



# The Pot of Gold

from the Rainbow Center for the Humanities  
Lander Wyoming

## January Newsletter

Happy 2019! May the clear vision of this year help us all to recognize our very best self.

COPIES OF THE NEWYEAR'S EVE 2019 SESSION are now available. Both mp3s and CDs are \$25 per set. Order in line or call and I can take your credit card.



Here is our Winter Solstice/Full Moon Ritual altar. If you would like a free copy of the Ritual, either CD or mp3 send me an email with your address enclosed if you would like a CD.

Are you looking for answers that the world outside does not seem to provide? Do you feel strange and aren't sure if it is something to worry about or not? Do you have times when you are not sure who you really are or wonder if you ever have known?

Join us, in 2019, by signing up for the Personal Growth package. This has proven to be one of the most popular offerings that St. Germain has made. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on

all levels are bringing a whole new lease on life as we evolve into New Humans. This year St. Germain's Teachings, which are a part of the Personal Growth Package, will focus on how "Personal Growth is the Path that Leads Inward". There is no necessity to choice to go either inward or outward, but to blend the energies of both to live a much more fulfilling life.

The monthly package offers a one hour session with the Master St. Germain, a two hour Teaching and a two hour Q&A each month for \$120.00 There is also a monthly group that is \$15 that brings complementary subject matter to the monthly theme.

[Click here for 2019 Personal Growth Package Details](#)

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## Rainbow Center News

### Spring 2019 Intensive

It is time to begin to consider our May Intensive on May. St. Germain is taking us to new levels of self-awareness all of the time. You have been the greatest mystery. It is time to discover your inner wisdom and enlightenment with "Finding the Joy of Greater Self-wisdom and Inner Knowing".

As the paradigms are clearly changing and everything seems to be in some level of limbo, we are being directed to find the home base of Spirit within and feel the firm foundation of who we truly are. The world has defined us for life times and told us how limited we are, while holding the promise of greater good somewhere beyond the physical world. We are now being called to remember how to blend the best of our spiritual world and our physical world, so that we can live what we have searched for, for life times, here and now. Feel St. Germain's Love, compassion and wisdom as he gently and directly shows us what we

have been waiting for, becoming the Spiritual Humans.

We invite you to join us in person. Call or email Molly for more information.

We invite you to join us in person or by phone. Call or email Molly for more information.

CDs and mp3s will be available.

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The January group is “An Open Heart Brings Freedom”. It seems like such a challenge to keep an open heart in these times when there are so many things that can bring fear, doubt and wounding to whole new levels of awareness. The Good News is that the open heart allows more of the soothing feelings of confidence, self-worth and more and greater Love. When the heart shuts down, you can feel the changes in your physical organ. It may bring pain and sadness or anger and depression. Some feel as though they are having a heart attack when the heart opens and the EGO uses that as an excuse to stay closed in. The heart has been restricted in its operation in the mental and emotional realms, so that now, as it is tie to expand the concerns about these changes are bigger than necessary. Your heart is a powerful organ, with great capacity for Love, as well as, loving and being loved. Over the past three years the outpouring of Love from the Universe has increased a thousand-fold. The healings on all levels are readily accessible to ALL. LOVE and TRUTH are intertwined essences. Know the TRUTH and that truth does free you be more than you have believed possible.

The group will be at 2 pm on January 20<sup>th</sup>.

CD's can be purchased on the website at [Click Here for 2019 Groups](#)

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St. Germain begins the new year with the subject “Personalize your Inner Path”. The path within is **YOUR OWN WAY TO CONNECT WITH SELF**. It is not designed by someone else. It is a gift from the Creator that has been with you since the beginning. You have all of the abilities to discover and develop your inner space, your Sacred Place, your Prayer Field, your own Realm of Influence. This is where you begin to truly find out who you are.

The call-in for the Teaching is on the second Wednesday evening of each month at 7 pm MT.

Our call-ins for the Q&A are on the fourth Wednesday evening each month at 7 pm MST.

The call-ins allow you to join in to hear the teaching and ask questions at the Q&A.

CDs are \$15 for each set—Teachings or Q&A. It is \$15 to call in one time or \$30 for both sessions each month. Postage and handling for CDs are separate.

To order CD's, Mp3s or DVD's [Click Here for 2019 Teachings with the Master](#)



Here is my granddaughter Kayla, holding two year old Autumn, her partner Josh is holding ten year old Chancy.



Autumn and Chancy watching the deer eating corn and bird seed outside our front window.

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## ASTROLOGY

### CAPRICORN NEW MOON, PARTIAL SOLAR ECLIPSE - JANUARY 5-6

The Capricorn New Moon is especially impactful as it is surrounded by Mercury, Saturn and Pluto. When there are four or more planets in a sign it is called a stellium, which is a collective that brings an intense focus on the traits and area of the life that it focuses on. The energy works something like a committee, as it can either direct the intensity toward a common goal or create distracting disparity. Capricorn is the “Father sign”. It relates to our success in the world, whether we are noteworthy or notorious, it is about order and structure in the outer world, including respect and integrity. Throw in the South Node of the Moon and there will be a tendency to see the repeat of old patterns. The North Node in Cancer directs attention to how we can overcome the old ways and move forward, including allowing our feeling nature to be more consciously open.

A stellium requires that at least three of the planets be other than Sun, Mercury or Venus as they tend to travel through the zodiac in close proximity. For this stellium Moon, Saturn and Pluto fill the bill. The emotional element of the Moon causes it to have a deeply personal affect on our inner self. It also brings to light the instincts and memories that are shared by the collective consciousness that crosses boundaries to embrace all people.

Saturn defines boundaries and sets rules and limits that have kept humanity in check for lifetimes. Pluto is associated with power issues, extremes, obsessions and the depths of personal awareness within. Because there is no middle ground with Pluto we may discover the extremes of our own personality at this time. The complexities of this New Moon can stir missed feelings and mixed messages, even though the nature of Capricorn is straight-forward.

The Sun and Mercury in Capricorn take a back seat to the heavier and more dominating energies of Saturn and Pluto. Capricorn does bring an element of patience and the strength and courage of the leadership ability. Saturn is the strongest of all of the planets in this stellium because it is in its home sign, therefore, if there is a willingness and a seeking this can be a big step toward embracing and living our mastery.

It is wonderful to have a strong role model to emulate in our path to embracing our mastery. However, the way that another person comes to life is totally motivated by their own inner quest. How we might seek reach our goal may look and feel very different when we attempt to apply what we see or think we see in another. Experiential living is the Greatest Teacher. In the uniqueness of our individuality, no one can exactly recreate what someone else has done. It would not really be fulfilling after all, to live someone else’s way rather than one’s own. It is well to remember that mastery is not given to us, but something that we find for ourselves by reconnecting to the inner realms. Hard work is a concept of the outer world, Spirit is about allowing and being, rather than doing and trying.

The inner desire to remember who we truly are is the fire that motivates us. It is a heart opening that Saturn supports by reminding us to stand with ourself, rather than all by ourself. The quest of the inner journey is lighted by our own passion to live the life we came to live, rather than being trapped by the idea that someone else knows more about who we are and what we are doing than we do. We, more than likely will find that old habits and routines require revamping in order for us to see new goals and achieve more than we might have believed we could. Growth is always a bit like the seed that is planted and in order to reach the light and expand it has to crack open. We are all being shown opportunities to accomplish new things in every area of our lives. The deeper we go within the higher our potential in all of life.

This New Moon and Saturn are sextile Neptune which brings opportunities for both healing and inspiration. As we allow the intuitive nature to guide us to places that the logical mind might discourage, we can dare to be more and allow Saturn to strengthen our resolve in order to “walk to the edge of our comfort zone and allow more God/good into our lives than ever”.

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### AQUARIAN MOON, LEO SUN, TOTAL LUNAR ECLIPSE - JANUARY 20-21

This Full Moon eclipse occurs in the beginning degrees of Leo/Aquarius bringing excitement, renewed energy and a desire to accomplish. The first blush of the new year intensifies the quest for knowledge and the eclipse super charges the emotions as well as the heart energy. **THE DESIRE TO DO SOMETHING GREAT AND SPECIAL IS SPLENDID!** There is the necessity to remember that this is a year that brings enlightenment through conscious communication. It is important to consider

the outcome of one's actions, before taking the step so that the intensity of this eclipse does not cause wild and/or misguided actions that leave regret rather than elation. When there is clarity about the action we can discover new and rewarding aspects of ourselves. Talents that we have either dismissed or overlooked are revealed. Gifts of personal appreciation and understanding shine forth. We can own that we are, indeed, golden.

The Moon-Sun/Mercury make a t-square to Uranus in Aries and even though it is an out of sign aspect it still could bring, potentially complicating energies to bear. Sun and Moon are at 0 degrees of Aquarius-Leo, while Mercury and the South Node of the Moon are in late degrees of Capricorn, conjunct the Sun and squaring Uranus in late Aries. The outer planets tend to dynamic and long lasting social influences that affect entire generations.

The Moon's Nodes can offer insights to the affects that these times are bringing. The North Node in Cancer and South Node in Capricorn are highlighting the necessity for good parenting. The South Node takes another look at Victorian attitudes—or even medieval ones. The idea that “children should be seen and not heard” and corporal punishment as a form of control have been come to be more or less considered as dated ways to achieve “good behavior”. The ability to keep a balance in regard to behavior requires a hands on, personal involvement with each child and the recognition each child is his or he own unique person. “One size fits all” discipline disallows the heart felt decisions that knowing the child well can provide. Honoring the ideas of each child allows a sense of personal value, however, respect and discipline are important factors in how the child will flow with ease in future affairs.

Parents who desire that their child will succeed and perhaps exceed the limitations of society, are required to consider that children are not adults and must have time and support in order to move into adult activities. Projecting personal needs onto a child does not allow them to find themselves and that can lead to feelings of lack and unworthiness as they get older. Children require the fun and levity of youth without the burden of seriousness, in which, adults can get caught. Asthma is often an emotional response to being smothered by life's demands—whether they are limiting or pushing the child quicker than they are comfortable As children reach the point in their growth that they want to try their wings and assert themselves, rebellion can occur whether they are two or twelve and sometimes the rebellion does not emerge until they are adults. As

we are honest with ourselves, even though our own child may demonstrate change in their own way, it is a willingness to look at how we felt along our own path of growth and relate to what each individual is feeling. “I never did anything like that” is denial. Some people would be afraid to exhibit rebellion while others may tend to take emotional reaction to extremes, we all have feelings that are recognizable in the process of growing up. The Asteroid Pallas in late Libra squares the t-square planets and calls for wise strategies.

As the Spiritual side of life is becoming more a part of the whole of life, we require to take care of ourselves on all levels. Body, mind and emotions are associated with how we present ourselves in the world. Spirit ignites the inner spark that causes us to seek the best of all that we are in every area of the life that we are creating. **BE ALL THAT YOU CAN BE!!**

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or [mollyrowland22@gmail.com](mailto:mollyrowland22@gmail.com)

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## QUOTES FOR THE MONTH from St. Germain

You are in the uncharted of a world becoming new. You are surrounded by miracles waiting to unfold. You are in the uncharted of yourself discovering the more of you. Don't tame the strangeness. Set your imagination free to roam, free to soar, free to be more. -- Lazaris

Money is energy. As energy it is created in the same way that everything is created. It does not create in and of itself, It is the outcome of the focus of each individual. -- St, Germain

Free Will is a gift that was granted in the beginning for everyone. Free Will requires the respect with which it was given to be returned. The assumption that Free Will is permission to do anything that comes to mind, without feeling into the outcome, is an example of how the EGO mind has sought to distract humanity from its beginnings. -- St. Germain

There are unlimited possibilities. There are untold potentials. There are billions of people on Earth alone. You are a treasure. You are one of a kind. You

are special beyond imagining. Do not lose yourself while comparing who and what you are to someone else. Honor the amazing potentials and possibilities and know that no one can truly steal anything from you. Your ideas are not so limited as to be the same as anyone else. They are just different. -- St. Germain

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## ST. GERMAIN'S MESSAGE



Beloved Masters, We have called 2019 the Year of Clear Communication. As you have stepped through the doorway between measures of time it is time to wake-up and not only listen to others, but feel into what they are really saying. It is time to define what you stand for so that you feel it within you as a standard to live by. When you live your Truth you do not have to keep telling people what it is. It shines clearly in your words, actions and deeds. Speak with a voice that is not tinged with dominance, control or anger, but with the desire that your words would be felt in order to be understood. If you do not feel that you are being understood, make sure that you are clear about what you want to convey.

The Earth is shifting into new dimensional frequencies. The New Earth is not another planet somewhere, but new energetic levels that have not been discernable until now. ***How do you know things are changing?*** It is a subtle feeling in your solar plexus, in your cells, in the totality of your being that puts you on notice that you can see beyond what you thought was there, you can hear the voice of your soul clearly and sweetly, you notice that everything and everyone is becoming different “in your world”. ***What do We mean “In your world?”*** Each person creates their own version of The World. This is why there is so much

conflict and confusion now. The belief that “everyone sees the world as I do” has been a common misconception in the Illusion. As the shadows of what *was* are passing the opportunity to live in a world of personal design is more accessible to everyone. Arguing over whose world is right is simply using energy that could be used more wisely than to defend one’s personal ideas. The collective whole is in mass adjustment to all of the differences that the Illusion has hidden. The fear of being different has been an imposition that has been used to control how the people of Earth must act, must conform, must “fit in”. The finite mind has made rules of conduct that require strict adherence in order to be safe. The safety of the Illusion has never really been safe, because when your safety, prosperity, self-worth or credibility depends totally on outside forces the power that you give to those forces diminishes who you are.

It is time to find your inner pathway, your own inner connections that show how wonderful it is to have an intimate relationship with God/Divine Creation, what ever name causes you to feel the Loving empowerment of Oneness with All That Is. The Illusion has kept the barriers of separation firmly in place and anyone who decided that they had a closer connection to the Divine could present themselves as “far more important to God than anyone else”. Intuition is not some evil devise of the darkness. Intuition is a God-given gift that was set in place in the beginning of time. ***Why do some people seem to be more intuitive than others?*** Why do some people paint, write or sing and others do not? Because of the uniqueness of personal choices. Everyone has access to all possibilities, but as a Soul can see that certain virtues will serve best in one life while in another life the choices can be different. So, the desire to speak well may also be a benefit to the totality of the life’s affairs, even though the desire to sing might not be a part of that for this life. Intuition is available to everyone all of the time, but if the energy of trying is applied to the attempt to intuit then the walls of limit are activated by trying. Spirit does not respond to force.

***Why is it that suddenly something that has never been seen or heard of drops into the life? Why didn't I always know about magick or the Masters or the Mysteries of Life?*** The Illusion has sought to keep limits on what the masses might know, under the guise of safety. If people found out about things that they do not understand it could cause panic or riots or other unpleasantness. What the finite mind has never grasped is that control is a tool of restriction and has nothing to do with Divine Mind. So, from the very

deepest places within self, when the passion for wisdom and growth blossoms, the things that are being sought emerge. In these times, when the personal wisdom rises up, there can be the necessity to release the beliefs in punishment for discovering something that has been considered to be only for the chosen ones to know. When the knowledge of the mysteries comes to you it is because you are opening to the willingness to understand in a grander way. The Wisdom of the Ages is not a child's toy, to be used against others or as a Power Tool of the EGO. As the New Earth is becoming more evident, more and more people will begin to recognize things that they have been seeking, often without even knowing what they were looking for. It is exciting! Human nature is to share the "good things" with others. The EGO wants to be the first to know, whether it is truth or gossip. Clear communication requires the discernment within to recognize whether the information that you are receiving is potentially clear to you so that others can discern what you are offering. Here is where the connection to the inner realms is imperative. The ability to feel is not something that is only available to a few. It exists for all. ***If that is so, why can't everyone just feel the inner self from birth?*** Small children are completely connected, but since they are not able to communicate that connection, by the time that they begin to talk the world is teaching them that that ability is bad, wrong, a lie or something that other people wouldn't approve of, so to keep it a secret. The finite mind has decided that babies don't know anything until they are about seven years old. This gives adults the justification of doing or saying things before children that color the psyche and excusing them "because children don't notice those things anyway". There are some people who are so tuned into their inner knowing that even though they may "keep it quiet" they still continue to feel and trust it. Those who make the choice to fear or doubt the inner knowing may find it again later in life or they may simply forget about it, unless it threatens their beliefs. The logical mind is impressed with its ability to doubt and question everything. **THE MORE THAT YOU CONNECT WITHIN, THE LESS LOGICAL LOGIC BECOMES.**

There are scientists and members of the medical profession, ministers and "hard-headed business people who are suddenly being confronted with things that do not fit in the logical world. The logical mind is a master at dismissal, finding explanations for spiritual or non-scientific situations that diminish the grandeur of the world of Spirit. The EGO certainly believes that if it can just convince humanity that there is not and never was a God and that Jesus was "just a man", that

faith is a waste of time and Love is an unstable emotion "***then logic can rule the world***". There is plenty of room for a keen intellect and a mind that seeks new ideas. There is a necessity for Love to keep a balance, as it is the primary element in creation. The EGO can defend limitations and set up all manner of rules that prevent people from discovering who they truly are, but Revelation is pulling away the masks and facades of the old order's illusions and for those who are willing to see without the confusion of mental capacity or hear only what they desire to hear, the New Earth is being revealed.

Free Will is a gift and it belongs to everyone on earth. The questions that we have addressed are valid questions. Resistance to change has always been an obstacle to growth and evolution. So many people believe that nothing requires to change. You only require to have an experience once then you know everything about that situation or person or concept. The EGO talks about boredom, but when you are tuned in to the beyond, there is a never-ending array of un limited possibilities to choose from. The logical mind is afraid of too many choices, so the EGO has created reasons why humanity should not quest beyond the known. One of the greatest offerings of limit is that the Divine does not want people to make their own decisions or reason for themselves. It is easier to be told what to do and then fight it than to make one's own decisions to begin with.

Personal Growth is not about being better than anyone else. Personal Growth is about how to continue to become more than you are. The need to be better than others stems from the fear of not being good enough yourself. Delving within and finding that place where you recognize the wonder of all that you are, that is unmeasurable against anyone else. It is the absolutely most unique and special truth about you and as you find it and recognize it you also realize that everyone else is just as unique and special as you are in millions, trillions of ways that when they are shared promote interdependence and Mastery. You are already Masters, but to own that without EGO is the next phase of human evolution. The EGO factor was created to assist the Soul to use the physical body wisely. Humanity is now familiar with physicality in such a way that the EGO control is no longer necessary. The EGO is fighting to keep its place. The new order is not about destroying the EGO, but bringing it into the Oneness. The EGO mind has always viewed getting rid of the bad or the dark or the unacceptable as necessary. As you find the reality of yourself within you will recognize that everything requires balance. It isn't about everything being totally

one way or the other. Variety occurs when there are variations; colors, textures, hot and cold, dark and light, varying degrees of beauty and uniqueness. Sameness may appear to be comfortable, but new experiences brighten and lighten the life. Meeting new people, experiencing new ideas, really living life in ways that fulfill you. There is no one way that life can be lived right. No one person or group has the formula for the best life. Athletes love action, artists may enjoy quiet or find that the way that they express their art is to climb a mountain. Some people are adventurous and others enjoy what is familiar. There are animal lovers and those who do not need that companionship. All of the reasons for differences can be justified. It is when the resistance arises or one group decides that its way is the best or only way that fighting and contention emerge. When you are fighting to keep your way of being so much precious energy that could be used to further your dreams or create greater good for the whole, is given to war. When you own for yourself that your choices are appropriate for your life, when people begin to know deep within themselves that their way is good for them, but it is not their place to attempt to control the lives of others, the incidence of drugs, depression, death will gently begin to change. When humanity considers change one of the first things that is asked is "What are they going to do about this?" As you feel the inner connection, the changes that the new earth is bringing, you will understand that the "they" includes you. You don't change the world by forcing others to change. You live the changes that you would make and others will begin to find that possibilities exciting so that they begin to change. The Earth is changing now! Will you contribute to the changes with your own Personal Growth? Will you join in the discovery of a world beyond the illusion?

"Am I my brother's keeper?" has been a convenient distraction that the EGO devised to turn the attention outward so that self-awareness would become a dim memory. "First physician heal thyself", is not an admonishment to keep you totally focused on self in opposition to others. In many ways these two statements are two halves of a whole. "As I am willing to admit that I require healing, I find that I can have more compassion for everyone else that requires help. The judgments about receiving help disappear and the smugness about giving help becomes a new and different essence. I offer assistance where I can and have much more time for myself and those who are willing to accept help." The difference between a judgment and a choice is intension.

We the Masters are here to assist those who are in the process, not of becoming Masters, but of remembering that they already are Masters. It is time to redefine Mastery. It is a sacred art. Mastery does not imply superiority or a specialness that sets one apart. Mastery is the personal dedication to being the most you can be, without measuring against what any other Master is creating. Everyone is in a different place on his or her own path. The path is not some road in the world. It is an essential journey of discovery. When that is honored there is no necessity to belittle or demean others for where they happen to be. The limits of the EGO have created jealousy, envy, lack of self-worth and the desperation to be more important than others. When you value your self you also can value others and that will bring new levels of joy and delight. No longer will the cry be, "why do they have more and I have less", but "let me connect within to find the wisdom that I carry, that can help me to allow that which I would create to be mine NOW.

Wanting what others have without consideration of the possible lessons that having those things might bring has caused untold pain and suffering. "I want" is the child throwing a tantrum. "I need" always contains the seeds undeservedness. Need builds walls that prevent the attainment of the goal. "I am willing to allow my good", opens doors on all levels of creation and often shows the way to things that were unimagined.

Welcome to this New Year of Clear Communication. May you find pearls of wisdom and gems of truth along your way. We celebrate your becoming. I AM the Lord St. Germain

## ADS

In a world where there is often little laughter or when it is there it can be derisive, Cynthia leads us to joyful, heartfelt, soul-fulfilling laughter that touches places within us that set us free.

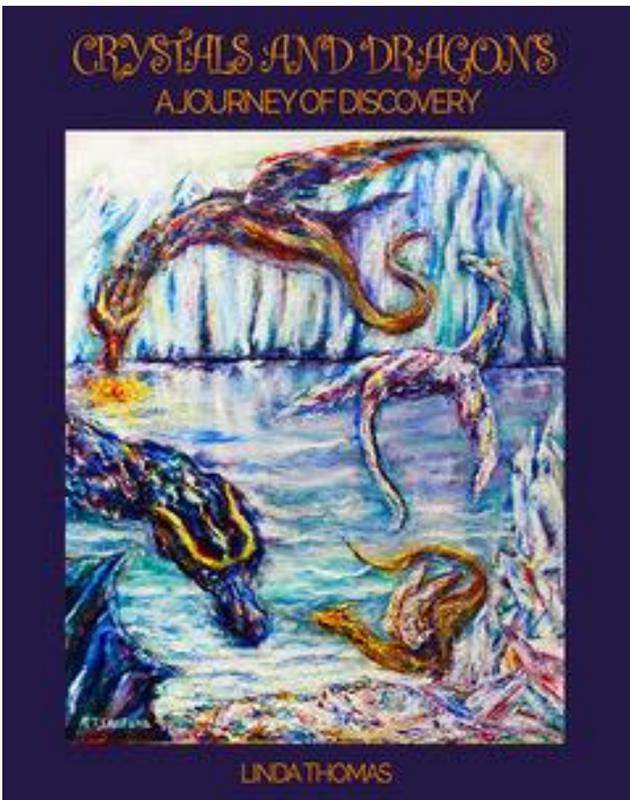
**Relaxing ~ Centering ~ Smooth Energy  
Allowing Transformational Magik**



[www.cynthiainfieldsoflaughter.com](http://www.cynthiainfieldsoflaughter.com)

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Here is the front cover of Linda's new book! It will be out very soon.



Linda Thomas is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

You can contact her at:

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**Linda Lube** is an amazing artist who creates textile painting, as in the Gratitude painting above. She has wonderful paintings and she paints shoes. I have a very fun pair of shoes that she painted for my Hawaii trip.

Hand painted shoes, boots, purses, scarves and shawls

Fabric message scrolls (wall hangings) cotton or silk

Email Linda and she can email examples

You can reach her at [www.lindalube.com](http://www.lindalube.com),  
[lindalube@gmail.com](mailto:lindalube@gmail.com) or 828 777-8540.



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## HIGH VOLTAGE NATURE

**Karen Singer** photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: [highvoltage@nature@gmail.com](mailto:highvoltage@nature@gmail.com)

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**Maia Rose** does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

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**Delphinia Bey** is a massage therapist, who does reiki, Bio-Genesis tools, Crystal layouts and other modalities. You can reach her for massage appointments at 307 349-2120.

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