and how the essence of that understanding is still powerful and helpful to all of us in these times.

To order CD’s or DVD’s

www.voiceofthegatekeepers.com/evenings.html



ASTROLOGY

FULL MOON

Our March Full Moon occurs on the 8th in the sign of Virgo. The Pisces/Virgo axis focuses on spirit and physical, intuition and logic and our ability to be accepting versus judgment. The question that is before us is “How well are we balancing the heart’s compassion with our analytical assessments of life?”

Mercury, traditional ruler of Virgo, goes retrograde on March 12 and remains in the reverse direction until April 4. It plays an important role in this Full Moon for several reasons. Retrogrades turn our attention to finishing what we have started, letting go of what we have held onto that no longer fulfills a place in our lives and perhaps even redirecting the flow or focus of our affairs in a totally new direction. We will be brought to look at breakdowns in relationships, equipment failures and disconnections in the path of our life. There are no accidents. Everything happens for a purpose even if we cannot figure it out in the moment. Mercury always calls for reassessment of how we are thinking. “You cannot get the right answer until you ask the right question” or as St. Germain says, “You must find the appropriate question to obtain the right answer. Due to the retrograde Mercury will be in Pisces from February 13 to March

2 and March 23 to April 16, highlighting our necessity to trust our inner guidance and go with what FEELS right.

When a fast moving planet, such as Mercury, meets with slower moving planets, in this case the Uranus/Pluto square, the evolutionary pace picks up. Because of the retrograde, Mercury will cojoin with Uranus three times this year (March 5, March 18 and April 22). It will remain within 10 degrees of square to Pluto from March 3-23 and April 17-May 2 forming an exact Mercury-Pluto square on April 25. The upcoming Uranus-Pluto squares (seven to be exact passes beginning on June 24, 2012 and culminating on March 16, 2015) link the planet of revolution (Uranus) with the archetype of revolution (Pluto), bring a whole new wave of grassroots movements on the planet, as well as greater demands for social, political and financial reforms. Return to your natural self and watch the relationships of a planet begin to improve vastly.

Mercury makes a close conjunction with Vesta, a celestial body that is considered the modern ruler of Virgo. Vesta was the keeper of the alter flame. It is the brightest asteroid in the sky. Vesta was named for the mythic Goddess of the Hearth. She is associated with the kundalini, the Sacred serpent that brings enlightenment through its rising from root chakra to crown. Vesta’s conjunction with Mercury and Uranus this Full Moon helps us to ignite the flame of excitement around our own special purpose which is our light in the world.

Pallas Athene, another asteroid and important feminine archetype, sits close to the Sun/Neptune midpoint in Pisces and opposes Mars in Virgo. As the virgin Goddess of Wisdom, Pallas Athene’s wisdom was trusted as second only to Zeus/Jupiter’s in ancient times. Athene was considered a protector and guardian who sought to solve problems peacefully. Her association with this Full Moon supports non-violence and new ways of living in unity on the planet.

The message of this Full Moon is that we are blessed to be here on the Earth in this millennium. Forgive listening to those who cannot see how the changes can be made and make the changes. There will probably always be people who focus on what we cannot do. Be the one who affirms “All things are possible to those who are willing”.

NEW MOON

The New Moon in Aries on March 22 heralds the spring equinox. We are taking seven league strides forward into a future that is unfolding as we step onto it. New Moons and conjunctions mark the end of a cycle and the up spiraling to the next level. Aries, first sign of the zodiac, indicates movement with courage and exploration of the possible. The Northern Hemisphere will be celebrating spring while in the Southern Hemisphere what was planted six months ago will be harvested. The equinoxes indicate a time when the magnetic field of the Earth is reduced and we can readily release old programming in order to examine new perspectives.

There is an extremely potent energy at this New Moon. Not only are the Sun and Moon in Aries, but Mercury, Uranus, Vesta, Ceres and Eris as well, increasing the focus on how courageous and innovative we can be. This New Moon/Mercury conjunction can bring revelations of radical magnitude and activate amazing new developments in your life. The week after the New Moon is filled with outstanding changes. Ceres joins Uranus on March 24 and squares Pluto on March 29, catalyzing an increased movement toward the union of the Divine Masculine and Feminine. Ceres, is the Roman aspect of Demeter, the great Goddess of the Earth and Eris, is the sister of Ares, the Greek God of War. These two calls us to respect the Earth Mother and work in harmony with her cycles. Juno, cojoins the North Node in Sagittarius and stations retrograde two days after the New Moon. In this conjunction we are required to reconsider our beliefs and examine our standards in relationships and how we relate to nature.

Mars, ruler of Aries is still retrograde at this New Moon challenging us to look to the “way of the Peaceful Warrior”, the Divine Masculine, to serve and protect rather than focusing on how to make bigger and more devastating wars. Be brave, take the risk of being who you truly are and understand the power of saying “yes” or “no” effectively. This New Moon is a vitally important time to understand your birth chart and the messages that it brings you about the tasks you came to complete and talents that you possess. The New Moon falls opposite the Super Galactic Center at 2 degrees 11 minutes Libra.

You are walking a journey of life times culminating in the moment that you are living. The next breath, the next action is yet to be defined. Make this **THE MOMENT** and live it to its fullest for when it is gone, before it leaves, it shapes your future.

CRYSTAL CORNER

EXPLORING FOR CRYSTALS

Hello to all of you! I am so excited to be alive in the here and now! Everything seems so on the verge of major change and the energy of is definitely lightening up.

This month I came across some information on the exploration for Peridot deep within the earth and decided that would be a good topic to cover. Like the search for gold, people will go to great lengths to recover gemstones. As Peridot relates to unconditional love, it is understandable why the search is on. The geologists believe that this stone holds the key to mysteries about the origins of our planet. This particular operation is taking place off the coast of Costa Rica. Other areas being considered are off Baja California and Hawaii. These are areas where the sediments are thin and the mantle is cool enough to core. To give you a perspective on just how far they have to go, consider that the water is 2.5 miles deep and the crust of the earth is at least that thick with a layer of sediment in between. Then you reach the mantle. Until now, there wasn't a way to go that far but Japan now has a ship that will carry six miles of drill pipes with drill bits that are being refined to tackle ultra-hard rocks that tend to ruin equipment.



No one has ever laid eyes on fresh mantle Peridotite as the gems we find have been spit from volcanoes after being modified by pressure and heat. Geologists relate that recovering fresh mantle Peridot would be the equivalent to the Apollo lunar rocks. Wow!

Until we have these pristine stones, (will we ever see one?) we have wonderful ones that we have access to. The stone is associated with Lord Kuthumi who is all about unconditional love. It bonds will, truth and unconditional love.

I love to go to a place in Montana and dig for quartz crystals. Crystal Park is in the mountains south of Butte, Montana and is open for anyone to go in and dig. You can only use hand-held tools and it is hard work but the wonder of being the first person to see a crystal is amazing. There are many places to go for stones and Arkansas is a major source of quartz. My husband, Bob, and I went to the Hot Springs area many years ago to dig through the tailings of the mining operation and that was quite an experience. Until...I came face to face with a snake I didn't recognize and we both decided to go our separate ways! I finished my afternoon in a warehouse!

I am so excited to announce that I will debut a new talk radio show on VoiceAmerica.com on March 1st at 4:00 PM, Mountain Time. Titled 'Adventures in Alternative Healing', it will air on the 7th Wave channel. We will be covering a little bit of many subjects including crystal healing for animals, fear and love in our world, the year of 2012, iridology, essences and all the stones that relate to these things.

On April 28th and 29th, I will be doing the Crystal Healing I class. This is a certification class for those who would like to learn more about crystal healing. Crystal Healing II will take place in June. This is an advanced hands-on class for those who would like to take their interest a step further. Call me for more information or request a flyer.

CRYSTAL HEALING CERTIFICATION CLASS Part I

**Linda Thomas, instructor
Eternal Ice Healing Center
894 Lane 11 ½
Powell, WY 82435**

April 28th & 29th 10:00 AM-5:00 PM

Cost: \$200.00 due in full by **April 18th, 2010**.
Complete crystal information will be mailed when paid in full.

You will:

- * Explore ways of using crystals for yourself and others
- * Receive information about the stones and their uses
 - * Observe basic layouts and energy balancing
 - * Receive a certificate to display

For more information, contact:



**Linda Thomas
894 Lane 11 ½
Powell, WY 82435
(307) 754-4396 or (800) 757-8478**

I have an extensive inventory of exquisite stones and you will love the prices!!!

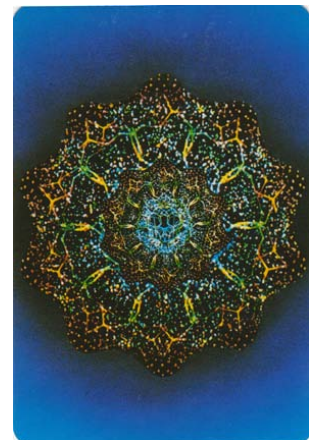
Please let me know if you require a place to stay. I do have some extra beds available.
Credit Cards Accepted

Eternal Ice
Linda Thomas
(800) 757-8478 or (307) 754-4396
www.eternal-ice.com

Happy Birthday to all of you in the sign of Pisces!
Happy journeys!

TAROT TALK

Have you taken the time to get to know your cards? You go to these "people" for advice so it would be wonderful to really understand what these oracles are about. If you have never slept with your cards under your pillow, that is a good way to learn how they talk to you. Everything



on the planet has a way of communicating. It isn't about getting "freaked out" that you heard something or that you received messages in your dreams. Be open to new ideas and forgive looking for negative or scary outcomes. We are all bringing up old stuff and some of it isn't all together pleasant. However, the cards can actually assist you to identify what requires examination. If you are working with metaphysical tools, they will move aside the blinders that you have put in place to prevent being in touch with yourself. You would be well served to allow yourself to feel what is happening and set aside the judgments that deny you getting access to new perspectives.

Over the years I have had students who said that they got so scared about what the cards were doing that they put them away and didn't want anything to do with them. If you are not ready to be in touch with yourself this could be the reaction. When you reach for change you will get in touch it. Change is uncontrollable. However, you determine how you will meet each situation that occurs in your life. You can decide the direction you wish to go by the willingness to accept the NEW. If you fear change then that ingredient will be added to the mix that you create when you ask for change. **YOU CANNOT CHANGE OTHER PEOPLE AND LIFE IN GENERAL AND NOT CHANGE YOURSELF.** That is a spiritual impossibility. If you get what you want then you are led to live in that new way. In fact, the reason that many people do not get what they want is because they are attempting to make changes without being willing to live in the new environment that occurs when big changes happen.

I suggest that you approach any metaphysical tool with respect and integrity. It is not to dominate the tool but to use it well. When there is fear it usually is because there is an unknown factor and the EGO feels out of control.

Let your card deck be a friend because when you approach it as a friend you will let the messages in easier. If the deck that you have chosen does not feel accessible—if it feels closed or cold—it would be well to check into other decks and see how they feel to you. Most people do not stay with the same deck forever. The requirements of the deck that you work with change as you do. For instance, if you start with Waite-Rider you may find that as you get comfortable with the cards your deck has to grow up some. The response to your growth is personal and the timing is purely your own.

I started with the Aquarian deck, which was given to me as a gift, but it never felt like mine. When I saw the

Alister Crowley Thoth deck for the first time I knew that was my deck. I worked with the Crowley deck for almost 25 years and then the energy changed and I was led to the Voyager deck which has been a most beautiful deck to work with. I love the pictures and the freedom of how the deck communicates. It has a lot of healing energy and I let people touch my deck and look at the cards because they are so beautiful. If you do not feel comfortable with someone handling your deck then follow your feelings. Your deck is as personal as your body. **PAY ATTENTION TO WHAT YOU FEEL.** It is not to be reactive without getting clear what you are feeling, but pay attention. When you work with metaphysical tools the more open-minded you can be the better. Personal judgment can cloud the true revelation that the cards bring. Do your best to be objective when reading cards for yourself or anyone else. Putting personal opinions into someone else's reading clouds the answer. Look for positive interpretation rather than dramatic happenings. I quit reading cards reversed after four or five years because I felt that even a reversed card could give me good advice if I would pay attention.

REMEMBER THAT THE CARDS OR ANY OTHER TOOL IS NOT A TOY. One reason many people get negative results is that they think the whole thing is silly or doesn't work anyway. When the power of the tools shows itself there is fear of not being able to control it. In the physical world most people would respect power tools. So in the metaphysical world the tools can be far more powerful.

- (1) Find your deck.
- (2) Get familiar with the cards.
- (3) Approach the process with respect of yourself and the tool that you have chosen.
- (4) Take time to understand how your deck works. It is like getting to know a new person in your life. Have no expectations.
- (5) Most of all be relaxed with the situation and you will get the most out of it.

If you have questions about the cards you can email me at vog@wbaccess.net



ST. GERMAIN'S MESSAGE

Dearly Beloved Masters, who are you becoming? Inside of you, where it truly matters, there are changes going on. Can you allow these transformations to progress peacefully or will you fight the

changes just because they are different?

You are naturally, special! You are innately Divine! You are the most wonderful *YOU, without* trying to be anything else. As spring emerges or fall approaches take time to get out and meet nature as a friend. Let the natural life be a guide to new understanding. Allow nature to provide you with a road map of new and exciting adventures. Do not *leave* yourself to go into nature. Invite nature into your in most intimate places within self. There is no division between the Master that you are and the exhilarating forces of natural life. If you cannot get out into nature invite the beauty of nature to come to you in some way. Watch videos on nature and feel the beauty informing you. Experience the wonder of the earth in every possible way. These times on Earth require inventiveness. Let your ingenuity be a gift to you and others. Walk to the edge of your comfort zone and stretch and then when you feel comfortable, stretch again.

Within yourself you are opening to new ideas, beliefs and rememberings. You are flowering in the center of your sacred space. Are you a rosebud, a thousand petaled-lotus or a dandelion? How you present yourself adds beauty to the planet and to your own environment. It is not to measure yourself against what any other Master is doing, but take time to be pleased with what you are about. Be very clear that you are being honest with yourself about your discoveries. If you lie to the World it matters, but it is far more painful if you lie to yourself. Everyone are required to use their discernment in any situation. Are you being discerning about what you are telling yourself? Whether you refuse to look at a flaw that requires attention or an asset that makes you uncomfortable because it forces you to grow, your courageous acknowledgement brings you home to yourself. Live yourself naturally, without excuses or defenses. Be willing to know yourself so well that you are not offended when others notice what is going on with you. Often anger arises when you are caught off guard because you were not paying attention to how you have been living your life for a while.

Many people are worrying about whether they might be developing Alzheimer's because they feel forgetful or their head feels strange. It is always a good idea to get regular checkups, but we can assure you that the changing frequencies are so different that the reference points for sanity and mental health are shifting. From a Master's perspective kindness and compassion are excellent measures for balance. When there is a natural balance within the energy flows from

the connection to spiritual center. Treating self and others well is not a duty or responsibility, but a joy.

The amount of anger that is rising up within the majority of people is connected to the frustration of feeling out of control of life. This is a planet of Warriors and the first instinct is to fight—"for what is right, for what is mine, for space, money and any other ideal or thing" that seems important in the moment—often when the moment passes the perspective changes. If there is a willingness to wait rather than react, frequently, there is relief that the words and actions that you *almost spoke or allowed* were never used.

We speak often of discipline and how the Master disciplines self. Self-discipline is an act of Love. It opens the heart and directs the energy into channels of Love. Ordering yourself to do or be something that feels uncomfortable simply brings up more anger. Feeling Loves flow in the center of your being is a strong force for Goodness and Masterful living. Some have developed the idea that if you are a Master, you get to say how everything works—Masters are viewed as parental figures that have a Divine right to dictate what the "children" do. Such are the laws of separation, but they certainly are proving to be anything but Masterful. Self-discipline is the awareness of where your thoughts are going and how you are directing the thoughts. Do you have a clear idea of what can be created by your emotional reactions? Everyone has encountered someone else's anger and knows what that is like. What about the times when you feel like something is going on, but it isn't clear exactly what is happening? Rather than assume that what you feel is bad—be patient. Reacting to the reactions of others just makes conflict when many times that was not the original intension.

Be very aware that every thought creates. For example: Someone finds themselves in a difficult situation and they begin to think of ways to get out of the situation. The thought becomes "How can I get out of this situation?" The energy is focused on getting out, without consideration of what could happen because there is not a clear determination for the highest good. When there is just a lot of emotional energy directed at "getting out" the results can be quite unexpected. People suddenly, lose their job and cannot understand why. If they simply looked at where their attention has been and how much they thought about "getting out" of the job, they really would not be surprised at all. When you make changes there are always many different avenues of new development.

Sit with yourself and get clear about what direction you would like to go. Focus on possible happy, joyful outcomes you could experience, rather than how bad it is in the moment. General statements such as “I just want out” are so broad that there is a scattering of forces, so what happens is often ill-directed. Finding the fine-tuning between control and clarity is personal Mastery. No one can tell you how it feels to be present with yourself until you experience it. Once you recognize what being with yourself truly means it is a wonderful direction to follow. When you have an experience of Masterful Revelation you will never have that exact experience again simply because when you felt the change you changed. You are no longer who you were before the shift. The change may have been or appeared to be small or it may have been Earth changing, but the size does not negate the modification of your being. You have a thought and events are set in motion by the essence of the concept. The type of emotional driver that is charging the thought—Love, hate, frustration, delight, action or reaction—makes a great deal of difference in the outcome. You have millions of thoughts every day and a lot of them never come about because there just was not enough fuel to bring an outcome. It is the thoughts that keep coming back or the thoughts that create neediness, desperation, retribution or other charged emotions that often become events in your life. Making an effort to keep your mind on positive outcomes (discipline) allows the feelings to plug into the tools that will produce security, prosperity and well-being in your affairs and give you the stability to meet challenges from a balanced point of view. *Solutions* indicate that there is a problem. As Einstein so aptly stated, “You cannot solve a problem where it started”. Often seeking solutions becomes a distraction from forward motion. You could miss the clarity of a new direction that would enable you to move away from the old limitations that surround the situation.

You cannot think your way into ascension. Ascending is not an intellectual decision. It is a major internal shift that happens when the old patterns of the life are cleared and released. The way is open, but attempting to storm the “Gates of Heaven” just leads to anger and self-pity. A Master does not *march right up to God and demand entry into the Heavenly realms*. Humanity has, from time to time, attempted to attribute to the Masters war-like tendencies because that has been the way things get done on Earth—gather an army and march on the *enemy*. Spiritual evolution will not emerge out of the muck of what has been. It is birthed, bright and shining from the holy place with self. No one can rest a genuinely good life—spiritual, physical, mental or emotional—from another because

Divine law says that each being is granted all that they can use and more.

The changes are brought forth from new ideas, actions and allowables that have not been considered in eons, if ever. Even death is changing. When you feel at war with a change that you are being called to make get still, breathe into the energy of the conflict and become one with the situation. In blending the “good and bad” of the conflicting thoughts you can come to center within. Once you reach center you can let go of what no longer serves you. When you are confronted with change you often find yourself arguing within about what is right or wrong, what you should do but don’t want to do—you find your inner parent shouting orders that take you this way and that with no clear direction in sight. Discipline helps you to get still and go to the Holy temple in the solar plexus area. Here you can begin to sort things out without judgment. (In fact, in the physical body, it is the small intestine that is associated with sorting things out in your life. When there is difficulty sorting out the facts from falsehoods (discernment)the area of the solar plexus can become congested.)As you take each challenge on its own and come to terms with it, life does not feel so overwhelming. Each time you meet an old idea with a fresh new perspective you free yourself a little more.

Death is considered an end, yet with each ending there is always a new beginning. When you can Master integration with your life and affairs, rather than avoidance, even death becomes less and less threatening. As it loses its grip, you give it less power and the withdrawal of energy takes the string out of death. Moving to a new point of reference helps to shift any situation. Death provides new opportunities for growth. It is an ending that opens the way to a bright new world. Death is no longer about loneliness, loss and separation for anyone. The veil between those who have moved into different frequencies and those who are still operating in the earth plane is getting thinner every day.

It is so important to **live** where you are. The longing to be with someone who has passed takes energy from your life, here and now. Waiting for something good to happen, out there, rather than seeing the good in this moment, is depleting your reserves of physical, mental and emotional fuel. It isn’t that there is too little energy, but the belief in not enough that creates lack. Someone in your life passes and you are thrown back on yourself. If you were living your life for them suddenly you are put in the position of finding out what is really going on with you. What in your life is distracting you from you? It is time to change your

direction. This is not all or nothing, this is a call for balance in the affairs of your life. If you have been totally out-focused come to center. If you have been thinking of no one but yourself, discover what is happening around you. Either way, stay connected to who you are in every situation. This, Divinely Beloved Masters, is **spiritual multi-tasking**. Life is no longer one, two or three dimensional, it is multi-dimensional. Even the media is presenting 3-D movies to help you see what is really going on here.

Blend your spirit and your physical affairs, because there can no longer be a separation. The dividing line between how you live in the World and how you would like to live if you could be in spirit is blurring. Being spiritual does not take away the fun! It enhances and enlightens the goodness and delight. Even challenges become opportunities to see yourself in a whole new way. The masks and facades of the old life are falling away. The Revelation is unveiling the magnificent, amazing, irrepressible you. You are the happening! When you feel this, accept this and trust that as you begin to experience the magnitude of change that is going on with others, life is like a kaleidoscope of cosmic energy. These are exciting times. If you are bored, it is because you are looking back instead of forward. Look back and all that you see is the closing curtains of what was. Look forward and there is unlimited potential shimmering before you like rainbows inviting you to get involved in beauty beyond your wildest imaginings.

FORGIVE THE FEAR THAT YOU WILL LOSE ANYTHING AS YOU LEAVE THE PAST BEHIND!! UNDERSTAND THAT YOU ARE MAKING SPACE FOR YOUR DREAMS TO COME TRUE, *NOW!*

Feel where you are going even if you cannot yet see it. Take a step and then another and see/feel what is being revealed within. Step into the good life, step into the wellness and abundance of what has always been there and now is yours. **WE ARE WITH YOU!!** In the greatest of Love we will dance, sing and celebrate your life with you. Enjoy! Until we meet again in whatever manner that may be, I remain your humble servant. I AM the Lord St. Germain

The Price of a Computer

An unemployed man is desperate to support his family of a wife and three kids. He applies for a janitor's job at a large firm and easily passes an aptitude test.

The human resources manager tells him, "You will be hired at minimum wage of \$5.35 an hour. Let me have your e-mail address so that we can get you in the loop. Our system will automatically e-mail you all the forms and advise you when to start and where to report on your first day."

Taken back, the man protests that he is poor and has neither a computer nor an e-mail address.

To this the manager replies, "You must understand that to a company like ours that means that you virtually do not exist. Without an e-mail address you can hardly expect to be employed by a high-tech firm. Good day."

Stunned, the man leaves Not knowing where to turn and having \$10 in his wallet, he walks past a farmers' market and sees a stand selling 25 lb. crates of beautiful red tomatoes. He buys a crate, carries it to a busy corner and displays the tomatoes. In less than 2 hours he sells all the tomatoes and makes 100% profit. Repeating the process several times more that day, he ends up with almost \$100 and arrives home that night with several bags of groceries for his family.

During the night he decides to repeat the tomato business the next day. By the end of the week he is getting up early every day and working into the night. He multiplies his profits quickly.

Early in the second week he acquires a cart to transport several boxes of tomatoes at a time, but before a month is up he sells the cart to buy a broken-down pickup truck.

At the end of a year he owns three old trucks. His two sons have left their neighborhood gangs to help him with the tomato business, his wife is buying the tomatoes, and his daughter is taking night courses at the community college so she can keep books for him. By the end of the second year he has a dozen very nice used trucks and employs fifteen previously unemployed people, all selling tomatoes. He continues to work hard.

Time passes and at the end of the fifth year he owns a fleet of nice trucks and a warehouse that his wife supervises, plus two tomato farms that the boys manage. The tomato company's payroll has put hundreds of homeless and jobless people to work. His daughter reports that the business grossed over one million dollars.

Planning for the future, he decides to buy some life insurance.

Consulting with an insurance adviser, he picks an insurance plan to fit his new circumstances. Then the adviser asks him for his e-mail address in order to send the final documents electronically.

When the man replies that he doesn't have time to mess with a computer and has no e-mail address, the

insurance man is stunned, "What, you don't have e-mail? No computer? No Internet? Just think where you would be today if you'd had all of that five years ago!"

"Ha!" snorts the man. "If I'd had e-mail five years ago I would be sweeping floors at Microsoft and making \$5.35 an hour."

Which brings us to the moral of the story:

Since you got this story by e-mail, you're probably closer to being a janitor than a millionaire.

Sadly, I received it also.

E-Mail Tracker Programs -- very interesting and a must read!

The man that sent this information is a computer tech. He spends a lot of time clearing the junk off computers for people and listens to complaints about speed. All forwards are not bad, just some. Be sure you read the very last paragraph.

He wrote:

By now, I suspect everyone is familiar with snopes.Com and/or truthorfiction.Com for determining whether information received via email is just that: true/false or fact/fiction. Both are excellent sites.

Advice from snopes.Com VERY IMPORTANT!!

1) Any time you see an email that says "forward this on to '10' (or however many) of your friends", "sign this petition", or "you'll get bad luck" or "you'll get good luck" or "you'll see something funny on your screen after you send it" or whatever -- it almost always has an email tracker program attached that tracks the cookies and emails of those folks you forward to. The host sender is getting a copy each time it gets forwarded and then is able to get lists of 'active' email addresses to use in SPAM emails or sell to other Spammers. Even when you get emails that demand you send the email on if you're not ashamed of God/Jesus -- that is email tracking, and they are playing on our conscience. These people don't care how they get your email addresses - just as long as they get them. Also, emails that talk about a missing child or a child with an incurable disease "how would you feel if that was your child" -- email tracking. Ignore them and don't participate!

2) Almost all emails that ask you to add your name and forward on to others are similar to that mass letter years ago that asked people to send business cards to the little kid in Florida who wanted to break the

Guinness Book of Records for the most cards. All it was, and all any of this type of email is, is a way to get names and 'cookie' tracking information for telemarketers and Spammers -- to validate active email accounts for their own profitable purposes.

You can do your Friends and Family members a GREAT favor by sending this information to them. You will be providing a service to your friends. And you will be rewarded by not getting thousands of spam emails in the future!

Do yourself a favor and STOP adding your name(S) to those types of listing regardless how inviting they might sound! Or make you feel guilty if you don't! It's all about getting email addresses and nothing more.

You may think you are supporting a GREAT cause, but you are NOT!

Instead, you will be getting tons of junk mail later and very possibly a virus attached! Plus, we are helping the Spammers get rich! Let's not make it easy for them! ALSO: Email petitions are NOT acceptable to Congress of any other organization - I.e. Social security, etc. To be acceptable, petitions must have a "SIGNED SIGNATURE" and full address of the person signing the petition, so this is a waste of time and you are just helping the email trackers.

Tips for Handling Telemarketers

Three Little Words That Work!!

(1)The three little words are: 'Hold On, Please...'

Saying this, while putting down your phone and walking off (instead of hanging-up immediately) would make each telemarketing call so much more time-consuming that boiler room sales would grind to a halt.

Then when you eventually hear the phone company's 'beep-beep-beep' tone, you know it's time to go back and hang up your handset, which has efficiently completed its task.

These three little words will help eliminate telephone soliciting..

(2) Do you ever get those annoying phone calls with no one on the other end?

This is a telemarketing technique where a machine makes phone calls and records the time of day when a person answers the phone.

This technique is used to determine the best time of day for a 'real' sales person to call back and get someone at home.

What you can do after answering, if you notice there is no one there, is to immediately start hitting your # button on the phone, 6 or 7 times as quickly as possible. This confuses the machine that dialed the call, and it kicks your number out of their system.. Gosh, what a shame not to have your name in their system any longer!!!

(3) Junk Mail Help:

When you get 'ads' enclosed with your phone or utility bill, return these 'ads' with your payment. Let the sending companies throw their own junk mail away.

When you get those 'pre-approved' letters in the mail for everything from credit cards to 2nd mortgages and similar type junk, do not throw away the return envelope.

Most of these come with postage-paid return envelopes, right? It costs them more than the regular 44 cents postage, 'IF' and when they receive them back.

It costs them nothing if you throw them away! The postage was around 59 cents before the last increase and it is according to the weight. In that case, why not get rid of some of your other junk mail and put it in these cool little, postage-paid return envelopes.

One of Andy Rooney 's (60 minutes) ideas.

Send an ad for your local chimney cleaner to American Express. Send a pizza coupon to Citibank. If you didn't get anything else that day, then just send them their blank application back!

If you want to remain anonymous, just make sure your name isn't on anything you send them.

You can even send the envelope back empty if you want to just to keep them guessing! It still costs them 44 cents.

The banks and credit card companies are currently getting a lot of their own junk back in the mail, but folks, we need to OVERWHELM them. Let's let

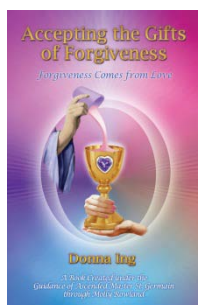
them know what it's like to get lots of junk mail, and best of all they're paying for it...Twice!

Let's help keep our postal service busy since they are saying that e-mail is cutting into their business profits, and that's why they need to increase postage costs again. You get the idea!

If enough people follow these tips, it will work I have been doing this for years, and I get very little junk mail anymore.

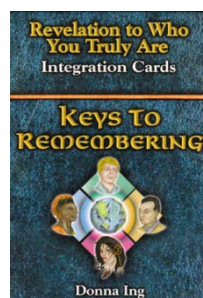
THIS JUST MIGHT BE ONE E-MAIL THAT YOU WILL WANT TO FORWARD TO YOUR FRIENDS

ADS



Donna's latest book "Accepting the Gifts of Forgiveness", is now available through Amazon.com and Donna's website.

Donna Ing along with the Master St. Germain has brought you another winner. This book so very simply and clearly shows ways to heal through forgiveness.



Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process.

Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com>

Kathleen Edwards is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177

N. 4th St. in Lander. You can reach her for appointments at 205 566-1424.

OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

Shaylinn Kaiser dba

Subtle Impressions offers Sacral Cranial Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

www.paintingsbyisa.com

She also offers personal

readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD. For directions and appointments call 605-673-3012 Love to connect with your on Facebook

Plenty Star Ranch - Horse Boarding in the Black Hills
www.plentystarranch.com

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Ranch Blog: www.plentystarranch.com/wordpress

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 or 307 438-0927 for appointments and information.

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz
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