



## September Newsletter



Our first picture this month is an aerial photo taken from Shoshoni Lake Road. It gives you an idea of the surroundings in which we live. The second picture was taken at East Rosebud Lake while we were staying in Montana this summer. There are many amazingly beautiful old Junipers in the area. The third picture is on the Red Butte Ranch just below us.

As I write this we have just passed the Full Moon in Aug. Mercury Retrograde was exactly conjunct the Full Moon and it is crazy here in Billings. We are staying near the hospital/clinic and the helicopters are life-fighting in every few minutes. I had my second internal radiation on the Full Moon--so far so good. I am now on the final count down. This is the 17<sup>th</sup> of August and I have four more external treatments and one more internal.

A number of you have inquired as to why I have done radiation when there are so many ways to heal naturally. At first I felt that the pressure that the doctors put on me to do it was the primary reason. I certainly have cared for my cancer for five and a half years totally wholistically. Now I would have to say that one of the best reasons I have done this is to understand just what others are experiencing, for this is the time of blending all aspects rather than maintaining the old ways of separation. So I am utilizing the medical profession as well as everything

that I can do to help myself wholistically. I know that the cancer was removed when the surgery was done, but the medical profession is like (muggles) in a way. There is a prescribed way of doing things (one size fits all). The idea of consideration for the individual is almost insulting to the doctors. They just smile or look at you blankly when you say "I am a person, not a number or a statistic". I am sure that I have been a thorn in their side but I have continued to stand up for my own safety as best I can. I certainly have developed compassion for people who have no one to assist them in this process. I have had the most wonderful help all the way through. There are people who are so sick and have to find a place to stay without any assistance physically or financially. Some people are having to get on a bus early in the morning and travel several hours to radiation in another town and then sit at the hospital until the bus returns to where they live, which is usually late in the afternoon, only to have to get up and do it again the next day. I have been very fortunate that I have my health because to experience this and be really sick would be a nightmare. So many people are having to go through that kind of treatment. The doctor wanted me to do chemo and I refused. That is total overkill for my case I feel.

The internal treatments are unreal. The whole process feels like illusions. The internal devise is seated and then a physicist comes in and calculates the settings of the devise and after the radiation he comes back in with a gieger counter and checks to see if I am still radioactive. The placing of the devise is like a reality show. Once the devise is exactly where they want it to be then you are asked to put on a girdle. Now the men probably won't appreciate this but girls who have worn a girdle know what it takes to get into one and you are supposed to do this and not dislodge the devise. Fortunately, the doctor decided that I didn't have to use the girdle. Then I was rolled down a long hall to the MRI room and moved from the gurney to the table so that pictures could be taken to make sure the devise was where they wanted it to be. Then I was moved back to the gurney and rolled back to the radiation room, hooked up to the radiation machine

and left to receive the treatment. I was very lucky that the plan that they made for me was a very short radiation period (3 ½ min.). At first the doctor said I would receive 10 min. Remember, this burns you to kill the cancer.

I have had to give up vegetables and most of the things that you would normally do to make you healthy because they cause diarrhea. I do not normally eat beef because it can cause gout, but I have been eating some because it will digest. There are few vegetables that I can eat, but I am looking forward to being able to eat salad again and fruit. Different people have said that the time after radiation before you get back to normal is anywhere from six months to a year. I have found that just being home for the week end seems to help. Not having radiation for two days eases things a lot. I am sure that I will be back on track quickly. Some people have waited for me to look sick or act sick. I cannot say that I have felt top notch all the way through, but I have done my best to keep my sense of humor which seems to help. When you can step back and look at what is going on objectively it really is hysterical. When you are caught up in the fear that is peddled it is huge and extremely frightening. I have compassion for those who feel that it is their job to frighten people into doing what they are told to do no matter what profession it is.

Most of the time, I have been able to keep my perspective and see what a game this is. There is a great deal of compassion among the nurses and very little among the doctors. Bedside manner is not a class that they attended. The ideas that the doctors have about women are antiquated to totally unrealistic. The surgeon who did my hysterectomy has a partner who told me straight forward, that women stop having hormones at fifty one. (All right girls, if you are over fifty and still having hormones, just stop right now—the doctor said so.) The fact that I will study what a doctor tells me and ask questions has not made me overly popular, because they are used to working with people who take the doctors word as law, even if it contradicts the other doctors. How much confusion can you take without just giving in? Here I must say that medicine has its place in the scheme of things and it is totally up to each person to learn about what is going on with their body and take part in healing it. We are all Master healers if we are willing to own that as true. We simply must get clear that we really cannot do more for someone else than we are willing to do for ourselves. I have found that doctors and nurses tend to be sick a lot because they are not allowed the time to attend to their own physical and emotional requirements. My prayer is that as we move into the

Aquarian Age we will begin to change our priorities and make the human being more important than the money to be made at all costs.

I want to thank everyone who has made suggestions about where to get assistance financially. I am looking into these resources. I genuinely appreciate your love, prayers and concern.

As the newsletter goes out it has been a week since I had my last radiation treatment. I am done with radiation and “I am still standing” as Elton John says. I feel as though I have been released from prison. I don’t have to go back to Billings until Oct. 4 for checkups with both surgeon and radiologist. I am eating normally and feeling better every day. I cannot tell you how much your prayers and good intentions have helped. Thank you so much!! Love to you all.

I am resting up for my eastern trip. I will be in Georgia from the 29<sup>th</sup> of Oct. to the 9<sup>th</sup> of Nov. Our intensive “Beauty and the Beast: Love Transforming EGO” will be Nov. 5-6.

We will be doing a group at Crystal Visions in Asheville, N. C. on 11-11-11. The title is “Personal Portals”. I will be available for private sessions in Hendersonville, N.C. until Nov. 19<sup>th</sup>.

---

### Rainbow Center News

Our next group will be September 18, at 2 p.m. at the Rainbow Center for the Humanities. The title is “Letting Go of the Past with Both Hands at Once”.

CD’s can be purchased on the website at [www.voiceofthegatekeepers.com/2011groups.html](http://www.voiceofthegatekeepers.com/2011groups.html)

St. Germain brings the ninth of our “Personal Magik” series “The Shadow Self”.

Both CD’s and DVD’s of the first six parts of the series are available. If you purchase the set of six “Personal Magik” CD’s or DVD’s you will get the sixth one free.

To order CD’s or DVD’s [www.voiceofthegatekeepers.com/evenings.html](http://www.voiceofthegatekeepers.com/evenings.html)

Our next intensive, “Beauty and the Beast: Love Transforming EGO” will be November 5-6 in Newborn, Ga at the Crystal Organic Farm. Molly will be available for private readings from October 29-

November 09. Call Helen Dumba, 770 784-1060 for registration and appointments.

I will be in the Hendersonville/Asheville area of N. C. from Nov. 11 to 19. Please, call Linda Lube, 828 777-8540 for appointments for private sessions or to register for our group at Crystal Visions in Asheville on Nov. 11 (11-11-11) from 7 to 11. The title of the group is “Personal Portals”.



## ASTROLOGY

### FULL MOON

The Full Moon on September 12 focuses on logic, Sun in Virgo, and imagination, Moon in Pisces. Virgoan discernment and the effort to perfect compliment the Piscean ability to accept and have faith. The Full Moon always illuminates the two opposite but complimentary essences that are intertwined in the energy of this time of enlightenment. Each side is balanced by its polarity. Virgo symbolizes the birth and growth of spirit in form, while Pisces represents the return to Source. This Full Moon highlights how the Earth and her children are involved in a great cosmic experiment of giving birth to a new kind of human being.

We are constantly in a state of transformation. Our skin is regenerated every seven days and the totality of our body is renewed every seven years. Our genetic blueprint (DNA) is directing and guiding our development and it is affected by the energy of the Sun, our Galactic Core and transmissions that come to us from far beyond our galaxy. According to Mayan and Hopi prophecies, as well as many other predictions the human race is transcending beyond *Homo sapiens* (Latin for “earthly beings, capable of

discerning”). David Hawkins, psychiatrist and researcher, has coined the phrase *Homo spiritus*, “the awakened one who has bridged the evolutionary leap from physical to spiritual, from form to nonform, and from linear to nonlinear.” Anthropologist and shaman Alberto Villoldo defines it as *Homo luminous*, beings aware of the divine light within and comprising all of creation. *Astrologer* and Mayan calendar researcher Barbara Hand Clow identifies the new human as *Homo pacem*, a species focused on peace, while mystic Michael Gurien terms it *Homo infinens*, the “unlimited human....the evolutionary energy of the universe, not separate from animals or plants or the air we breathe, but part and parcel of it.” The Mayan calendar has expressed the acceleration of events so that the current shifts are not taking millennia as once happened, but instead, much to our amazement the transformation is occurring, for many in a single lifetime.

Jupiter in Taurus and Pluto in Capricorn will be forming a grand trine in earth with Mercury in Virgo. This can open us up and expand our grasp of possibilities. It also assists us to release the excess baggage of old belief systems that we have carried for lifetimes that have disempowered us. As we change our physiology, we in turn alter the very structure of our reality. Transmutation occurs with much greater ease as the burden of illusion is being swept away.

Pluto, archetype of death and rebirth, ends a five month retrograde on September 16. When any planet changes its direction, its influence is greatly magnified. Pluto’s station to go direct gives a green light to all that we have been attempting transform since April when it turned retrograde. The latter part of September brings aspects of the Sun that reveal the consequences of changes we have made in our relationships since Saturn went retrograde on January 25. Places where we have been unfair or unrealistic are being exposed to us.

This Full Moon reminds us that life is not what we see but what we have projected. Life is not about where we have been, but where we are going. Releasing what we have identified ourselves to be in the past and allowing the metamorphous to who we truly are, makes these times both exhilarating and terrifying. We are called to own that everything that exists within us. As we accept that good and evil, saint and sinner, creator and creation are all a part of us—the illusion loses its power over us—we emerge, the new human.

## NEW MOON

All of the wonderful attributes of Libra are held out to us at this New Moon on September 27. Mercury, Moon, Sun, Venus, Saturn and Juno are all conjoined to form a stellium in Libra. This New Moon forms shortly after the autumn equinox and is the fourth of six SuperMoons this year. A SuperMoon occurs when the Moon is at perigee (its closest approach to the Earth) and syzygy (either a New or Full Moon), amplifying gravitational pulls on the Earth and our psyches. Both of these factors cause significant shifts in the Earth's magnetosphere (the magnetic bubble that surrounds our planet), which in turn affect our individual energy fields and consciousness.

In addition the Sun is making its yearly alignment with the Super Galactic Center. Deep space astrologer Philip Sedgwick states that "Every second, this complex object generates a factor of 10 squared 17 times the energy of our star." "This year, our Sun's alignment with the SGC occurs on September 24; stellar intelligence transmissions from the SGC are hyper-focalized by the proximity of this New Moon, helping us to remember our starry origins and our destiny."

Another factor that makes this New Moon much more powerful is its alignment to the Uranus/Pluto square. As this occurs the cosmic imperative for evolution intensifies. Mercury closely conjoins the Sun and Moon; all three oppose Uranus and square Pluto for several days before and after this New Moon. Illusions of change no longer suffice. We must take action. We must redefine our goals—not by the past, but by new form that is still as yet unseen. We must feel rather than just think. Our personal standards will redefine how we function in our intimate as well as professional lives.

This New Moon will show us that Humanity's next step into higher consciousness must be the realization that Love is the defining essence of divine creation—it is a force that shapes all things. It is time to remember that fear, hatred and violence have imprisoned us in the illusion. We have gone in circles, recreating the same things again and again because we have believed that we have no choice. Love embraces all aspects and potentials of our true being. Love is the only way into the next evolutionary leap.

---

## CRYSTAL CORNER

Another month has passed and I'm wondering where it went! I find I'm having to pay great attention to dates and times to make appointments and schedule classes, etc. It seems I'm in a daze sometimes. But what a journey! I can't say I'm ever bored.



On August 23<sup>rd</sup>, we moved into the sign of Virgo. Having Virgo as my ascendant, I really relate to this sign. The two most important stones for this sign are the **Sardonyx** and the **Peridot**. The **Sardonyx** is one of the stones found on the breastplate of Aaron, talked about in the bible. It represented one of the twelve tribes of Israel. It resonates to the qualities of integrity and virtuous conduct which makes it perfect for a Virgo who values these qualities. It is a strong and stable stone and supports your search for meaningful existence and assists in processing information. Supplementing your willpower, it strengthens your character, enhancing your self-control. It will also assist you in finding a stable relationship and attracting good friends. It works well in the spleen area for restoring emotional balance there. For one who is attempting to increase his or her prosperity, it might be worn in the navel or general area. It strengthens the lower body and draws out toxins, which in turn eases the heart.



The livelier **Peridot** supports your razor-sharp perception. This stone is great for a Virgo and everyone else at this time as it assists in letting go of habits that block your growth and encourages you to be kinder to yourself, essential in overcoming our tendency towards self-criticism. The cleansing action of **Peridot** releases negative patterns and moves you into a new stage of self-development, encouraging you to look to your own higher energies for guidance.

Associated with the ascended master Kuthumi, this stone is about unconditional love. It bonds the will, truth and unconditional love.

As a Virgo, you seek perfection and set incredibly high goals for yourself and others. (I really recognize this influence in my chart! It is something I have worked on diligently to overcome.) The problem with perfection is that it doesn't allow you to make mistakes but, with the help of **Peridot**, you can admit mistakes, accept them as a learning experience and move on.



Another stone that would benefit this sign is the **Moss Agate**. Being an intellectual sign, Virgos are happy to discuss and dissect their emotions but not actually feel the feelings. The **Moss Agate** puts you in touch with those feelings and enhances your ability to express what you feel from your heart rather than your mind. This stone also boosts your awareness of your positive qualities and helps you to accept your true worth. It is unveiling or creating a sense of freedom in areas that have long been limited, blocked or hidden. As the liberation occurs, this stone holds the entity in the body. It would keep the mind and the etheric energy grounded in the body for the presence of life.

If you would like additional information on the birthstones, the book 'The Crystal Zodiac' is a good place to begin.

I will be teaching a certification class on October 1<sup>st</sup> and 2<sup>nd</sup>. This is Crystal Healing I and the charge is \$200.00 for the weekend. Payment is due by September 25<sup>th</sup> and credit cards are accepted. I also have room for people to bunk. If you would like more information, email me at [eternalice@bresnan.net](mailto:eternalice@bresnan.net) for a flyer or call me at:

Eternal Ice Enterprises  
307-754-4396 or 800-757-8478  
[www.eternal-ice.com](http://www.eternal-ice.com)

Until next month, revel in love, light and laughter!

## THE GARDEN FAIRY



Red Clover

Red Clover is the most common of all clovers. The state flower of Vermont, imported from Europe as a hay crop. Their round flower heads are purple to pink. They grow to under 1 ½ feet tall. You can find red clover in lawns, fields, and disturbed areas. It blooms from spring to fall, but the best time to collect the flowers is in late spring, when the most flowers bloom.

The flowers are the sweetest and most enriching part of the plant. Select only the best flower heads. The ones that are turning brown taste awful. Fresh or dried clover flowers make one of the best-tasting herb teas. You can also use finely chopped flowers in salads.

The American Indians, who often ate the entire plant, sometimes included the dried roots in stews. Since clovers are legumes, they provide a protein that complements that of whole grains. Combining whole grains and legumes makes for a better-quality protein than either alone, with a more complete array of essential amino acids, the constituents of protein, which the body uses to assemble its own proteins. Red Clover-flower infusion is full of nutrients, providing beta carotene, vitamins C, B's, biotin, choline, inositol, & bioflavonoid. It's a good source of the minerals magnesium, manganese, zinc, copper, and selenium.

A strong infusion of flowers and leaves is good for detoxification and rebuilding. It stimulates and cleanses the liver and gallbladder, and creates a gradual sense of all-over strengthening and nourishment that helps with a variety of maladies. People use it for gout, arthritis, skin disorders, and AIDS.

The tea is anti-inflammatory, calming, expectorant, and antispasmodic. People use it to reduce the severity of bronchial coughs, whooping cough, and even tuberculosis. Before vasodilators, people smoked anti-asthma cigarettes containing red clover.

Red Clover flower tea and compresses have been used for cancer for centuries.

Other species of clover are also interesting and useful. The hop clover flowers are used the same as red and white clovers. There is also white and yellow sweet clover. Use the flowers the same way you'd use the other species, or scent your clothing by putting the fragrant flowers in your dresser drawers. They contain coumarin, which smells a little like vanilla. The substance became the first medical blood-thinning drug, dicumerol, as well as warfarin, a rat poison.

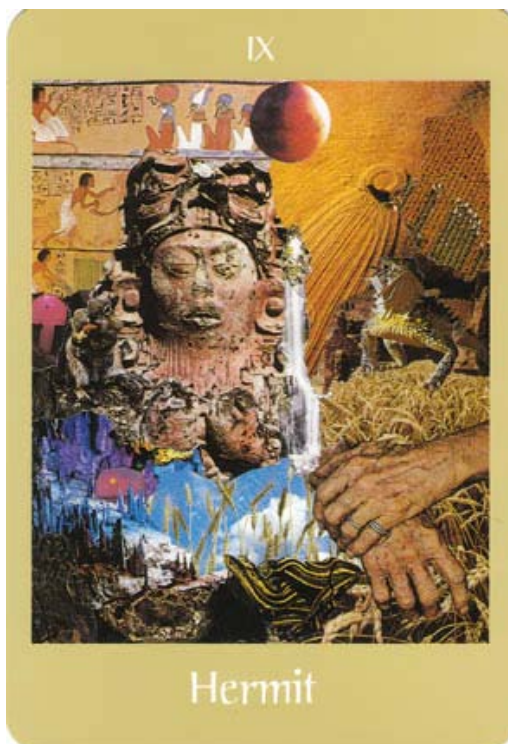
So, remember next spring to pick and dry the flowers of the Red Clover, it has many uses!

Ronda Mclean, MG  
[whisperingelk@hotmail.com](mailto:whisperingelk@hotmail.com)  
307-272-8341

Reference: Edible & Medicinal Plants  
By Steve Brill & Evelyn Dean

---

## TAROT TALK



Our card for September is the Hermit. Not only does it represent Virgo but it is what the number nine is all about. Nine finishes the old and sets the stage for the next cycle to begin. The Hermit goes into the cave (internal places—heart and Soul) to seek out the answers that the mind cannot fathom. It is time to shut out distractions in order to discover the power of your spiritual journey. This journey is not made by going into the world and showing others how to live. This “path” is internal and the enlightenment is for you alone. People will not see light until they are ready. The Truth has always been before you, but you turned away in blindness and fear. As you enter the cave within the light of new understanding shines on your treasures that have been stored in such safety because you would never find them until it is time.

Take you time to find the inner places. You have planted and sown. You have guarded your efforts. Now it is time to harvest. Do not turn away at the last minute and let all that you have labored for be dismissed as unimportant. The Rune for the Hermit is *Jera*. When we work in harmony with nature’s laws and hold honorable intensions the outcome of our efforts is Joy. With courage and steadfastness you accomplish what you seek. Integrity, Harvest, Fulfillment and the release of old narrow perspectives enlightenment.

As the inner voyager the Hermit is associated with the Pilgrim, the Sage, the Yogi, the Monk and the Ascetic. The World is holding all manner of distractions before you. Can you find the focus to pursue your ideals and dreams rather than being caught, one more time, in the illusions that draw you away from yourself.

The Kabbalah word for the hermit is *Yod* which means the “open hand”. As you touch the “higher self” you touch others. The Hermit brings higher powers through hands that heal and guide. Complete and whole, the hermit is a way-shower.

When the Hermit appears in your reading be prepared for a time of introspection. This is what the Master St. Germain calls “living empty”—you are not ready to be filled and you are poised, waiting for the new that is still in the unknown future. The Hermit can speak to your own seeking to find gifts of healing for yourself or others. This is surely a time of discovery, of expanded awareness of YOU.

---



## ST. GERMAIN'S MESSAGE

Beloved Masters, September finishes a cycle of nine. October is the Universal cusp period in numerology and the last three months of the year bring a shift in energy to the next Universal Year. 2011 has

been a year of four energy setting foundations (preparation) for 2012 and all of the changes that are being set in motion by the five energy of  $2+0+1+2$ . The ninth month is about the completion of a spiritual cycle and a greater awareness of compassion. The planets are energetically moving the whole Earth toward a deepening sense of heart and Soul felt understanding of others, because of a greater SELF awareness. The purity of Virgo directs the attention to recognizing the purity of your own purposes. The ninth card of the Major Arcana is the Hermit. As the summer passes, the harvest time is upon you and it is time to get ready for the stillness that winter brings. How do you prepare for the inner times—the quietness of snow that buffers the sounds of the outer world? Enjoy the autumn and its gifts of abundance and brilliant color. As you fill yourself with the sights and smells of fall (gathering in) think of this as the time to be still and centered with your self. “Who are you?” “Where will your journey take you in the next year?” Learn to be here and now while you contemplate the unknown future. You cannot go into the future because it does not yet exist. You cannot live there for it is unformed. Look not to a past that can never fulfill you more than it did in the moment you were there. Know that that moment is finished but what you learned, the joy you experienced and the Truth that dawned on you are gifts that will continue to serve you as you up spiral into new heights.

The Magik and Mystery of where you are going are waiting to inform you from the depths of your being. September brings the busy-ness of back-to-school and the nip of fall begins to touch the evening air. We remind you to be in touch with the inner you and not to forget yourself in all of the outward focus. The EGO cries, “No time, no time!” and does its best to draw your attention back into the world and its affairs. The illusions are strong and it is important that you remember “Ain’t nothin’ what it seems!” For so long, in this world, you have been educated to war and the necessity to fight for anything and everything that you desire. Remembering to be still as the Siren’s Call of EGO attempts to pull you back into the NO-THING-

NESS is a Masters Way. The EGO taunts, “It is weak not to fight”. The uprising of the Warriors in these Latter Days stirs the blood lust of old wounds and causes even the quietest of beings to question if it is wise to just sit and wait? There is a vast difference in sitting with hands folded waiting for God to come and “save you” and seeking with passion, within yourself, the direction that your life will now go in the essence of new understanding.

We talk about going within and so many have a vision of their body full of organs. Their thought is “I don’t want to look at my insides”. When we speak of going within we are speaking of the inner space that exists at the center of your true self. The Universe within is just as vast as the Universe without. You have unlimited space and unlimited scope in your inner space—it is sacred and inviolate. As you take the time to explore, leave your fear outside the entrance to that most special and amazing place within you. This world within is forever. This world has grown with you even though you refused to believe that it exists. Now, Dearest Ones, as you are willing to take the time and patience to look, to see beyond the illusions the Revelation is parting the veil for any and all who are willing to look beyond “what was”. Let I be very clear. The veil cannot be pulled aside in anger, frustration or by the calculations of the mind. You are moving into frequencies that operate beyond what the mind can comprehend. Using the Body-brain (area of the Solar Plexus) requires a re-education, a remembering of how you were in the very beginning as the circle of Love closes to lift you up and awaken you to new awarenesses. Thinking, figuring and calculating are elements of a time that is passing and the new equations operate in a much refined energy. The old ways are becoming more antiquated all of the time. The old thought processes, the old way of meeting stress and the old ways of holding situations that are suspicious, frightening or difficult away in order to understand are passing from the scene. Attempts to conduct life’s affairs in that energy are progressively more frustrating. It is much as though you are living in the “pioneer days” without all of the modern conveniences, even though this is the twenty first century.

**THOUGHTS ARE THINGS AND YOUR THOUGHTS CREATE. EVERY THOUGHT MANIFESTS QUICKER EACH DAY.** If you think a thought again and again you add energy to it. The outcome gets bigger and arrives sooner. You are responsible for the outcomes of your actions and thoughts. **YOU ARE DIVINE CREATIVE MASTERS HERE AND NOW!** “One of these days”,

is NOW. We keep saying “It is not about “them” (who ever they are). The outcomes of your life, your finances, all of your affairs are the product of what you think. The more anger you put into your creations, the greater the cruelty of the outcome will be. **Allow compassion to be your passion.** The EGO plots and plans, it keeps secrets and seeks to undermine the “enemy”. There is glee in seeing someone else suffer, feel shame or look like a fool. What is not understood is that in the essence of the changing times these desires will come to visit the creator of the thought first. It is not about hoping that “no one will know”, Beloved Masters, because you know what is on your mind and on your heart. Let your inner connection to I AM help you to forgive the insidious longings of the EGO for retribution. It is time to allow this cycle of nine to assist you to move from conflict to compassion, from hate to Love, from looking back and recreating the same old limits to stepping into the warmth of a new becoming that is outside the realms of the intellect. Be the scared Hermit and enter the cave of your Holy of Holies within. Be with God and your connection to Love in unfathomable ways. This is deeper, higher and wider that you can ever remember. This is the embrace of Love without any condition. This Love loves no matter what. If you let go of all of the facades of the past then you are exposed to the wonder and Magik of All That Is. The mind wants to know what is coming next. Even when we describe the “unknown future” the mind still attempts to define what will happen by the limits of its experience. We can tell you that you will receive wonderful good from places that you cannot imagine and the mind goes to work to figure out what that unimaginable place might be. There is no reference for unimaginable yet the mind attempts to minimize the potential for good to what the mind has know before. Stepping beyond the veil of limitation requires being open to possibilities that have not yet been discovered—what great fun that can be.!!!

Keeping an open mind means forgiving the necessity to decide ahead of time what the outcome can be. The best, greatest, most wonderful things you can remember are small in comparison to what awaits you. The mind wars with the desire to know what is next and the fear that the new good will make you uncontrollable. The mind attempts to think big and then, in fear, folds into itself in fear. It requires great courage to allow the Love and delight of the unknown to come to you. As you finish up old cycles and prepare to meet the possibilities of 2012, let yourself be open to the bright, wonderful and fulfilling potentials instead of the old fear-based thoughts of the past.

Go within and consult with your Inner Merlin. Go into the inner temple and hold a worshipful respect for yourself. Be the Magikian that you are and live the Love that made you. Embrace the fact that you are divinely made, one of a kind and one with all creation at the same time. The mind has fought to keep tiny balance—“I cannot be too good or “they” will not love me” and “I cannot be too bad or “they” will not love me”. Now you are confronted with Love that holds you in high regard no matter what. Stop fighting to get what you are fighting to drive away and be still. Feel the healing warmth of compassion, the Truth of goodness that fear has blinded you to and let yourself be nourished by Manna (the essence of the new Mind) from higher consciousness.

We are ready to assist any and all who are willing to let us show you the new way. It isn't about the guile of the EGO or glib talk. We desire to show you what awaits you as you escalate into higher dimensions. The Truth has an energy code that resonates in the core of your being. You have all felt that connection from time to time. It is now to trust your own internal mechanism. It is you God given resonance that no one can take away. The reason that you have “lost” it has been a Master's choice. It never was anything or anyone outside of you. It was you decision in the beginning to look away from your own Truth. Now it is time to discover that Truth within you. It never, ever left you. It belongs to you forever. This is the Home Coming!

And so it is, Beloved Masters, these times of change are upon you. They will be as heavy or light as you choose to perceive them to be. You can look for destruction and find it all around you or you can seek new joy and it will dawn within your psyche brilliantly. What is your desire? Want and need will not call this dawning, because they are products of the EGO. Open desire and willing allowing make the way for the New Age. The answers have always been within you. This does not mean to cut your self off from everyone and everything in fear. That will simply deny you access to the world within you. Be open and aware at the same time. Be present with yourself and you will feel the Truth operating from the deepest, most holy places within. So it is Beloved Masters, it is your choice. It always has been. Until we meet again, in what ever manner that may be, I remain your most humble servant. I AM the Lord St. Germain.

---



## ADS

**Kathleen Edwards** is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

---

**Nancy Wadda** is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4<sup>th</sup> St. in Lander. You can reach her for appointments at 205 566-1424.

---

**Maia Rose** does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4<sup>th</sup> St. in Lander. For appointments call 307 345-3262.

---

**Delphinia Bey** is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120.

---

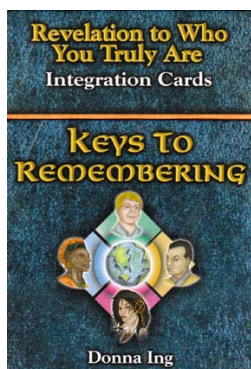
### OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines.

The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

---



### Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com>.

## ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

[www.paintingsbyisa.com](http://www.paintingsbyisa.com)

She also offers personal readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD For directions and appointments call 605-673-3012 Love to connect with your on facebook Plenty Star Ranch - Horse Boarding in the Black Hills [www.plentystarranch.com](http://www.plentystarranch.com)

"Painted Portraits & Visions" [www.paintingsbyisa.com](http://www.paintingsbyisa.com)  
Ranch Blog: [www.plentystarranch.com/wordpress](http://www.plentystarranch.com/wordpress)

---

**Annalaiya** is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment. Call 307 332-9882 or 307 438-0927 for appointments and information.

---

### Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

---

### Kimberly Rae Hansen

Digital Artistry  
Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!  
[www.kimberlyraehansen.com](http://www.kimberlyraehansen.com)

---

**Delores DeVore** owns Sound-Works, healing with voice and tuning forks. [www.sound-works.biz](http://www.sound-works.biz)  
Delores is an excellent website designer who has an extensive background in web design. She is very conscientious and works quickly. She is excellent at problem solving web site situations. [www.ddswdesign.com](http://www.ddswdesign.com)  
or call Delores DeVore 678 634-1249

---

“**The Pot Of Gold**” is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [vog@wbaccess.net](mailto:vog@wbaccess.net) or 307-335-8113.

