



The Pot of Gold

from the Rainbow Center for the Humanities
Lander Wyoming

November Newsletter



A quiet time with our “lap kitty” Smokeman that has become a Total Indoor Cat. Dorian is his person. He looks good on pink.

Join us, in 2019, by signing up for the Personal Growth package. This has proven to be one of the most popular

offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans. This year St. Germain’s Teachings, which are a part of the Personal Growth Package, will focus on The Path to Personal growth Leads Inward..

[Click here for 2019 Personal Growth Package Details](#)

Rainbow Center News

FALL INTENSIVE

Our Fall Intensive—Energy and Creation; How You as a Master Use Them. The Intensive will be held here in the beautiful Lander Valley of Wyoming on November 8, 9 and 10th.

St. Germain continues to furthers our spiritual growth with new information and understanding that assists us to make the deeper and more conscious connection to our inner Self. We are energy creators with every word, thought and deed. St.

Germain demonstrates how this is becoming the way of designing our world and that *unconscious* creation leads to unexpected and often unfortunate outcomes. We have lived in an unconscious state due to the Illusion that the EGO Mind has used to gain control over humanity. We have used control to diminish ourselves and others. As we remember our divine ability to create in Love and compassion our use of the energy of creation changes.

IMAGINE A WORLD WHERE WE SUPPORT ONE ANOTHER, SHARE THE TRUTH OF OURSELVES WITHOUT SHAME AND GUILT AND LIVE IN A CONSCIOUS AWARENESS THAT WE ARE REALLY RICH, HEALTHY AND COMPASIONATELY LOVED AND LOVING.

We invite you to join us in person. Call or email Molly for more information.

CDs and MP3s will be available.

The group will be November 17 at 2 PM. It is called **Love, Forgiveness and Acceptance of Self**. St. Germain constantly reminds us that we are the most important person in our lives. This is not exclusive of others, but allows a much greater inclusion. The teachings of the world, have for so long, created confusion over how much and not enough in any choice. There is a fear that self-love is inappropriate; somehow it might be too much of a good thing. The EGO warns that one must be careful not to give self

too much. The judgments that are directed to others are magnified against self. Feeling love toward self is just as beautiful as feeling love for others and just as gratifying. To forgive oneself allows an openness to forgive others. To accept self without judgment, without being perfect, is very freeing. None of this can be accomplished mentally. It requires feeling the essence of generosity and compassion within, rather than keeping the feelings at a distance.

CD's or MP3s can be purchased on the website at

[Click Here for 2019 Groups](#)

The November Teaching is **Living the Discovery of All That You are**. St. Germain constantly reminds us that we are the most important person in our lives. This is not exclusive of others, but allows a much greater inclusion. The teachings of the world, have for so long, created confusion over how much and not enough in any choice. There is a fear that self-love is inappropriate. Somehow it might be too much of a good thing. The EGO warns that one must be careful not to give self too much. The judgments that are directed to others are magnified against self.

The call-in for the Teaching is on the second Wednesday evening of each month at 7 pm MT.

Our call-ins for the Q&A are on the fourth Wednesday evening each month at 7 pm MST.

The call-ins allow you to join in to hear the teaching and ask questions at the Q&A.

If you haven't had the experience of the Teachings that St. Germain is offering this year, they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$15 to call in one time or \$30 for both sessions each month. Postage and handling are separate.

To order CD's, MP3s or DVD's
[Click Here for 2019 Teachings with the Master](#)

ASTROLOGY



NOVEMBER 12 - FULL MOON IN TAURUS

The Full Moon shines its light on things that require to be revealed. The Moon in Taurus is exalted which brings extra power to the revelations that are coming to light now. The public is being made aware of

things that have been hidden, often for lifetimes. The old ways of looking the other way and pretending not to see are bringing greater discomfort, rather than easing tension, as Revelation is shining its light everywhere. There is nowhere to look that the light does not expose what is necessary for all to see. The Sun conjunct Mercury in Scorpio will also underscore the emerging of secrets that have been carefully hidden from the public eye and carefully kept until now. The attempts to keep old, hidden, fear-based ideas and concepts and judgments buried are being shaken loose. No matter how many excuses, explanations or defenses are made the clarity of new insights keep unfolding. The 19th degree of Scorpio is called "Serpentis" and is considered a degree lamentation and sorrow in older works of astrology. We are being shown new and different possibilities as we are called to change the direction of our own affairs by taking a more positive position in our mental/emotional focus. Examples of how this energy works run from frankly shocking to old situations simply "running out of steam". This can bring frustration at work, with endeavors limping along unproductively with nothing progressing in a helpful direction.

The feeling that these aspects bring is a sense of futility and inability to get thing done. The lesson is "timing is everything". Being patient in the face of obstacles, can often bring new insight or information that changes the tone of what was being pushed forward. The waiting can pay off because things don't have to be done twice.

The Moon in Taurus is conjunct Vesta and this brings an energy of the purity of

the sacred fire. Focus on the “Violet Flame” and its transmuting flame in difficult situations. The Moon/Vesta is trine Pluto and Saturn which can help to ground situations that can potentially fly off the handle. This time leading into the tie of Thanksgiving in the U.S. can feel heavy and it is more important than ever to count the many blessings that we do have, as we tend to forget the present good when we are caught up in trying situations.

NOVEMBER 26 – NEW MOON IN SAGITTARIUS

The New Moon in Libra at the Autumnal Equinox began a period of emphasis on how we relate to ourselves and others in our lives. The New Moon in Scorpio moved into places where we have kept secrets from ourselves that would, actually make life easier if we just released the fear of discovery and moved on. Now the Moon in Sagittarius draws a more spiritual consideration for all of our relationships. Whether the involvement is intimate or platonic, personal or casual, every relationship that we have brings us a mirror of ourselves. How we are willing to see ourself in the relationship is the most important part of the lesson. We tend to look at the mirror (the other person or people we are involved with) and forget that it really isn't what they are doing, but how we respond that is important. Sagittarius tends to be very straightforward, often to the point of being blunt. As with many things that are occurring in our lives now to draw attention to things we haven't wanted to deal with, this New Moon calls us to look inside for answers rather than

making other people responsible for our lives.

Uranus is quincunx to this New Moon, which can clarify where things have not been working and reveal why, especially in relationships. Jupiter at 28 degrees of Sagittarius is in an out of sign trine to Uranus at 3 degrees Taurus Rather than having the normal trine of two fire or two earth signs this is fire trine earth. In elemental energy fire and earth are not considered compatible. However, this can bring a new strength to situations that have become bogged down. The fiery power of Jupiter in Sagittarius can bring just enough upheaval to make movement. Mars at 4 degrees of Scorpio is opposing Uranus at 3 degrees of Taurus. When things do get moving they may not follow the path or direction that was expected. Surprises can come as a long term of push energy is suddenly released and the effect might be momentarily falling on one's face. The Venus in Capricorn trine to Uranus can, potentially, bring positive outcomes, even to situations that seem impossible at first.

This new Moon can produce situations that will make it much easier to honestly say, “Thanks”, this Thanksgiving.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or mollyrowland22@gmail.com

QUOTES FOR THE MONTH from St. Germain

High Magik is the magik sourced in love. Its only technique is choice: willed choice, right choice, wise choice, and empowered choice. It is the magik of the Liminal and of the Between. It is the magik of the miraculous.

Open and be opened to High Magik, this is magik that is fast becoming your magik. High Magik waits for you. -- Lazaris

Strength does not come from physical capacity. It comes from an indomitable will. -- Mahatma Ghandi

Logic will get you from A to B. Imagination will take you everywhere. -- Leonardo Da Vinci

You are moving forward each day to the connection with the Sacred Self within. Each day the way becomes more available. When the allowance and surrender become a welcoming embrace, the shift occurs. The feeling is beyond anything that has been before. The mind asks, "How will I know?" We say, "You will just know because love will show you". -- St. Germain

ST. GERMAIN'S MESSAGE



Dearly Beloved Masters, to experience love is a desire that everyone holds, even if they would swear that they do not care about it. The pain of separation is so powerful on Earth now and each being is becoming more and more sensitive to feeling the emotions in the world. The higher vibration of Love is feeling. The emotional reaction of the Illusion causes the closed heart and the limited mind. The outer projection into the world has brought about a false picture of what is valuable and worthy in life. Youth is steeped in the beliefs that a beautiful façade is more important than a sweet and satisfying recognition of all that you are within. The current crisis of consciousness, all over the planet, about appearances, is being quickly revealed as not worth the price financially. It is not worth the price of being caught and exposed in a major lack of integrity either. Personal integrity is golden. When there is such a breakdown between living personal truth, as felt from the depth of the inner knowing, and the indiscriminate choices made based on "what would they say if...". *They* will always have something to say about anything that others do. If nothing else their opinions act as a "red-herring" to draw attention away from their own

indiscretions. Living true to yourself is powerfully loving and builds confidence. Standing with yourself brings a new reality where you no longer must be on the defensive all of the time. When you know who you are there is such a deep sense of comfort and peace within. What others have to say ceases to be painful because the sting of wounded pride is no longer there. Pride is touchy!! Love is well with life and seeks to find positive outcomes even if the outcomes may take longer in peace. The EGO wants hasty action (hit and run), rather taking the time and patience to make a better world for all.

When temper arises, the conditioned response is to explode immediately. So often the reaction is over-reaction because there was no time to find out what was really said or what really happened. The indulgence of anger and destructive responses simply elevates the energy of war everywhere. Those who want immediate action, but have no idea what the proper way to address the issue might be, jump to all manner of conclusions that often have nothing to do with the matter at hand. The reactive nature snaps and snarls at everything. The personal discipline to stay quiet, clear and observant rather than expressing all the opinions that are boiling beneath the surface, allows clarity to illuminate what is really going on, rather than what appears to be occurring.

People feel that they are not heard. When watching debates on the earth, it is quite obvious why no one feels that they are heard. No one is listening. Adults have ceased to be aware that they are role models for the youth of the world and often the youth are clearer, more level

headed and thoughtful than those “mature” people who believe they have the “answers”.

Masters have no need to fight. So very often the EGO MIND dismisses Masters as “weak” or incapable because they do not engage in conflict. Rather than considering that there really is no one way that is always and completely right, the world wants fight over old, outmoded beliefs and opinions. The Illusion has set rules to follow, always with the admonition, “Don’t ask questions. Just do as you are told”. Masters, take the time to assess a situation from the inner realms, as well as, how things appear on the surface. Masters do not need to tell everyone what to do. We are aware that if someone needs to tell you what to do, it involves a need to be superior and sets up resistance to considering different approaches. To give someone information to discover the answers for themselves allows experiential living and, therefore, the freedom of personal choice, rather than the need to comply to the general consensus of opinion. Masters, have no need to control the outcomes. We have discovered from the depth of knowing within ourselves that the highest and best outcomes are, more often than not, beyond the understanding of the EGO mind, because control seeks to limit rather than expand.

The New Moon in Scorpio, at the end of October, brings humanity another step forward to a deeper inner connection to our personal relationship with self. The Sagittarius New Moon on November 26 will intensify the awareness of inner connections to the Higher Self and the Masters that are assisting the Earth to

evolve spiritually. Feeling the support of the loving relationship with self helps to stay calm in the midst of crisis and to sense the touch of Spirit that reminds to be compassionately objective in life.

The desire to love and be loved can only be fulfilled when there is a willingness to let life flow. Love and spirit can not be controlled. Planning how a relationship must go or how life must respond to one's wishes simply blocks amazing opportunities that emerge from the synchronicity of the divine. Allowing the spiritual and physical worlds to blend brings a life that has been dreamed of, but doubted, for lifetimes. Humanity is finding that the attempt to *make life work*, no longer achieves the desired outcome, if it ever truly did.

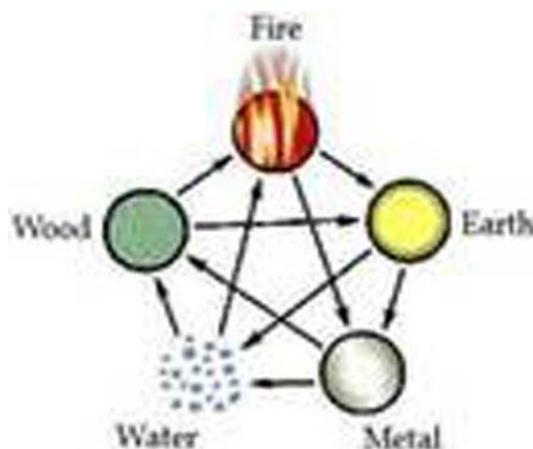
Relax the mind, take a deep breath and receive the blessings that are waiting to pour into the life. Receiving is not a weakness. Things may not come in the expected form or in the time frame that seems necessary, but the willingness to allow events to unfold naturally can reveal new ways of approaching life that actually bring the desired outcomes without conflict.

**PEACE IS NOT WHAT OTHERS
MUST CREATE!!! PEACE IS THE
STILLNESS WITHIN TO ACCEPT
THE THINGS THAT CANNOT BE
CHANGED AND TO CHANGE THE
THINGS THAT CAN BE CHANGED.
ALL CHANGE BEGINS WITHIN.**

Beloved Masters, call and we hear you.
Listen within and you will begin to
recognize the inner voice that assures you

that you are always heard. The answer may not be what was expected or wanted, but it will be the divinely appropriate direct for you to take NOW. In the greatest of Love, I AM with you always. St. Germain

ADS



Nancy Wadda is an acupuncturist with over five years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She does traveling-acupuncture and will come to you for treatment. You can reach her for appointments at 307 438-6203.



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Sarah Keen is a tattoo Master. Her art is as beautiful as the old masters. You can reach her at: surrahkeenart@gmail.com. Website: SurrahKeenArt.com Check out her Facebook page for daily examples of her tattoos.

In a world where there is often little laughter or when it is there it can be derisive, Cynthia leads us to joyful, heartfelt, soul-fulfilling laughter that touches places within us that set us free.

Relaxing ~ Centering ~ Smooth Energy
Allowing Transformational Magik



Linda Thomas is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

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transformations as Prints, Love Notes-Photo Note Cards, Posters, T-Shirts, Calendars and Greeting Cards that assist and inspire to powerfully re-connect us with our own nature and the beautiful Earth we are so blessed to live on.

Each packet of Love Notes includes a 5-card assortment of unique photos to be chosen from the following categories: Hummingbirds, Butterflies, Dragonflies, Flowers, Wild Animals, Buddhas, or an assortment. These photos are examples from each category of Love Notes to share!

Email: agapearts22@gmail.com

Think Christmas now!!

A central text box is surrounded by a grid of nature photographs. The photos include a white egret on a pond, a pink lotus flower, a Buddha statue, a blue bird, a hummingbird, a butterfly, an owl, and various wild animals like a lion, tiger, and deer.

Love Notes
Photo Note Cards

Photography by Karen Singer
(661) 342-2603
Email: agapearts22@gmail.com

An assortment of 5 Photo Note Cards
4-1/4 x 5-1/2 folded with envelopes
in each packet. Shipping not included.

1-4 packets is \$15.00 per packet,
5-10 packets is \$14.50 per packet,
11 plus packets is \$13.50 per packet

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, who does reiki, Bio-Genesis tools, Crystal layouts and other modalities. You can reach her for massage appointments at 307 349-2120.

Karen Singer photographs beautiful nature photos and creates digital



“**The Pot of Gold**” is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [mollyrowland22@gmail](mailto:mollyrowland22@gmail.com) or 307-335-8113.