



## May Newsletter



Our pictures this month are some of our beautiful spring flowers. We are just beginning to have buds on our trees here at the beginning of May so the flowers will probably bloom later in the month and into June.

We invite you to join us at St. Germain's intensive "Questing into the Mysteries of Love: Finding Your Way to Joy!" which will be May 14, 15-16. The evening on May 14 is "Playing with Faeries" from 8-10 p.m. Saturday May 15 will begin at 10 a.m. to 6 p.m. Sunday May 16 will begin at 1 p.m. to 6 p.m.

Ah, May—Mother's Day and Memorial Day begin to move us along toward the beginning of Summer in June. How quickly the year is flying by. All of the parks in the area will open for Memorial Day week end. Here in Lander the Red Canyon Loop, the Switch Backs up to Louis Lake, Fiddler Lake and Fry Reservoir and the road up to Shoshoni lake are just a few of many wonderful attractions that will be open soon. Of course, we are only two and a half hours from Yellowstone Park, Teton National Park and Jackson (Hole).

Our new Safeway has been open for about six weeks. It is a Lander version of Whole Foods. It is really big and has so many things that we have not had in this

area before. It has ambience'. You don't just run in for a carton of milk anymore. It takes about an hour to get around the store. It is a pleasure to have such wonderful variety. There is a nice organic section.

Dorian took her first outing without the wheelchair on the 19<sup>th</sup> of April. She is still using the walker because of pain in her foot. The ankle is healing wonderfully, but I feel there are some bones out of place and it still really hurts for her to walk normally.

This month marks the end of what St. Germain has called the most intensely emotional period that the Earth has ever experienced. However, the summer months still bring hard astrological aspects that continue to test our metal mentally, emotionally and spiritually. As we prepare for 2012, we are being moved away from the laxity of the past. The blindness that we have lived in for thousands of years is lifting quickly. Even death is no longer a solution to refusing to deal with our evolution.

We certainly hope that the weather settles down all over the country and even all over the world. The seismic activity heralds the increase in the changes that are affecting the Earth. Has we consider our own emotional ecology, we may help the planet along in her up spiral. Love is the healer.

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## Rainbow Center News

Our next group, "Are You Willing to let Love Change You?" will be May 30 at the Rainbow Center, 4<sup>th</sup> & Lincoln in Lander.

CD's can be purchased on the website at [www.voiceofthegatekeepers.com/2010groups.html](http://www.voiceofthegatekeepers.com/2010groups.html)

This month St. Germain brings the fifth of the Know Thyself series "What is Joy?" The first four in the series:

“Know Thyself: Kidneys, Liver, Heart and Lungs”,  
“Know Thyself: The Desire Nature”,  
“Know Thyself: Beauty Within and Outward” and  
“Know Thyself: The Soul-the Temple of God” are  
now available.

To order CD's or DVD's

[www.voiceofthegatekeepers.com/evenings.html](http://www.voiceofthegatekeepers.com/evenings.html)

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## ASTROLOGY

### NEW MOON

The New Moon in Taurus on May 13-14 brings the focus to the desires for security and comfort that Taurus loves. The connection to the riches of the Earth, beauty and harmony cause Taurus to be associated with hedonism. Taurus emphasizes our partnership with our beloved planet. Mercury stations to turn direct just two days before this New Moon. Mercury's extended stay in Taurus has pointed out that it is time to live *with* and not just on the Earth.

The New Moon makes a square to Neptune at 29 degrees Aquarius, assisting us to us to view dimensional realities that go far beyond the physical plane. Our five senses and scientific measures are capable of measuring only about 4% of the known universe. Neptune represents our ability to comprehend meta-physical realities or multi-dimensional planes, the other 96% of our world that lies beyond our physical senses. Imagine that this

planet composed of biochemical solids, liquids and gasses is much more than just what we see? What if *everything* about our lives is much more than we see? What if this blue, sentient jewel of the Universe was actually created to be a galactic green house? Suppose that Gaia is a living being with her own requirements and desires?

The Sun moves on to square Chiron in Pisces on May 21 to again remind us that there is always more to any situation than meets the eye. Spirit and matter are one, everything is connected and therefore, if something influences you it will influence everything and everyone else through you. Squares always set in motion changes of direction and alter our point of view. Just to add to the melting pot of change, Venus squares Jupiter on May 17, Saturn 18 and Uranus 19 to help us grasp the bigger picture that is being revealed before us. These aspects push us to think outside of the confines of our old beliefs and help us to unify in solving the crisis that confronts us.

This New Moon cojoins Sedna, a dwarf planet three times more distant than Pluto, beaming her archetype into the collective consciousness. Sedna takes 10,500 years to orbit the Sun and was first sighted in the constellation of Cetus the Whale in 2003, a time of significant changes in the aortic and ocean regions of our planet. Named for an Inuit sea goddess who protects and commands the creatures of the sea, Sedna supports development of the divine feminine and functions as a spiritual gateway to higher dimensions. Sedna's conjunction with this New Moon underlines the requirement to reconnect with the frozen or submerged aspects of our psyche and civilization.

On May 28, 2000, Jupiter conjuncted Saturn at 23 degrees Taurus, which is the same degree of this New Moon. There exists a twenty year cycle of Jupiter and Saturn that closely relates to major economic, political and social changes. We are now midway into the cycle and on May 22 Jupiter will oppose Saturn (Pisces-Virgo). All oppositions, like all Full Moons, signal that we have gone as far as we can with current trends. Einstein said, “A problem cannot be solved in the same place where it was created.” We are now being directed to look into higher planes of consciousness in order to find resolution to present dilemmas. How we do business, how we treat our planet and each other, must evolve.

The Sabian symbol for this New Moon at 24 degrees Taurus urges us to be courageous and determined, but not destructive. “An Indian warrior riding fiercely,

human scalps banging from his belt; the aggressiveness of human instincts when fighting for their earthly base of operation.” We are now being directed to the path of the “Peaceful Warrior”. We can let our desires be known by the choices that we make in the market place by what we purchase and how we spend our money. We must be clear that we are not sending mixed messages or “speaking out of both sides of our mouths. Community gardens, local currencies and greater attention to human as well as planetary ecology are all projects that can turn the direction of the planet around.

All too long we have ignored what is right in front of us. We have acted as though we had no part in the things that are going on. Now we can continue to point fingers at everyone else, blame the government, which by the way is us, and say “all of this happened while I was looking the other way” or we can take personal responsibility for our own lives and affairs, rather than attempting to judge and manage the affairs of others. We have long been educated to the belief that the government, the doctors, the churches and our parents are responsible for how our lives turn out. This outward focus has caused us to lose ourselves. The planets are pointing the way to higher levels of understanding that exist within us. The answers are not out there. “When the inner eye is single we see God”. We can look into the illusions and swear that everything is going to Hell in a hand basket or we can turn to the strength of goodness that dwells in our Soul and find new frontiers where no one in this illusion has dared to go before.

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## FULL MOON

On May 27 we will experience the Full Moon in Sagittarius. If we have waited for that eleventh hour save, it is now almost midnight. Uranus, the mythic God of Chaos and the planet most associated with revolutionary events, enters Aries at the height of this Full Moon. When Uranus last passed through Aries (1927-35) we witnessed Gandhi’s civil obedience movement, the rise of Hitler, Roosevelt’s New Deal in response to the financial crash of 1929 and the discoveries of Pluto, atomic energy and arctic warming.

The natural upheaval that Uranus causes is magnified by Jupiter’s entry into Aries on June 5, and by the upcoming conjunctions of these two powerful planets (June 8 at 0 Aries, September 18 at 29 degrees Pisces and January 4, 2011 at 27 degrees Pisces). The entry

of these two planets into Aries is further potentized as they oppose the Super Galactic Center (SGC) at 1 degree 46 minutes Libra. This center is occupied by a colossal black hole with the mass of billions of Suns, around which the Milky Way and many other galaxies revolve. This is like a cosmic beacon that energetically acts on our spiritual levels very much like the pillar of light that led the Children of Israel in the desert.

Jupiter and Uranus cojoin every 13-14 years. Past conjunctions have brought the first cloned animal, the first landing of a spacecraft on Mars, the first internet transmission and Neil Armstrong’s walk on the Moon. Whenever these two energies unite there are extraordinary breakthroughs. They will travel within 10 degrees of each other from April 2010 to March 2011.

The last time Uranus passed through Aries the transit was intensified by five exact squares to Pluto in Cancer (1932-34). The current passage will be augmented again by squares to Pluto—this time, in Capricorn. Squares mark major turning points and build on previous conjunctions. Pluto and Uranus conjuncted three times in Virgo in 1965-66 and were within 10 degrees of each other throughout the decade, known to be one of the most turbulent times in history. Uranus and Pluto continue to energize quantum leaps for both individuals and institutions as they form seven squares during 2012-2015.

Saturn goes direct on May 30 at 28 degrees Virgo and is approaching an extremely potent T-square with Pluto and Uranus. This can increase the demands for freedom, especially from governmental interference. The cries from the private sector for more fairness and accountability from all areas of corporate business will also increase. Saturn, the mythic Reaper, Uranus, the Awakener and Pluto, the Lord of Death and Rebirth were in a similar configuration during the Great Depression, which followed declining real estate values and overextension of credit in the 1920’s.

Neptune at 29 degrees Aquarius turns retrograde the day after Saturn turns direct, thus expanding their quincunx phase through May and June. Though less catalytic than an opposition or a square, a quincunx still necessitates a change of belief and behavior. Saturn last cojoined Neptune in 1989 at 11-12 degrees Capricorn, another pivotal time in history. This ongoing quincunx forces us to recognize and dissolve policies and partnerships that are not based on equality. Chiron’s station retrograde a few days later (June 4 at 1 degree Pisces) emphasizes the importance of greater tolerance, equality and cooperation.

The Sabian symbols for this Full Moon require us to draw on our inner resources and live from our sacred center within. The Sun at 7 Gemini: "A well with bucket and rope under the shade of majestic trees," and Moon at 7 Sagittarius: "Cupid knocks at the door of a human heart." This Full Moon and the coming months will make us more aware of our courage, power and recognition of the agents of change that we have become. "Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible." (St. Francis of Assisi)

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## CRYSTAL CORNER

Greetings and a happy springtime to all of you! Are we having fun yet?? Emotions are running wild and creating all kinds of upset and chaos in our world and within us. Are you experiencing physical challenges? Remember that 100% of all ailments come from the emotions and they are much easier to heal before they become physical. So, we get to deal with our emotions as we experience them. And, of course, it all comes from within us. Some of the stones I've talked about before will be a part of this and future columns as they are relevant to what we are dealing with.



Ascendancy is gained by freedom, freedom from entrapment of the illusion of emotion. The Aquamarine is a freedom stone, a stone of purity. The purity of purpose assists the freedom. This promotes freedom for those who feel trapped. It may be used with Citrine, Topaz and Calcite shards.

Of the Calcites, two of the many colors are specifically for dealing with the emotions. Green Calcite has properties similar to those of Aquamarine. Of a soothing nature, it works with moods and assists in stabilizing emotional energies. Those who are emotionally distraught could use large amounts around them.



The Blue Calcite helps to bring one into the place where he can release emotions, decide to let them go, put them away. The may be used upon the pillow at dreamtime, in the bath before bed and also near the head.



Fuschite is a stone that can be an emotional soother because it tends to lift the roiling emotion out of the solar plexus and raise it to higher levels of consciousness so that it can be viewed with greater mental clarity. It eases the heart and so, for those who are remembering old emotional wounds, it would be very helpful for the heart. This would be ideal for those who have had a lost love, whether by death or divorce or my lover just disappeared, that kind of thing. It would be very soothing for the heart and because it brings balance in the emotions, it helps to take all of the irrational fear out of the situation, especially those situations where love, as humanity has understood it, is involved.



As you deal with the challenges you are facing, remember to ask the Masters and your guides for their assistance. A stone that would help along those lines is Lazulite. This would create an awareness of those you work with on higher levels. It assists one to feel from the heart and from the solar plexus the awareness of the presence of the Masters and to assist with the integration as they would become one with you.

Happy journeys! It truly is a wonderful time to be alive!

For those of you who have had a problem with their credit cards going through on the website, please try again as the problem has been fixed.

[www.eternal-ice.com](http://www.eternal-ice.com).

There is still time to sign up for Crystal Healing I scheduled for May 22<sup>nd</sup> and 23<sup>rd</sup>. This is a certification class for those wishing to explore crystal healing.

Please feel free to contact me with any questions or if you prefer to order directly.

Linda Thomas

Eternal Ice Enterprises

307-754-4396 or 800-757-8478

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## CRYSTAL HEALING CERTIFICATION CLASS

### Part I

- Linda Thomas, instructor
- May 22<sup>nd</sup> & 23<sup>rd</sup> 10:00 AM-5:00 PM
- Cost: \$200.00 due in full by May 10<sup>th</sup>, 2010. Complete crystal information will be mailed when paid in full.

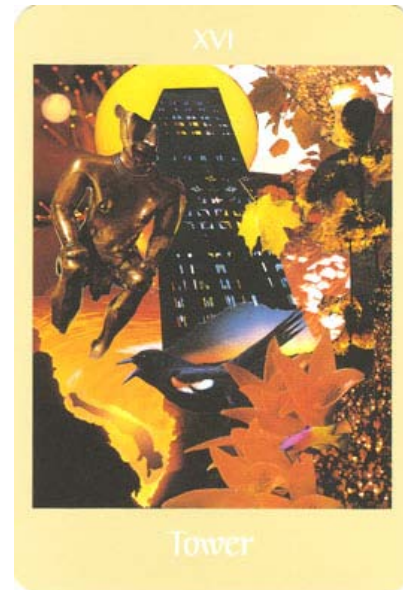
You will:

- Explore ways of using crystals for yourself and others
- Receive information about the stones and their uses
- Observe basic layouts and energy balancing
- Receive a certificate to display
- For more information, contact:
- Linda Thomas
- 894 Lane 11 ½
- Powell, WY 82435
- (307) 754-4396 or (800) 757-8478
- I have an extensive inventory of exquisite stones and you will love the prices!!!
- Please let me know if you require a place to stay. I do have some extra beds available.
- Crystal Healing II may be offered on May 24<sup>th</sup> & 25<sup>th</sup>.

- Call me if interested.
- Credit Cards Accepted

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## TAROT TALK



The TOWER is our card for this month. With all of the chaos and upheaval the Tower is a perfect representation of what is being brought down in order for us to see more clearly what is real and what is important. The Tower stands for the law of Purification. What is being purified is the Ego of mankind and the structures that have been built to support man's vanity. Standing tall and proud as the ego would wish, humanity creates towering structures of beliefs and edifices. In reality this is only a "Tower of Babel", a house of cards and confusion destined to collapse in the illusions.

Struck by the elements of fire and lightning, the Tower falls. The revolution causes the fall of those who have believed that they could not be brought down. The catalytic planet Uranus creates total change and those who have done all that they can to "hold back the fall" must release their grip on what no longer serves them. The Sun above the Tower, represents the clear vision that brings about change. Move away from your daily world of habitual living and see yourself with renewed clarity. The fiery caldron of purification (Pluto) purges the old limited ways of living.

The Tower is the number 16. Six is a number associated with integration. In the illusion integration is achieved through disintegration. As spring follows winter, the death of the old brings renewal.

In the unevolved aspects of the tower rage that is destructive and harms others and uncontrolled frustration projected onto others become the fuel that burns the tower.

If the Tower shows up in your reading it is putting you on notice that you are “pushing the river” in some area of your life. Things are about to fall down around your ears. The Tower suggests cleansing and clearing the clutter and unresolved parts of your life. It could even point out where there is a requirement for physical/emotional clearing.

We always have a right to choice, so when the Tower appears prepare for unstoppable change. “It isn’t what life brings us, but how we respond to what life brings us that matters.” Create a new life through change. The mind asks, “How do I make these changes?” The answer to this question is to delve into the deepest parts of yourself and allow the very best of you to emerge. You cannot force change to happen, but you can get clear what you desire and hold the energetic intension that your dreams will manifest as soon as there is fertile ground for them to grow. The Tower can clear the way for new concepts to develop.

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## THE GARDEN FAIRY



### Basil

Basil is one of the most well known herbs in the world. It originated in Asia, but now has become heavily used around the world. There are many varieties of the basil herb. The one most commonly referred to is Sweet Basil, because of its sweet aroma which derives from the essential oils found in its leaves and stems.

Basil thrives in warm, sunny climates. Basil grows best in an outdoor environment, but can be cultivated indoors in pots. Basil will stop growing after its flowers mature. To ensure that the plant continues to produce leaves, pinch off the stems that are flowering to prevent the plant from going to seed.

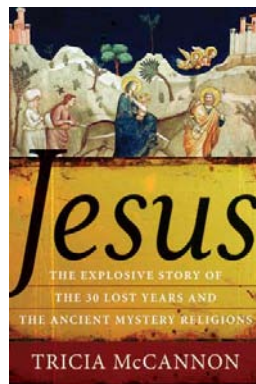
Basil is commonly used fresh in cooked recipes. It is generally added at the last moment, as cooking quickly destroys the flavor. The fresh herb can be kept for a short time in plastic bags in the refrigerator, or for a longer period in the freezer. Finely chop the herb and pack in ice cube trays, add water and freeze. Just take the basil ice cube out of the freezer when needed and add to the dish you are preparing.

In many of the cultures where it is commonly used, basil is a symbol for love, holiness, purity, and sanctity, among many other things. It is said to have been found around Christ’s Tomb after his resurrection. Basil is used medicinally to aid digestion and allay mental fatigue. Basil has been cultivated for more than 5,000 years and will continue to live on for many more!

The Garden Fairy  
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## NEW BOOKS



Tricia McCannon’s new book “Jesus: The Explosive Story of the 30 Lost Years and the Ancient Mystery Religions”

This is a must read! It is powerful, well written and extremely informative. “Jesus...” gets into the answers to questions that many of us have had most of our lives, things that the churches did not want to speak about for fear that they would lose control. Tricia is well versed and highly trained in the mysteries and has done extensive research into many of the ancient texts including materials from the Vatican library.

Who was Jesus, really? What was his life about? He was a teacher, mystic and magician. He was trained in the mystery schools of the world. This book blows apart the ignorant, uninformed rebel who has impacted our lives because he died to save us. This shows a well educated, well-traveled man who was totally aware of why he was here and so connected to the Universal Consciousness that everything he offered was for the good of humanity as a whole. The life of

Christ has been minimized in order to have an appeal to those so steeped in separation that they could not see themselves as anything but poor. Jesus was not poor in any aspect of his life, nor would he ever speak of or hold anyone in the places of poverty on any level of life.

Tricia's book tells of the natural happenings that heralded Jesus' birth and offers interesting perspectives about what actually occurred based on records of the times.

These are the times of Revelation and the facades and illusions of the old order are falling around our ears. Tricia brings a fresh, invigorating take on a life that will forever be a part of who we are. "JESUS..." is a part of our future that will help us to remember all that we are.

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**Food, Inc.** is a must see film. This film was nominated for an academy award. It is a real eye opener. Money has become more important than people. This was predicted long ago, but there has been the illusive advertising that has kept us believing that food comes strictly from farms. There are only four major meat packing companies and one, only one, major producer of corn, soy beans and the majority of our produce. This company is Monsanto.

We have been lead to believe that we are eating healthy food and yet when you see what is going on you can understand that the price of food is being driven up by gross mis-management and a total lack of consideration for the health of the people. You can look the other way, but people are dying everyday from corporate management of food that it never sees and certainly never has to eat.

Just as doctors often will go outside of the U.S. to get treatment for their families the heads of these corporations would not eat food processed by their own slaughter houses or packing plants.

For the sake of your life, watch this movie and carefully consider just what you are eating. All food is not healthy.

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"Robert P. Watson, Ph.D.  
Coordinator of American  
Studies Lynn University"  
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I am always being asked to grade Obama's presidency. In place of offering him a grade, I put together a list of his accomplishments thus far. I think you would agree that it is very impressive. His first six months have been even more active than FDRs or LBJs the two standards for such assessments. Yet, there is little media attention given to much of what he has done. Of late, the media is focusing almost exclusively on Obama's critics, without holding them responsible for the uncivil, unconstructive tone of their disagreements or without holding the previous administration responsible for getting us in such a deep hole. The misinformation and venom that now passes for political reporting and civic debate is beyond description.

As such, there is a need to set the record straight. What most impresses me is the fact that Obama has accomplished so much not from a heavy-handed or top-down approach but from a style that has institutionalized efforts to reach across the aisle, encourage vigorous debate, and utilize town halls and panels of experts in the policy-making process. Beyond the accomplishments, the process is good for democracy and our democratic processes have been battered and bruised in recent years.

Let me know if I missed anything in the list (surely I did).

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1. Ordered all federal agencies to undertake a study and make recommendations for ways to cut spending
2. Ordered a review of all federal operations to identify and cut wasteful spending and practices
3. Instituted enforcement for equal pay for women
4. Beginning the withdrawal of US troops from Iraq
5. Families of fallen soldiers have expenses covered to be on hand when the body arrives at Dover AFB
6. Ended media blackout on war casualties; reporting full information

7. Ended media blackout on covering the return of fallen soldiers to Dover AFB; the media is now permitted to do so pending adherence to respectful rules and approval of fallen soldier's family
8. The White House and federal government are respecting the Freedom of Information Act
9. Instructed all federal agencies to promote openness and transparency as much as possible
10. Limits on lobbyist's access to the White House
11. Limits on White House aides working for lobbyists after their tenure in the administration
12. Ended the previous stop-loss policy that kept soldiers in Iraq/Afghanistan longer than their enlistment date
13. Phasing out the expensive F-22 war plane and other outdated weapons systems, which weren't even used or needed in Iraq/Afghanistan
14. Removed restrictions on embryonic stem-cell research
15. Federal support for stem-cell and new biomedical research
16. New federal funding for science and research labs
17. States are permitted to enact federal fuel efficiency standards above federal standards
- 18.. Increased infrastructure spending (roads, bridges, power plants) after years of neglect
19. Funds for high-speed, broadband Internet access to K-12 schools
20. New funds for school construction
21. The prison at Guantanamo Bay is being phased out
22. US Auto industry rescue plan
23. Housing rescue plan
24. \$789 billion economic stimulus plan
25. The public can meet with federal housing insurers to refinance (the new plan can be completed in one day) a mortgage if they are having trouble paying
26. US financial and banking rescue plan
27. The secret detention facilities in Eastern Europe and elsewhere are being closed
28. Ended the previous policy; the US now has a no torture policy and is in compliance with the Geneva Convention standards
29. Better body armor is now being provided to our troops
30. The missile defense program is being cut by \$1.4 billion in 2010
31. Restarted the nuclear nonproliferation talks and building back up the nuclear inspection infrastructure/protocols
32. Reengaged in the treaties/agreements to protect the Antarctic
33. Reengaged in the agreements/talks on global warming and greenhouse gas emissions
34. Visited more countries and met with more world leaders than any president in his first six months in office
35. Successful release of US captain held by Somali pirates; authorized the SEALs to do their job
36. US Navy increasing patrols off Somali coast
37. Attractive tax write-offs for those who buy hybrid automobiles
38. Cash for clunkers program offers vouchers to trade in fuel inefficient, polluting old cars for new cars; stimulated auto sales
39. Announced plans to purchase fuel efficient American-made fleet for the federal government
40. Expanded the SCHIP program to cover health care for 4 million more children
41. Signed national service legislation; expanded national youth service program
42. Instituted a new policy on Cuba, allowing Cuban families to return home to visit loved ones
43. Ended the previous policy of not regulating and labeling carbon dioxide emissions
44. Expanding vaccination programs
45. Immediate and efficient response to the floods in North Dakota and other natural disasters
46. Closed offshore tax safe havens
47. Negotiated deal with Swiss banks to permit US government to gain access to records of tax evaders and criminals
48. Ended the previous policy of offering tax benefits to corporations who outsource American jobs; the new policy is to promote in-sourcing to bring jobs back
49. Ended the previous practice of protecting credit card companies; in place of it are new consumer protections from credit card industry's predatory practices
50. Energy producing plants must begin preparing to produce 15% of their energy from renewable sources
51. Lower drug costs for seniors
52. Ended the previous practice of forbidding Medicare from negotiating with drug manufacturers for cheaper drugs; the federal government is now realizing hundreds of millions in savings
53. Increasing pay and benefits for military personnel
54. Improved housing for military personnel
55. Initiating a new policy to promote federal hiring of military spouses
56. Improved conditions at Walter Reed Military Hospital and other military hospitals
57. Increasing student loans
58. Increasing opportunities in AmeriCorps program
59. Sent envoys to Middle East and other parts of the world that had been neglected for years; reengaging in multilateral and bilateral talks and diplomacy
60. Established a new cyber security office
61. Beginning the process of reforming and restructuring the military 20 years after the Cold War



to a more modern fighting force; this includes new procurement policies, increasing size of military, new technology and cyber units and operations, etc.

62. Ended previous policy of awarding no-bid defense contracts
63. Ordered a review of hurricane and natural disaster preparedness
64. Established a National Performance Officer charged with saving the federal government money and making federal operations more efficient
65. Students struggling to make college loan payments can have their loans refinanced
66. Improving benefits for veterans
67. Many more press conferences and town halls and much more media access than previous administration
68. Instituted a new focus on mortgage fraud
69. The FDA is now regulating tobacco
70. Ended previous policy of cutting the FDA and circumventing FDA rules
71. Ended previous practice of having White House aides rewrite scientific and environmental rules, regulations, and reports
72. Authorized discussions with North Korea and private mission by Pres. Bill Clinton to secure the release of two Americans held in prisons
73. Authorized discussions with Myanmar and mission by Sen. Jim Web to secure the release of an American held captive
74. Making more loans available to small businesses
75. Established independent commission to make recommendations on slowing the costs of Medicare
76. Appointment of first Latina to the Supreme Court
77. Authorized construction/opening of additional health centers to care for veterans
78. Limited salaries of senior White House aides; cut to \$100,000
79. Renewed loan guarantees for Israel
80. Changed the failing/status quo military command in Afghanistan
81. Deployed additional troops to Afghanistan
82. New Afghan War policy that limits aerial bombing and prioritizes aid, development of infrastructure, diplomacy, and good government practices by Afghans
83. Announced the long-term development of a national energy grid with renewable sources and cleaner, efficient energy production
84. Returned money authorized for refurbishment of White House offices and private living quarters
85. Paid for redecoration of White House living quarters out of his own pocket
86. Held first Seder in White House
87. Attempting to reform the nation's healthcare system which is the most expensive in the world yet leaves almost 50 million without health insurance and millions more under insured

88. Has put the ball in play for comprehensive immigration reform
89. Has announced his intention to push for energy reform
90. Has announced his intention to push for education reform

Oh, and he built a swing set for the girls outside the Oval Office



### ST. GERMAIN ON FEELINGS

Beloved Masters, We wish to speak to you of **FEELINGS!** When we say feelings, many of you think of pain in the body or emotional suffering or even the wounds of childhood. We would ask you to allow yourselves to reach into the physical body on a mental/spiritual level and examine the area of the solar plexus. Take your fingers and press on this most important power center of the body. Is it tense or relaxed? Does it hurt? Do you find yourself resisting touching this area? It is the energetic **“SEAT OF THE SOUL”**. It is where you register anger, fear and confusion on the emotional levels. The joy that emotions offer is often short lived because the mind does not let you stay in the pleasurable spaces for very long. **THIS IS ALSO THE AREA WHERE THAT STILL, QUIET VOICE OF GOD SPEAKS QUITE CLEARLY.** It is time for you to learn the language of your Soul AND THE ART OF LISTENING WITHIN so that you can have dominion over your creations.

God speaks in such a still way, like a light touch of Spirit on the waters of your Soul. It is readily felt in this wonderful Soul center, but the EGO rushes in screaming like a four year old who isn't getting enough attention, shouting **“Don't listen to that. Listen to me!”** You have been so programmed over life times to listen to the loudest, most rancorous voice, that often the beautiful language of I AM goes unnoticed. You thought you heard God, but now in the light of the EGO'S din you question, **“Did I really hear anything? Maybe that really wasn't God. Perhaps it was something evil trying to ensnare me.”** The EGO claps its hands, slaps its thigh and rolls on the ground laughing in relief. It has distracted you once more.

The language of the Soul is **feelings**, the higher octave of emotion. Feelings are uplifting, encouraging and

supportive. In feelings you can experience compassion and total love, Feelings, unlike emotions, **do not plunge you into the depths of fear and sorrow.**

Feelings call you to connect to the immense treasure trove of wealth, love and wholeness that is what you truly are. (The diseases of life come from separation.) As you touch your solar plexus let your essence gently flow into that area and allow your self to experience what is going on there, not just physically but energetically. Are you holding your body rigid with tension? Is there fear that you are vulnerable? Are you afraid that if you relax you will be hurt or taken advantage of? Let yourself go deeper into the energy of this area. Go beyond the fear. Speak quietly to the EGO, "We are safe. It is all right." Feel the love that lives in the center of your being. Sit with it. Go deeper. Connect with the essence of Light, Truth and Purity that exists in the very center of YOU. It does not matter what you have done (or not), it does not matter who you are (or not). In this Love failure, wrong and evil simply do not exist. This Love that lives in the Heart and Soul of your being is the Master that you are. This Love does not strive to over shadow or over power anyone else. In this Love you recognize that there is nothing to combat or compete with. Feel the Love embrace you in all that you are. Forgive your shame and guilt. They have no meaning or purpose in the depths of God's Love. Let your judgments disintegrate in the Divine Love. Immerse yourself in the totality of God's presence. God is not and never has been dangerous or destructive. God does not take sides. (That is the realm of the EGO) God is not a parent who is going to draw you in with love and then confront you with your flaws. (That is separation) God is not a game player. **GOD IS ABSOLUTE LOVE AND COMPASSION, PRUE AND TRUE.**

When you feel yourself wanting to get up and move away from this time of being with Love, in Love, to go on with your "important" activities, relax and just dwell a little longer in the sweetness of the indwelling of Love. The EGO may be beginning to whine or even shout that you have got to get out of this special place of belonging within you. Invite the EGO to come and join you in the Love. In the realms of Love everything is included. The EGO will attempt to draw your mind back to the paranoia and suspicion of the World. Let it go. Just let it go! Return your attention to the Love and Light and Peace that lives, right there within you. It has always been there, but the chaos of the World as kept your attention focused outward. This peace, this Love is what **COMING HOME** really is, the total reconnection and recommitment to your self. You will not accept your Mastery until you are willing to stay

connected to your God Self a little more each day, each hour, each moment.

The World considers the idea of control, domination, and intimidation as Mastery. That is fear at its most extreme point. There is nothing Masterful about causing pain or taking the joy and delight out of the lives of others. The EGO has been doing that for eons of time. Mastery is the deep remembering, acceptance and expansion that belongs to everyone. No one needs or desires to dominate when everything is available and there is a sense of knowing that there is plenty and plenty more where that came from.

As you return your consciousness to the places of Loving At-One-Ment within you, your awareness of all that you can share becomes almost overwhelming. There is no longer a question of being good enough. You can see/feel just how valuable you are and in turn recognize the worth and value of others without requiring that they value you back. In the realms of feelings give and take, take on a whole new meaning. You find that you are just as capable of receiving as giving and the energy field of your solar plexus feels completely different.

We are ever willing to assist you to slip into your feeling place. We will show the way and be with you in the times of uncertainty. We are here to be "mid-wives" as you experience re-birth in its truest sense. Through feelings you rise into the dimensions of higher consciousness. Through your willingness to accept and allow the inner connection you cannot miss the Love. When you *think* you have experienced Love you are still resisting. When you have to assure everyone that you have got this Love thing down, you are still holding yourself apart from the immersion. When you really allow yourself to just dive into the Love, the Love does all of the "work". Love lifts, enlightens, informs and inspires through no effort on your part. "*I can do this all by myself*", becomes laughable, because you can perceive just how impossible it would ever be to live in the Love of God by your own will. **I will to live Thy Will** becomes a gift to yourself and the rest of the World, rather than a fearful promise of something that you doubt because you are not sure what is going to happen to you if you let God have your life. The Ego says, "Who is this God any way?"

Certainly, in separation there are so many versions of God. Each religion, philosophy or sect have their own idea of what God is according to what they want God to stand for. Beloved Masters, when you align with the

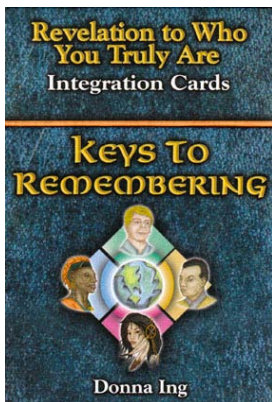
God Self, when “the Eye is single” you really do see God in every part of creation. When you look into the mirror and when you look at each being that stands before you whether they have come from Earth or not, you will see God/good in All. When you connect within, it allows you to connect with all that is.

Go to your solar plexus, feel what is happening there physically and energetically. Let yourself become one with all that you find there, no judgments or warnings to stay distant. Forgive the limits, fears and doubts and let the Love embrace you. Merge with the Love. Stay with the feelings of belonging that are so sweet. Let yourself linger. You will not become addicted to God’s Love. The EGO may say, “You cannot stay here too long or you won’t want to come back.” In this Love, in this feeling you live life more fully, more grandly than you could ever imagine—you are involved and awake to your potential. This Love is not a drug to keep you asleep. This is what being awake really is. Feel! FEEL!! FEEL!! We will celebrate with you as you live beyond the limits of illusion.

We are with you all of the time in Love. We support you in your tentative steps, your more confident moments and your full movement into your Selfhood. Until we meet again, in what ever manner that may be I remain your most humble servant. I AM the Lord St, Germain. Adieu!

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## ADS



### Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com> .

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### Art by Isa

All Limited Edition are printed on fine art water color paper, hand signed with certificate of authenticity. 16 x 20 Limited Edition Prints - \$75 10 x 12.5 Limited Edition Prints - \$45 Special: 15% off for purchases of

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**Wholistic Options** will soon be open. Colonics will be available. Annalaiya, owner and operator, is an iridologist, flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Call 307 332-9882 or 307 438-0927 for appointments and information,

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### Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

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### Kimberly Rae Hansen

Digital Artistry  
Kim does computer generated fractal art. We have one of Kim’s pictures and it is most amazing. Do check out her website!  
[www.kimberlyraehansen.com](http://www.kimberlyraehansen.com)

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### Dream Pillows by Linda Emter



[intuitlinda@msn.com](mailto:intuitlinda@msn.com)

Christmas is past, but there are birthdays and other occasions to give someone special sweet dreams. Microwave for 35 seconds and place on sore neck, shoulders, knee, head. Also, place under bed pillow for Dream Recall.

Aromatherapy Dream Pillows

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