



The Pot of Gold

from the Rainbow Center for the Humanities
Lander Wyoming



OCTOBER NEWSLETTER

I just returned from a trip to Lake Tahoe for a “busman’s holiday to see Lazaris. What an amazing place Tahoe is. We stayed at the Granlibakken hotel/resort. The fall colors were beginning there. By the time we got back to Lander a lot of the color was gone. However, around our house the trees and bushes are beautiful and still intense.

October brings my time of travel to the east for our fall intensive and to spend time at the beautiful Crystal Organic Farm. It is always a treat and a blessing for me to spend this time with Helen Dumba who is an old and dear friend, I feel from many life times, and also one of the best homoeopaths I know. Helen’s treatments have been instrumental to the healing of the cancer, that blessed my life by getting my attention and then left quietly and in love.

I always enjoy the fall colors that often are just beginning as I arrive in Georgia. Our fall colors here in Wyoming are usually long over by the time I travel east, so I get to experience autumn (my favorite time of year) twice.

Our last group was “Bridges” and it is really meaningful that bridges seem to be playing such an important part in my life now. St. Germain spoke of how we bridge between what was and where we are going and the necessity to let go of our ties to the past. It isn’t about getting rid of who we were, but about focusing on what we are becoming to move us away from attachments that hold us back.

September has moved into October as our travels have led us into different directions than we might have believed.

I did a wholistic fair in Casper, WY the 29-30 of September and then we got the delightfully unexpected opportunity to see Sir Elton John in concert there in Casper. Part of the amazement of the experience for me was that at 65 I had never attended a rock concert. Of course, I was forty before I became a hippie so I am somewhat of a late bloomer. The concert was wonderful (unbelievably loud) but exciting.

When we returned to Lander it was to discover that the high winds that had followed us to Casper had taken off about a third of the top of our roof and someone, who has been living in a tipi down the road had had a bonfire last night and didn’t get the fire put completely out, so as Dorian was driving out to our house she witnessed the fire actually start up the hill from the tipi, driven by winds of up to 75 miles an hour, hit a field and explode into an instant inferno. She rushed home to call the fire department and what I had believed would be a quiet day to get the newsletter out turned into a somewhat nerve-racking fire watch, because if the wind had changed direction our house was right in the path. Fortunately, the only thing that burned down was an old barn that didn’t seem to be in use. The wind drove the fire

along Baldwin Creek and threatened a number of homes, but all appear to be safe. We are due for rain for the next few days, so the magik continued as I called our handyman and he came out immediately and put our roof back on so that the house will not leak from the rain.

I don't know how many of you are experiencing an increase of magik (you think of something you desire and it happens), but we surely are. These changing times can be trying, but they are *never* boring.

Update: There were no homes lost or people or animals injured in the fire. It burned right up to and around several homes and then moved on down the creek.

ASTROLOGY

On the 26th of September we experienced a SuperMoon ('su-per'mun) [etymology: coined by author Richard Nolle, in Dell Horoscope, September 1979]

A lunar perigee-syzygy, a New or Full Moon (syzygy) occurring when the Moon is at or near (within 90 % of) its closest approach to Earth (perigee)

Technology aside the SuperMoon is an extremely powerful lunar influence. Every new and Full Moon is special in its own right, but the SuperMoons have an extra punch in how they stir up earth activity and how they cause us to be hyper-sensitive to our own emotional natures.

The Full Moon is a dynamic that is very noticeable in the sky; where as the New Moon is not so visible. The experiential influence is much more inward with the New Moon, where as, the Full Moon effects our outward/physical affairs more. Police and medical practitioners prefer not to be on shift when the Moon is full—hence the term lunacy.

So what does the SuperMoon do and what is it good for?

It is a strong signal of geological disturbances—tidal surges in Earth's atmosphere, oceans and outer skin that correspond to severe storms, exceptionally high tides and moderate to severe seismic activity, including volcanic eruptions, as well as magnitude 5+ and higher earthquakes.

SuperMoons, eclipses and lunar declinations are all aspects that create extreme geological upsets.

A Lunar declination is determined by the movement of the Moon in its monthly cycle and how far it swings above (north) and below (south) the Earth. In years when the declinations or swings are extreme the incidence of earth activity—quakes, storms, hurricanes—is higher.

We will have a Super Moon on October 26th and on November 24th of this year, so this fall certainly could bring some interesting action from Mother Earth.

NEW MOON

The New Moon in October falls on the 10th-11th depending on where in the world you are.

Libra (We) is about relationships so as we look at this New Moon we will consider the mirrors that relationships give us. We learn much more about ourselves when we are involved with others.

Neptune is trine this New Moon and brings us insights and intuition around our relationships and how we will expand them or shift to another point of view.

On the 13th of October, Venus will make it's third conjunction with Saturn. The first two occurred in Leo and involved clarifying what our heart's desire is so that we might bring it about. This conjunction takes place in Virgo and focuses our attention on improving our relationships, our health and our finances.

This New Moon provides an excellent opportunity to bring into the open issues that might be causing difficulty in current relationships and, perhaps setting goals for new directions. Communications are important now.

Squares always represent turning points in our lives and Jupiter and Uranus just completed their third square this year. Jupiter in Sagittarius broadens the scope of our vision and Uranus in Pisces sharpens our sixth sense. In February of 1997 Jupiter and Uranus were conjunct in Aquarius. Things that were set in motion then are up for review. What would you change? How will you move forward into new ideas now?

Mercury is preparing to go retrograde on October 11, at 9 degrees Scorpio and will turn direct on November 1. It will complete the retrograde on November 17 when it again returns to 9 degrees Scorpio. Mercury in Scorpio delves into our unconscious and brings up hidden motivations. This can show us the connection between intimacy and honesty. This retrograde calls us to let go of old resentments and misunderstandings. If we are to move forward now we must forgive the past. Holding grudges holds us in place—we get stuck.

This New Moon gives us an opportunity to look at the breakdown between the individual and the society. We are all becoming more independent as we begin to remember who we are, but Mastery has nothing to do with dominating others. We are Divine, not corrupt. The laws of man are often subject to the mood of the judge, whether he is in a courtroom or on the street. Willfulness prevents us from creating the peaceful society that we desire. Focus directed in love brings about a new outlook.

FULL MOON

This is the second SuperMoon this year.

Full Moons bring light to the dark, hidden places of our lives. This Full Moon is in the Taurus/Scorpio axis. Scorpio is all about our secrets, our hidden agendas and our taboos.

The sacred science of alchemy describes the process of transmuting one's own darkness. Ancient Egypt was known as Al-Kemi, "the Black Land," famed for its fertile soil (the fertile crescent) and Occult (hidden) knowledge. Black represents base matter, associated with lead or Saturn and on the metaphysical level with the id or unconscious. Gold is the refinement of this baser consciousness into an enlightened state, the achievement of purity and clarity. The Bible says "When the eye is single, we see God". This refinement moves us from our blindness (the land of Nod-asleep state) to the open inner eye, that helps us to see ourselves and others in a much more compassionate and caring way.

The Goddess Mother is identified with Taurus, because she brings the fulfillment (fertility) of all our desires. In this most alchemical time we are being awakened from the eons of illusion we have drifted into and the clarion call of our deepest, truest nature

is bringing us to at-one-ment with God/Goddess/All that is.

Two days after the Full Moon Pluto, ruler of Scorpio makes its third and last alignment with the exact Galactic Center. This offers excellent support for releasing old stagnant, out-moded ideas that no longer serve us.

The Black Hole that lies at the center of our Milky Way is four million times larger than our Sun and it provides us with an evolutionary system that will sustain us in the changes that we all now must make. These changes have been recorded by the Mayan End Times, the Hopi Fifth World, the Turning of the Ages, Timewave Zero, the Ascension and the Great Awakening, to mention a few. These prophecies signal a dimensional shift that humanity is making that cannot be avoided. Pluto's movement into Capricorn, which represents the old order, in January heralds the return to the light from the shadow world that we have lived in for eons. This is the Hermit's decent into the cave to emerge renewed. For those of you who saw "The Lord of the Rings". this is "Gandolf the Gray" becoming "Gandolf the White" after the conflict with the demon of the underworld.

Venus in Virgo opposes Uranus in Pisces and squares Jupiter in Sagittarius which can literally become "the eye made single" or the opening of the inner eyes that see into a totally different dimension.

In the process of this Full Moon you will begin to realize very subtly that you are changing, the world is changing and there is no going back.. What will you commit to for your future? It will be shaped by forces that have nothing to do with the past that is fading into the annals of time.

It always seems that as I am preparing the next month's newsletter someone shares something that is so appropriate that it just has to go into the newsletter. As I consider that our October intensive "Peacemaker: Am I my Brother's Keeper" is to help us look at everyone and everything in the light of new paradigms, this story is priceless.

CHAIRMAN MAO'S LIGHTER

Ever had a brilliant gift idea that turned out to be the most embarrassing and humiliating thing you could have brought to the party?

At a conference on consciousness we were told to bring a small, wrapped present to exchange as a means of getting to know each other. The gift was supposed to be related to something significant in our lives. After wracking my brains for awhile, and looking around the house, I found the perfect thing: a lighter I had brought back from China. It was a souvenir from the first time I ever hosted a group tour, which has become a yearly event since then.

Ah, but this was no ordinary lighter. It was a solid lighter with some heft to it, covered in bright red enamel. On one side, the imposing face of Chairman Mao stares out at you, totally out of context on this goofy trinket. Sort of like Abraham Lincoln on a box of Wheaties. But the kicker is that when you open the top, it plays a silly (and quite frankly annoying) Chinese marching song, which squeals on and on -- lit or not -- until you close it. Or until the battery runs out, should you leave it open for a few days as a sort of Chinese torture for the unlucky people you live with. In short, it's pretty funny. And it kind of reduces Mao to the status of a cartoon, which I like.

I've given a few of these away to friends, and everybody gets a kick out of them. My brother likes to walk down the grocery store aisle with his lighter held aloft, music blaring and people staring. I think he does it to embarrass his daughter. But I digress...

So I felt quite proud of myself for bringing this funny, clever gift that I knew everyone at the conference would find amusing. That first night, all 120 of us were sorted into small circles of eight, and instructed to put our presents in the middle. One by one we took turns choosing a gift that someone else had brought, and then we took turns unwrapping them. When someone opened the gift you brought, you explained what it meant to you, and so we'd get to know a bit about each other.

But what happened in our little circle was a kind of cosmic joke.

Imagine: out of all the 120 people at this event, the one person who ended up with my little wrapped package containing this incredibly funny, brilliantly clever, totally unique Chairman Mao lighter, just happened to be the childhood/ lifelong friend, as well as the official biographer of.....the Dalai Lama.

I'm not kidding.

He was seated just to my left. As soon as I saw him pick up the little package, I felt myself shrink about five sizes. What I really wanted was to disappear altogether. If humiliation was a color, I would have been a bright orange 4th of July smoke bomb, just fizzing away into nothing. I didn't know there would be a Tibetan at this conference. I didn't know there would be a man who, as I later found out, actually fought Chinese soldiers and was forced to flee into exile as they took over and brutalized his country.

All the time we were going around the circle opening presents, I was sitting there, completely freaked out at the fact that I'd brought the most insulting gift I possibly could have, and it was going to be unbearably awkward when this gentle, elderly, dignified, much-loved man opened it. It was unbelievably embarrassing. Life-shattering buckets of shame. For once in my life, I'd been just a little too clever, and my sick sense of humor had come back to haunt me. How could I possibly explain this to him? What could I say, especially when all the other gifts were so thoughtful and beautiful? What would he say? What would he do?

When it got to be my turn, I suggested we switch presents.

"Why?" he asked.

"Because I don't think you'll like it. I want you to have something you'll like."

"No," he said. "I chose this one."

Slowly and calmly, he unwrapped the lighter. He turned it over, and for a minute just looked at the picture of Mao. I can't remember if he opened the top and played the little song.

After what seemed like forever, during which time I would have gladly traded my whole life to be somewhere else, he spoke.

"Oh," he said firmly. "This is karma."

He looked at me with steady, sincere eyes and said, "This will help me remember to practice compassion."

POSTSCRIPT #1

The next morning, I was relating this episode to one of the conference organizers, and she insisted I tell the entire gathering about it. So I got up in front of

the group and told this story. When I mentioned who got the lighter, everybody gasped. And then when I told them what Kuno (his nickname) had said, Kuno stood up, smiled and bowed low, and everybody laughed. And right then we all got it that he was really okay about it.

During the week of this conference, every time I saw Kuno he would shake my hand and thank me for the lighter. So by the end of the week, we had kind of become buddies. On the last morning, he sat next to me at lunch. We talked about Dharmasala, where the Tibetan refugees live with the Dalai Lama, and about life in India. I told him I'd always wanted to go there, and about hosting my group tours. Kuno picked up on this immediately. He invited me to Dharmasala, and said he had friends who would handle all the travel arrangements for us. We could even do some kind of a concert with myself and some Tibetan musicians. He was really into the whole idea, and I got all excited at the prospect too.

It's amazing how things work out sometimes.

POSTSCRIPT #2

(A letter from a friend at the conference, reporting how Kuno described this experience.)

"Dear Greg,

I love that you tell the story about your lighter, but you must tell more of the story. The way you ended it made it sound like he was being polite--but it was MUCH more than that. It was huge, and wonderful.

You should have heard Kuno's talk at the International House after the Conference. He began to talk about his history and connection with the Dalai Lama, and he briefly mentioned his important role as a general in the war. He spoke about how the Chinese killed his parents, family members, and so many of his friends. He talked about his anger at the Chinese--so much anger. He talked about how the Dalai Lama told him many times, he needed to make peace with the Chinese, to not hate them, to have love in his heart, compassion, forgiveness. He saw no way to do this, it was impossible, he hated them all to such an extent that he wouldn't even eat Chinese food. The Dalai Lama would laugh at this and tell him that Chinese food is very good and his anger is making him miss out on some very good things.

Well, before the conference Kuno was visiting a site

of one of the bloody battles between China and Tibet where he lost many friends. He was at the memorial, trying to make peace, but only feeling anger, pain and sadness. He began to cry. A couple was there, crying also. They and Kuno started talking about their issues, and began bonding. After a while they decided to go to a place for some food and to talk more. During the meal each asked where the other was from, and it turned out that the couple was Chinese! He had thought they were on his side, not theirs. Karma again. They continued their meal together with new understanding. This experience totally changed his perspective.

He wanted to continue healing so he then started trying to get to know Chinese people. He tried Chinese food and liked it. When the conference organizer invited Kuno to be with us, he also wanted to set up some lectures for Kuno in the area and offered to let him stay at his house. Kuno told him that he would like to do the lectures, but he wanted to stay with a Chinese family, if possible. The organizer said that would be very easy to organize since his foreign-exchange student host family lived nearby, and they just happen to be Chinese! (Coincidence? I think not.) Kuno stayed with the Chinese family before and after the conference and had a wonderful time in their home.

After a couple of days with them, he came to our conference and received your lighter. At this point in his lecture, he held up your lighter, lit it, and played the little song. He told the story of getting the lighter at the conference, of all the groups he could have been with, of all the wrapped gifts he could have picked, he picked you and yours.

It was a gift, supporting his new path to healing. At the time you picked the gift, you didn't know about his new found attempts at healing this pain in his heart, but you helped the process and supported his new path.

I bet the Dalai Lama had a big belly laugh when Kuno told the full story to him.

It's a full circle thing.

If I were you, I'd be honored to be part of that healing circle.

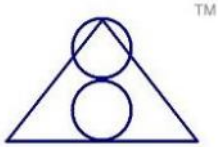
And the lesson for you? Trust your instincts. There is a reason for everything. There's probably even a reason you were put in that situation so you could fidget and feel such nervousness--but only you know

the answer to that.

Love and Peace to you,
Greg, Alison Sheafor-Joy"

A FINAL WORD:

Forgiveness has always been my biggest personal challenge, so yes, there's a LOT in this for me. Please feel free to send this to anyone you think it may uplift.



**BioGenesis® - Modern Tools,
Eternal Technology™**

**By Delores DeVore;
ddevore@mindspring.com**

"We speak of regeneration of the most basic element within each individual—the Light of Creation. As this Light returns to the lives on Earth, all things are made possible." --Ascended Master Lantos

It was only a few months ago that I learned about the BioGenesis Tools – Tools for Expansion. I have found these tools to be exceptional in their ability to allow us to heal and restore harmony and balance to our environment.

Each month I will discuss a couple of different tools, so that you can begin to understand how they work and how you can use them for your benefit.

This month will be the tools that will help you manifest your desires.



Amplifier (large and small)

The BioAmplifier amplifies other BioGenesis Tools & Wheels, as well as supporting the removal of impurities from one's body.

When you want to amplify the power of other BioGenesis

Tools, place the BioAmplifier next to the tool you wish to strengthen.

How to Use the Amplifier:

To Amplify the Power of Other BioGenesis Tools: simply place the BioAmplifier next to the tool you wish to strengthen, with the oval face directed away from the tool.

To Remove Impurities from the Body: hold the BioAmplifier over the body, with the base of the BioAmplifier positioned a few inches above the body; move in circular motions (i.e., the BioAmplifier will travel in horizontal circles over the body, always remaining a few inches above the body)



BioTranslator

The BioTranslator helps one's desires come into being. The BioTranslator translates one's desires into a sequence code that is readily received and acted upon by the forces of creation responsible for acting upon those desires. The BioTranslator also supports the strengthening of eyesight.

How to Use the BioTranslator:

To assist in realizing desires: Simply hold the BioTranslator and focus on your desires (e.g., for health, happiness, peace, love, wealth, etc.); you may use prayer, affirmation, visualization, or any other method of focusing your desires. For vision: While resting, hold the base of the BioTranslator over your eyes, with your eyes closed. Start by holding the BioTranslator over one eye; the base of the BioTranslator should not be touching your eyelid, but should be very close to it. Hold the BioTranslator there until you feel vibrancy, or a tingling sensation, at the back of your eye (this may take a few seconds or a few minutes, depending upon the person). Repeat this over your other eye. You may do this routine twice each day. It may take a few months to see results with this routine.

To manifest your desires, place your desires on paper and place the BioTranslator next to the BioAmplifier on top of your paper.

<http://www.biogenesis.us>

Or Contact me if you have questions.

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CRYSTALS

THE CRYSTAL CORNER

Greetings and happy October! Fall is definitely in the air in our area and we are enjoying the change in seasons very much.

As we are moving more and more into the Goddess energy, I felt that writing about some of the stones that facilitate that energy would be helpful. The most obvious would be the Moonstone. The white Moonstone has always been an aspect of the purity of the Goddess, an aspect of the inner nature, the feminine self and how to receive. This is a stone that those in the signs of Cancer and Libra can wear well. It draws in and allows the love of the feminine nature, the Goddess. Many will have a great fear of it, being attracted and repelled as by a cobra, for they desire the powerful love of the Goddess and fear their abuse of it in other times.

The Rainbow Moonstone would capture the essence of Isis, the magic, the essential nature in the heart, that energy of beloved Mother when the entity desires to be held. It is the essence of the Divine Goddess to assist the woman within to know her power, that essence of the ocean that is so deep it is terrifying because of its primal nature and yet, the desire to be held it because it is her nature to nature.

As the Opal is the birthstone of October, I wanted to include it here. There are several different colors of Opal and all work somewhat differently. This, too, is a Goddess stone and, in these times assists in the celebration of Goddess emerging. The energy of the Fire Opal aids those who are in rage to release energies from the fires of the womb. It also assists in releasing the resistant will. The White Opals alter moods, working with moon energy, almost like the Moonstone. Red or Jelly Opals are like volcanic energy. They come from the core of the earth and the seat of the void, from the soul of the root chakra. There are also Pink and Blue Opals from Peru that may be used together for energetic balance.

The new and improved website is in the process of happening, so be sure to check in to www.eternal-ice.com for some awesome crystals and stones. Or, call me at 1-800-757-8478. Happy journeys!

ADS

Have you visited the **Open Door Café** lately? If not, you are missing a great experience and NOW THEY ARE OPEN FOR DINNER. The new summer hours are 7a.m...- 8 p.m. Mon.-Sat. and 8 a.m.-1 p.m. on Sun. There are the many delicious items on the breakfast menu, the fabulous soups and sandwiches at lunch and a dinner menu to please the palate. Erin Burns, owner and operator, offers great food. Located at 159 N. 2nd in Lander. Call 332-2488 for information or to order out.

Jill Koehn is the compassionate counselor at Compassionate Counseling. She has over 20 years experience working with emotional issues related to alcohol and drug abuse. She loves working with teens and families of children. She also offers relationship counseling for couples. Located at the Rainbow Center for the Humanities, 177 N. 4th. Call 332-4345 for appointments

Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

The Wellness Connection, 201 Main St. in Lander, offers many interesting and therapeutic modalities.

Delphinia Bey does massage, hot rock therapy and deep tissue work.

Annalaiya is an iridologist, flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings.

Call 307 332-6262 for appointments.

Delores Devore owns Sound-Works, healing with voice and tuning forks.

www.sound-works.biz

She also has Colored Bottles. These beautiful colored bottles are imported from England and serve a multitude of purposes. There are bottles of all sizes and colors designed to suit your every requirement, from essences to cosmetics to healing potions and creams. Delores has bottles for almost everyone.

www.coloredbottles.com

Delores is an excellent website designer who has an extensive background in web design. She is very conscientious and works quickly. She is excellent at problem solving web site situations.

www.ddswebdesign.com

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