



August Newsletter

Sirius has risen and we are now into the Dog Days of summer. The Blue Star that has influenced the Earth for so long is considered the home of our spiritual teachers. From July 23rd (considered the most powerful day of the year) to September 23rd (the second most powerful day of the year) Sirius is visible in the day time and has a strong influence on our spiritual growth and evolution.

The mp3 for the Sirius Rising Ritual is available for free. Email me and I will send it to you. Love, Molly



This is our altar for the solar eclipse on July 12th. This eclipse was about healing and reconsidering family and lineage issues.

There will be a ritual on July 23, Sirius Rising—the most powerful day of the year and then a ritual on July 27 for the lunar eclipse, Full Moon in Aquarius. The third eclipse in this series will be another solar eclipse,

New Moon in Leo on August 11. The power of new changes is building steadily. An eclipse is like a cosmic reboot. The planetary energy flow stops momentarily at the apex of the eclipse and then there is a reboot so that old programs are replaced with new patterns as the paradigms of the old order are upgraded.

Join us, in 2018, by signing up for the Personal Growth package. This has proven to be one of the most popular offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans. This year St. Germain's Teachings, which are a part of the Personal Growth Package, will focus on how the Virtues can actually help in creating a healthier, happier, richer life.

[Click here for 2018 Personal Growth Package Details](#)

Rainbow Center News

Fall Intensive

Our Fall Intensive is "Discover how to find the New Human within You". As the Revelation is moving quicker, we are all experiencing changes that both amazing and disturb us. St. Germain defines the direction that this evolution is taking us and how it is redirecting the way that the planet has functioned for lifetimes. Every aspect of life on the planet is being touched by these changes. No one can sit by and *think* about whether they will change. If we are on the planet we have agreed to make the shifts or be shifted.

The chaos of the times is a manifestation of the EGO minds confusion. When there is confusion around any situation it simply means that we are trying too hard to make something happen or trying to figure things out from a logical point of view, rather than allowing our intuition and spiritual flow to guide the process. St. Germain brings clarity and understanding to help us move through these changes with peace and ease.

The Intensive will be held here in the beautiful foothills of the Wind River Mountains on November 9, 10 and 11. The cost is \$350 for the three-day event. We would love to have you join us and experience the amazing energy of St. Germain in the powerful essence of the Lander Valley.

For information on accommodations, travel and other things of importance call or email Molly at 307 335-8113 or mollyrowland22@gmail.com.

CDs and mp3s will be available.

The August group is “Are You Feeling the Changes Yet? The closed heart will deny the changes for fear of losing something. People will avow that they do not feel anything. A big part of the issue is the expectation of what spiritual changes might be like. Logic looks for some great, powerful, earth-shaking physical or emotional event. The changes are great and powerful, but often very subtle. If the attention is out in the world then the changes may go unnoticed, because the biggest, most important shifts and changes are occurring in the energy of the heart and/or the Soul Center, the solar plexus. The most vital transformation doesn't change others first. The strongest transformations start with personal redirection that comes, quite frequently from a “change of heart” rather than mind. Doctors, people with a badge, priests, ministers, rabbis, even politicians have been trusted to be honest, fair and considerate. Now, it would appear that the real sense of trust comes from the Soul recognition rather than the ideal that certain occupations are trustworthy. Feel the spark of FAITH within and if there is a doubt take a moment to feel deeper within for the spiritual signal that you are safe. Safety is not a rational, it is a strong feeling of clear seeing from the inner places. Intuition is trustworthy as long as you do not enter in to an inner argument with logic, which can distort your perceptions.

The group is at 2 PM, August 19, 2018

CD's/ mp3s can be purchased on the website at [Click Here for 2018 Groups](#)

St. Germain continues addressing the Virtues in August by addressing “Discipline and Strength, Devotion to Service in the Highest Order”. The lines of demarcation are getting more and more obvious between those who listen within and hear the guidance of heart and Soul rather than emotional reactivation and control. Doctors, people with a badge, priests, ministers, rabbis, even politicians have been trusted to be honest, fair and considerate. Now, it would appear that the glory of what things look like is far more important than the reality of outcomes. When service is the personal goal the heart brings wisdom and guidance to the mind, rather than just following the old rules, “this is what you do, so don't take the time to feel into what your choices are, just do what you have been told”. When the desire of the life is Love and compassion, there is a new depth of connection to the Divine that will call for that brief moment when the path of Truth is clearly defined.

The call-in for the Teaching is on the second Wednesday evening of each month at 7 pm MT.

Our call-ins for the Q&A are on the fourth Wednesday evening each month at 7 pm MST.

The call-ins allow you to join in to hear the teaching and ask questions at the Q&A.

If you haven't had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's or DVD's
[Click Here for 2018 Teachings with the Master](#)



**Have you found yourself acting out patterns that repeat...
OVER AND OVER?**

Healing the Patterns That Drive You: Discovering What is Hidden is a family constellation workshop that will offer a safe setting for you to see patterns that are often not seen yet drive you. The constellation will energetically change and heal what no longer serves you or your family. Family constellations are an effective process to help you improve your relationship with yourself and others, understand and remove life barriers keeping you from success, healthy relationships, and prosperity as well as advance the quality of your life in general. Come join us and see what a family constellation can do for you at the The Rainbow Center, 177 N. 4th St., Lander WY 82520. If you have questions, you can call 307-438-6203.

Introduction: September 21, 2018—7PM-9PM

Cost: \$ 25

Workshop Day 1: September 22, 2018—9:30 AM-4:30 PM

Cost: \$125

Workshop Day 2: September 23, 2018---9:30 AM-4:30 PM

Cost: \$125

All three days: Reduced Cost: \$250

Early Bird Special Rate: Schedule for all three days by September 7, 2019 and pay \$225

REGISTER NOW—SEATS ARE LIMITED

REGISTER HERE: <https://www.eventbrite.com/o/mid-atlantic-systems-constellations->

WORKSHOP FACILITATOR

Paulette Robinson, PhD

Dr. Robinson is a trained facilitator in Family and Organizational Systemic Constellations delivers family constellations workshops across the country. She is a shamanic practitioner, dedicated to the energetic healing, integration and well-being of her clients for over 15 years. She also works as a teacher, spiritual director and life coach.



We took a drive through Red Canyon and this hawk posed for Dorian for at least ten minutes. This is a young Red Tail and for one to sit still for so long is almost unheard of.



Cliffs of Red Canyon. This is a twelve mile loop through a nature reserve. It is protected land and maintained by the Red Canyon Ranch.

ASTROLOGY



AUGUST 11 - SOLAR ECLIPSE IN LEO

Leo is the performer of the zodiac. The actor, drama queen, the one who takes the spotlight and loves the applause. The regal lion that requires no identification to define who and what he/she is. Leo is a creative, risk taker who has the courage to stand firm with personal convictions. These are the folks who has the strength and stamina to stand on the stage and rise above the criticisms and judgments that the world tends to throw at those in the limelight. Leo is associated with light, as its ruler is the fiery Sun and it can illuminate our path or burn us if we offend by stepping on the proud paws.

When the Sun's light is eclipsed by the Moon, there may be a difference in how Leo presents itself. In ancient times an eclipse was viewed as a harbinger of ill fortune—failed crops, lost revenue, disease, which could bring panic. In these modern times there is a tendency to view an eclipse with interest or curiosity. The darkness or lack of energy flow can be disturbing to those who have become so dependent on modern technology. The strange feeling of disconnect from our source of light can bring a brief sense of being cut off. We are challenged to find new ways of coping when the electricity goes out. When the light comes back on as the eclipse ends, we may rush to get back to our routine, feel that something is different or off a bit, because in the reboot of the cosmic computer we are changed. The intellect has set standards by which we conduct our affairs. When the status quo is interfered with it can cause scattered forces and difficulty in getting our focus back.

These frequency changes can cause us to look at the programming that we have received in our life, from parents, education and social mores and makes decisions to change our focus to include the totality of ourself, rather than ignoring the parts of us that make us uncomfortable. Leo represents the fifth house in the horoscope and connects with the inner child. The child that is loved and supported will flourish, so listening to the inner desires can surely assist us to align with all that we are. The changes that are coming to the fore can help us to find where we were suppressed or discouraged when we were in the formative years and now we get to set aside the old fears of incurring wrath for nonconformity. Living outside of the box is a part of the risk-taking ability of the Leo nature.

This eclipse find the sun and Moon conjunct the asteroid Pallas Athena and the planet Mercury, the

ideas planet, all square to Jupiter in Scorpio, speaker of our highest ideas and truths. Even though Pallas is a warrior goddess she can still help us to find peaceful ways to settle conflicts, in part because of her feminine nature and ability to oversee any situation. Currently, her vision is considerably stronger than Jupiter's, which while in Scorpio has a much narrower than usual range of perspective. Pallas represents the fear that feminine success could undermine the fragile male EGO, causing abandonment in relationships. Yet for women to deny their gifts of perception could be an unfortunate waste of talent and a betrayal of self.

A solar eclipse is like blinking and waking up to find that you are somewhere new. It is much like driving down the road to a certain destination, only to find that, instead of arriving where you expected, you discover that you are miles from where you believed you would be. This last eclipse of the year and the third in a train of powerful energy shifts can bring us to a place where we have the courage to ask deep questions. Am I lonely and if so is the loneliness because I keep leaving myself out of my life? Is the pain I experience purely physical or am I ignoring my feelings in order to appear strong? Can we dare to love ourselves so well that we can open up to greater sharing and loving with others? Growth can hurt a bit because we must stretch in order to become more. Focus on the powerful, personal growth and the discomfort may even go unnoticed.

It isn't what life brings, but how we are with what that potential can offer us.

AUGUST 26 - FULL MOON IN PISCES



As we move into the energy of this Full Moon in Pisces we may find that things that have been unresolved can reach closure. The Moon in Pisces focuses on the inner world and we can discover why life's situations can seem so confusing if we are refusing to look/feel within. The mind's critical judgment can dismiss the dreamer as frivolous, yet the dream always leads the way to the next grand discovery.

The brain has the ability to draw on unlimited sources of material for creation. The right brain brings abstract thoughts and visions and shares them with the left brain that takes the symbology and makes it understandable in a logical world. Memories are the potential for new creation. In the energy wake of three eclipses and Sirius Rising memories are flooding to the conscious level. Memories can be random and seemingly useless or they can remind of the best and worst of the life we are living. Now these memories are bringing us to the place where we can benefit from what we did not recognize when things happened, in compassionate objectivity we can find clues to the healing that we require. All of thought flows on the current of energy from the Divine. The ideas are impulses and impressions. How we are with these essences direct where our life will take us. Each different perspective determines how each unique individual will respond. Those who have doubted psychic phenomena or generational memories may find that the experiences that are occurring during this Pisces Full Moon can offer undeniable opportunities for a shift in consciousness.

The Moon is a distinctly feminine symbol and in Pisces it increases the ability to use the tools of imagination and intuition to expand self-awareness. Sun in Virgo is Goddess essence and brings women new levels of support and recognition. Men would now be well served to stand over and allow the feminine energy to take its equal place on the world scene. The harshness of a world driven by masculine energy without the benefit of the balance of the Goddess is becoming more blatant with each passing day. The masculine essence has explored the physical world and denied that there is anything else. The eyes are turned to things that are not NOW. Woman feels the warmth of Love, the compassion to heal wounds and a strength that allows the physical children of the body and the mental/emotional children of creation to be nurtured to growth and thrive, often under the most dire of circumstances. Men may fear women because when those that they love are threatened, women do not resort to logic, but move to end the threat, often without discussion. Revelation is calling

for stronger, clearer and more loving resolutions. The balance of male and female without judgment or animosity, can bring the world to fulfill the new vision. This Full Moon provides an opportunity to change negative patterns and achieve (or reclaim) equilibrium. There is a chance for new insights, instead of going over the same old ideas again. We can reach out to others for assistance rather than following the old, lonely path of having to do everything by ourselves.

Virgo puts a focus on healing and it is important to recognize that while disease manifests in the physical realm the fundamental issues are at an emotional level. When disease comes to the fore it is important to realize that it is bringing something to the conscious level that requires to be released, forgiven or acknowledged in order to be well. The logical mind discounts the power of being able to say "NO" appropriately. Quite often the fear of telling someone "NO" can create a disease based on that stress. The Pisces element points to the necessity in this very busy life to make sure that time is allowed for meditation, daydreaming and just having fun without a plan.

The Sun makes a grand trine in earth with Uranus in Taurus and Saturn in Capricorn helping to give us the stability to see things more clearly and make wise decisions. Uranus helps us to tap into our inner genius and with the sextile to the Moon we can attend to our own requirements easily.

Feeling what is missing in our lives and seeking to bring new energy directions so that we can accomplish what we desire and what is necessary. Our personal needs are reflected by the Black Moon Lilith; The furthest point of the Moon's orbit is in Aquarius, quincunx the Sun and semi-sextile the Pisces Full Moon. Lilith creates a bridge between our earthly instincts and soul passions, which can redefine our relationships. Saturn and Uranus are joint rulers of Aquarius, and as such, relate to boundaries and rebellion. This can bring the old rebellions that rise up when boundaries are set. It is to remember that walls block energy and restrict interaction, while boundaries define the space which allows new relationships and considerations. The quincunx can represent a blind spot or health issue that is being ignored. The Pisces Moon speaks to the necessity to find a common ground and accept that just because others may have different ideas and perspectives, doesn't mean that they disagree, but that they are expressing the same ideas differently. Pisces calls for compassionate objectivity.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or mollyrowland22@gmail.com

QUOTES FOR THE MONTH from St. Germain

We are the ship in the flow of NOW!

We are companions along the way.

Those who travel with us Sail into the Light! – St. Germain

The awakening is within. Feeling is the key to the New Becoming. Love is the answer to all questions. Feel the power of discovering the true Self. – St. Germain

You are the One you have been looking for. Be still and welcome the Divine Union that awaits in that stillness. The joy of that recognition moves you forward in the newly found Oneness. Rejoice in the belonging and the whole world becomes different. – St. Germain

As you find new ways to perceive the world, you can begin to perceive a new world. More than perceiving reality differently, you can begin to perceive different realities: realities of new dreams, deeper love, and of gracious healing. You can perceive and create realities of magic and miracles that are innate and inherent with goodness, truth, and beauty. -- Lazaris

ST. GERMAIN'S MESSAGE



The Book of Revelation says that ‘in the latter days there will be false prophets’. Religious scholars have decided that the false prophets are those who do not agree with current religious theories, ideologies, and beliefs. However, personal beliefs, ideas and opinions can be based on erroneous concepts, misinformation and a refusal to hear anything that disagrees with personal opinion.

We witness that over the eons of illusion humanity has developed a “blind spot”. There may emerge in these changing times a feeling that as you are looking at something, a person, situation or concept, and something is missing. Either you feel as though you are looking and not seeing everything or that, literally, it appears that there is a blank spot where there would normally be a picture—someone’s face, scenery, important details. The logical mind sets out to find out what is in the “blind spot” and if it cannot get around the uncomfortable feeling of something missing it may begin to make assumptions. Those predisposed to certain ideas may then present them as truth, because the belief is that the first one to come up with a solution is the smartest, even if the solution turns out to be bogus.

Another form of “blind spot” can arise from the need to be right no matter what and therefore, there is a refusal to even look at different ideas, thought or reasoning processes or even the thoughts of others.

We have said again and again Masters do not make excuses, defenses or explanations for their own actions or the actions of others because the energy of excuses, defenses or explanations moves to the negative side of power and takes away from the empowerment of self and others. At this time on the planet there are so many people in denial about so many different things. There has always been the tendency of children, when they get caught doing what they know within

themselves to be inappropriate, to deny their part in the situation. Even Peter, one of Jesus closest friends, denied him when confronted with a choice to stand true to their friendship and face the consequences or lie to “protect” himself. In the physical world denial has been considered a safe way of putting distance between self and uncomfortable situations. Revelation is bringing the reality of untruths to the fore. There are numerous individuals on the planet now that are in constant denial, so much so, that nothing that they say is clear or consistent. The idea that children are keenly watching what goes on in the world and making choices based on these nefarious practices are completely overlooked, not only by those who are in the public eye, but those who will go into long, draw-out explanations of why what these individuals are doing is all right.

We talk frequently about feeling the energy. We seriously doubt that there is a human on this earth that has not, at some time in their life, experienced guilt without anyone else saying or doing anything to cause it. Guilt is simply spirit’s way of getting the attention of the Soul Self so that the choices being made can be reconsidered. Spirit does not judge. It uses energy to gain the attention from the inner realms so that what is being contemplated can be reevaluated. There has been a tendency, over time to discount that inner knowing that asks, “Is this really who you are and what you desire to create as you image within, as well as, before the world?” That tends to make a division, “build a wall” between true self and some illusion that isn’t what was intended. One deception leads to another and the fear of getting caught begins to generate more falsehoods and need to deny what was said or done. This practice of deception has been condoned in places where the stakes of the GAME are the highest. The statement “Everything is all right and that won’t hurt you” falls glibly from the lips of those who have moved so far away from the recognition that their actions influence everyone, everywhere. The magician says, “Watch this hand, but do not look at the other one”. So, destroying the ecology of the Earth to make money today and dismissing how that can influence future generations physically, mentally and emotionally, is set aside, because there is a lot of money being made right now. Money has gradually replaced kindness, compassion and loving relationships. It has slowly draw the attention of the masses away from their inner selves and cut off the consciousness of what is really valuable.

Money is a symbol of currency which is energy. Words are sound which is an expression of energy. Light, fossil fuel, electricity are expressions of energy.

War, cruelty, the attempt to destroy character of others has an energy. Love, kindness, being supportive of positive outcomes has an energy. So many people complain that they do not have enough energy and they attempt to get energy from outside of themselves to replace the energy of the Divine that is what keeps everything with life force ongoing. **HOW ARE YOU USING YOUR ENERGY?**

Anger, rage, fear, destructive thoughts take far more energy than seeking to find the positive in personal affairs, living of life and relating to others positively. It isn't what is happening or how others are acting that makes the difficulties. It is how these things are viewed personally. Humanity has been educated to look for the down side, measure the outcome based on loss and believe that if other people would just make some changes then life would improve for "me". If the energy is flowing through the dirty filters of resentment, revenge and retribution it is difficult to see or receive the beauty, opportunity and upliftment that is available right here, right now. Consider how much power is given away by making other people at fault. Blaming others is a form of donating precious personal power, that could make the personal life stronger, to those who will never know how much energy has been given up in the name of judgment. They cannot use you power and you cannot live without it. Keeping your power is not denying good to others. When you focus on the brightest, most beautiful, most fulfilling outcomes for everyone you magnify the good in your own life. It is not about deciding what the outcome should be or who should get it. It is about the unconditional allowing that everyone gets to benefit. Allow the Divine to care for the outcomes. A desire for others to suffer brings the suffering first to self. Divine Law: The energy of creation first returns to the creator. What are you attracting into your life? Envy closes the flow of good. Damning life and its processes prevents the positive to get through. The "blind spot" so often is the unwillingness to admit that personal choices are contributing to the unfortunate events in the life.

The changes that are required begin with self, always begin with self. How they live can be a distraction, but as the old masks are pulled away everyone is being called to have the courage to see what requires to be healed within. Judgment does not heal, so it isn't about finding the flaws and ripping open the old wounds. It is about owning that there are things that are being done over and over that prevent the desired outcomes from occurring. It takes Love and courage to rally know yourself, and yet it is the most exciting and exhilarating chance to come home and be comfortable

with who you find there. Everything looks better "out there" when you Love what you are creating inside.

Dearly Beloved Master Creators, you are wonderful, wise and amazing cocreators in this world. Others are not creating your world. Refusing to recreate your world makes it keep looking like the same old things over and over. Each being has the capability of designing their own world. What others have is theirs and what you allow yourself is yours. There is plenty and plenty more where that came from. If the beliefs that form the life are based on the limited life, you are proving your ability to create. If you do not feel the benefits of your creations then it is time to reconsider what you are thinking about. This is empowerment: You create your own world and it is always within your reach to have a world that is fulfilling. The answer is to forgive focusing on what you do not believe you have and begin to discover all that is there for you. The more you allow, positive or negative, the more you get. Bitter seeds will never produce sweet fruit, no matter how hard you try.

In the greatest of Love, We empower you. In the greatest of joy, We delight in the growth that all are making. In the greatest of patience, We wait for each one of you to remember who you truly are. I remain your most humble servant. I AM the Lord St. Germain

ADS

In a world where there is often little laughter or when it is there it can be derisive, Cynthia leads us to joyful, heartfelt, soul-fulfilling laughter that touches places within us that set us free.

Relaxing ~ Centering ~ Smooth Energy Allowing Transformational Magik





Linda Thomas is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

You can contact her at:

(307) 754-4396
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eternalice@bresnan.net



Linda Lube is an amazing artist who creates textile painting, as in the Gratitude painting above. She has wonderful paintings and she paints shoes. I have a very fun pair of shoes that she painted for my Hawaii trip.

Hand painted shoes, boots, purses, scarves and shawls

Fabric message scrolls (wall hangings) cotton or silk

Email Linda and she can email examples

You can reach her at www.lindalube.com,
lindalube@gmail.com or 828 777-8540.

HIGH VOLTAGE NATURE



Karen Singer photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: highvoltage@nature@gmail.com

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, who does reiki, Bio-Genesis tools, Crystal layouts and other modalities. You can reach her for massage appointments at 307 349-2120.

Surrah Keen is a tattoo artist of great talent. You can find examples of her work on facebook. You can reach her at surrahkeenart@gmail.com Her shop is at 417 Lincoln St. here in Lander.



“**The Pot Of Gold**” is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [mollyrowland22@gmail](mailto:mollyrowland22@gmail.com) or 307-335-8113.