



October Newsletter



Our pictures this month show the filming stage for our Evenings with St. Germain and pictures from a recent trip to the Grand Teton National Park. The first the Grand Tetons and the second is a wilderness road with the beautiful autumn colors.

Here it is only a week until I leave for the east coast. It is exciting.

It seems as though my high school days were a life time ago and yet I am joining people, who have gone their own directions and lived very diverse lives, to celebrate those days. Fifty years ago I walked across the stage to receive my diploma. I was a young married woman with my life ahead of me. I could not wait to live that life and I must say now, "That, live it I have."

When you are seventeen even forty seems dreadfully old. When you are forty, life can open up like a flower and suddenly present you with previously unknown possibilities. You have the choice to grab life with both hands and hang on to the dream or decide that you are too old and life has passed you by. Our lives are all about choices. By the time I was forty-five I had made the choice to follow what I had known for a long time

was my life journey. Everything that had happened along the way was divinely appropriate to this choice. The events were not all lofty happenings. Most of them were LIFE being lived, but from each marriage (there were two) and each child (my first marriage brought me three wonderful children) I learned and grew.

I made a decision to do a series of psychic fairs in the U. S. and Canada so in the fall just after my forty-fifth birthday I got on a Greyhound and rode for twenty-eight hours to Vancouver, B.C. from Billings, MT. I had lived on the Mexican border in Texas, but I had never had to cross through an international gate before. It was all very exciting. This was the first time that I had traveled alone on a big trip.

That series of fairs in Vancouver, B.C. Portland, OR, Calgary, Alberta and Seattle, WA made me strong and gave me confidence. Shortly after the Calgary fair my second husband and I separated and by the end of 1985 I moved to Spokane, WA. At the end of 1986 I moved to Richmond, B.C. and spent most of that year traveling with a group of physics called the "Psychic Circle". I moved back to Spokane toward the end of the year and met a woman from California who would be a mentor as I began my journey of being a trans-channel.

In 1975, shortly after my family and I moved to Billings, MT, St. Germain came to me for the first time consciously, in vision, and told me that I had made a Soul agreement to be a trans-medium. I had no desire to have someone's dead grandmother using my body and I said so in no uncertain terms. St. Germain laughed and left. In three days he came back and said, "Beloved woman, have you made your choice?" I said I would allow only the highest Light to use my body and he told me that my agreement had been to work with the White Brotherhood. I said "yes".

I did not trans-channel for the first time until the Harmonic Convergence, twelve years later. I was in Powell, WY visiting people that I had just met. A year

later, I returned to Powell, with Pat the woman I had met in Spokane. We intended to stay for a week and wound up staying for much longer. In fact, I stayed for seven months. St. Germain said that we had all made Soul agreements to take part in the unfolding.

In February of 1989 I traveled to Florida because my daughter was ready to delivery my first grandchild. I stopped in Texas to visit my mother, not realizing that it would be the last time I would ever see her. Kayla, my granddaughter was born right after I arrived in FL and mother died in July. I spent seven months in FL and then moved to North Carolina for a year. Each move was orchestrated by St. Germain. At the end of 1990 I moved to Elkton, VA. Again St. Germain led me. A woman, named Doris, that I had just met in N. C., told me that if I was ever in VA just give her a call and she would set something up for me. Virginia was a grand opening for me and I stayed for four and a half years. Then St. Germain said that it was time to return to the west. He asked me to move to Jackson, WY and for the first time I said “No”. My faith waivered and I wasn’t sure that I could make enough money to live in Jackson. So I moved to Riverton, WY. I was there two years and then moved to Lander, WY where I have lived for the last thirteen years.

My business and my family have grown. I have a global clientele and I now have twelve grandchildren including two step grandchildren and two great grandchildren, one step and one by Kayla, who lives here in Lander.

So I am off to attend my fiftieth class reunion with a wonderful collection of people, many of whom have had lives as rich and varied as my own and a few that said somewhere along the way, “life has passed me by and I am too old to change”. To everyone both young and old, life offers opportunities. If you do not take them life will offer them again, only the next time they may look different. Life does not ever give up on us, so it is our spiritual and personal obligation never to give up on ourselves.

May you all be open to receive the wonderful blessings that are being poured out on us in these times. As St. Germain says, “Ain’t nothin’ what it seems”. Look out, look beyond, but most of all look within. I love you all and thank you for being in my life. Molly

Rainbow Center News

The CD’s of “Seeing Beyond 2012” are now available. This is super good information. It is clear, inviting and uplifting. St. Germain takes us where we are going and then shows us how it will feel, as well as, how we will live beyond the illusion. Go to the website to purchase.

www.voiceofthegatekeepers.com/2010groups.html

Our next group will be held at the Rainbow Center, 177 N. 4th. St, Germain will speak on “Healing Your Lineage and Remembering Your Ancestors”.

CD’s can be purchased on the website at www.voiceofthegatekeepers.com/2010groups.html

St. Germain brings the tenth of our “Know Thyself” series “How Do You Create Your World?”

Both CD’s and DVD’s of the first six parts of the series are available. If you purchase the set of six “Know Thyself” CD’s or DVD’s you will get the sixth one free.

To order CD’s or DVD’s www.voiceofthegatekeepers.com/evenings.html

Our next intensive, “Integrating the Magik of Your Mastery” will be November 6-7 in Newborn, Ga at the Crystal Organic Farm. Molly will be available for private readings from October 30-November 11. Call Helen Dumba, 770 784-1060 for registration and appointments.



ASTROLOGY

NEW MOON

This Libra New Moon on October 7 is the third of three Super New Moons in a row, where the Moon is in its closest approach to the Earth and either in conjunction or opposition to the Sun. The Super Moons exert a greater gravitational and electromagnetic pull in the Earth. Therefore it has an immense effect on the Earth's tides as well as our own physical and emotional nature. The Super Moon always encourages grander shifts in consciousness.

The New Moon marks a still point where we have an opportunity to exhale old energy and breathe in something new.

Not only are the Sun and Moon in Libra, but Saturn and Mercury as well. This is a time for us to formulate new rules, new standards and policies for how we relate to each other on all levels. Saturn in Libra demands justice and integrity; we are required to treat each other with respect and clarity. We are being called to honor responsibilities and boundaries. Where are we being called to take charge? Where must we draw the line? Mercury conjuncts Saturn on October 8, mandating that we set clear goals and bring our highest ideals into fruition. This conjunction squares Pluto and the Moon's Nodes in Cancer/Capricorn to bring us up against deeply entrenched beliefs which must be cleared out and/or transformed.

Venus, the ruling planet of Libra moves into retrograde in Scorpio less than 24 hours after the New Moon. Again we are directed to pay attention to how we deal with business and personal relationships. Because of this retrograde Venus will spend five months (August 6, 2010 to January 7, 2011) in Libra and Scorpio rather than the usual two months in these signs. Venus in Libra calls for peaceful coexistence and creating alliances based on equality and cooperation. As Venus transits Scorpio, we are brought to face our shadow self—the part of our nature that we project onto others. We are required to examine our issues around money, intimacy and power. Venus retrograde generates two conjunctions with Mars this year (August 20 at 20 degrees Libra) and (October 3 at 13 degrees Scorpio). Venus and Mars will travel along within 10 degrees of each other for 12 weeks (July 26 to October 16) enhancing new relationships and rekindling old ones for healing and completion. On December 20 Venus will return to the place where it went retrograde revealing the things that

are yet to be resolved and lighting the path for our forward motion.

A few days after the New Moon, the Sun squares the degree of the previous solar eclipse on July 11 at 20 degrees Cancer. That eclipse was also a Super Moon, which underscored our necessity to heal with the divine feminine energy, the yin/receptive aspects of our nature. Ninety days after an eclipse we experience an aftershock; if we have not attended to the important changes there may be a sense of urgency around the requirements to redirect.

The Sabian symbol for Sun and Moon at 15 degrees Libra: A stack of machinery parts; all are new and all are circular. Perfect, effortless participation in the universal order. A smooth approach to self-expression; inert self-satisfaction.

Our soul left the Godhead and has journeyed throughout time to reach the point of the return home or completion of the perfect circle. We are all related and we are completing one long cosmic breath that has been waiting for eons to exhale. We are now ready to up spiral to the next level. We must relinquish the love of power for the power of love. Compassion has been born of the sorrow that we have experienced over the journey. "Love and compassion are necessities, not luxuries. Without the attributes humanity cannot survive." -(The Dalai Lama)

FULL MOON

October 22-23 brings our next Full Moon in Aries. This is the first of five Full Moons in the last degree of a sign. The 12 signs of the zodiac constitute a universal cycle and so do the 30 degrees of a sign. The first three degrees 0–2 indicate new karmic beginnings for this life which require faith, daring and originality. The last two degrees 28-29 reveal the endings of old patterns and lessons where we may express wisdom, compassion and equanimity.

The sign of Libra brings lessons defined by contrast and comparison. Like a magnet opposites either attract or repel each other. We have been taught for a long time that to be different can lead to exclusion. Now we must understand that the greater the difference the stronger the requirement to integrate that quality into ourselves. Libra's spiritual quest is the reconciliation of opposites, especially the masculine and feminine. Libra shows us that everyone and everything is a mirror to aid us in developing new

aspects of ourselves. Libra brings the opportunity to learn how to appreciate and care about others without losing our sense of ourselves. This Full Moon opposition involves Sun in Libra ruled by Venus, Goddess of Love; Aries Moon ruled by Mars, the God of War.

This Full Moon urges us to be spiritual warriors--neither passive or aggressive--but living what the Buddha called the Middle Way-- the path of love, truth and equality. This Middle Way symbolizes the path of transcendence of duality, a profound shift of consciousness whereby we are motivated to act from inherent unity and interdependence of all things.

Venus closely cojoins Vesta, the asteroid named for the Roman Goddess of the Hearth and keeper of the altar flame. In older times Vesta (then Hestia) was also the guardian of the inner fires of sacred sexuality. The Vestal Virgins were priestesses who initiated men and healed warriors returning from battle through sacred sex; the children born of these virgin unions were deemed divine. This union of Vesta, Venus and the Sun in Scorpio brings up memories of the times when women were honored for their power and knowledge of the sacred mysteries. Mercury, mythic messenger of the Gods calls us to question, investigate and discover what has been distorted or kept secret. Mars, the ruler of Aries, is also in Scorpio. It is closely square to Chiron and Neptune at 26 degrees Aquarius and trine to Jupiter and Uranus in Pisces which nudges us to harness our passions and power for the greater good.

Ceres, a former asteroid upgraded in 2006 to dwarf planet status, closely cojoins Pluto, now also considered a dwarf planet, and the North Node in Capricorn. Ceres is the Roman Goddess of Agriculture and was known to the ancient Greeks as Demeter (*da mater*, meaning "Earth Mother"). Ceres remains in close conjunction with Pluto and the North Node for much of this year, becoming a beacon of light to illuminate the darkness of a hierarchical, patriarchal model and transform it to one that honors an equal, co-creative relationship between masculine and feminine and between humankind and the natural world. This new understanding is imperative to our evolution.

The Sabian symbols for this Full Moon encourage us to rise above polarized, dualistic thinking and focus on the nurturance and protection of all life. For the Sun at 30 degrees of Libra: "a phrenologist discovers mounds of knowledge on a head. Ability to read spiritual meanings in concrete objects. Objectification of abstract truths. Cleverness in understanding. For the

Moon at 30 degrees Aries: Young ducklings swimming merrily on a pond. Essential social cooperativeness and appreciation of selfhood. Also a sense of inner restriction. Contentedness.

CRYSTAL CORNER

Don't look now but it is October already! This is one of my favorite months: the weather is much cooler, the leaves are starting to turn and the tomatoes from the garden are ripe!! Last but not least, this is the month I was born and I inherited the Opal as my birthstone. What a wondrous stone. There are all kinds of Opal that come in all kinds of colors. I feel the best Opal comes from Australia. The fire in these is amazing and they make great jewelry. I was fortunate enough to inherit an Australian fire Opal ring from my grandmother and enjoy wearing it very much. It has acquired a crack along the way but is still beautiful in my eyes. There are many superstitions about Opals, one of which is it is bad luck for anyone not born in October. When I'm asked about that I say, 'wear it and enjoy it!' There are very affordable Opals called common Opals. They occur in many soft, pastel colors and many don't have the fire associated with Fire Opals. Oregon and Idaho have large amounts of this type of Opal. My son was working in Idaho with an excavation crew and hit a large deposit of the common Opal about thirty feet underground. The colors are delightful. He knew I would love this material so he loaded up a trailer and delivered white, caramel, brown, light green and dark green Opal right to my doorstep! Wow! The dark green seems to be the most popular as it is a color not normally seen in Opal.



In these times, there is a celebration of Goddess emerging. The Fire Opals or those with a lot of color carry an energy that assists those who are in rage to release energies from the fires of the womb. It also

assists in releasing the will. The white or light colored Opals alter moods, working with moon energy nearly like the Moonstone. The red Opals, sometimes called Jelly Opals, are like volcanic energy. They come from the core of the earth and the seat of the void, from the soul of the root chakra. The Andean pink and blue Opals come from Peru. The blue is left-brain and the pink is right-brain. Use these together for balance unless someone is very unbalanced on one side or the other. Other colors may be used in relation to the color of the stone keeping in mind that it really is about connecting to Goddess.

Until next month, be well.

Don't forget the Crystal Healing II class on October 23rd and 24th. It will be fun and very informational!

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THE GARDEN FAIRY



Pumpkin

Because of its delicious and perfumed taste, the pumpkin is a favorite for many people. It is a vegetable with many uses: used as a basis for food, an ingredient for sweets and medicine, pumpkin is well known because of Halloween, when it is carved in the shape of a face and lit with candles to banish evil spirits.

Being an annual, herbaceous plant, cultivated for its fruit, flowers and seeds, pumpkin has a flexible and

climbing stem. Its leaves are big, heart shaped, with well marked nerves. Its flowers are yellow and pulpy. The fruit can be oval or spherical, of a green or intense orange color. The fruit's pulp is of a yellowish-orange color, dense with a sweet taste.

Having a yellowish-orange color, pumpkin is rich in anti-oxidants and beta-carotene. Beta-carotene is a vitamin that can be converted by the body into vitamin A. This helps the body in its process of regeneration, slowing down the aging process. Pumpkin pulp contains vitamins, especially pro-vitamin A, vitamins E and C, salts and minerals, carbon hydrates, and proteids. The seeds contain oil, proteids, resines and enzymes with antihelminthic properties. The pumpkin's core contains lecithin, tyrosine, peporesine, phosphorus and vitamins B and A.

Pumpkin seeds contain the strongest therapeutic effects. These help in eliminating intestinal parasites, cleaning blood vessels, adjusting cholesterol level and stimulating kidney activity.

In treating cancer, leukemia, sclerosis, or various diseases which are hard to cure, pumpkin seeds have an energizing role. Pumpkin oil extracted from the seeds is recommended for reducing excess cholesterol. Pumpkin offers protection against heart diseases by containing antioxidants.

Under the form of seed decoct, it is used for eliminating intestinal parasites. 1 kg of pumpkin seeds is divided into 10 portions (100g for 10 days). Each portion along with the hulls is added into a mincing machine. The seeds are minced 5-6 times with the machine. They are mixed with 300-400 ml of savory tea. They are kept to macerate for 24 hours, and then filtered through gauze. The obtained liquid is divided into 3 equal portions, for 1 day (morning, noon and evening, 1/2 h before meals). The treatment lasts 10 days followed by 10 days of pause. If needed, the treatment is then repeated.

The vegetable has a laxative action, being useful in case of dyspepsia and constipation. For constipations and colitis, pumpkin is boiled. This way, 500 g of boiled core is grinded, added to the remaining boiled water and the mixture is homogenized. This brew is consumed in one day, in two portions. Fried pumpkin is healthy for those who suffer from heart diseases.

Pumpkin juice is indicated for ulcer and high acidity. It has to be drunk three times a day, half an hour before meals. It is also useful in cases of insomnia, having sedative properties. As a juice, it is also used in treating cancer and vascular diseases.

Pumpkin is also indicated in cases of hormonal disorders or adolescent behavior, menopause disorder, intestinal parasites or sexual hyper-excitability. In external use, pumpkin is recommended for treating burns, inflammations and abscesses. It softens the skin and diminishes the inflammatory processes of mucous. In case of insect stinging, cataplasms of crushed pulps can be used. These cataplasms are changed daily until healing is complete. A number of hydrating and anti-wrinkle creams contain pumpkin.

Pumpkin can be eaten either fried or under the form of a pie, raw and shaven in tomato, pickle or cauliflower salads or in soups. Before preparing them for food, pumpkins have to be cut and cleared of seeds. If fried, before inserting them into the hot oven, they can be anointed with olive oil, salt and pepper. They can be filled with cheese paste or rice and mushrooms.

- pecans. Cut in butter, using pastry blender or fork, until mixture is crumbly. Reserve 1 cup mixture for topping. Press remaining mixture in bottom of ungreased 13x9-inch pan. Bake 10 minutes. Cool 10 minutes.
2. Meanwhile, in large bowl, beat cream cheese and sugar with electric mixer on medium speed until smooth. Add remaining filling ingredients; beat until well blended. Pour over warm cookie base. Sprinkle with reserved topping.
 3. Bake 35 to 40 minutes or until center is set. Cool 30 minutes. Refrigerate about 2 hours or until chilled.
 4. Before serving, drizzle with chocolate and caramel toppings. For bars, cut into 6 rows by 4 rows. Store covered in refrigerator

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Pumpkin Streusel Cheesecake Bars

Ingredients

- Cookie Base
- 1 pouch (1 lb 1.5 oz) Betty Crocker® oatmeal cookie mix
- 1/2 cup crushed gingersnap cookies
- 1/2 cup finely chopped pecans
- 1/2 cup cold butter or margarine
- Filling
- 2 packages (8 oz each) cream cheese, softened
- 1 cup sugar
- 1 cup canned pumpkin (not pumpkin pie mix)
- 2 tablespoons Gold Medal® all-purpose flour
- 1 tablespoon pumpkin pie spice
- 2 tablespoons whipping cream
- 2 eggs
- Toppings
- 1/3 cup chocolate topping
- 1/3 cup caramel topping

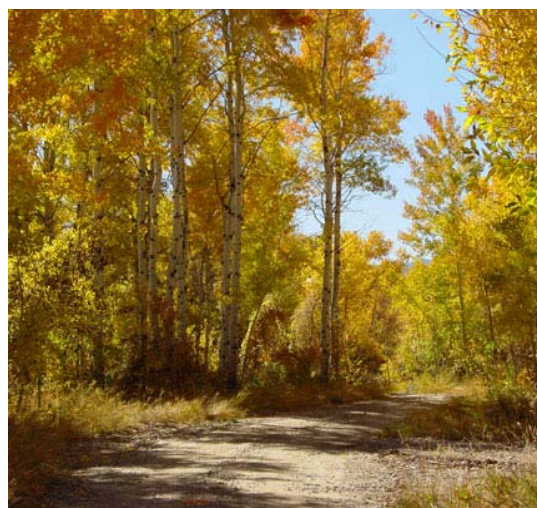
Directions

1. Heat oven to 350°F. In large bowl, stir together cookie mix, crushed cookies and

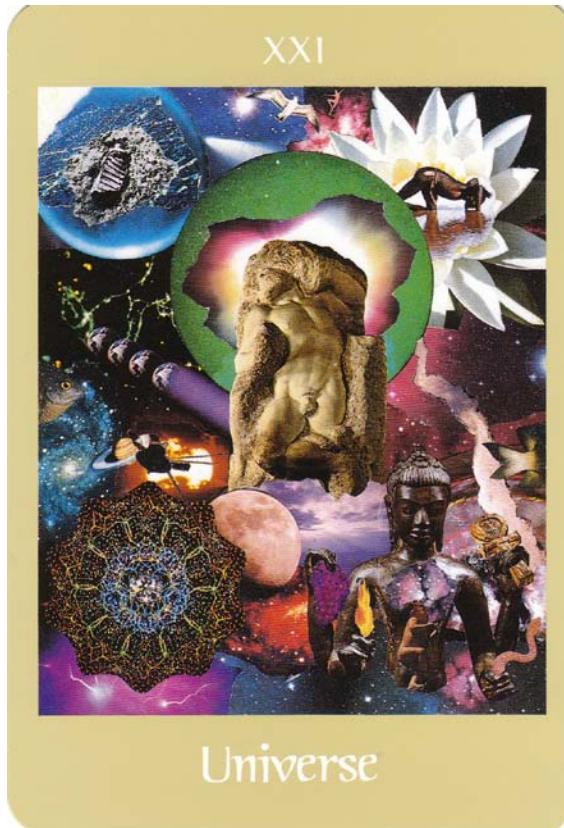
A dear friend sent me this video. St. Germain said “This is a message for the times to come. Please, share this and I will speak about it.” So I am including the video for your enlightenment and on going.

Dr. Jill Bolte Taylor is a scientist who experienced her own stroke and is sharing the message from the perspective of a scientist and the experience of a human being who has touched into the potential of the new becoming.

http://www.ted.com/talks/jill_bolte_taylor_s_powerful_stroke_of_insight.html



TAROT TALK



I felt that the Universe card is most appropriate for October. We have been through so many changes in 2010 and many more await us. The Universe offers us unlimited possibilities to expand and grow. We are offered the chance to discover our greatest self and then to live up to that. Then once again we can explore the possibilities of our greatness and grow again.

The Universe card is ruled by the planet Saturn which brings stability and foundation or obstacles and limitation depending on how you respond to the offerings of life.

Each one of us is a totally unique and completely involved aspect of the Universe. We are bound by the collective consciousness and contained in the envelope of our own selfhood. We are a microcosm of the macrocosmic universe. The runes for the Universe are *Mannaz* and *Othala*. *Mannaz* is the symbol for your wholeness, the archetypal complete person. As the offspring of Gods and Goddesses you are symbolized by the rune *Othala*, which means that you have inherited the gifts and qualities of the Universe. *The dynamics of all creation exist in your genes.*

In the Voyager Deck the central point in the Universe card is Michael Angelo's unfinished work of man emerging from his limitation. This is the Saturnian aspect of the Universe as we struggle to be what we already are. We can create whatever we see in our mind's eye. We can design amazing structures, art, electronic devices, quantum theories and relationships with others and ourselves. Or we can allow the blindness of fear to make our creations small and stunted, full of darkness and violence. The unlimited potential exists in every thought no matter where we go with it. Like the stone of Michael Angelo's sculpture we are perfect and yet like the statue we will never be finished.

The word "universe" is composed of two Latin words, *unus* meaning "all together one" and *verse* meaning "turning". So Universe means "revolving totality". The Kabbalah letter-name for the Universe Card is *Tav*, meaning "cross". *Tav* therefore signifies the four corners, or totality, and everlasting life through death and rebirth.

The *I Ching* Hexagram for the Universe is #64, *Wei Chi*/Completion:

...a translation from chaos to order. This hexagram comes at the end of the Book of Changes. It points to the fact that every end contains anew beginning. Thus it gives hope to men. (I Ching, p. 252)

The continuously revolving totality of the Universe card-symbol is supported by its number, twenty-one. Twenty-one is the beginning of the third cycle of Tens and is the third completion of the cycles of seven which is the number of completion. Once we have finished a project, the open space inspires us to move to the next creation.

When the Universe card presents itself in your reading it is putting you on notice to expand you ideas and be open to unlimited possibilities. Forgive the EGO's need to minimize your potential. You may not instantly see the outcome of the promise, but it does not mean that you missed the chance. Keep an open mind about what is coming your way. The left-brain wants to know when things are going to happen, how they will occur and what must be done to make it happen. When the opening to the right-brain is encouraged the willingness to let the Universe step in and help with your future, is much greater.

Let the amazing essence of the Universe full you up. Sleep with the Universe Card under your pillow for three nights and write down you dreams. Meditate on

the expansion of the Universe filling you up. Feel the power flowing through your veins and opening your mind and soul to new expression. Be responsive to new ideas, new people and new experiences coming into your life. The Universe is telling you to be ready for the unknown to inform you physically, mentally, emotionally and intuitively. Trust your insights. Yes, this card can bring new responsibilities, however they can show you elements of your own powerful nature that you never recognized before.



ST. GERMAIN'S MESSAGE

Beloved Masters, let us speak of the brain, the mind and the expansion that you are experiencing during these days of transformational shifts in the dynamics of your planet, your body and your

spiritual evolution.

The brain consists of two parts that operate separately. The cerebral cortexes of right and left brain operate something like two different people inside of each person. The right brain is your artistry, your connection to now, which is, in spiritual reality, all that is—it is your connection to the cosmos and divine dynamics. The left brain is connected to this illusion. In the left brain you see yourself as singular, apart from everyone else. The left brain dictates order and structure and how you function in the physical world.

I asked this woman, Molly, through whom I speak to add the video of the brain scientist, Jill Bolte Taylor, who suffered a stroke, because she speaks so eloquently of just how each part of the brain acts separately in the energy of this physical world experience.

I have been speaking for a long time about the blending of right and left brain, as well as, the blending of the intellectual mind with the Soul in the center of your physical body. The children that have been born on this planet over the last thirty years have neuro-connectors between the two halves of the brain that the previous generations did not have. The “older models”—forty and over—are beginning to develop these neuro-connectors, but it is taking time. Some are much more receptive to allowing the process of evolution to occur within themselves than others.

There is the fear that if the connection to the right brain is allowed more fully, you will simply cease to be able to function in this physical “reality”. You have been dependent upon the left brain dominance as the parameters of your existence. Those who have been considered right-brain dominant—the artist, dreamers, inventors and creators of beauty—have been looked upon with a certain amount of disdain. The thinkers, planners, strategists and organizers have been honored, but this has led to battles among the strategists over who has the best answers. Science has attempted to prove that it is the most worthy to be heard, with the military following close behind.

The frequencies of the planet have been shifting much quicker over the last eighty years, with the decade of the nineties embracing the most dramatic changes of all. The energetic progress of the years between 1990-1995 equaled the time change that meant you were living in months what you had lived in years before. The acceleration rate was about one hundred times the previous rate per year. By 1999 you had accelerated 1000 times what the energy rate was in 1990. In other words, by 1999 you were living the time continuum of ten years in one. Many of you have been aware some of the time or most of the time that Time feels different. The acceleration has continued through the first ten years of the new millennium, preparing you for the total shift of the time/space continuum toward the end of 2012.

The description that Jill gave of the expansion that she experienced when the left brain ceased to function shows the truth of who you truly are. You are so very vast that you would not fit into this tiny body. You are bigger than the planet. Your left brain has created, orchestrated a plan, a life, a time frame into which you could adapt and come to believe that you are small, small enough to fit into a physical form. As the time/space continuum is changing some of you are having glimpses of what you perceive as yourself being greater than the planet and your rational is “that is just my imagination”. These breakthroughs that allow you to see beyond the veil of illusion can be trusted. The logical mind wants to worry about insanity. Look around you, Beloved Masters. You are experiencing the insanity of the changes that take you out of separation and call every part of yourself and your life to begin to function in harmony and equality.

The mind is not better than the Soul or spiritual aspects of your nature. The logic oriented left brain is not superior to the right brain. Each is different and each holds an element of balance. When the left brain

does not function you have no boundaries or definition in the physical world. When the right brain is shunned or closed down your reference to what is going on in the moment is distorted or non-existent. The Aquarian Age is electrical energy or currency (air or mind) that flows like water (feelings and spirit). This dynamic flow of new information that is being poured out by the “Water Bearer” cannot be interpreted by the intellect alone. It must be translated by the right brain, because the scope of the information reaches beyond what the left brain or finite mind can process. You are now required to have both parts of the brain operating and the more in harmony they are the easier it is for you to Ascend into the higher dimensional frequencies. You cannot “do” Ascension. It is a frequency adjustment that the mind simply cannot understand. You can study, plan, attempt to do the right thing and you still will not ascend because there is an element of relaxation and release that the mind does not grasp. When you *try* to ascend you move into the confines of the finite mind. All of the limits, controls and definitions of the mind actually put the brakes on the process of ascension that requires expansion beyond what the mind knows for sure.

You are experiencing the blending of the two lobes of the brain and it is “distorting” your view of *reality*. Just as Jill experienced the vastness of herself and thought it was *cool*, she also realized somewhere within her that it was not all together right. You are beginning to have a sense of your own greatness and it requires that both right and left brain cooperate.

In the left brain dominate society it has not only been “safe”, but considered appropriate *that each person should be for themselves*. As you enter into the *future now* you will realize that you are blended with all others. Your sense of self is not about separation, but definition. In the higher dimensional frequencies you will not cease to exist as a human being, but will realize that you are a Super Human Being. In this case the word Super does not resolve itself to superior, but to excellence.

It is not to be afraid of your vastness, but to delight in the freedom to be all that you are. You can have an experience with other beings, both human and extra terrestrial and feel quite at home with all. The stronger the sense of your self value the more open you become with others. You will begin to discover that all of the “outer space” stories of threat and invasion were devices of fear created by the illusion.

It is not to say that there are not those who are warlike out in the cosmos, but to understand that like really does attract like. When you are looking to be taken advantage of or threatened you will create that kind of life for yourself. In the left brain dominate society the belief has been “that is just how things are and we cannot change them”. In the new energy your life is so much more than just fighting for your right to exist.

The brain is adapting, your physical body is changing structurally, organically, hormonally and energetically. Your spirit is helping you to make the changes for the new life. You do not have to die any longer. You might still choose to do so, at least one more time, but it is no longer necessary. There are those of you who adamantly do not want to come back to Earth because you do not like what is going on here. It is up to you, in your spiritual evolution, to help the planet to up spirial so that you will not return to the chaos of fear that these changing times are causing.

Dear Ones, we are helping you in every way that we can. It is still up to you to let go of the erroneous beliefs that something or someone outside of you is going to make everything better without your participation. You are cosmic creators who have forgotten your greatness. You choose to be small and now it is up to you to accept your largesse on faith in order to reclaim it.

Voices outside of you cry “Wait” or “Stop”. How do you feel within? After you have gathered information from many sources, in the final end, you must make your own decisions. Fear constricts and you are vast. Open to the love that matches your vastness and it will guide you.

And so it is, Beloved Masters, the experiences that are now beginning to come to you are so very different than you have known in such a long time. You cannot remember the time when your mastery was the most natural thing in the universe. Use your amazing brain—both halves—to bring you to the awareness and allowing of the higher dimensions, in which you will function, in the times to come. Let your Soul connection be the orchestrator of your future, rather than the EGO alone.

Until we meet again, in what ever manner that may be, we are here to serve you. In the greatest of love I bid you, Adieu!



ADS

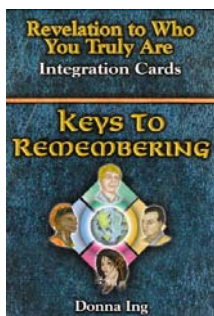
OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines.

The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

KEYS TO REMEMBERING



Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com>.

Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

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Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment. Call 307 332-9882 or 307 438-0927 for appointments and information.
